

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	160	160	160	160	160	160	160	160	160
01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	160	160	160	160	160	160	160	160	160
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	139	160	139	160	139	160	139	160	139
07:00 EDT	160	160	160	160	160	160	160	160	160	160
08:00 EDT	160	160	160	160	160	160	160	160	160	160
09:00 EDT	160	160	160	160	160	160	160	160	160	160
10:00 EDT	160	160	160	160	160	160	160	160	160	160
11:00 EDT	160	160	160	160	160	160	160	160	160	160
12:00 EDT	160	160	160	160	160	160	160	160	160	160
13:00 EDT	160	160	160	160	160	160	160	160	160	160
14:00 EDT	160	160	160	160	160	160	160	160	160	160
15:00 EDT	160	160	160	160	160	160	160	160	160	160
16:00 EDT	160	160	160	160	160	160	160	160	160	160
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18:00 EDT	160	160	160	160	160	160	160	160	160	160
19:00 EDT	160	160	160	160	160	160	160	160	160	160
20:00 EDT	160	160	160	160	160	160	160	160	160	160
21:00 EDT	160	160	160	160	160	160	160	160	160	160
22:00 EDT	160	160	160	160	160	160	160	160	160	160
23:00 EDT	160	160	160	160	160	160	160	160	160	160

CEDARS-HQ

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

06:00 EDT	100	0	100	0	100	0	100	0	100	0
07:00 EDT	100	0	100	0	100	0	100	0	100	0
08:00 EDT	100	0	100	0	100	0	100	0	100	0
09:00 EDT	100	0	100	0	100	0	100	0	100	0
10:00 EDT	100	0	100	0	100	0	100	0	100	0
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13:00 EDT	100	0	100	0	100	0	100	0	100	0
14:00 EDT	100	0	100	0	100	0	100	0	100	0
15:00 EDT	100	0	100	0	100	0	100	0	100	0
16:00 EDT	100	0	100	0	100	0	100	0	100	0
17:00 EDT	100	0	100	0	100	0	100	0	100	0
18:00 EDT	100	100	100	100	100	100	100	100	100	100
19:00 EDT	100	100	100	100	100	100	100	100	100	100
20:00 EDT	100	100	100	100	100	100	100	100	100	100
21:00 EDT	100	0	100	0	100	0	100	0	100	0
22:00 EDT	100	0	100	0	100	0	100	0	100	0
23:00 EDT	100	0	100	0	100	0	100	0	100	0

CENT EAST

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2195	0	2265	0	2265	0	2265	0	2265	0
01:00 EDT	2195	0	2265	0	2265	0	2265	0	2265	0
02:00 EDT	2195	0	2265	101	2220	33	2220	118	2220	163
03:00 EDT	2195	0	2220	147	2220	195	2220	202	2220	221
04:00 EDT	2195	45	2265	42	2265	61	2265	30	2475	271
05:00 EDT	2405	265	2475	497	2475	530	2475	534	2475	553
06:00 EDT	2405	35	2475	618	2475	579	2475	575	2475	553
07:00 EDT	2405	335	2475	442	2475	498	2475	459	2475	542
08:00 EDT	2485	450	2475	570	2475	484	2475	610	2475	726
09:00 EDT	2485	549	2475	658	2475	766	2475	780	2475	824
10:00 EDT	2485	589	2475	982	2475	1011	2475	1075	2475	1068
11:00 EDT	2485	499	2475	931	2475	865	2475	879	2475	930
12:00 EDT	2485	555	2475	1003	2475	971	2475	891	2475	867
13:00 EDT	2485	463	2475	831	2475	781	2475	754	2475	730
14:00 EDT	2485	403	2475	725	2475	697	2475	591	2555	704
15:00 EDT	2485	326	2555	630	2555	585	2555	566	2635	720
16:00 EDT	2565	288	2635	633	2635	582	2710	614	2755	595
17:00 EDT	2610	277	2780	510	2780	565	2820	560	2820	620
18:00 EDT	2610	226	2820	710	2820	710	2820	659	2820	651
19:00 EDT	2610	409	2820	768	2820	858	2820	905	2820	974
20:00 EDT	2610	439	2745	826	2745	820	2745	840	2745	744
21:00 EDT	2610	493	2745	861	2745	906	2745	955	2680	879
22:00 EDT	2610	692	2680	763	2680	775	2680	700	2680	813
23:00 EDT	2530	615	2680	758	2680	637	2650	527	2650	760

CSC-NPX

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	330	0	0	0	0	0	0	0	0
01:00 EDT	330	330	0	0	0	0	0	0	0	0
02:00 EDT	330	330	0	0	0	0	0	0	0	0
03:00 EDT	330	330	0	0	0	0	0	0	0	0
04:00 EDT	330	330	0	0	0	0	0	0	0	0
05:00 EDT	330	330	0	0	0	0	0	0	0	0
06:00 EDT	330	330	0	0	0	0	0	0	0	0
07:00 EDT	330	330	0	0	0	0	0	0	0	0

10:00 EDT	80	80	80	80	80	80	80	80	279	279
11:00 EDT	80	80	279	279	279	279	279	279	279	279
12:00 EDT	80	80	279	279	279	279	279	279	279	279
13:00 EDT	80	80	279	279	279	279	279	279	279	279
14:00 EDT	80	80	279	279	279	279	279	279	279	279
15:00 EDT	80	80	279	279	279	279	279	279	279	279
16:00 EDT	80	80	279	279	279	279	279	279	279	279
17:00 EDT	80	80	279	279	279	279	279	279	279	279
18:00 EDT	80	80	279	279	279	279	279	279	279	279
19:00 EDT	80	80	279	279	279	279	279	279	279	279
20:00 EDT	80	80	279	279	279	279	279	279	279	279
21:00 EDT	80	80	279	279	279	279	279	279	279	279
22:00 EDT	80	80	279	279	279	279	279	279	279	279
23:00 EDT	80	80	279	279	279	279	279	279	279	279

HQ-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	1100	1020	990	1020	1020	1020	1020	1020	1020
01:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
02:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
03:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
04:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
05:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
06:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	213	1500	300	1500	300	1500	300	1500	300
01:00 EDT	1500	436	1500	300	1500	300	1500	300	1500	300
02:00 EDT	1500	285	1500	300	1500	300	1500	300	1500	300
03:00 EDT	1500	181	1500	300	1500	300	1500	300	1500	300
04:00 EDT	1500	99	1500	300	1500	300	1500	300	1500	300
05:00 EDT	1500	458	1500	354	1500	354	1500	354	1500	354
06:00 EDT	1500	26	1500	440	1500	440	1500	440	1500	440
07:00 EDT	1500	552	1500	529	1500	529	1500	529	1500	529
08:00 EDT	1400	510	1400	435	1400	435	1400	435	1400	435
09:00 EDT	1400	489	1400	469	1400	469	1400	469	1400	469
10:00 EDT	1400	520	1400	522	1400	522	1400	522	1400	522
11:00 EDT	1400	517	1400	498	1400	498	1400	498	1400	498

12:00 EDT	1400	493	1400	464	1400	464	1400	464	1400	464
13:00 EDT	1400	240	1400	388	1400	443	1400	443	1400	443
14:00 EDT	1400	231	1400	267	1400	267	1400	267	1500	367
15:00 EDT	1400	224	1500	312	1500	312	1500	312	1500	312
16:00 EDT	2000	846	1500	295	1500	295	1500	295	2000	795
17:00 EDT	2000	1013	2000	983	2000	983	2000	983	2000	983
18:00 EDT	2000	1091	2000	1078	2000	1078	2000	1078	2000	1078
19:00 EDT	2000	1012	2000	982	2000	1057	2000	1057	2000	1057
20:00 EDT	2000	986	2000	931	2000	931	2000	931	2000	931
21:00 EDT	2000	956	2000	1151	2000	1151	2000	1151	2000	1151
22:00 EDT	2000	949	2000	910	2000	910	2000	910	2000	910
23:00 EDT	2000	1065	2000	984	2000	984	2000	984	2000	984

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1365	1165	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1349	1149
08:00 EDT	1400	1200	940	740	1163	963	1025	825	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1180	1400	950	1400	950
11:00 EDT	1400	1200	1400	1132	1400	1133	1400	1133	1400	1200
12:00 EDT	1400	1200	1400	912	1400	912	1400	912	1400	912
13:00 EDT	1400	1200	1400	860	1400	860	1400	807	1400	807
14:00 EDT	1400	1200	1400	901	1400	901	1400	981	1400	1079
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1255	1055
19:00 EDT	1400	1200	1285	1085	1240	1040	1088	888	1033	833
20:00 EDT	1400	1200	891	691	1257	1057	1017	817	1191	991
21:00 EDT	1400	1200	1000	800	919	719	1325	1125	1400	1200
22:00 EDT	1400	1200	1362	1162	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	2034	2650	2010	2650	2065	2650	2055	2650	2012
01:00 EDT	2650	2044	2650	2060	2650	2043	2650	2008	2650	2031
02:00 EDT	2650	2029	2650	2473	2650	2517	2650	2494	2650	2408
03:00 EDT	2650	2025	2650	2352	2650	2436	2650	2406	2650	2418
04:00 EDT	2650	1986	2650	2074	2650	2083	2650	2133	2650	2201
05:00 EDT	2650	1988	2650	2550	2650	2524	2650	2538	2650	2459
06:00 EDT	2650	2045	2650	2458	2650	2496	2650	2494	2650	2490
07:00 EDT	2650	2075	2650	2497	2650	2525	2650	2518	2650	2516
08:00 EDT	2650	2070	2650	2514	2650	2534	2650	2533	2650	2550
09:00 EDT	2650	2064	2650	2403	2650	2370	2650	2425	2650	2428
10:00 EDT	2650	2097	2650	2423	2650	2480	2650	2473	2650	2533
11:00 EDT	2650	2082	2650	2512	2650	2493	2650	2540	2650	2550
12:00 EDT	2650	2088	2650	2550	2650	2482	2650	2429	2650	2470
13:00 EDT	2650	2091	2650	2485	2650	2492	2650	2472	2650	2439

14:00 EDT	2650	2077	2650	2474	2650	2440	2650	2389	2650	2421
15:00 EDT	2650	2113	2650	2429	2650	2457	2650	2461	2650	2476
16:00 EDT	2650	2128	2650	2462	2650	2423	2650	2397	2650	2410
17:00 EDT	2650	2200	2650	2442	2650	2474	2650	2448	2650	2550
18:00 EDT	2650	2145	2650	2539	2650	2519	2650	2468	2650	2518
19:00 EDT	2650	2217	2650	2450	2650	2424	2650	2488	2650	2522
20:00 EDT	2650	2252	2650	2550	2650	2550	2650	2550	2650	2550
21:00 EDT	2650	2292	2650	2550	2650	2550	2650	2550	2650	2550
22:00 EDT	2650	2349	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	2396	2650	2550	2650	2550	2650	2550	2650	2550

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	110	160	120	160	120	160	120	160	120
01:00 EDT	160	150	160	160	160	160	160	160	160	160
02:00 EDT	160	159	160	159	160	159	160	159	160	159
03:00 EDT	160	159	160	159	160	159	160	159	160	159
04:00 EDT	160	159	160	159	160	159	160	159	160	159
05:00 EDT	160	159	160	159	160	159	160	159	160	159
06:00 EDT	160	160	160	160	160	160	160	160	160	160
07:00 EDT	160	139	160	139	160	139	160	139	160	139
08:00 EDT	160	91	160	91	160	91	160	91	160	91
09:00 EDT	160	71	160	96	160	96	160	96	160	96
10:00 EDT	160	74	160	99	160	99	160	99	160	99
11:00 EDT	160	74	160	99	160	99	160	99	160	99
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13:00 EDT	160	98	160	124	160	124	160	124	160	124
14:00 EDT	160	114	160	139	160	139	160	139	160	139
15:00 EDT	160	113	160	138	160	138	160	138	160	138
16:00 EDT	160	94	160	119	160	119	160	119	160	119
17:00 EDT	160	123	160	123	160	123	160	123	160	123
18:00 EDT	160	129	160	130	160	129	160	129	160	129
19:00 EDT	160	124	160	124	160	123	160	123	160	123
20:00 EDT	160	149	160	149	160	149	160	149	160	149
21:00 EDT	160	149	160	149	160	149	160	149	160	149
22:00 EDT	160	125	160	150	160	150	160	150	160	150
23:00 EDT	160	134	160	134	160	134	160	134	160	134

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	180	0	0	0	0	0	0	0	0
01:00 EDT	330	180	0	0	0	0	0	0	0	0
02:00 EDT	330	180	0	0	0	0	0	0	0	0
03:00 EDT	330	180	0	0	0	0	0	0	0	0
04:00 EDT	330	180	0	0	0	0	0	0	0	0
05:00 EDT	330	180	0	0	0	0	0	0	0	0
06:00 EDT	330	180	0	0	0	0	0	0	0	0
07:00 EDT	330	90	0	0	0	0	0	0	0	0
08:00 EDT	330	0	0	0	0	0	0	0	0	0
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13:00 EDT	330	180	0	0	0	0	0	0	0	0
14:00 EDT	330	180	0	0	0	0	0	0	0	0
15:00 EDT	330	224	0	0	0	0	0	0	0	0

16:00 EDT	330	180	0	0	0	0	0	0	0	0
17:00 EDT	330	180	0	0	0	0	0	0	0	0
18:00 EDT	330	180	0	0	0	0	0	0	0	0
19:00 EDT	330	0	0	0	0	0	0	0	0	0
20:00 EDT	330	180	0	0	0	0	0	0	0	0
21:00 EDT	330	180	0	0	0	0	0	0	0	0
22:00 EDT	330	90	0	0	0	0	0	0	0	0
23:00 EDT	330	90	0	0	0	0	0	0	0	0

NYISO-HQ

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	500	476	490	490	490	470	490	470	490	470
01:00 EDT	500	476	490	470	490	470	490	470	490	470
02:00 EDT	500	476	490	0	490	0	490	0	490	0
03:00 EDT	500	476	490	50	490	0	490	0	490	0
04:00 EDT	500	476	490	332	490	332	490	332	490	332
05:00 EDT	500	476	490	0	490	0	490	0	490	0
06:00 EDT	500	476	490	0	490	0	490	0	490	0
07:00 EDT	500	476	490	0	490	0	490	0	490	0
08:00 EDT	500	476	490	0	490	0	490	0	490	0
09:00 EDT	500	476	490	0	490	0	490	0	490	0
10:00 EDT	500	476	490	0	490	0	490	0	490	0
11:00 EDT	500	476	490	0	490	0	490	0	490	0
12:00 EDT	500	476	490	0	490	0	490	0	490	0
13:00 EDT	500	476	490	0	490	0	490	0	490	0
14:00 EDT	500	476	490	0	490	0	490	0	490	0
15:00 EDT	500	476	490	0	490	0	490	0	490	0
16:00 EDT	500	476	490	0	490	0	490	0	490	0
17:00 EDT	500	476	490	0	490	0	490	0	490	0
18:00 EDT	500	476	490	0	490	0	490	0	490	0
19:00 EDT	500	476	490	57	490	57	490	57	490	57
20:00 EDT	500	476	490	0	490	0	490	0	490	0
21:00 EDT	500	476	490	0	490	0	490	0	490	0
22:00 EDT	1000	976	490	0	490	0	490	0	490	0
23:00 EDT	1000	976	490	0	490	0	490	0	490	0

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
01:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
02:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
03:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
04:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
05:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
06:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
07:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
08:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
09:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
10:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
11:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
12:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
13:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
14:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
15:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
16:00 EDT	1600	1300	1000	700	1000	700	1000	700	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	684	1800	521	1800	441	1800	543	1800	609
01:00 EDT	1800	693	1800	622	1800	676	1800	626	1800	385
02:00 EDT	1800	670	1800	413	1800	395	1800	362	1800	329
03:00 EDT	1800	565	1800	295	1800	341	1800	327	1800	339
04:00 EDT	1800	437	1800	106	1800	110	1800	125	1800	177
05:00 EDT	1800	289	1800	134	1800	182	1800	221	1800	290
06:00 EDT	1800	243	1800	523	1800	632	1800	713	1800	781
07:00 EDT	1800	537	1800	504	1800	737	1800	773	1800	587
08:00 EDT	1800	1015	1800	658	1800	702	1800	770	1800	1065
09:00 EDT	1800	1231	1800	1198	1800	1206	1800	1197	1800	1170
10:00 EDT	1800	1185	1800	1470	1800	1600	1800	1600	1800	1600
11:00 EDT	1800	1223	1800	1600	1800	1600	1800	1600	1800	1587
12:00 EDT	1800	1469	1800	1600	1800	1600	1800	1600	1800	1600
13:00 EDT	1800	1590	1800	1600	1800	1600	1800	1600	1800	1600
14:00 EDT	1800	1503	1800	1600	1800	1600	1800	1600	1800	1600
15:00 EDT	1800	1387	1800	1463	1800	1478	1800	1543	1800	1543
16:00 EDT	1800	1340	1800	1397	1800	1459	1800	1542	1800	1509
17:00 EDT	1800	1161	1800	1255	1800	1284	1800	1197	1800	978
18:00 EDT	1800	717	1800	863	1800	865	1800	883	1800	883
19:00 EDT	1800	808	1800	1137	1800	1184	1800	1151	1800	1133
20:00 EDT	1800	499	1800	915	1800	977	1800	846	1800	892
21:00 EDT	1800	496	1800	851	1800	762	1800	803	1800	803
22:00 EDT	1800	880	1800	637	1800	792	1800	837	1800	817
23:00 EDT	1800	679	1800	703	1800	695	1800	699	1800	698

NYISO-PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2088	2400	2086	2400	2089	2400	2085
13:00 EDT	2400	2100	2400	2091	2400	2088	2400	2089	2400	2088
14:00 EDT	2400	2100	2400	1951	2400	1952	2400	1939	2400	1938
15:00 EDT	2400	2099	2400	1992	2400	2088	2400	1994	2400	1986
16:00 EDT	2400	2089	2400	1957	2400	1956	2400	1956	2400	1952
17:00 EDT	2400	2100	2400	2015	2400	2016	2400	2022	2400	2038
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4008	7550	3903	7550	3796	7550	3839	7550	3781
01:00 EDT	7550	3777	7550	3494	7550	3642	7550	3657	7550	3507
02:00 EDT	7550	3695	7550	3498	7550	3542	7550	3542	7550	3581
03:00 EDT	7550	3701	7550	3557	7550	3630	7550	3640	7550	3679
04:00 EDT	7550	3818	7550	3356	7550	3368	7550	3382	7550	3344
05:00 EDT	7550	3913	7550	3759	7550	3820	7550	3921	7550	3909
06:00 EDT	7550	3483	7550	4066	7550	4023	7550	4060	7550	4061
07:00 EDT	7550	4043	7550	3767	7550	3814	7550	3763	7550	3776
08:00 EDT	7550	3935	7550	3778	7550	3753	7550	3728	7550	3891
09:00 EDT	7550	4105	7550	3828	7550	3873	7550	3911	7550	3902
10:00 EDT	7550	4251	7550	4289	7550	4263	7550	4327	7550	4359
11:00 EDT	7550	4106	7550	4124	7550	4080	7550	4000	7550	3957
12:00 EDT	7550	4334	7550	4256	7550	4234	7550	4231	7550	4161
13:00 EDT	7550	4129	7550	4125	7550	4106	7550	4129	7550	4092
14:00 EDT	7550	4037	7550	4083	7550	4086	7550	4025	7550	4006
15:00 EDT	7550	3913	7550	3907	7550	3772	7550	3796	7550	3777
16:00 EDT	7550	3742	7550	3712	7550	3602	7550	3541	7550	3436
17:00 EDT	7550	3586	7550	3393	7550	3418	7550	3444	7550	3362
18:00 EDT	7550	3429	7550	3421	7550	3568	7550	3488	7550	3535
19:00 EDT	7550	3889	7550	3889	7550	4015	7550	4143	7550	4219
20:00 EDT	7550	3914	7550	4047	7550	4111	7550	4105	7550	4130
21:00 EDT	7550	3996	7550	4292	7550	4296	7550	4350	7550	4353
22:00 EDT	7550	4520	7550	4077	7550	4047	7550	3924	7550	4069
23:00 EDT	7550	4389	7550	3838	7550	3866	7550	3784	7550	3862

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	430	660	430	660	430	660	430	660	430
01:00 EDT	660	430	660	430	660	430	660	430	660	430
02:00 EDT	660	430	660	430	660	430	660	430	660	430
03:00 EDT	660	430	660	430	660	430	660	430	660	430
04:00 EDT	660	430	660	430	660	430	660	430	660	430
05:00 EDT	660	430	660	430	660	430	660	430	660	430
06:00 EDT	660	430	660	430	660	430	660	430	660	430
07:00 EDT	660	280	660	280	660	280	660	280	660	130
08:00 EDT	660	430	660	280	660	280	660	280	660	430
09:00 EDT	660	430	660	430	660	430	660	430	660	430
10:00 EDT	660	660	660	660	660	660	660	660	660	660
11:00 EDT	660	660	660	660	660	660	660	660	660	660
12:00 EDT	660	660	660	660	660	660	660	660	660	660
13:00 EDT	660	660	660	660	660	660	660	660	660	660
14:00 EDT	660	660	660	660	660	660	660	660	660	660
15:00 EDT	660	660	660	660	660	660	660	660	660	660
16:00 EDT	660	660	660	660	660	660	660	660	660	660
17:00 EDT	660	660	660	660	660	660	660	660	660	660
18:00 EDT	660	660	660	430	660	430	660	430	660	340
19:00 EDT	660	660	660	430	660	430	660	430	660	415
20:00 EDT	660	430	660	430	660	430	660	430	660	430
21:00 EDT	660	430	660	430	660	430	660	430	660	430
22:00 EDT	660	430	660	430	660	430	660	430	660	430
23:00 EDT	660	430	660	430	660	430	660	430	660	430

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	90	315	90	315	90	315	90	315	90
01:00 EDT	315	90	315	90	315	90	315	90	315	90
02:00 EDT	315	40	315	40	315	40	315	40	315	40
03:00 EDT	315	90	315	90	315	90	315	90	315	90
04:00 EDT	315	90	315	90	315	90	315	90	315	90
05:00 EDT	315	40	315	40	315	40	315	40	315	40
06:00 EDT	315	40	315	40	315	40	315	40	315	40
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	40	315	0	315	0	315	0	315	40
09:00 EDT	315	90	315	90	315	90	315	90	315	90
10:00 EDT	315	140	315	140	315	140	315	140	315	140
11:00 EDT	315	140	315	140	315	140	315	140	315	140
12:00 EDT	315	140	315	140	315	140	315	140	315	140
13:00 EDT	315	140	315	140	315	140	315	140	315	140
14:00 EDT	315	140	315	140	315	140	315	140	315	140
15:00 EDT	315	140	315	140	315	140	315	140	315	140
16:00 EDT	315	140	315	140	315	140	315	140	315	140
17:00 EDT	315	140	315	140	315	140	315	140	315	140
18:00 EDT	315	140	315	140	315	140	315	140	315	140
19:00 EDT	315	140	315	140	315	140	315	140	315	140
20:00 EDT	315	140	315	140	315	140	315	140	315	140
21:00 EDT	315	40	315	40	315	40	315	40	315	40
22:00 EDT	315	40	315	40	315	40	315	40	315	40
23:00 EDT	315	40	315	40	315	40	315	40	315	40

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2230	4600	2355	4600	2388	4600	2349	4600	2411
01:00 EDT	4600	2292	4600	2409	4600	2435	4600	2442	4600	2582
02:00 EDT	4600	2236	4600	2604	4600	2599	4600	2632	4600	2645
03:00 EDT	4600	2283	4600	2639	4600	2646	4600	2640	4600	2662
04:00 EDT	4600	2316	4600	2612	4600	2637	4600	2638	4600	2641
05:00 EDT	4600	2510	4600	2885	4600	2872	4600	2949	4600	2860
06:00 EDT	4600	2097	4600	2658	4600	2568	4600	2523	4600	2456
07:00 EDT	4600	1991	4600	2460	4600	2266	4600	2154	4600	2411
08:00 EDT	4600	1500	4600	2294	4600	2154	4600	2087	4600	1851
09:00 EDT	4600	1181	4600	1735	4600	1706	4600	1612	4600	1690
10:00 EDT	4600	1045	4600	1580	4600	1293	4600	1270	4600	1287
11:00 EDT	4600	776	4600	1160	4600	1110	4600	1109	4600	1161
12:00 EDT	4600	722	4600	1127	4600	1106	4600	1087	4600	1057
13:00 EDT	4600	729	4600	1013	4600	986	4600	913	4600	927
14:00 EDT	4600	741	4600	988	4600	993	4600	1107	4600	1277
15:00 EDT	4600	811	4600	1338	4600	1317	4600	1311	4600	1319
16:00 EDT	4600	806	4600	1307	4600	1292	4600	1266	4600	1287
17:00 EDT	4600	699	4600	1310	4600	1313	4600	1435	4600	1660
18:00 EDT	4600	1230	4600	1843	4600	1879	4600	1864	4600	2002
19:00 EDT	4600	1352	4600	1920	4600	2033	4600	2180	4600	2326
20:00 EDT	4600	1764	4600	2263	4600	2264	4600	2372	4600	2323
21:00 EDT	4600	2100	4600	2479	4600	2631	4600	2596	4600	2608
22:00 EDT	4600	2258	4600	2525	4600	2296	4600	2189	4600	2402
23:00 EDT	4600	2450	4600	2401	4600	2444	4600	2305	4600	2490

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6345	2992	6615	3419	6615	3464	6615	3418	6255	3128

01:00 EDT	6345	3117	6255	3089	6255	3135	6255	3194	6255	3365
02:00 EDT	6345	3083	6255	3398	6255	3400	6255	3435	6255	3501
03:00 EDT	6345	3166	6255	3524	6255	3546	6255	3550	6255	3577
04:00 EDT	6345	3315	6255	3513	6255	3525	6255	3508	6255	3480
05:00 EDT	6345	3380	6255	3716	6255	3671	6255	3706	6255	3653
06:00 EDT	6345	2803	6255	3393	6255	3252	6255	3203	6255	3118
07:00 EDT	6345	2953	6255	3170	6255	2978	6255	2850	6255	3099
08:00 EDT	6345	2348	6255	2972	6255	2770	6255	2664	6255	2422
09:00 EDT	6345	2048	6255	2256	6255	2280	6255	2265	6255	2292
10:00 EDT	6345	1927	6255	2311	6255	2092	6255	2040	6255	2043
11:00 EDT	6345	1731	6255	2006	6255	1926	6255	1961	6255	2010
12:00 EDT	6345	1689	6255	1986	6255	1925	6255	1887	6255	1847
13:00 EDT	6345	1463	6255	1744	6255	1680	6255	1613	6255	1576
14:00 EDT	6345	1418	6255	1595	6255	1583	6255	1692	6255	1853
15:00 EDT	6345	1374	6255	1943	6255	1841	6255	1804	6255	1841
16:00 EDT	6345	1319	6255	1750	6255	1640	6255	1480	6255	1494
17:00 EDT	6345	1255	6255	1599	6255	1573	6255	1694	6255	1959
18:00 EDT	6345	1760	6255	2165	6255	2194	6255	2182	6255	2291
19:00 EDT	6345	2123	6255	2286	6255	2366	6255	2577	6255	2639
20:00 EDT	6345	2362	6255	2700	6255	2733	6255	2839	6255	2796
21:00 EDT	6345	2810	6255	2937	6255	3043	6255	3043	6255	3160
22:00 EDT	6345	2956	6255	3035	6255	2855	6255	2784	6255	3012
23:00 EDT	6345	3248	6255	2972	6255	3044	6255	2936	6255	3125

WEST CENTRAL

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Date: 04/30/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9466	9999	9591	9999	9523	9999	9595	9999	9509
01:00 EDT	9999	9486	9999	9512	9999	9690	9999	9653	9999	9476
02:00 EDT	9999	9466	9999	9213	9999	9170	9999	9326	9999	9383
03:00 EDT	9999	9409	9999	9415	9999	9344	9999	9425	9999	9421
04:00 EDT	9999	9299	9999	9406	9999	9437	9999	9430	9999	9385
05:00 EDT	9999	9554	9999	9359	9999	9432	9999	9430	9999	9557
06:00 EDT	9999	9008	9999	9563	9999	9468	9999	9356	9999	9383
07:00 EDT	9999	9232	9999	9108	9999	9103	9999	9116	9999	9138
08:00 EDT	9999	9294	9999	9161	9999	9151	9999	9105	9999	9161
09:00 EDT	9999	9427	9999	9180	9999	9279	9999	9219	9999	9308
10:00 EDT	9999	9478	9999	9720	9999	9688	9999	9745	9999	9667
11:00 EDT	9999	9433	9999	9531	9999	9524	9999	9498	9999	9517
12:00 EDT	9999	9456	9999	9637	9999	9742	9999	9717	9999	9637
13:00 EDT	9999	9294	9999	9616	9999	9606	9999	9581	9999	9564
14:00 EDT	9999	9238	9999	9553	9999	9475	9999	9390	9999	9436
15:00 EDT	9999	9165	9999	9344	9999	9327	9999	9418	9999	9373
16:00 EDT	9999	9137	9999	9367	9999	9389	9999	9352	9999	9252
17:00 EDT	9999	9097	9999	9160	9999	9142	9999	9040	9999	8989
18:00 EDT	9999	9087	9999	9170	9999	9320	9999	9207	9999	9141
19:00 EDT	9999	9224	9999	9196	9999	9183	9999	9280	9999	9295
20:00 EDT	9999	9202	9999	9135	9999	9133	9999	9143	9999	9110
21:00 EDT	9999	9175	9999	9218	9999	9307	9999	9314	9999	9222
22:00 EDT	9999	9458	9999	9080	9999	9034	9999	8957	9999	9162
23:00 EDT	9999	9554	9999	9104	9999	9220	9999	9192	9999	9217