

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 05/03/2025

[illegible]

CEDARS-HQ

[back to top](#)

Date: 05/03/2025

[illegible]

10:00 EDT	270	270	270	270	270	270	270	270	270	270
11:00 EDT	270	270	270	270	270	270	270	270	270	270
12:00 EDT	270	270	270	270	270	270	270	270	270	270
13:00 EDT	270	270	270	270	270	270	270	270	270	270
14:00 EDT	270	270	270	270	270	270	270	270	270	270
15:00 EDT	270	270	270	270	270	270	270	270	270	270
16:00 EDT	270	270	270	270	270	270	270	270	270	270
17:00 EDT	270	270	270	270	270	270	270	270	270	270
18:00 EDT	270	270	270	270	270	270	270	270	270	270
19:00 EDT	270	270	270	270	270	270	270	270	270	270
20:00 EDT	270	270	270	270	270	270	270	270	270	270
21:00 EDT	270	270	270	270	270	270	270	270	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	634	1020	1011	1020	1011	1020	1011	1020	1011
01:00 EDT	1100	634	1020	827	1020	827	1020	827	1020	827
02:00 EDT	1100	634	1020	799	1020	862	1020	862	1020	862
03:00 EDT	1100	567	1020	795	1020	795	1020	795	1020	795
04:00 EDT	1100	567	1020	815	1020	815	1020	815	1020	815
05:00 EDT	1100	634	1020	901	1020	901	1020	901	1020	901
06:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	1160	2000	772	2000	772	2000	772	2000	772
01:00 EDT	2000	1159	2000	812	2000	812	2000	812	2000	812
02:00 EDT	2000	1158	2000	831	2000	831	2000	831	2000	831
03:00 EDT	2000	1158	2000	831	2000	831	2000	831	2000	831
04:00 EDT	2000	1158	2000	865	2000	865	2000	865	2000	865
05:00 EDT	2000	1158	2000	831	2000	831	2000	831	2000	831
06:00 EDT	2000	1158	2000	876	2000	876	2000	876	2000	876
07:00 EDT	2000	1438	2000	681	2000	681	2000	681	2000	681
08:00 EDT	2000	1238	2000	531	2000	531	2000	531	2000	531
09:00 EDT	2000	1014	2000	837	2000	837	2000	837	2000	837
10:00 EDT	2000	1049	2000	862	2000	862	2000	862	2000	862
11:00 EDT	2000	1049	2000	847	2000	881	2000	881	2000	881

12:00 EDT	2000	1049	2000	862	2000	862	2000	862	2000	862
13:00 EDT	2000	949	2000	797	2000	797	2000	872	2000	872
14:00 EDT	2000	949	2000	746	2000	746	2000	746	2000	746
15:00 EDT	2000	949	2000	542	2000	542	2000	542	2000	542
16:00 EDT	2000	948	2000	542	2000	542	2000	542	2000	542
17:00 EDT	2000	949	2000	558	2000	558	2000	558	2000	558
18:00 EDT	2000	1039	2000	602	2000	602	2000	602	2000	602
19:00 EDT	2000	1139	2000	777	2000	777	2000	777	2000	777
20:00 EDT	2000	1139	2000	739	2000	739	2000	739	2000	739
21:00 EDT	2000	1074	2000	787	2000	787	2000	787	2000	787
22:00 EDT	2000	1034	2000	532	2000	532	2000	532	2000	532
23:00 EDT	2000	1199	2000	621	2000	621	2000	621	2000	621

ISONE-NYISO

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1107	1400	1200	1400	1100	1400	985	1400	788
09:00 EDT	1400	1058	1400	680	1400	544	1400	412	1400	415
10:00 EDT	1400	830	1400	166	1400	166	1400	166	1400	166
11:00 EDT	1400	829	1400	411	1400	407	1400	411	1400	395
12:00 EDT	1400	818	1400	94	1400	0	1400	11	1400	180
13:00 EDT	1400	809	1400	162	1400	462	1400	688	1400	598
14:00 EDT	1400	876	1400	441	1400	359	1400	491	1400	417
15:00 EDT	1400	881	1400	522	1400	533	1400	526	1400	751
16:00 EDT	1400	1097	1400	1053	1400	1200	1100	900	1064	864
17:00 EDT	1400	1186	567	367	310	110	270	70	430	230
18:00 EDT	1400	1200	85	0	226	26	160	0	222	22
19:00 EDT	1400	1200	393	193	437	237	450	250	402	202
20:00 EDT	1400	1200	200	0	52	0	58	0	-38	0
21:00 EDT	1400	1200	-111	0	265	65	489	289	789	589
22:00 EDT	1400	1200	1118	918	841	641	821	621	917	717
23:00 EDT	1400	1200	1044	844	1058	858	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	1696	2650	2103	2650	2082	2650	2154	2650	2212
01:00 EDT	2650	1770	2650	2033	2650	2069	2650	2140	2650	2181
02:00 EDT	2650	1784	2650	2157	2650	2224	2650	2226	2650	2229
03:00 EDT	2650	1732	2650	2212	2650	2198	2650	2228	2650	2226
04:00 EDT	2650	1742	2650	2225	2650	2230	2650	2235	2650	2220
05:00 EDT	2650	1762	2650	2333	2650	2335	2650	2359	2650	2344
06:00 EDT	2650	2233	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
08:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
10:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550

16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NYISO-HQ

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	1000	980	980	980	980	980	980	980	980
01:00 EDT	1000	1000	980	980	980	980	980	980	980	980
02:00 EDT	1000	1000	980	980	980	980	980	980	980	980
03:00 EDT	1000	1000	980	980	980	980	980	980	980	980
04:00 EDT	1000	1000	980	980	980	980	980	980	980	980
05:00 EDT	1000	1000	980	980	980	980	980	980	980	980
06:00 EDT	1000	976	980	614	980	614	980	614	980	614
07:00 EDT	1000	486	980	0	980	0	980	0	980	0
08:00 EDT	1000	486	980	0	980	0	980	0	980	0
09:00 EDT	1000	486	980	0	980	0	980	0	980	0
10:00 EDT	1000	486	980	0	980	0	980	0	980	0
11:00 EDT	1000	486	980	0	980	0	980	0	980	0
12:00 EDT	1000	486	980	0	980	0	980	0	980	0
13:00 EDT	1000	486	980	0	980	0	980	0	980	0
14:00 EDT	1000	553	980	67	980	67	980	67	980	67
15:00 EDT	1000	553	980	0	980	0	980	0	980	0
16:00 EDT	1000	553	880	0	880	0	880	0	880	0
17:00 EDT	1000	553	880	0	880	0	880	0	880	0
18:00 EDT	1000	635	880	0	880	0	980	100	980	100
19:00 EDT	1000	486	980	0	980	0	980	0	980	0
20:00 EDT	1000	486	980	0	980	0	980	0	980	0
21:00 EDT	1000	486	980	0	980	0	980	0	980	0
22:00 EDT	1000	486	980	0	980	0	980	0	980	0
23:00 EDT	1000	486	980	11	980	11	980	11	980	11

NYISO-IMO

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1229	1600	996	1600	966	1600	965	1600	995
01:00 EDT	1600	1019	1600	994	1600	1064	1600	1163	1600	1006
02:00 EDT	1600	1103	1600	1186	1600	1062	1600	952	1600	1099
03:00 EDT	1600	1127	1600	980	1600	1038	1600	1010	1600	1065
04:00 EDT	1600	1122	1600	1099	1600	1110	1600	1115	1600	1070
05:00 EDT	1600	701	1600	802	1600	851	1600	888	1600	828
06:00 EDT	1600	1052	1600	1128	1600	1266	1600	1273	1600	1273
07:00 EDT	1600	1231	1600	1118	1600	1211	1600	1358	1600	1264
08:00 EDT	1600	1400	1600	1376	1600	1400	1600	1400	1600	1400
09:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
10:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1368	1600	1229	1600	956
17:00 EDT	1600	1400	1600	759	1600	956	1600	982	1600	1224
18:00 EDT	1600	853	1600	924	1600	1005	1600	925	1600	876
19:00 EDT	1600	839	1600	1165	1600	1178	1600	1147	1600	1244
20:00 EDT	1600	567	1600	948	1600	936	1600	946	1600	866
21:00 EDT	1600	759	1600	811	1600	961	1600	811	1600	985
22:00 EDT	1600	644	1600	1025	1600	746	1600	670	1600	753
23:00 EDT	1600	1116	1600	1049	1600	916	1600	1050	1600	1160

NYISO-PJM

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
01:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
02:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
03:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
04:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
05:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
06:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
07:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
08:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
09:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
10:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
11:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
12:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
13:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
14:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
15:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
16:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
17:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
18:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
19:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

20:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
21:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
22:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750
23:00 EDT	1050	750	1050	750	1050	750	1050	750	1050	750

NYPP EAST

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4321	7550	3903	7550	3810	7550	3855	7550	3940
01:00 EDT	7550	3995	7550	3946	7550	4021	7550	4101	7550	4065
02:00 EDT	7550	4221	7550	4132	7550	4158	7550	4162	7550	4171
03:00 EDT	7550	4051	7550	4240	7550	4233	7550	4244	7550	4245
04:00 EDT	7550	4238	7550	4378	7550	4379	7550	4315	7550	4336
05:00 EDT	7550	4121	7550	4384	7550	4439	7550	4464	7550	4453
06:00 EDT	7550	4577	7550	4762	7550	4775	7550	4720	7550	4673
07:00 EDT	7550	5066	7550	4853	7550	4920	7550	4982	7550	4923
08:00 EDT	7550	4837	7550	4804	7550	4931	7550	4960	7550	5054
09:00 EDT	7550	4684	7550	5149	7550	5180	7550	5277	7550	5265
10:00 EDT	7550	4872	7550	5382	7550	5382	7550	5447	7550	5468
11:00 EDT	7550	4721	7550	5264	7550	5202	7550	5185	7550	5110
12:00 EDT	7550	4579	7550	5315	7550	5328	7550	5247	7550	5189
13:00 EDT	7550	4369	7550	5139	7550	4975	7550	4877	7550	5096
14:00 EDT	7550	4229	7550	4982	7550	4999	7550	4814	7550	4800
15:00 EDT	7550	4429	7550	4734	7550	4697	7550	4707	7550	4705
16:00 EDT	7550	4332	7550	4579	7550	4511	7550	4534	7550	4525
17:00 EDT	7550	3924	7550	4416	7550	4573	7550	4555	7550	4436
18:00 EDT	7550	3812	7550	4203	7550	4360	7550	4258	7550	4146
19:00 EDT	7550	4342	7550	4640	7550	4627	7550	4618	7550	4658
20:00 EDT	7550	4152	7550	4464	7550	4481	7550	4464	7550	4509
21:00 EDT	7550	4265	7550	4175	7550	4228	7550	4111	7550	4252
22:00 EDT	7550	4160	7550	4075	7550	3969	7550	3953	7550	4114
23:00 EDT	7550	4644	7550	4527	7550	4447	7550	4605	7550	4638

PJM-NEPTUNE

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	40
05:00 EDT	660	0	660	40	660	40	660	40	660	40
06:00 EDT	660	0	660	40	660	40	660	40	660	40
07:00 EDT	660	0	660	40	660	40	660	40	660	40
08:00 EDT	660	0	660	40	660	40	660	40	660	40
09:00 EDT	660	0	660	40	660	40	660	40	660	40
10:00 EDT	660	0	660	40	660	40	660	40	660	40
11:00 EDT	660	0	660	40	660	40	660	40	660	40
12:00 EDT	660	0	660	40	660	40	660	40	660	40
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	430	660	430	660	430	660	430	660	430
01:00 EDT	660	430	660	430	660	430	660	430	660	430
02:00 EDT	660	430	660	430	660	430	660	430	660	430
03:00 EDT	660	430	660	430	660	430	660	430	660	430
04:00 EDT	660	430	660	430	660	430	660	430	660	430
05:00 EDT	660	430	660	430	660	430	660	430	660	430
06:00 EDT	660	430	660	430	660	430	660	430	660	430
07:00 EDT	660	355	660	355	660	355	660	355	660	355
08:00 EDT	660	375	660	375	660	375	660	375	660	375
09:00 EDT	660	355	660	355	660	355	660	355	660	355
10:00 EDT	660	280	660	280	660	280	660	280	660	280
11:00 EDT	660	280	660	280	660	280	660	280	660	280
12:00 EDT	660	280	660	280	660	280	660	280	660	280
13:00 EDT	660	280	660	280	660	280	660	280	660	280
14:00 EDT	660	280	660	280	660	280	660	280	660	280
15:00 EDT	660	130	660	130	660	130	660	130	660	84
16:00 EDT	660	280	660	205	660	205	660	205	660	205
17:00 EDT	660	430	660	282	660	280	660	280	660	280
18:00 EDT	660	280	660	130	660	130	660	130	660	130
19:00 EDT	660	130	660	130	660	130	660	130	660	130
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0
22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	31	315	31	315	31	315	31	315	31
02:00 EDT	315	40	315	40	315	40	315	40	315	40
03:00 EDT	315	40	315	40	315	40	315	40	315	40
04:00 EDT	315	40	315	40	315	40	315	40	315	40
05:00 EDT	315	90	315	90	315	90	315	90	315	90
06:00 EDT	315	90	315	90	315	90	315	90	315	90
07:00 EDT	315	34	315	34	315	34	315	34	315	34
08:00 EDT	315	40	315	40	315	40	315	40	315	40
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	40	315	40	315	40	315	40	315	40
12:00 EDT	315	40	315	40	315	40	315	40	315	40
13:00 EDT	315	40	315	40	315	40	315	40	315	40
14:00 EDT	315	34	315	34	315	34	315	34	315	34
15:00 EDT	315	22	315	22	315	22	315	22	315	22
16:00 EDT	315	40	315	40	315	40	315	23	315	23
17:00 EDT	315	77	315	90	315	90	315	90	315	90
18:00 EDT	315	40	315	40	315	40	315	40	315	40
19:00 EDT	315	26	315	26	315	26	315	26	315	26
20:00 EDT	315	28	315	28	315	28	315	28	315	28
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2457	4600	2351	4600	2309	4600	2276	4600	2552
01:00 EDT	4600	2561	4600	2692	4600	2554	4600	2471	4600	2542
02:00 EDT	4600	2539	4600	2482	4600	2478	4600	2635	4600	2504
03:00 EDT	4600	2460	4600	2634	4600	2582	4600	2515	4600	2522
04:00 EDT	4600	2511	4600	2776	4600	2784	4600	2713	4600	2793
05:00 EDT	4600	2660	4600	2966	4600	2989	4600	2942	4600	2972
06:00 EDT	4600	2694	4600	2923	4600	2908	4600	2841	4600	2752
07:00 EDT	4600	2612	4600	2859	4600	2844	4600	2760	4600	2729
08:00 EDT	4600	2311	4600	2587	4600	2528	4600	2515	4600	2502
09:00 EDT	4600	2112	4600	2419	4600	2347	4600	2285	4600	2251
10:00 EDT	4600	2212	4600	2269	4600	2219	4600	2134	4600	2096
11:00 EDT	4600	1988	4600	2061	4600	1996	4600	2074	4600	2133
12:00 EDT	4600	1756	4600	2130	4600	2117	4600	2080	4600	2130
13:00 EDT	4600	1679	4600	2078	4600	2136	4600	2064	4600	2072
14:00 EDT	4600	1715	4600	1962	4600	1907	4600	1994	4600	1851
15:00 EDT	4600	1775	4600	1952	4600	1925	4600	1863	4600	1933
16:00 EDT	4600	1947	4600	1989	4600	2179	4600	2345	4600	2422
17:00 EDT	4600	1610	4600	2287	4600	2383	4600	2473	4600	1922
18:00 EDT	4600	2027	4600	2103	4600	2114	4600	2148	4600	2069
19:00 EDT	4600	2568	4600	2233	4600	2279	4600	2253	4600	2175
20:00 EDT	4600	2777	4600	2401	4600	2383	4600	2428	4600	2499
21:00 EDT	4600	2714	4600	2512	4600	2547	4600	2693	4600	2718
22:00 EDT	4600	2747	4600	2797	4600	2925	4600	2900	4600	2795
23:00 EDT	4600	2795	4600	2935	4600	2972	4600	2925	4600	2993

UPNY/CONED

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6280	3153	6190	2721	6190	2627	6190	2574	6190	2910

01:00 EDT	6280	3165	6190	3041	6190	3018	5610	2379	5610	2484
02:00 EDT	6280	3309	5610	2428	6190	3019	6190	3218	6190	3088
03:00 EDT	6280	3130	6190	3249	6190	3276	6190	3322	6190	3298
04:00 EDT	6280	3280	6190	3540	6190	3545	6190	3463	6190	3527
05:00 EDT	6280	3476	6190	3710	6190	3725	6190	3686	6190	3721
06:00 EDT	6280	3493	6190	3674	6190	3650	6190	3580	6190	3514
07:00 EDT	6280	3526	6190	3699	6190	3726	6190	3616	6190	3593
08:00 EDT	6280	3080	6190	3441	6190	3380	6190	3352	6190	3350
09:00 EDT	6280	2856	6190	3304	6190	3161	6190	3129	6190	3131
10:00 EDT	6280	2704	6190	3111	6190	3042	6190	2972	6190	2955
11:00 EDT	6280	2512	6190	2987	6190	2975	6190	3028	6190	2973
12:00 EDT	6280	2367	6190	2892	6190	2910	6190	2896	6190	3007
13:00 EDT	6280	2232	6190	2986	6190	3127	6190	3220	6190	3274
14:00 EDT	6280	2200	6190	3075	6190	2926	6190	2975	6190	2931
15:00 EDT	6280	2048	6190	2946	6190	2863	6190	2760	6190	2870
16:00 EDT	6280	2204	6190	3009	6190	3178	6190	3306	6190	3361
17:00 EDT	6280	1601	6190	3228	6190	3313	6190	3387	6190	2828
18:00 EDT	6280	2013	6190	2959	6190	2986	6190	3013	6190	2997
19:00 EDT	6280	2794	6190	3079	6190	3139	6190	3124	6190	3029
20:00 EDT	6280	2962	6190	3207	6190	3188	6190	3199	6190	3319
21:00 EDT	6280	3030	6190	3309	6190	3382	6190	3473	6190	3516
22:00 EDT	6280	3249	6190	3447	6190	3605	6190	3627	6190	3531
23:00 EDT	6280	3293	6190	3601	6190	3690	6190	3691	6190	3811

WEST CENTRAL

[back to top](#)

Date: 05/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9692	9999	9728	9999	9610	9999	9554
01:00 EDT	9999	9550	9999	9599	9999	9598	9999	9608	9999	9506
02:00 EDT	9999	9727	9999	9559	9999	9591	9999	9550	9999	9566
03:00 EDT	9999	9621	9999	9510	9999	9528	9999	9486	9999	9502
04:00 EDT	9999	9620	9999	9600	9999	9555	9999	9543	9999	9591
05:00 EDT	9999	9581	9999	9517	9999	9527	9999	9554	9999	9577
06:00 EDT	9999	9417	9999	9450	9999	9544	9999	9472	9999	9553
07:00 EDT	9999	9503	9999	9250	9999	9334	9999	9445	9999	9429
08:00 EDT	9999	9440	9999	9418	9999	9436	9999	9447	9999	9533
09:00 EDT	9999	9325	9999	9634	9999	9671	9999	9749	9999	9733
10:00 EDT	9999	9420	9999	9691	9999	9651	9999	9690	9999	9681
11:00 EDT	9999	9346	9999	9607	9999	9630	9999	9669	9999	9622
12:00 EDT	9999	9367	9999	9654	9999	9733	9999	9658	9999	9653
13:00 EDT	9999	9254	9999	9574	9999	9485	9999	9401	9999	9435
14:00 EDT	9999	9144	9999	9442	9999	9442	9999	9410	9999	9254
15:00 EDT	9999	9235	9999	9014	9999	9023	9999	9034	9999	9039
16:00 EDT	9999	9195	9999	9003	9999	9016	9999	9045	9999	8974
17:00 EDT	9999	8842	9999	8819	9999	8757	9999	8735	9999	8832
18:00 EDT	9999	8821	9999	8871	9999	8920	9999	8773	9999	8693
19:00 EDT	9999	8977	9999	8940	9999	8910	9999	8827	9999	8796
20:00 EDT	9999	8963	9999	8816	9999	8785	9999	8889	9999	8872
21:00 EDT	9999	9151	9999	8943	9999	9065	9999	9013	9999	9113
22:00 EDT	9999	9181	9999	8953	9999	8882	9999	8887	9999	9130
23:00 EDT	9999	9679	9999	9428	9999	9383	9999	9443	9999	9447