

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

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Date: 04/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	160	160	160	160	160	160	160	160	160
01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	160	160	160	160	160	160	160	160	160
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	160	160	160	160	160	160	160	160	160
07:00 EDT	160	60	160	60	160	60	160	60	160	60
08:00 EDT	160	121	160	121	160	121	160	121	160	121
09:00 EDT	160	95	160	95	160	95	160	95	160	95
10:00 EDT	160	160	160	160	160	160	160	160	160	160
11:00 EDT	160	160	160	160	160	160	160	160	160	160
12:00 EDT	160	160	160	160	160	160	160	160	160	160
13:00 EDT	160	160	160	160	160	160	160	160	160	160
14:00 EDT	160	160	160	160	160	160	160	160	160	160
15:00 EDT	160	124	160	160	160	160	160	160	160	160
16:00 EDT	160	6	160	128	160	128	160	128	160	128
17:00 EDT	160	57	160	145	160	145	160	145	160	145
18:00 EDT	160	122	160	146	160	146	160	146	160	146
19:00 EDT	160	160	160	160	160	160	160	160	160	160
20:00 EDT	160	160	160	160	160	160	160	160	160	160
21:00 EDT	160	122	160	122	160	122	160	122	160	122
22:00 EDT	160	160	160	160	160	160	160	160	160	160
23:00 EDT	160	111	160	111	160	111	160	111	160	111

CEDARS-HQ

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Date: 04/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	279	279	220	220	220	220	220	220	220	220
11:00 EDT	279	279	220	220	220	220	220	220	220	220
12:00 EDT	279	279	220	220	220	220	220	220	220	220
13:00 EDT	279	279	220	220	220	220	220	220	220	220
14:00 EDT	279	279	220	220	220	220	220	220	220	220
15:00 EDT	279	279	220	220	220	220	220	220	220	220
16:00 EDT	279	279	220	220	220	220	220	220	220	220
17:00 EDT	279	279	220	220	220	220	220	220	220	220
18:00 EDT	279	279	220	220	220	220	220	220	220	220
19:00 EDT	279	279	220	220	220	220	220	220	220	220
20:00 EDT	279	279	220	220	220	220	220	220	220	220
21:00 EDT	279	279	220	220	220	220	220	220	220	220
22:00 EDT	279	279	220	220	220	220	220	220	220	220
23:00 EDT	279	279	220	220	220	220	220	220	220	220

HQ-NYISO

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Date: 04/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
01:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
02:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
03:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
04:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
05:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
06:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	1084	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	500	2000	308	2000	308	2000	308	2000	308
01:00 EDT	2000	447	2000	479	2000	479	2000	479	2000	479
02:00 EDT	2000	452	2000	606	2000	606	2000	606	2000	606
03:00 EDT	2000	459	2000	490	2000	490	2000	490	2000	490
04:00 EDT	2000	299	2000	300	2000	300	2000	300	2000	300
05:00 EDT	2000	500	2000	487	2000	487	2000	487	2000	487
06:00 EDT	2000	463	2000	427	2000	427	2000	427	2000	427
07:00 EDT	2000	1163	2000	771	2000	771	2000	771	2000	771
08:00 EDT	2000	1507	2000	1033	2000	1033	2000	1033	2000	1033
09:00 EDT	2000	1122	2000	1030	2000	1030	2000	1030	2000	1030
10:00 EDT	2000	1409	2000	1269	2000	1269	2000	1269	2000	1269
11:00 EDT	2000	1190	2000	1308	2000	1308	2000	1308	2000	1308

12:00 EDT	2000	1190	2000	1240	2000	1240	2000	1240	2000	1240
13:00 EDT	2000	1148	2000	1250	2000	1250	2000	1250	2000	1250
14:00 EDT	2000	1150	2000	1297	2000	1297	2000	1297	2000	1297
15:00 EDT	2000	1151	2000	1398	2000	1398	2000	1398	2000	1398
16:00 EDT	2000	1150	2000	1408	2000	1408	2000	1408	2000	1408
17:00 EDT	2000	1051	2000	1232	2000	1232	2000	1232	2000	1232
18:00 EDT	2000	752	2000	832	2000	832	2000	832	2000	832
19:00 EDT	2000	467	2000	440	2000	440	2000	440	2000	440
20:00 EDT	2000	457	2000	516	2000	516	2000	516	2000	516
21:00 EDT	2000	402	2000	517	2000	517	2000	517	2000	517
22:00 EDT	2000	619	2000	719	2000	719	2000	719	2000	719
23:00 EDT	2000	787	2000	700	2000	700	2000	700	2000	700

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1360	1160	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
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10:00 EDT	1400	1200	1400	1198	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1155	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1178	1400	1178	1400	1177	1400	1157
13:00 EDT	1400	1200	1400	937	1400	926	1400	1092	1400	1194
14:00 EDT	1400	1200	1400	894	1400	894	1400	1134	1400	1102
15:00 EDT	1400	1200	1400	856	1400	1079	1400	1200	1400	1099
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1258	1058
20:00 EDT	1400	1200	1273	1073	1061	861	1039	839	1149	949
21:00 EDT	1400	1200	821	621	1122	922	1107	907	1400	1200
22:00 EDT	1400	1200	1195	995	1332	1132	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	1960	2650	2525	2650	2550	2650	2534	2650	2509
01:00 EDT	2650	1916	2650	2512	2650	2550	2650	2526	2650	2533
02:00 EDT	2650	1943	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	1938	2650	2550	2650	2550	2650	2550	2650	2540
04:00 EDT	2650	1960	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	1939	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	1815	2650	2522	2650	2522	2650	2534	2650	2534
07:00 EDT	2650	1802	2650	2478	2650	2466	2650	2505	2650	2550
08:00 EDT	2650	1851	2650	2540	2650	2490	2650	2544	2650	2550
09:00 EDT	2650	1800	2650	2492	2650	2512	2650	2461	2650	2426
10:00 EDT	2650	1830	2650	2443	2650	2433	2650	2522	2650	2520
11:00 EDT	2650	1779	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	1767	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	1739	2650	2550	2650	2550	2650	2550	2650	2550

16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	250	330	250	330	250	330	250	330	250
18:00 EDT	330	90	330	90	330	90	330	90	330	90
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	500	496	490	0	490	0	490	0	490	0
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02:00 EDT	500	496	490	0	490	0	490	0	490	0
03:00 EDT	500	496	490	0	490	0	490	0	490	0
04:00 EDT	500	496	490	0	490	0	490	0	490	0
05:00 EDT	500	496	490	0	490	0	490	0	490	0
06:00 EDT	500	500	490	0	490	0	490	0	490	0
07:00 EDT	500	500	490	0	490	0	490	0	490	0
08:00 EDT	500	500	490	0	490	0	490	0	490	0
09:00 EDT	500	500	490	0	490	0	490	0	490	0
10:00 EDT	500	500	490	0	490	0	490	0	490	0
11:00 EDT	500	500	490	0	490	0	490	0	490	0
12:00 EDT	500	500	490	0	490	0	490	0	490	0
13:00 EDT	500	500	490	0	490	0	490	0	490	0
14:00 EDT	500	500	490	0	490	0	490	0	490	0
15:00 EDT	500	500	490	0	490	0	490	0	490	0
16:00 EDT	500	500	490	12	490	12	490	12	490	12
17:00 EDT	500	500	490	12	490	12	490	12	490	12
18:00 EDT	500	500	490	12	490	12	490	12	490	12
19:00 EDT	500	500	490	0	490	0	490	0	490	0
20:00 EDT	500	500	490	0	490	0	490	0	490	0
21:00 EDT	500	500	490	0	490	0	490	0	490	0
22:00 EDT	500	500	490	0	490	0	490	0	490	0
23:00 EDT	500	496	490	0	490	0	490	0	490	0

NYISO-IMO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
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15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	78	1800	0	1800	20	1800	0	1800	39
01:00 EDT	1800	338	1800	303	1800	270	1800	157	1800	187
02:00 EDT	1800	454	1800	373	1800	367	1800	368	1800	330
03:00 EDT	1800	551	1800	396	1800	399	1800	308	1800	382
04:00 EDT	1800	463	1800	293	1800	409	1800	454	1800	508
05:00 EDT	1800	583	1800	539	1800	371	1800	539	1800	278
06:00 EDT	1800	278	1800	186	1800	247	1800	247	1800	274
07:00 EDT	1800	556	1800	566	1800	655	1800	604	1800	684
08:00 EDT	1800	516	1800	884	1800	914	1800	865	1800	861
09:00 EDT	1800	409	1800	1159	1800	1301	1800	1304	1800	1303
10:00 EDT	1800	844	1800	1600	1800	1511	1800	1363	1800	1346
11:00 EDT	1800	801	1800	1600	1800	1586	1800	1519	1800	1511
12:00 EDT	1800	818	1800	1600	1800	1600	1800	1600	1800	1600
13:00 EDT	1800	863	1800	1600	1743	1543	1752	1552	1778	1578
14:00 EDT	1800	771	1508	1308	1496	1296	1514	1314	1740	1540
15:00 EDT	1800	718	1560	1360	1800	1600	1800	1547	1763	1563
16:00 EDT	1800	494	1667	1408	1800	1518	1800	1306	1800	1005
17:00 EDT	1800	500	1800	976	1800	797	1800	753	1800	825
18:00 EDT	1800	263	1800	525	1800	568	1800	568	1800	590
19:00 EDT	1800	549	1800	762	1800	1011	1800	1012	1800	1008
20:00 EDT	1800	515	1800	995	1800	944	1800	1124	1800	926
21:00 EDT	1800	293	1800	624	1800	520	1800	675	1800	715
22:00 EDT	1800	216	1800	661	1800	618	1800	688	1800	730
23:00 EDT	1800	415	1800	616	1800	497	1800	667	1800	664

NYISO-PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
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13:00 EDT	2400	2100	2400	2082	2400	2080	2400	2077	2400	2075
14:00 EDT	2400	2100	2400	2003	2400	2008	2400	2077	2400	2076
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

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Date: 04/20/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	2918	7550	2638	7550	2623	7550	2603	7550	2559
01:00 EDT	7550	2975	7550	2707	7550	2696	7550	2671	7550	2703
02:00 EDT	7550	2959	7550	2775	7550	2760	7550	2779	7550	2837
03:00 EDT	7550	3103	7550	2841	7550	2857	7550	2861	7550	2884
04:00 EDT	7550	3103	7550	2724	7550	2844	7550	2899	7550	2969
05:00 EDT	7550	3374	7550	3138	7550	3026	7550	3208	7550	3127
06:00 EDT	7550	3041	7550	3140	7550	3149	7550	3149	7550	3183
07:00 EDT	7550	3337	7550	3470	7550	3507	7550	3518	7550	3583
08:00 EDT	7550	3408	7550	3665	7550	3665	7550	3636	7550	3747
09:00 EDT	7550	3296	7550	3977	7550	4112	7550	4108	7550	4101
10:00 EDT	7550	3695	7550	4292	7550	4341	7550	4359	7550	4367
11:00 EDT	7550	3647	7550	4642	7550	4614	7550	4478	7550	4593
12:00 EDT	7550	3759	7550	4562	7550	4511	7550	4468	7550	4342
13:00 EDT	7550	3720	7550	4522	7550	4466	7550	4249	7550	4233
14:00 EDT	7550	3686	7550	4439	7550	4363	7550	4078	7550	4082
15:00 EDT	7550	3537	7550	4181	7550	3994	7550	3863	7550	4183
16:00 EDT	7550	3185	7550	3909	7550	4004	7550	3742	7550	3439
17:00 EDT	7550	3062	7550	3367	7550	3398	7550	3327	7550	3235
18:00 EDT	7550	2902	7550	3139	7550	3220	7550	3345	7550	3525
19:00 EDT	7550	2985	7550	3585	7550	3700	7550	3661	7550	3681
20:00 EDT	7550	2836	7550	3620	7550	3618	7550	3648	7550	3584
21:00 EDT	7550	3109	7550	3660	7550	3603	7550	3621	7550	3511
22:00 EDT	7550	3433	7550	3723	7550	3804	7550	3819	7550	3916
23:00 EDT	7550	3835	7550	3732	7550	3738	7550	3815	7550	3795

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	60	660	80	660	80	660	80	660	80
01:00 EDT	660	60	660	80	660	80	660	80	660	80
02:00 EDT	660	60	660	80	660	80	660	80	660	80
03:00 EDT	660	60	660	80	660	80	660	80	660	80
04:00 EDT	660	60	660	80	660	80	660	80	660	80
05:00 EDT	660	60	660	80	660	80	660	80	660	80
06:00 EDT	660	60	660	80	660	80	660	80	660	80
07:00 EDT	660	60	660	80	660	80	660	80	660	80
08:00 EDT	660	60	660	80	660	80	660	80	660	80
09:00 EDT	660	60	660	80	660	80	660	80	660	80
10:00 EDT	660	60	660	80	660	80	660	80	660	89
11:00 EDT	660	60	660	80	660	80	660	80	660	160
12:00 EDT	660	60	660	210	660	210	660	210	660	160
13:00 EDT	660	60	660	210	660	210	660	189	660	210
14:00 EDT	660	60	660	260	660	260	660	260	660	226
15:00 EDT	660	60	660	260	660	220	660	222	660	179
16:00 EDT	660	60	660	180	660	116	660	80	660	80
17:00 EDT	660	60	660	80	660	80	660	80	660	80
18:00 EDT	660	60	660	80	660	80	660	80	660	80
19:00 EDT	660	60	660	84	660	80	660	80	660	80
20:00 EDT	660	60	660	80	660	80	660	80	660	80
21:00 EDT	660	60	660	80	660	80	660	80	660	80

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	430	660	430	660	430	660	430	660	430
01:00 EDT	660	430	660	430	660	430	660	430	660	430
02:00 EDT	660	645	660	600	660	600	660	600	660	600
03:00 EDT	660	660	660	653	660	660	660	634	660	660
04:00 EDT	660	660	660	660	660	660	660	660	660	660
05:00 EDT	660	660	660	660	660	620	660	607	660	430
06:00 EDT	660	426	660	360	660	430	660	430	660	430
07:00 EDT	660	430	660	430	660	430	660	417	660	430
08:00 EDT	660	660	660	660	660	660	660	660	660	660
09:00 EDT	660	660	660	660	660	660	660	660	660	660
10:00 EDT	660	660	660	660	660	660	660	660	660	660
11:00 EDT	660	660	660	660	660	660	660	660	660	660
12:00 EDT	660	584	660	584	660	584	660	584	660	584
13:00 EDT	660	571	660	571	660	571	660	571	660	571
14:00 EDT	660	587	660	587	660	587	660	587	660	587
15:00 EDT	660	660	660	660	660	660	660	586	660	463
16:00 EDT	660	660	660	430	660	430	660	430	660	430
17:00 EDT	660	639	660	600	660	600	660	600	660	600
18:00 EDT	660	360	660	360	660	360	660	360	660	360
19:00 EDT	660	360	660	360	660	360	660	360	660	360
20:00 EDT	660	430	660	430	660	430	660	430	660	430
21:00 EDT	660	360	660	160	660	160	660	160	660	430
22:00 EDT	660	360	660	430	660	430	660	430	660	430
23:00 EDT	660	430	660	430	660	430	660	430	660	430

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	98	315	98	315	105	315	105	315	105
01:00 EDT	315	98	315	98	315	105	315	105	315	105
02:00 EDT	315	148	315	148	315	148	315	148	315	148
03:00 EDT	315	148	315	148	315	148	315	148	315	148
04:00 EDT	315	198	315	198	315	198	315	198	315	198
05:00 EDT	315	148	315	148	315	148	315	148	315	148
06:00 EDT	315	58	315	58	315	105	315	105	315	105
07:00 EDT	315	98	315	98	315	105	315	105	315	105
08:00 EDT	315	148	315	148	315	148	315	148	315	148
09:00 EDT	315	136	315	136	315	136	315	136	315	136
10:00 EDT	315	198	315	198	315	198	315	198	315	198
11:00 EDT	315	148	315	148	315	148	315	148	315	148
12:00 EDT	315	98	315	98	315	98	315	105	315	105
13:00 EDT	315	98	315	98	315	98	315	98	315	105
14:00 EDT	315	98	315	98	315	105	315	105	315	105
15:00 EDT	315	98	315	98	315	105	315	105	315	105
16:00 EDT	315	198	315	98	315	105	315	105	315	105
17:00 EDT	315	148	315	148	315	148	315	148	315	148
18:00 EDT	315	58	315	58	315	105	315	105	315	105
19:00 EDT	315	58	315	58	315	58	315	105	315	105
20:00 EDT	315	98	315	98	315	105	315	105	315	105
21:00 EDT	315	58	315	58	315	105	315	105	315	105
22:00 EDT	315	58	315	58	315	58	315	105	315	105
23:00 EDT	315	58	315	58	315	58	315	105	315	105

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	1783	4600	1857	4600	1909	4600	1935	4600	1987
01:00 EDT	4600	1729	4600	1878	4600	1877	4600	1892	4600	1951
02:00 EDT	4600	1566	4600	1751	4600	1758	4600	1795	4600	1842
03:00 EDT	4600	1558	4600	1818	4600	1832	4600	1868	4600	1842
04:00 EDT	4600	1564	4600	1817	4600	1817	4600	1820	4600	1860
05:00 EDT	4600	1655	4600	1902	4600	1957	4600	1928	4600	2141
06:00 EDT	4600	1632	4600	2205	4600	2066	4600	2078	4600	2010
07:00 EDT	4600	1371	4600	2098	4600	1977	4600	1956	4600	1936
08:00 EDT	4600	1182	4600	1591	4600	1584	4600	1542	4600	1622
09:00 EDT	4600	1124	4600	1610	4600	1520	4600	1491	4600	1520
10:00 EDT	4600	1071	4600	1414	4600	1427	4600	1390	4600	1452
11:00 EDT	4600	1075	4600	1462	4600	1466	4600	1425	4600	1509
12:00 EDT	4600	1091	4600	1659	4600	1654	4600	1640	4600	1378
13:00 EDT	4600	1099	4600	1428	4600	1463	4600	1278	4600	1352
14:00 EDT	4600	1097	4600	1353	4600	1310	4600	1315	4600	1238
15:00 EDT	4600	1080	4600	1227	4600	1249	4600	1390	4600	1559
16:00 EDT	4600	1048	4600	1602	4600	1576	4600	1599	4600	1581
17:00 EDT	4600	1034	4600	1515	4600	1526	4600	1541	4600	1542
18:00 EDT	4600	1297	4600	1672	4600	1640	4600	1760	4600	1896
19:00 EDT	4600	1081	4600	1900	4600	1808	4600	1746	4600	1826
20:00 EDT	4600	1140	4600	1791	4600	1788	4600	1745	4600	1745
21:00 EDT	4600	1672	4600	2239	4600	2311	4600	2087	4600	1834
22:00 EDT	4600	1785	4600	2177	4600	2239	4600	2080	4600	2015
23:00 EDT	4600	1839	4600	1970	4600	2000	4600	2011	4600	2012

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	5820	2139	5960	2293	5895	2258	5895	2335	5730	2256

01:00 EDT	5820	2103	5730	2012	5730	2034	5730	2093	5730	2176
02:00 EDT	5820	1978	5730	1921	5730	1950	5730	2008	5730	2080
03:00 EDT	5820	1931	5730	2068	5730	2100	5730	2172	5730	2160
04:00 EDT	5820	1913	5730	2062	5730	2071	5730	2085	5730	2119
05:00 EDT	5820	2013	5730	2210	5730	2269	5730	2246	5730	2458
06:00 EDT	5820	2049	5730	2554	5730	2446	5730	2462	5730	2413
07:00 EDT	5820	1762	5730	2402	5730	2317	5730	2307	5730	2295
08:00 EDT	5820	1649	5730	1987	5730	1934	5730	1851	5730	1945
09:00 EDT	5820	1674	5730	1845	5730	1806	5730	1774	5730	1828
10:00 EDT	5820	1747	5730	1697	5730	1776	5730	1840	5730	1977
11:00 EDT	5820	1795	5730	1895	5730	1926	5730	1956	5730	2078
12:00 EDT	5820	1774	5730	2220	5730	2159	5730	2092	5730	1907
13:00 EDT	5820	1615	5730	1885	5730	1852	5730	1742	5730	1857
14:00 EDT	5820	1664	5730	1757	5730	1692	5730	1672	5730	1606
15:00 EDT	5820	1622	5730	1509	5730	1556	5730	1691	5730	1872
16:00 EDT	5820	1431	5730	1830	5895	1966	5895	1987	5895	1945
17:00 EDT	5820	1375	5895	1924	5895	1926	5895	1893	5895	1835
18:00 EDT	5985	1609	5895	2141	5895	2107	5895	2194	5895	2328
19:00 EDT	5985	1514	5895	2541	5895	2391	5895	2298	5895	2339
20:00 EDT	5985	1533	5895	2273	5895	2277	5895	2235	5895	2282
21:00 EDT	5985	1891	5895	2628	5895	2696	5895	2486	5895	2279
22:00 EDT	5985	2308	5895	2534	5895	2624	5895	2520	5895	2517
23:00 EDT	5985	2600	5895	2443	5895	2530	5895	2574	5895	2625

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9016	9999	8659	9999	8611	9999	8632	9999	8644
01:00 EDT	9999	8997	9999	8785	9999	8767	9999	8791	9999	8759
02:00 EDT	9999	8950	9999	8807	9999	8823	9999	8843	9999	8835
03:00 EDT	9999	9003	9999	8865	9999	8832	9999	8799	9999	8834
04:00 EDT	9999	8888	9999	8629	9999	8617	9999	8615	9999	8657
05:00 EDT	9999	9086	9999	8841	9999	8814	9999	8808	9999	8851
06:00 EDT	9999	8814	9999	8870	9999	8842	9999	8838	9999	8829
07:00 EDT	9999	9124	9999	9138	9999	9268	9999	9106	9999	9088
08:00 EDT	9999	9352	9999	9096	9999	9132	9999	9118	9999	9189
09:00 EDT	9999	9152	9999	9217	9999	9267	9999	9205	9999	9265
10:00 EDT	9999	9460	9999	9257	9999	9339	9999	9400	9999	9411
11:00 EDT	9999	9382	9999	9500	9999	9481	9999	9495	9999	9495
12:00 EDT	9999	9376	9999	9399	9999	9360	9999	9461	9999	9459
13:00 EDT	9999	9399	9999	9586	9999	9644	9999	9360	9999	9425
14:00 EDT	9999	9362	9999	9567	9999	9557	9999	9345	9999	9274
15:00 EDT	9999	9320	9999	9673	9999	9553	9999	9395	9999	9491
16:00 EDT	9999	9132	9999	9600	9999	9636	9999	9314	9999	8970
17:00 EDT	9999	8866	9999	8960	9999	9055	9999	9094	9999	9115
18:00 EDT	9999	8631	9999	8882	9999	8848	9999	8907	9999	9030
19:00 EDT	9999	8470	9999	8831	9999	8817	9999	8739	9999	8723
20:00 EDT	9999	8463	9999	8611	9999	8638	9999	8693	9999	8636
21:00 EDT	9999	8643	9999	8629	9999	8610	9999	8674	9999	8634
22:00 EDT	9999	8977	9999	8978	9999	9063	9999	8987	9999	9073
23:00 EDT	9999	9198	9999	9024	9999	9033	9999	9102	9999	9068