

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISONE
IMO-NYISO	NYISO-PJM
ISONE-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	125	125	125	125	125	125	125	125	125	125
01:00 EDT	125	125	125	125	125	125	125	125	125	125
02:00 EDT	125	125	125	125	125	125	125	125	125	125
03:00 EDT	125	125	125	125	125	125	125	125	125	125
04:00 EDT	125	125	125	125	125	125	125	125	125	125
05:00 EDT	125	125	125	125	125	125	125	125	125	125
06:00 EDT	125	125	125	125	125	125	125	125	125	125
07:00 EDT	125	111	125	111	125	111	125	111	125	111
08:00 EDT	125	111	125	111	125	111	125	111	125	111
09:00 EDT	125	125	125	125	125	125	125	125	125	125
10:00 EDT	125	125	125	125	125	125	125	125	125	125
11:00 EDT	125	125	125	125	125	125	125	125	125	125
12:00 EDT	125	125	125	125	125	125	125	125	125	125
13:00 EDT	125	125	125	125	125	125	125	125	125	125
14:00 EDT	125	125	125	125	125	125	125	125	125	125
15:00 EDT	125	125	125	125	125	125	125	125	125	125
16:00 EDT	125	125	125	125	125	125	125	125	125	125
17:00 EDT	125	125	125	125	125	125	125	125	125	125
18:00 EDT	125	125	125	125	125	125	125	125	125	125
19:00 EDT	125	125	125	125	125	125	125	125	125	125
20:00 EDT	125	125	125	125	125	125	125	125	125	125
21:00 EDT	125	120	125	125	125	125	125	125	125	125
22:00 EDT	125	125	125	125	125	125	125	125	125	125
23:00 EDT	125	76	125	125	125	125	125	125	125	125

CEDARS-HQ

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	100	100	100	100	100	100	100	100	100
01:00 EDT	100	100	100	100	100	100	100	100	100	100
02:00 EDT	100	100	100	100	100	100	100	100	100	100
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	80	80	80	80	80	80	80	80	80	80
11:00 EDT	80	80	80	80	80	80	80	80	80	80
12:00 EDT	80	80	80	80	80	80	80	80	80	80
13:00 EDT	80	80	80	80	80	80	80	80	80	80
14:00 EDT	80	80	80	80	80	80	80	80	80	80
15:00 EDT	80	80	80	80	80	80	80	80	80	80
16:00 EDT	80	80	80	80	80	80	80	80	80	80
17:00 EDT	80	80	80	80	80	80	80	80	80	80
18:00 EDT	80	80	80	80	80	80	80	80	80	80
19:00 EDT	80	80	80	80	80	80	80	80	80	80
20:00 EDT	80	80	80	80	80	80	80	80	80	80
21:00 EDT	80	80	80	80	80	80	80	80	80	80
22:00 EDT	80	80	80	80	80	80	80	80	80	80
23:00 EDT	80	80	80	80	80	80	80	80	80	80

HQ-NYISO

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	914	1020	1020	1020	1020	1020	1020	1020	1020
01:00 EDT	1100	577	1020	758	1020	758	1020	758	1020	758
02:00 EDT	1100	778	1020	674	1020	674	1020	674	1020	674
03:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
04:00 EDT	1100	866	1020	1002	1020	1020	1020	1020	1020	1020
05:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
06:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	866	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	952	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	952	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	870	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	1025	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	1038	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	709	2000	629	2000	629	2000	628	2000	628
01:00 EDT	2000	709	2000	400	2000	400	2000	400	2000	400
02:00 EDT	2000	709	2000	400	2000	400	2000	400	2000	400
03:00 EDT	2000	709	2000	400	2000	400	2000	400	2000	400
04:00 EDT	2000	709	2000	400	2000	400	2000	400	2000	400
05:00 EDT	2000	709	2000	400	2000	400	2000	400	2000	400
06:00 EDT	2000	784	2000	400	2000	400	2000	400	2000	395
07:00 EDT	2000	814	2000	448	2000	444	2000	449	2000	448
08:00 EDT	2000	920	2000	713	2000	713	2000	713	2000	713
09:00 EDT	2000	745	2000	798	2000	798	2000	798	2000	798
10:00 EDT	2000	870	2000	1053	2000	1053	2000	1053	2000	1053
11:00 EDT	2000	745	2000	1006	2000	898	2000	898	2000	898

12:00 EDT	2000	795	2000	777	2000	777	2000	777	2000	777
13:00 EDT	2000	795	2000	887	2000	887	2000	887	2000	887
14:00 EDT	2000	870	2000	957	2000	768	2000	768	2000	768
15:00 EDT	2000	773	2000	1154	2000	973	2000	973	2000	973
16:00 EDT	2000	837	2000	792	2000	802	2000	802	2000	802
17:00 EDT	2000	795	2000	1118	2000	1118	2000	1118	2000	1118
18:00 EDT	2000	920	2000	1023	2000	1023	2000	1023	2000	1023
19:00 EDT	2000	845	2000	1263	2000	1263	2000	1263	2000	1263
20:00 EDT	2000	889	2000	1013	2000	1013	2000	1013	2000	1013
21:00 EDT	2000	795	2000	967	2000	967	2000	967	2000	967
22:00 EDT	2000	910	2000	1176	2000	1001	2000	1001	2000	1001
23:00 EDT	2000	960	2000	593	2000	593	2000	593	2000	593

ISONE-NYISO

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1152	952
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1348	1148	1400	1200	1400	1200	1394	1194
17:00 EDT	1400	1200	1328	1128	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1008	808	989	789	723	523
19:00 EDT	1400	1200	615	415	793	593	1183	983	1331	1131
20:00 EDT	1400	1200	1353	1153	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1347	1147	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	1945	2650	1983	2650	1953	2650	2033	2650	2077
01:00 EDT	2650	1625	2650	1767	2650	1771	2650	1744	2650	1725
02:00 EDT	2650	1876	2650	1720	2650	1765	2650	1774	2650	1797
03:00 EDT	2650	2028	2650	2258	2650	2231	2650	2203	2650	2066
04:00 EDT	2650	1987	2650	2068	2650	2351	2650	2356	2650	2342
05:00 EDT	2650	1983	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	2028	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	1965	2650	2493	2650	2495	2650	2478	2650	2550
08:00 EDT	2650	1991	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	2038	2650	2550	2650	2550	2650	2550	2650	2550
10:00 EDT	2650	2026	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	1994	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	1980	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	1953	2650	2550	2650	2550	2650	2550	2650	2550

16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NYISO-HQ

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	1000	980	905	980	905	980	905	980	905
01:00 EDT	1000	1000	980	980	980	980	980	980	980	980
02:00 EDT	1000	1000	980	980	980	980	980	980	980	980
03:00 EDT	1000	1000	980	980	980	980	980	980	980	980
04:00 EDT	1000	1000	980	980	980	803	980	803	980	803
05:00 EDT	1000	1000	980	553	980	553	980	553	980	553
06:00 EDT	1000	1000	980	353	980	248	980	248	980	248
07:00 EDT	1000	1000	980	448	980	448	980	448	980	448
08:00 EDT	1000	1000	980	448	980	448	980	362	980	362
09:00 EDT	1000	1000	980	248	980	248	980	248	980	248
10:00 EDT	1000	1000	980	281	980	281	980	281	980	281
11:00 EDT	1000	1000	980	162	980	162	980	162	980	162
12:00 EDT	1000	1000	980	162	980	162	980	162	980	162
13:00 EDT	1000	1000	980	162	980	162	980	162	980	162
14:00 EDT	1000	1000	980	162	980	162	980	162	980	162
15:00 EDT	1000	1000	980	162	980	162	980	162	980	162
16:00 EDT	1000	1000	980	471	980	471	980	471	980	471
17:00 EDT	1000	1000	980	385	980	385	980	385	980	385
18:00 EDT	1000	1000	980	498	980	412	980	412	980	412
19:00 EDT	1000	1000	980	662	980	662	980	662	980	662
20:00 EDT	1000	1000	980	488	980	402	980	402	980	402
21:00 EDT	1000	1000	980	494	980	326	980	326	980	326
22:00 EDT	1000	1000	980	189	980	189	980	189	980	189
23:00 EDT	1000	1000	980	76	980	76	980	76	980	76

NYISO-IMO

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	417	1600	527	1600	427	1600	263	1600	400
01:00 EDT	1600	447	1600	639	1600	602	1600	676	1600	700
02:00 EDT	1600	459	1600	647	1600	647	1600	646	1600	646
03:00 EDT	1600	470	1600	757	1600	757	1600	757	1600	757
04:00 EDT	1600	563	1600	852	1600	945	1600	1001	1600	961
05:00 EDT	1600	509	1600	1002	1600	908	1600	857	1600	994
06:00 EDT	1600	631	1600	725	1600	760	1600	964	1600	810
07:00 EDT	1600	325	1600	554	1600	480	1600	554	1600	617
08:00 EDT	1600	817	1600	758	1600	866	1600	918	1600	919
09:00 EDT	1600	777	1600	945	1600	987	1600	1114	1600	1107
10:00 EDT	1600	823	1600	1128	1600	1120	1600	1123	1600	1127
11:00 EDT	1600	446	1600	963	1600	910	1600	1003	1600	990
12:00 EDT	1600	423	1600	850	1600	1150	1600	1103	1600	1059
13:00 EDT	1600	290	1600	1104	1600	1045	1600	1069	1600	974
14:00 EDT	1600	365	1600	1047	1600	970	1600	1030	1600	996
15:00 EDT	1600	183	1600	859	1600	812	1600	859	1600	812
16:00 EDT	1600	158	1600	535	1600	582	1600	584	1600	671
17:00 EDT	1600	147	1600	620	1600	650	1600	448	1600	559
18:00 EDT	1600	212	1600	737	1600	552	1600	497	1600	427
19:00 EDT	1600	239	1600	329	1600	344	1600	458	1600	599
20:00 EDT	1600	246	1600	687	1600	725	1600	774	1600	739
21:00 EDT	1600	41	1600	508	1600	509	1600	521	1600	755
22:00 EDT	1600	32	1600	603	1600	519	1600	353	1600	351
23:00 EDT	1600	62	1600	537	1600	429	1600	553	1600	561

NYISO-PJM

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4138	7550	3715	7550	3773	7550	3693	7550	3689
01:00 EDT	7550	3391	7550	3230	7550	3244	7550	3286	7550	3360
02:00 EDT	7550	3225	7550	3000	7550	3007	7550	2891	7550	2874
03:00 EDT	7550	3297	7550	3281	7550	3254	7550	3277	7550	3319
04:00 EDT	7550	3482	7550	3586	7550	3820	7550	3913	7550	3961
05:00 EDT	7550	3743	7550	4242	7550	4125	7550	4174	7550	4225
06:00 EDT	7550	3854	7550	4530	7550	4460	7550	4463	7550	4253
07:00 EDT	7550	3161	7550	3691	7550	3427	7550	3370	7550	3373
08:00 EDT	7550	3261	7550	3510	7550	3743	7550	3761	7550	3749
09:00 EDT	7550	3230	7550	3882	7550	3794	7550	3807	7550	3720
10:00 EDT	7550	3454	7550	4257	7550	4318	7550	4294	7550	4196
11:00 EDT	7550	3234	7550	4117	7550	4098	7550	4113	7550	4094
12:00 EDT	7550	3088	7550	3959	7550	4076	7550	4026	7550	4021
13:00 EDT	7550	3074	7550	4086	7550	4045	7550	4117	7550	4121
14:00 EDT	7550	3114	7550	4088	7550	3950	7550	3925	7550	3879
15:00 EDT	7550	3024	7550	4097	7550	4065	7550	4040	7550	3992
16:00 EDT	7550	2990	7550	3761	7550	3771	7550	3791	7550	3775
17:00 EDT	7550	3062	7550	3809	7550	3777	7550	3638	7550	3750
18:00 EDT	7550	3132	7550	3801	7550	3801	7550	3766	7550	3629
19:00 EDT	7550	3505	7550	3862	7550	4034	7550	4116	7550	4264
20:00 EDT	7550	3131	7550	3855	7550	3922	7550	3958	7550	3965
21:00 EDT	7550	3294	7550	4050	7550	4228	7550	4207	7550	4154
22:00 EDT	7550	3191	7550	3982	7550	3792	7550	3711	7550	3784
23:00 EDT	7550	3308	7550	3731	7550	3570	7550	3552	7550	3587

PJM-NEPTUNE

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	40
02:00 EDT	660	0	660	20	660	20	660	20	660	20
03:00 EDT	660	0	660	20	660	20	660	20	660	20
04:00 EDT	660	0	660	20	660	20	660	20	660	20
05:00 EDT	660	0	660	20	660	20	660	20	660	20
06:00 EDT	660	0	660	20	660	20	660	20	660	20
07:00 EDT	660	0	660	20	660	20	660	20	660	20
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	430	660	430	660	430	660	430	660	430
01:00 EDT	660	430	660	430	660	430	660	430	660	430
02:00 EDT	660	430	660	430	660	430	660	430	660	430
03:00 EDT	660	430	660	430	660	430	660	430	660	430
04:00 EDT	660	430	660	430	660	430	660	430	660	430
05:00 EDT	660	430	660	430	660	430	660	430	660	430
06:00 EDT	660	367	660	355	660	355	660	355	660	355
07:00 EDT	660	394	660	394	660	394	660	394	660	394
08:00 EDT	660	430	660	430	660	430	660	430	660	430
09:00 EDT	660	430	660	430	660	430	660	430	660	430
10:00 EDT	660	130	660	130	660	130	660	130	660	130
11:00 EDT	660	130	660	130	660	130	660	130	660	130
12:00 EDT	660	130	660	130	660	130	660	130	660	130
13:00 EDT	660	130	660	130	660	130	660	130	660	130
14:00 EDT	660	280	660	280	660	280	660	280	660	280
15:00 EDT	660	130	660	130	660	130	660	130	660	90
16:00 EDT	660	130	660	55	660	55	660	55	660	55
17:00 EDT	660	130	660	55	660	55	660	55	660	55
18:00 EDT	660	130	660	130	660	130	660	130	660	130
19:00 EDT	660	130	660	130	660	130	660	130	660	130
20:00 EDT	660	280	660	280	660	280	660	280	660	280
21:00 EDT	660	140	660	130	660	130	660	130	660	130
22:00 EDT	660	280	660	280	660	280	660	280	660	280
23:00 EDT	660	430	660	430	660	430	660	430	660	430

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	17	315	17	315	17	315	17	315	17
09:00 EDT	315	30	315	30	315	30	315	30	315	30
10:00 EDT	315	30	315	26	315	26	315	26	315	30
11:00 EDT	315	29	315	26	315	29	315	29	315	29
12:00 EDT	315	28	315	0	315	28	315	28	315	0
13:00 EDT	315	28	315	0	315	28	315	28	315	0
14:00 EDT	315	40	315	0	315	0	315	27	315	0
15:00 EDT	315	27	315	0	315	0	315	0	315	0
16:00 EDT	315	40	315	0	315	0	315	0	315	0
17:00 EDT	315	28	315	10	315	10	315	0	315	8
18:00 EDT	315	11	315	30	315	8	315	8	315	30
19:00 EDT	315	32	315	32	315	32	315	32	315	10
20:00 EDT	315	40	315	40	315	40	315	40	315	40
21:00 EDT	315	33	315	12	315	0	315	33	315	33
22:00 EDT	315	40	315	0	315	34	315	34	315	40
23:00 EDT	315	40	315	40	315	40	315	40	315	40

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2910	4600	2879	4600	2963	4600	2985	4600	3096
01:00 EDT	4600	2972	4600	3026	4600	3070	4600	3055	4600	3160
02:00 EDT	4600	3113	4600	3141	4600	3165	4600	3132	4600	3058
03:00 EDT	4600	3169	4600	3298	4600	3241	4600	3163	4600	3205
04:00 EDT	4600	3155	4600	3250	4600	3323	4600	3281	4600	3315
05:00 EDT	4600	3172	4600	3211	4600	3264	4600	3319	4600	3274
06:00 EDT	4600	2595	4600	3018	4600	2934	4600	2756	4600	2719
07:00 EDT	4600	2226	4600	2643	4600	2548	4600	2510	4600	2497
08:00 EDT	4600	2081	4600	2464	4600	2554	4600	2588	4600	2577
09:00 EDT	4600	1962	4600	2604	4600	2514	4600	2447	4600	2426
10:00 EDT	4600	2190	4600	2670	4600	2703	4600	2620	4600	2585
11:00 EDT	4600	2112	4600	2636	4600	2679	4600	2590	4600	2596
12:00 EDT	4600	2061	4600	2610	4600	2451	4600	2531	4600	2612
13:00 EDT	4600	2203	4600	2492	4600	2425	4600	2478	4600	2580
14:00 EDT	4600	1983	4600	2483	4600	2509	4600	2377	4600	2419
15:00 EDT	4600	2109	4600	2674	4600	2741	4600	2686	4600	2686
16:00 EDT	4600	2169	4600	2646	4600	2655	4600	2635	4600	2672
17:00 EDT	4600	2077	4600	2741	4600	2749	4600	2814	4600	2668
18:00 EDT	4600	2371	4600	2567	4600	2704	4600	2716	4600	2728
19:00 EDT	4600	2512	4600	2934	4600	3032	4600	3059	4600	3030
20:00 EDT	4600	2382	4600	2785	4600	2756	4600	2773	4600	2765
21:00 EDT	4600	2678	4600	3008	4600	3115	4600	3055	4600	2718
22:00 EDT	4600	2738	4600	2704	4600	2721	4600	2820	4600	2840
23:00 EDT	4600	2738	4600	2756	4600	2728	4600	2695	4600	2774

UPNY/CONED

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6280	3588	6190	3426	6190	3485	6190	3531	6190	3687

01:00 EDT	6280	3616	6190	3620	6190	3684	6190	3717	6190	3806
02:00 EDT	6280	3838	6190	3809	6190	3868	6190	3799	6190	3760
03:00 EDT	6280	3916	6190	4022	6190	3972	6190	3916	6190	3953
04:00 EDT	6280	3939	6190	4054	6190	4173	6190	4110	6190	4132
05:00 EDT	6280	3854	6190	4072	6190	4103	6190	4128	6190	4060
06:00 EDT	6280	3076	6190	3832	6190	3723	6190	3501	6190	3482
07:00 EDT	6280	2707	6190	3479	6190	3355	6190	3258	6190	3241
08:00 EDT	6280	2380	6190	3221	6190	3334	6190	3333	6190	3295
09:00 EDT	6280	2187	6190	3311	6190	3165	6190	3078	6190	3043
10:00 EDT	6280	2431	6190	3203	6190	3324	6190	3234	6190	3136
11:00 EDT	6280	2422	6190	3231	6190	3232	6190	3151	6190	3150
12:00 EDT	6280	2319	6190	3105	6190	2942	6190	2972	6190	3050
13:00 EDT	6280	2450	6190	3041	6190	3007	6190	3098	6190	3194
14:00 EDT	6280	2278	6190	3108	6190	3059	6190	2936	6190	2950
15:00 EDT	6280	2411	6190	3291	6190	3353	6190	3259	6190	3235
16:00 EDT	6280	2459	6190	3242	6190	3264	6190	3321	6190	3284
17:00 EDT	6280	2371	6190	3365	6190	3352	6190	3391	6190	3229
18:00 EDT	6280	2567	6190	3145	6190	3316	6190	3306	6190	3308
19:00 EDT	6280	2721	6190	3534	6190	3711	6190	3699	6190	3644
20:00 EDT	6280	2536	6190	3401	6190	3381	6190	3418	6190	3423
21:00 EDT	6280	2938	6190	3687	6190	3822	6190	3759	6190	3443
22:00 EDT	6280	2859	6190	3352	6190	3390	6190	3462	6190	3485
23:00 EDT	6280	3192	6190	3347	6190	3349	6190	3292	6190	3429

WEST CENTRAL

[back to top](#)

Date: 05/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9860	9999	9701	9999	9614	9999	9570	9999	9454
01:00 EDT	9999	9426	9999	9292	9999	9245	9999	9376	9999	9462
02:00 EDT	9999	9257	9999	9351	9999	9338	9999	9315	9999	9303
03:00 EDT	9999	9244	9999	9293	9999	9347	9999	9328	9999	9397
04:00 EDT	9999	9343	9999	9634	9999	9663	9999	9619	9999	9614
05:00 EDT	9999	9303	9999	9550	9999	9408	9999	9443	9999	9496
06:00 EDT	9999	9088	9999	9341	9999	9164	9999	9124	9999	9222
07:00 EDT	9999	8794	9999	8912	9999	8878	9999	8987	9999	8824
08:00 EDT	9999	9064	9999	9075	9999	9034	9999	9049	9999	9052
09:00 EDT	9999	9006	9999	9106	9999	9085	9999	9145	9999	9159
10:00 EDT	9999	9166	9999	9699	9999	9690	9999	9534	9999	9466
11:00 EDT	9999	9082	9999	9343	9999	9303	9999	9406	9999	9377
12:00 EDT	9999	9035	9999	9200	9999	9284	9999	9415	9999	9342
13:00 EDT	9999	9008	9999	9374	9999	9321	9999	9357	9999	9461
14:00 EDT	9999	9021	9999	9372	9999	9241	9999	9283	9999	9260
15:00 EDT	9999	8986	9999	9520	9999	9431	9999	9378	9999	9115
16:00 EDT	9999	8924	9999	9082	9999	9080	9999	9099	9999	9072
17:00 EDT	9999	8846	9999	9072	9999	9107	9999	9082	9999	9103
18:00 EDT	9999	8844	9999	9090	9999	9010	9999	8989	9999	9048
19:00 EDT	9999	8947	9999	9266	9999	9336	9999	9377	9999	9288
20:00 EDT	9999	8890	9999	9189	9999	9129	9999	9205	9999	9252
21:00 EDT	9999	9062	9999	9370	9999	9299	9999	9310	9999	9318
22:00 EDT	9999	9207	9999	9337	9999	9296	9999	9208	9999	9378
23:00 EDT	9999	9419	9999	9348	9999	9343	9999	9367	9999	9444