

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

back to top

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	160	160	160	160	160	160	160	160	160
01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	160	160	160	160	160	160	160	160	160
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	160	160	160	160	160	160	160	160	160
07:00 EDT	160	160	160	160	160	160	160	160	160	160
08:00 EDT	160	160	160	160	160	160	160	160	160	160
09:00 EDT	160	160	160	160	160	160	160	160	160	160
10:00 EDT	160	160	160	160	160	160	160	160	160	160
11:00 EDT	160	160	160	160	160	160	160	160	160	160
12:00 EDT	160	160	160	160	160	160	160	160	160	160
13:00 EDT	160	160	160	160	160	160	160	160	160	160
14:00 EDT	160	160	160	160	160	160	160	160	160	160
15:00 EDT	160	160	160	160	160	160	160	160	160	160
16:00 EDT	160	160	160	160	160	160	160	160	160	160
17:00 EDT	160	160	160	160	160	160	160	160	160	160
18:00 EDT	160	160	160	160	160	160	160	160	160	160
19:00 EDT	160	160	160	160	160	160	160	160	160	160
20:00 EDT	160	160	160	160	160	160	160	160	160	160
21:00 EDT	160	160	160	160	160	160	160	160	160	160
22:00 EDT	160	160	160	160	160	160	160	160	160	160
23:00 EDT	160	160	160	160	160	160	160	160	160	160

CEDARS-HQ

back to top

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	279	279	220	220	220	220	220	220	220	220
11:00 EDT	279	279	220	220	220	220	220	220	220	220
12:00 EDT	279	279	220	220	220	220	220	220	220	220
13:00 EDT	279	279	220	220	220	220	220	220	220	220
14:00 EDT	279	279	220	220	220	220	220	220	220	220
15:00 EDT	279	279	220	220	220	220	220	220	220	220
16:00 EDT	279	279	220	220	220	220	220	220	220	220
17:00 EDT	279	279	220	220	220	220	220	220	220	220
18:00 EDT	279	279	220	220	220	220	220	220	220	220
19:00 EDT	279	279	220	220	220	220	220	220	220	220
20:00 EDT	279	279	220	220	220	220	220	220	220	220
21:00 EDT	279	279	220	220	220	220	220	220	220	220
22:00 EDT	279	279	220	220	220	220	220	220	220	220
23:00 EDT	279	279	220	220	220	220	220	220	220	220

HQ-NYISO

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
01:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
02:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
03:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
04:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
05:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
06:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	975	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	312	2000	362	2000	362	2000	362	2000	362
01:00 EDT	2000	299	2000	435	2000	435	2000	435	2000	435
02:00 EDT	2000	236	2000	560	2000	560	2000	560	2000	560
03:00 EDT	2000	212	2000	300	2000	300	2000	300	2000	300
04:00 EDT	2000	390	2000	297	2000	301	2000	301	2000	301
05:00 EDT	2000	209	2000	301	2000	300	2000	300	2000	300
06:00 EDT	2000	275	2000	321	2000	321	2000	321	2000	321
07:00 EDT	2000	313	2000	401	2000	404	2000	404	2000	404
08:00 EDT	2000	852	2000	499	2000	499	2000	499	2000	499
09:00 EDT	2000	713	2000	550	2000	550	2000	550	2000	550
10:00 EDT	2000	983	2000	1101	2000	1101	2000	1101	2000	1101
11:00 EDT	2000	753	2000	830	2000	830	2000	830	2000	830

12:00 EDT	2000	789	2000	616	2000	616	2000	616	2000	616
13:00 EDT	2000	729	2000	424	2000	424	2000	424	2000	424
14:00 EDT	2000	748	2000	466	2000	466	2000	466	2000	466
15:00 EDT	2000	730	2000	604	2000	604	2000	604	2000	604
16:00 EDT	2000	832	2000	776	2000	776	2000	776	2000	776
17:00 EDT	2000	858	2000	764	1800	564	1800	564	1800	564
18:00 EDT	2000	982	1800	276	1800	276	1800	276	1800	276
19:00 EDT	2000	891	1800	88	2000	288	2000	288	2000	288
20:00 EDT	2000	866	2000	369	2000	369	2000	369	2000	365
21:00 EDT	2000	1053	2000	829	2000	829	2000	829	2000	829
22:00 EDT	2000	744	2000	748	2000	748	2000	748	2000	748
23:00 EDT	2000	866	2000	895	2000	895	2000	895	2000	895

ISONE-NYISO

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
01:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
02:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
03:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
04:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
05:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
06:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
07:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
08:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
09:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
10:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
11:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
12:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
13:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
14:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
15:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
16:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
17:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
18:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
19:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
20:00 EDT	1100	900	1100	900	1092	892	1100	900	1100	900
21:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
22:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
23:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900

MOSES SOUTH

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	1868	2650	2550	2650	2515	2650	2550	2650	2550
01:00 EDT	2650	1865	2650	2550	2650	2550	2650	2546	2650	2541
02:00 EDT	2650	1841	2650	2550	2650	2524	2650	2537	2650	2550
03:00 EDT	2650	1867	2650	2503	2650	2429	2650	2471	2650	2479
04:00 EDT	2650	1844	2650	2432	2650	2390	2650	2405	2650	2402
05:00 EDT	2650	1833	2650	2424	2650	2425	2650	2454	2650	2457
06:00 EDT	2650	1696	2650	2417	2650	2458	2650	2450	2650	2449
07:00 EDT	2650	1705	2650	2384	2650	2408	2650	2413	2650	2374
08:00 EDT	2650	1766	2650	2346	2650	2363	2650	2404	2650	2466
09:00 EDT	2650	1787	2650	2447	2650	2413	2650	2442	2650	2518
10:00 EDT	2650	1785	2650	2549	2650	2541	2650	2550	2650	2550
11:00 EDT	2650	1771	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	1789	2650	2550	2650	2550	2650	2550	2650	2542
13:00 EDT	2650	1798	2650	2550	2650	2550	2650	2550	2650	2522

14:00 EDT	2650	1826	2650	2521	2650	2511	2650	2545	2650	2550
15:00 EDT	2650	1825	2650	2550	2650	2525	2650	2512	2650	2550
16:00 EDT	2650	1781	2650	2550	2650	2519	2650	2522	2650	2466
17:00 EDT	2650	1760	2650	2503	2650	2454	2650	2469	2650	2479
18:00 EDT	2650	1698	2650	2431	2650	2447	2650	2452	2650	2435
19:00 EDT	2650	1670	2650	2378	2650	2373	2650	2356	2650	2388
20:00 EDT	2650	1696	2650	2350	2650	2338	2650	2348	2650	2288
21:00 EDT	2650	1741	2650	2331	2650	2315	2650	2375	2650	2446
22:00 EDT	2650	1902	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	1961	2650	2550	2650	2550	2650	2550	2650	2550

NPX-1385

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	159	160	159	160	159	160	159	160	159
01:00 EDT	160	159	160	159	160	159	160	159	160	159
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	159	160	159	160	159	160	159	160	159
05:00 EDT	160	159	160	159	160	159	160	159	160	159
06:00 EDT	160	129	160	129	160	129	160	129	160	129
07:00 EDT	160	50	160	50	160	50	160	50	160	50
08:00 EDT	160	49	160	49	160	49	160	49	160	49
09:00 EDT	160	4	160	4	160	4	160	4	160	4
10:00 EDT	160	9	160	9	160	9	160	9	160	9
11:00 EDT	160	8	160	8	160	8	160	8	160	8
12:00 EDT	160	55	160	55	160	55	160	55	160	55
13:00 EDT	160	83	160	83	160	83	160	83	160	83
14:00 EDT	160	27	160	27	160	27	160	27	160	27
15:00 EDT	160	0	160	0	160	0	160	0	160	0
16:00 EDT	160	0	160	0	160	0	160	0	160	0
17:00 EDT	160	103	160	86	160	86	160	86	160	86
18:00 EDT	160	128	160	104	160	104	160	104	160	104
19:00 EDT	160	31	160	31	160	31	160	31	160	31
20:00 EDT	160	0	160	0	160	0	160	0	160	0
21:00 EDT	160	19	160	19	160	19	160	19	160	19
22:00 EDT	160	102	160	92	160	92	160	92	160	92
23:00 EDT	160	30	160	30	160	30	160	30	160	30

NPX-CSC

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	230	330	230	330	230	330	230	330	230
01:00 EDT	330	230	330	230	330	230	330	230	330	230
02:00 EDT	330	230	330	230	330	230	330	230	330	230
03:00 EDT	330	230	330	230	330	230	330	230	330	230
04:00 EDT	330	230	330	230	330	230	330	230	330	230
05:00 EDT	330	230	330	230	330	230	330	230	330	230
06:00 EDT	330	230	330	230	330	230	330	230	330	230
07:00 EDT	330	230	330	230	330	230	330	230	330	230
08:00 EDT	330	155	330	155	330	155	330	155	330	155
09:00 EDT	330	155	330	155	330	155	330	155	330	155
10:00 EDT	330	90	330	103	330	103	330	103	330	103
11:00 EDT	330	155	330	155	330	155	330	155	330	155
12:00 EDT	330	155	330	155	330	155	330	155	330	155
13:00 EDT	330	155	330	155	330	155	330	155	330	155
14:00 EDT	330	155	330	155	330	155	330	155	330	155
15:00 EDT	330	155	330	155	330	155	330	155	330	155

16:00 EDT	330	80	330	80	330	80	330	80	330	80
17:00 EDT	330	155	330	155	330	155	330	155	330	155
18:00 EDT	330	155	330	155	330	155	330	155	330	155
19:00 EDT	330	155	330	155	330	155	330	155	330	155
20:00 EDT	330	80	330	80	330	80	330	80	330	80
21:00 EDT	330	155	330	155	330	155	330	155	330	155
22:00 EDT	330	155	330	155	330	155	330	155	330	155
23:00 EDT	330	80	330	80	330	80	330	80	330	80

NYISO-HQ

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	500	500	490	0	490	0	490	0	490	0
01:00 EDT	500	500	490	0	490	0	490	0	490	0
02:00 EDT	500	500	490	0	490	0	490	0	490	0
03:00 EDT	500	500	490	0	490	0	490	0	490	0
04:00 EDT	500	500	490	0	490	0	490	0	490	0
05:00 EDT	500	500	490	0	490	0	490	0	490	0
06:00 EDT	500	500	490	0	490	0	490	0	490	0
07:00 EDT	500	500	490	0	490	0	490	0	490	0
08:00 EDT	500	500	490	0	490	0	490	0	490	0
09:00 EDT	500	500	490	0	490	0	490	0	490	0
10:00 EDT	500	500	490	0	490	0	490	0	490	0
11:00 EDT	500	500	490	0	490	0	490	0	490	0
12:00 EDT	500	500	490	0	490	0	490	0	490	0
13:00 EDT	500	500	490	0	490	0	490	0	490	0
14:00 EDT	500	500	490	0	490	0	490	0	490	0
15:00 EDT	500	500	490	0	490	0	490	0	490	0
16:00 EDT	500	500	490	0	490	0	490	0	490	0
17:00 EDT	500	500	490	0	490	0	490	0	490	0
18:00 EDT	500	500	490	0	490	0	490	0	490	0
19:00 EDT	500	500	490	0	490	0	490	0	490	0
20:00 EDT	500	500	490	0	490	0	490	0	490	0
21:00 EDT	500	500	490	0	490	0	490	0	490	0
22:00 EDT	500	500	490	0	490	0	490	0	490	0
23:00 EDT	500	500	490	0	490	0	490	0	490	0

NYISO-IMO

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1400	1100	1400	1100	1400	1100

18:00 EDT	1600	1300	1400	1100	1400	1100	1400	1100	1400	1100
19:00 EDT	1600	1300	1400	1100	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	327	1800	277	1800	103	1800	407	1800	413
01:00 EDT	1800	155	1800	342	1800	289	1800	292	1800	219
02:00 EDT	1800	133	1800	203	1800	203	1800	204	1800	204
03:00 EDT	1800	130	1800	104	1800	96	1800	71	1800	115
04:00 EDT	1800	151	1800	416	1800	470	1800	560	1800	561
05:00 EDT	1800	443	1800	593	1800	592	1800	678	1800	668
06:00 EDT	1800	143	1800	542	1800	322	1800	502	1800	517
07:00 EDT	1800	543	1800	818	1800	945	1800	1071	1800	1069
08:00 EDT	1800	687	1800	832	1800	673	1800	807	1800	902
09:00 EDT	1800	756	1800	776	1800	662	1800	754	1800	686
10:00 EDT	1800	624	1800	754	1800	885	1800	925	1800	965
11:00 EDT	1800	655	1800	834	1800	867	1800	903	1800	879
12:00 EDT	1800	632	1800	725	1800	725	1800	676	1800	647
13:00 EDT	1800	577	1800	634	1800	638	1800	636	1800	637
14:00 EDT	1800	561	1800	840	1800	870	1800	709	1800	786
15:00 EDT	1800	659	1800	1083	1800	1095	1800	1178	1800	1214
16:00 EDT	1800	698	1800	1203	1800	1350	1800	1405	1800	1420
17:00 EDT	1800	540	1800	1441	1800	1438	1800	1412	1800	1199
18:00 EDT	1800	490	1800	1208	1800	983	1800	1230	1800	1177
19:00 EDT	1800	742	1800	992	1800	940	1800	825	1800	781
20:00 EDT	1800	823	1800	667	1800	704	1800	641	1800	807
21:00 EDT	1800	744	1800	573	1800	823	1800	824	1800	947
22:00 EDT	1800	743	1800	890	1800	1185	1800	1115	1800	1155
23:00 EDT	1800	1078	1800	1113	1800	1138	1800	1128	1800	1105

NYISO-PJM

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2016	2400	1983	2400	1973	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	3123	7550	3360	7550	3350	7550	3460	7550	3539
01:00 EDT	7550	2968	7550	3451	7550	3503	7550	3492	7550	3484
02:00 EDT	7550	3096	7550	3525	7550	3579	7550	3574	7550	3569
03:00 EDT	7550	3092	7550	3354	7550	3419	7550	3371	7550	3374
04:00 EDT	7550	3154	7550	3880	7550	3890	7550	3927	7550	3884
05:00 EDT	7550	3242	7550	3894	7550	3893	7550	3827	7550	3772
06:00 EDT	7550	2953	7550	3606	7550	3474	7550	3532	7550	3544
07:00 EDT	7550	3403	7550	3871	7550	4012	7550	4107	7550	3919
08:00 EDT	7550	3788	7550	3842	7550	3777	7550	3825	7550	3904
09:00 EDT	7550	3721	7550	4002	7550	3920	7550	3933	7550	4069
10:00 EDT	7550	3656	7550	4185	7550	4273	7550	4297	7550	4290
11:00 EDT	7550	3485	7550	4030	7550	4037	7550	4033	7550	4003
12:00 EDT	7550	3295	7550	3786	7550	3851	7550	3789	7550	3752
13:00 EDT	7550	3116	7550	3522	7550	3485	7550	3444	7550	3441
14:00 EDT	7550	3159	7550	3633	7550	3649	7550	3668	7550	3612
15:00 EDT	7550	3349	7550	3854	7550	3861	7550	3805	7550	3773
16:00 EDT	7550	3339	7550	3810	7550	3805	7550	3788	7550	3708
17:00 EDT	7550	3232	7550	3649	7550	3637	7550	3712	7550	3756
18:00 EDT	7550	3211	7550	3742	7550	3750	7550	3926	7550	3835
19:00 EDT	7550	3432	7550	3436	7550	3379	7550	3377	7550	3458
20:00 EDT	7550	3506	7550	3237	7550	3165	7550	3093	7550	3237
21:00 EDT	7550	3509	7550	3358	7550	3258	7550	3186	7550	3285
22:00 EDT	7550	3378	7550	3684	7550	3798	7550	3852	7550	3935
23:00 EDT	7550	3788	7550	3981	7550	3975	7550	4042	7550	4075

PJM-NEPTUNE

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	60	660	100	660	100	660	100	660	100
01:00 EDT	660	60	660	100	660	100	660	100	660	100
02:00 EDT	660	60	660	100	660	100	660	100	660	100
03:00 EDT	660	60	660	100	660	100	660	100	660	100
04:00 EDT	660	60	660	100	660	100	660	100	660	100
05:00 EDT	660	60	660	100	660	100	660	100	660	100
06:00 EDT	660	160	660	260	660	260	660	260	660	260
07:00 EDT	660	160	660	260	660	260	660	260	660	260
08:00 EDT	660	60	660	260	660	260	660	260	660	260
09:00 EDT	660	60	660	260	660	260	660	260	660	260
10:00 EDT	660	60	660	260	660	260	660	260	660	260
11:00 EDT	660	60	660	260	660	260	660	260	660	260
12:00 EDT	660	60	660	260	660	260	660	260	660	260
13:00 EDT	660	60	660	260	660	260	660	260	660	260
14:00 EDT	660	60	660	260	660	260	660	260	660	260
15:00 EDT	660	60	660	260	660	260	660	260	660	260
16:00 EDT	660	60	660	260	660	260	660	260	660	260
17:00 EDT	660	60	660	260	660	260	660	260	660	260
18:00 EDT	660	60	660	260	660	260	660	260	660	260
19:00 EDT	660	60	660	260	660	260	660	260	660	260
20:00 EDT	660	60	660	260	660	260	660	260	660	260
21:00 EDT	660	60	660	260	660	260	660	260	660	260

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	180	660	258	660	258	660	258	660	258
01:00 EDT	660	232	660	298	660	298	660	298	660	298
02:00 EDT	660	180	660	180	660	180	660	180	660	180
03:00 EDT	660	180	660	430	660	430	660	430	660	430
04:00 EDT	660	180	660	430	660	430	660	430	660	430
05:00 EDT	660	180	660	430	660	430	660	430	660	430
06:00 EDT	660	13	660	430	660	430	660	430	660	430
07:00 EDT	660	180	660	430	660	430	660	430	660	430
08:00 EDT	660	129	660	80	660	80	660	80	660	80
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	80	660	80	660	80	660	80	660	80
11:00 EDT	660	20	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	180	660	180	660	180	660	180	660	180
20:00 EDT	660	330	660	309	660	309	660	309	660	309
21:00 EDT	660	180	660	180	660	180	660	180	660	180
22:00 EDT	660	80	660	80	660	80	660	80	660	80
23:00 EDT	660	80	660	80	660	80	660	80	660	80

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	0	0	0	0	0	0	0	0	0	0
01:00 EDT	0	0	0	0	0	0	0	0	0	0
02:00 EDT	0	0	0	0	0	0	0	0	0	0
03:00 EDT	0	0	0	0	0	0	0	0	0	0
04:00 EDT	0	0	0	0	0	0	0	0	0	0
05:00 EDT	0	0	0	0	0	0	0	0	0	0
06:00 EDT	0	0	0	0	0	0	0	0	0	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	0	0	0	0
09:00 EDT	0	0	0	0	0	0	0	0	0	0
10:00 EDT	0	0	0	0	0	0	0	0	0	0
11:00 EDT	0	0	0	0	0	0	0	0	0	0
12:00 EDT	0	0	0	0	0	0	0	0	0	0
13:00 EDT	0	0	0	0	0	0	0	0	0	0
14:00 EDT	0	0	0	0	0	0	0	0	0	0
15:00 EDT	0	0	0	0	0	0	0	0	0	0
16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	1298	4600	1841	4600	1838	4600	1858	4600	1922
01:00 EDT	4600	1276	4600	1919	4600	2026	4600	1961	4600	2018
02:00 EDT	4600	1361	4600	2174	4600	2228	4600	2231	4600	2203
03:00 EDT	4600	1328	4600	2034	4600	2028	4600	2038	4600	2058
04:00 EDT	4600	1358	4600	1986	4600	1979	4600	1908	4600	1842
05:00 EDT	4600	1350	4600	1797	4600	1767	4600	1756	4600	1746
06:00 EDT	4600	1254	4600	1726	4600	1794	4600	1720	4600	1591
07:00 EDT	4600	1201	4600	1569	4600	1607	4600	1560	4600	1583
08:00 EDT	4600	1213	4600	1776	4600	1751	4600	1733	4600	1716
09:00 EDT	4600	1264	4600	1813	4600	1869	4600	1787	4600	2008
10:00 EDT	4600	1243	4600	1951	4600	1943	4600	1929	4600	1923
11:00 EDT	4600	1258	4600	1980	4600	1982	4600	1972	4600	1984
12:00 EDT	4600	1270	4600	1978	4600	1985	4600	1978	4600	1976
13:00 EDT	4600	1266	4600	1973	4600	1974	4600	1970	4600	1971
14:00 EDT	4600	1268	4600	1973	4600	1970	4600	1977	4600	1974
15:00 EDT	4600	1267	4600	1637	4600	1571	4600	1482	4600	1457
16:00 EDT	4600	1243	4600	1347	4600	1269	4600	1298	4600	1283
17:00 EDT	4600	1239	4600	1385	4600	1422	4600	1512	4600	1630
18:00 EDT	4600	1204	4600	1529	4600	1800	4600	1821	4600	1882
19:00 EDT	4600	1159	4600	1523	4600	1593	4600	1760	4600	1862
20:00 EDT	4600	1114	4600	1636	4600	1494	4600	1478	4600	1569
21:00 EDT	4600	1174	4600	2060	4600	1834	4600	1701	4600	1598
22:00 EDT	4600	1231	4600	1907	4600	1696	4600	1292	4600	1359
23:00 EDT	4600	1283	4600	1492	4600	1499	4600	1572	4600	1618

UPNY/CONED

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6050	1633	5960	2201	5960	2232	5960	2242	5960	2318

01:00 EDT	6050	1723	5960	2303	5960	2428	5960	2396	5960	2476
02:00 EDT	6050	1838	5960	2648	5960	2725	5960	2742	5960	2727
03:00 EDT	6050	1858	5960	2570	5960	2564	5960	2578	5960	2587
04:00 EDT	6050	1910	5960	2589	5960	2576	5960	2488	5960	2395
05:00 EDT	6050	1765	5960	2427	5960	2372	5960	2320	5960	2322
06:00 EDT	6050	1628	5960	2153	5960	2208	5960	2101	5960	1954
07:00 EDT	6050	1551	5960	1960	5960	2012	5960	1938	5960	1976
08:00 EDT	6050	1727	5960	2260	5960	2205	5960	2253	5960	2210
09:00 EDT	6050	1548	5960	2255	5960	2314	5960	2289	5960	2583
10:00 EDT	6050	1725	5960	2563	5960	2510	5960	2438	5960	2342
11:00 EDT	6050	1609	5960	2282	5960	2277	5960	2230	5960	2266
12:00 EDT	6050	1631	5960	2224	5960	2271	5960	2282	5960	2268
13:00 EDT	6050	1590	5960	2258	5960	2233	5960	2242	5960	2172
14:00 EDT	6050	1568	5960	2293	5960	2275	5960	2328	5960	2239
15:00 EDT	6050	1566	5960	1943	5960	1944	5960	1849	5960	1834
16:00 EDT	6050	1525	5960	1792	5960	1664	5960	1649	5960	1551
17:00 EDT	6050	1405	5960	1586	5960	1568	5960	1652	5960	1786
18:00 EDT	6050	1459	5960	1741	5960	1990	5960	1979	5960	1967
19:00 EDT	6050	1443	5960	1706	5960	1712	5960	1830	5960	1867
20:00 EDT	6050	1429	5960	1764	5960	1618	5960	1613	5960	1759
21:00 EDT	6050	1515	5960	2137	5960	1927	5960	1830	5960	1749
22:00 EDT	6050	1558	5960	2129	5960	1938	5960	1588	5960	1687
23:00 EDT	6050	1730	5960	1878	5960	1904	5960	1961	5960	2053

WEST CENTRAL

[back to top](#)

Date: 04/16/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	8987	9999	9286	9999	9323	9999	9387	9999	9356
01:00 EDT	9999	9006	9999	9336	9999	9328	9999	9362	9999	9382
02:00 EDT	9999	8906	9999	9410	9999	9503	9999	9505	9999	9529
03:00 EDT	9999	8880	9999	9330	9999	9399	9999	9340	9999	9369
04:00 EDT	9999	8959	9999	9721	9999	9681	9999	9593	9999	9531
05:00 EDT	9999	8947	9999	9596	9999	9576	9999	9685	9999	9628
06:00 EDT	9999	8871	9999	9653	9999	9500	9999	9544	9999	9583
07:00 EDT	9999	8928	9999	9633	9999	9676	9999	9700	9999	9635
08:00 EDT	9999	9331	9999	9636	9999	9651	9999	9678	9999	9638
09:00 EDT	9999	9448	9999	9703	9999	9645	9999	9608	9999	9588
10:00 EDT	9999	9596	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9485	9999	9836	9999	9794	9999	9817	9999	9826
12:00 EDT	9999	9423	9999	9662	9999	9634	9999	9731	9999	9746
13:00 EDT	9999	9321	9999	9584	9999	9571	9999	9564	9999	9641
14:00 EDT	9999	9305	9999	9693	9999	9703	9999	9609	9999	9589
15:00 EDT	9999	9360	9999	9656	9999	9746	9999	9712	9999	9650
16:00 EDT	9999	9317	9999	9532	9999	9701	9999	9721	9999	9656
17:00 EDT	9999	9255	9999	9599	9999	9624	9999	9577	9999	9610
18:00 EDT	9999	9138	9999	9509	9999	9409	9999	9563	9999	9514
19:00 EDT	9999	9242	9999	9225	9999	9164	9999	9215	9999	9245
20:00 EDT	9999	9253	9999	9180	9999	9219	9999	9185	9999	9382
21:00 EDT	9999	9425	9999	9490	9999	9603	9999	9561	9999	9476
22:00 EDT	9999	9351	9999	9682	9999	9676	9999	9610	9999	9659
23:00 EDT	9999	9563	9999	9713	9999	9781	9999	9681	9999	9659