

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

back to top

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	160	160	160	160	160	160	160	160	160
01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	160	160	160	160	160	160	160	160	160
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	160	160	139	160	139	160	139	160	139
07:00 EDT	160	160	160	150	160	150	160	140	160	140
08:00 EDT	160	160	160	160	160	160	160	160	160	160
09:00 EDT	160	160	160	160	160	160	160	160	160	160
10:00 EDT	160	160	160	160	160	160	160	160	160	160
11:00 EDT	160	160	160	160	160	160	160	160	160	160
12:00 EDT	160	160	160	160	160	160	160	160	160	160
13:00 EDT	160	160	160	160	160	160	160	160	160	160
14:00 EDT	160	160	160	160	160	160	160	160	160	160
15:00 EDT	160	160	160	160	160	160	160	160	160	160
16:00 EDT	160	160	160	160	160	160	160	160	160	160
17:00 EDT	160	160	160	160	160	160	160	160	160	160
18:00 EDT	160	160	160	160	160	160	160	160	160	160
19:00 EDT	160	160	160	160	160	160	160	160	160	160
20:00 EDT	160	160	160	160	160	160	160	160	160	160
21:00 EDT	160	160	160	160	160	160	160	160	160	160
22:00 EDT	160	160	160	160	160	160	160	160	160	160
23:00 EDT	160	160	160	160	160	160	160	160	160	160

CEDARS-HQ

back to top

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	279	279	220	220	220	220	220	220	220	220
11:00 EDT	279	279	220	220	220	220	220	220	220	220
12:00 EDT	279	279	220	220	220	220	220	220	220	220
13:00 EDT	279	279	220	220	220	220	220	220	220	220
14:00 EDT	279	279	220	220	220	220	220	220	220	220
15:00 EDT	279	279	220	220	220	220	220	220	220	220
16:00 EDT	279	279	220	220	220	220	220	220	220	220
17:00 EDT	279	279	220	220	220	220	220	220	220	220
18:00 EDT	279	279	220	220	220	220	220	220	220	220
19:00 EDT	279	279	220	220	220	220	220	220	220	220
20:00 EDT	279	279	220	220	220	220	220	220	220	220
21:00 EDT	279	279	220	220	220	220	220	220	220	220
22:00 EDT	279	279	220	220	220	220	220	220	220	220
23:00 EDT	279	279	220	220	220	220	220	220	220	220

HQ-NYISO

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	1079	1020	1020	1020	1020	1020	1020	1020	1020
01:00 EDT	1100	1079	1020	1020	1020	1020	1020	1020	1020	1020
02:00 EDT	1100	1079	1020	1020	1020	1020	1020	1020	1020	1020
03:00 EDT	1100	1079	1020	1020	1020	1020	1020	1020	1020	1020
04:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
05:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
06:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	1091	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	1079	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	1090	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	1099	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	1079	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2100	812	2100	389	2100	389	2100	389	2100	389
01:00 EDT	2100	759	2100	435	2100	435	2100	435	2100	435
02:00 EDT	2100	832	2100	300	2100	300	2100	300	2100	300
03:00 EDT	2100	838	2100	309	2100	309	2100	309	2100	309
04:00 EDT	2100	787	2100	300	2100	300	2100	300	2100	300
05:00 EDT	2100	790	2100	414	2100	414	2100	414	2100	414
06:00 EDT	2100	909	2100	464	2100	464	2100	464	2100	464
07:00 EDT	2100	923	2100	532	2100	482	2100	482	2100	482
08:00 EDT	2100	1188	2100	620	2100	620	2100	620	2100	620
09:00 EDT	2100	1138	2100	794	2100	794	2100	794	2100	794
10:00 EDT	2100	847	2100	635	2100	635	2100	635	2100	635
11:00 EDT	2100	1118	2100	766	2100	766	2100	766	2100	766

12:00 EDT	2100	827	2100	566	2100	566	2100	566	2100	566
13:00 EDT	2100	1073	2100	798	2100	798	2100	798	2100	798
14:00 EDT	2100	1119	2100	1080	2100	1080	2100	1080	2100	1080
15:00 EDT	2100	1117	2100	912	2100	912	2100	912	2100	912
16:00 EDT	2100	1114	2100	1065	2100	1065	2100	1065	2100	1065
17:00 EDT	2100	924	2100	847	2100	847	2100	847	2100	847
18:00 EDT	2100	1012	2100	549	2100	549	2100	549	2100	545
19:00 EDT	2100	756	2100	512	2100	512	2100	511	2100	516
20:00 EDT	2100	1225	2100	1022	2100	1022	2100	1024	2100	1021
21:00 EDT	2100	1147	2100	1164	2100	1164	2100	1164	2100	1164
22:00 EDT	2100	1046	2100	936	2100	936	2100	936	2100	936
23:00 EDT	2100	1033	2100	991	2100	991	2100	991	2100	991

ISONE-NYISO

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
01:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
02:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
03:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
04:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
05:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
06:00 EDT	1100	900	1100	900	1100	900	1091	891	502	302
07:00 EDT	1100	900	228	28	231	31	338	138	284	84
08:00 EDT	1100	900	8	0	634	434	687	487	952	752
09:00 EDT	1100	900	877	677	1100	900	1100	900	1100	900
10:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
11:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
12:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
13:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
14:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
15:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
16:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
17:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
18:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
19:00 EDT	1100	900	1100	900	947	747	876	676	857	657
20:00 EDT	1100	900	524	324	737	537	640	440	843	643
21:00 EDT	1100	900	883	683	804	604	823	623	1058	858
22:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
23:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900

MOSES SOUTH

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	2317	2650	2550	2650	2550	2650	2550	2650	2550
01:00 EDT	2650	2294	2650	2550	2650	2550	2650	2550	2650	2550
02:00 EDT	2650	2248	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	2163	2650	2550	2650	2550	2650	2550	2650	2550
04:00 EDT	2650	2122	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	1972	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	1928	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	1945	2650	2550	2650	2550	2650	2550	2650	2550
08:00 EDT	2650	1883	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	1914	2650	2473	2650	2475	2650	2502	2650	2550
10:00 EDT	2650	1916	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	1941	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	1955	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	1966	2650	2550	2650	2550	2650	2550	2650	2550

14:00 EDT	2650	1909	2650	2550	2650	2550	2650	2548	2650	2459
15:00 EDT	2650	1901	2650	2435	2650	2425	2650	2402	2650	2345
16:00 EDT	2650	1850	2650	2331	2650	2287	2650	2334	2650	2385
17:00 EDT	2650	1809	2650	2342	2650	2341	2650	2357	2650	2278
18:00 EDT	2650	1783	2650	2332	2650	2371	2650	2258	2650	2136
19:00 EDT	2650	1772	2650	2205	2650	2240	2650	2128	2650	2080
20:00 EDT	2650	1821	2650	2014	2650	2023	2650	2009	2650	2179
21:00 EDT	2650	1938	2650	2287	2650	2240	2650	2299	2650	2329
22:00 EDT	2650	1982	2650	2428	2650	2377	2650	2363	2650	2401
23:00 EDT	2650	2036	2650	2475	2650	2457	2650	2467	2650	2537

NPX-1385

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	130	160	130	160	130	160	130	160	130
01:00 EDT	160	130	160	130	160	130	160	130	160	130
02:00 EDT	160	130	160	154	160	154	160	154	160	154
03:00 EDT	160	130	160	154	160	154	160	154	160	154
04:00 EDT	160	130	160	130	160	130	160	130	160	130
05:00 EDT	160	130	160	130	160	130	160	130	160	130
06:00 EDT	160	131	160	160	160	160	160	160	160	160
07:00 EDT	160	101	160	160	160	160	160	160	160	160
08:00 EDT	160	46	160	96	160	96	160	96	160	96
09:00 EDT	160	6	160	80	160	80	160	80	160	80
10:00 EDT	160	85	160	124	160	124	160	124	160	124
11:00 EDT	160	100	160	100	160	100	160	100	160	100
12:00 EDT	160	75	160	76	160	76	160	76	160	76
13:00 EDT	160	50	160	76	160	76	160	76	160	76
14:00 EDT	160	75	160	75	160	75	160	75	160	75
15:00 EDT	160	26	160	42	160	42	160	42	160	42
16:00 EDT	160	50	160	101	160	101	160	101	160	101
17:00 EDT	160	85	160	135	160	135	160	135	160	135
18:00 EDT	160	70	160	145	160	145	160	145	160	145
19:00 EDT	160	70	160	145	160	145	160	145	160	145
20:00 EDT	160	60	160	85	160	85	160	85	160	85
21:00 EDT	160	95	160	119	160	119	160	119	160	119
22:00 EDT	160	50	160	124	160	124	160	124	160	124
23:00 EDT	160	55	160	129	160	129	160	129	160	129

NPX-CSC

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	180	330	180	330	180	330	180	330	180
01:00 EDT	330	101	330	101	330	101	330	101	330	101
02:00 EDT	330	90	330	90	330	90	330	90	330	90
03:00 EDT	330	17	330	31	330	31	330	31	330	31
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	90	330	90	330	90	330	90	330	90
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	90	330	90	330	90	330	90	330	90
09:00 EDT	330	250	330	250	330	250	330	250	330	250
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	181	330	248	330	248	330	248	330	248
12:00 EDT	330	90	330	90	330	90	330	90	330	90
13:00 EDT	330	0	330	0	330	170	330	170	330	170
14:00 EDT	330	0	330	170	330	170	330	170	330	170
15:00 EDT	330	0	330	170	330	170	330	170	330	170

16:00 EDT	330	0	330	170	330	170	330	170	330	170
17:00 EDT	330	0	330	170	330	170	330	170	330	170
18:00 EDT	330	0	330	170	330	170	330	170	330	170
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	500	500	490	69	490	69	490	69	490	69
01:00 EDT	500	500	490	45	490	45	490	45	490	45
02:00 EDT	500	500	490	0	490	0	490	0	490	0
03:00 EDT	500	500	490	0	490	0	490	0	490	0
04:00 EDT	500	477	490	0	490	0	490	0	490	0
05:00 EDT	500	477	490	1	490	1	490	1	490	1
06:00 EDT	500	477	490	0	490	25	490	25	490	25
07:00 EDT	500	477	490	0	490	0	490	25	490	25
08:00 EDT	500	477	490	0	490	25	490	25	490	25
09:00 EDT	500	477	490	0	490	0	490	0	490	0
10:00 EDT	500	477	490	0	490	0	490	0	490	0
11:00 EDT	500	490	490	0	490	0	490	0	490	0
12:00 EDT	500	499	490	0	490	0	490	0	490	0
13:00 EDT	500	500	490	0	490	0	490	0	490	0
14:00 EDT	500	500	490	0	490	0	490	0	490	0
15:00 EDT	500	489	490	0	490	0	490	0	490	0
16:00 EDT	500	489	490	0	490	0	490	0	490	0
17:00 EDT	500	489	490	27	490	27	490	27	490	27
18:00 EDT	500	477	490	0	490	0	490	0	490	0
19:00 EDT	500	477	490	0	490	0	490	0	490	0
20:00 EDT	500	500	490	34	490	34	490	34	490	34
21:00 EDT	500	500	490	24	490	24	490	24	490	24
22:00 EDT	500	500	490	25	490	25	490	25	490	25
23:00 EDT	500	500	490	69	490	69	490	69	490	69

NYISO-IMO

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
01:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
02:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
03:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
04:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
05:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
06:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
07:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
08:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
09:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
10:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
11:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
12:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
13:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
14:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
15:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
16:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
17:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450

18:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
19:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
20:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
21:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
22:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450
23:00 EDT	1750	1450	1750	1450	1750	1450	1750	1450	1750	1450

NYISO-ISONE

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	557	1800	827	1800	762	1800	640	1800	581
01:00 EDT	1800	499	1800	442	1800	334	1800	279	1800	220
02:00 EDT	1800	317	1800	74	1800	127	1800	128	1800	222
03:00 EDT	1800	336	1800	233	1800	272	1800	172	1800	268
04:00 EDT	1800	301	1800	420	1800	418	1800	417	1800	428
05:00 EDT	1800	266	1800	419	1800	296	1800	512	1800	480
06:00 EDT	1800	613	1800	463	1800	305	1800	268	1800	265
07:00 EDT	1800	806	1800	260	1800	433	1800	480	1800	322
08:00 EDT	1800	850	1800	98	1800	139	1800	34	1800	237
09:00 EDT	1800	930	1800	292	1800	368	1800	492	1800	462
10:00 EDT	1800	611	1800	270	1800	109	1800	222	1800	223
11:00 EDT	1800	699	1800	125	1800	121	1800	125	1800	125
12:00 EDT	1800	611	1800	145	1800	145	1800	141	1800	141
13:00 EDT	1800	746	1800	339	1800	344	1800	343	1800	343
14:00 EDT	1800	743	1800	354	1800	354	1800	353	1800	351
15:00 EDT	1800	754	1800	171	1800	171	1800	171	1800	176
16:00 EDT	1800	774	1800	0	1800	0	1800	6	1800	0
17:00 EDT	1800	413	1800	0	1800	0	1800	0	1800	0
18:00 EDT	1800	396	1800	0	1800	0	1800	0	1800	0
19:00 EDT	1800	539	1800	21	1800	0	1800	0	1800	0
20:00 EDT	1800	540	1800	4	1800	33	1800	46	1800	73
21:00 EDT	1800	365	1800	0	1800	0	1800	0	1800	0
22:00 EDT	1800	515	1800	0	1800	64	1800	64	1800	207
23:00 EDT	1800	739	1800	507	1800	491	1800	526	1800	611

NYISO-PJM

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2014	2400	1851	2400	2100	2400	1797	2400	1792
06:00 EDT	2400	2098	2400	1978	2400	2050	2400	2042	2400	2045
07:00 EDT	2400	1745	2400	1797	2400	1626	2400	1630	2400	1694
08:00 EDT	2400	1907	2400	2030	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	1913	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	1825	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2034	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2027	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2024	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2012	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2017	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	1984	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4645	7550	5019	7550	4960	7550	4908	7550	4894
01:00 EDT	7550	4491	7550	4895	7550	4784	7550	4732	7550	4682
02:00 EDT	7550	4419	7550	4528	7550	4560	7550	4547	7550	4561
03:00 EDT	7550	4237	7550	4424	7550	4411	7550	4428	7550	4474
04:00 EDT	7550	4379	7550	4553	7550	4544	7550	4533	7550	4677
05:00 EDT	7550	4664	7550	5163	7550	4980	7550	5349	7550	5403
06:00 EDT	7550	4909	7550	5359	7550	5290	7550	5273	7550	5350
07:00 EDT	7550	5094	7550	5419	7550	5483	7550	5490	7550	5393
08:00 EDT	7550	4845	7550	5035	7550	4825	7550	4731	7550	4722
09:00 EDT	7550	4970	7550	4872	7550	4967	7550	5069	7550	5166
10:00 EDT	7550	4955	7550	4875	7550	4914	7550	4892	7550	4890
11:00 EDT	7550	5043	7550	4762	7550	4764	7550	4737	7550	4739
12:00 EDT	7550	4856	7550	4562	7550	4551	7550	4569	7550	4486
13:00 EDT	7550	5099	7550	4483	7550	4344	7550	4277	7550	4243
14:00 EDT	7550	4998	7550	4416	7550	4325	7550	4347	7550	4309
15:00 EDT	7550	5062	7550	4041	7550	4067	7550	4091	7550	4041
16:00 EDT	7550	4849	7550	4122	7550	4129	7550	4148	7550	4239
17:00 EDT	7550	4584	7550	4058	7550	4064	7550	4077	7550	4195
18:00 EDT	7550	4443	7550	3946	7550	4040	7550	4159	7550	4232
19:00 EDT	7550	4365	7550	4332	7550	4277	7550	4434	7550	4391
20:00 EDT	7550	4927	7550	4547	7550	4610	7550	4721	7550	4764
21:00 EDT	7550	4923	7550	4834	7550	4813	7550	4819	7550	4854
22:00 EDT	7550	4816	7550	5031	7550	5003	7550	5088	7550	5171
23:00 EDT	7550	4978	7550	5485	7550	5332	7550	5434	7550	5508

PJM-NEPTUNE

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	110	660	110	660	110	660	110	660	110
01:00 EDT	660	110	660	110	660	110	660	110	660	110
02:00 EDT	660	110	660	110	660	110	660	110	660	110
03:00 EDT	660	110	660	110	660	110	660	110	660	110
04:00 EDT	660	110	660	110	660	110	660	110	660	110
05:00 EDT	660	110	660	110	660	110	660	110	660	110
06:00 EDT	660	110	660	110	660	110	660	110	660	110
07:00 EDT	660	110	660	110	660	110	660	110	660	110
08:00 EDT	660	110	660	110	660	110	660	110	660	110
09:00 EDT	660	110	660	110	660	110	660	110	660	110
10:00 EDT	660	110	660	110	660	110	660	110	660	110
11:00 EDT	660	110	660	110	660	110	660	110	660	110
12:00 EDT	660	110	660	110	660	110	660	110	660	110
13:00 EDT	660	110	660	110	660	110	660	110	660	110
14:00 EDT	660	110	660	110	660	110	660	110	660	110
15:00 EDT	660	110	660	110	660	110	660	110	660	110
16:00 EDT	660	110	660	110	660	110	660	110	660	110
17:00 EDT	660	110	660	110	660	110	660	110	660	110
18:00 EDT	660	110	660	110	660	110	660	110	660	110
19:00 EDT	660	110	660	110	660	110	660	110	660	110
20:00 EDT	660	110	660	110	660	110	660	110	660	110
21:00 EDT	660	110	660	110	660	110	660	110	660	110

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	660	660	660	660	660	660	660	660	660
01:00 EDT	660	430	660	430	660	430	660	430	660	430
02:00 EDT	660	430	660	430	660	430	660	430	660	430
03:00 EDT	660	430	660	430	660	430	660	430	660	430
04:00 EDT	660	430	660	430	660	430	660	430	660	430
05:00 EDT	660	430	660	430	660	430	660	430	660	430
06:00 EDT	660	660	660	660	660	660	660	660	660	660
07:00 EDT	660	430	660	430	660	430	660	430	660	430
08:00 EDT	660	430	660	430	660	430	660	430	660	430
09:00 EDT	660	430	660	430	660	430	660	430	660	430
10:00 EDT	660	430	660	430	660	430	660	430	660	430
11:00 EDT	660	430	660	391	660	391	660	391	660	391
12:00 EDT	660	430	660	430	660	430	660	430	660	430
13:00 EDT	660	430	660	430	660	430	660	430	660	430
14:00 EDT	660	430	660	330	660	330	660	330	660	330
15:00 EDT	660	374	660	280	660	280	660	280	660	280
16:00 EDT	660	430	660	430	660	430	660	430	660	430
17:00 EDT	660	430	660	430	660	430	660	430	660	430
18:00 EDT	660	430	660	430	660	430	660	430	660	430
19:00 EDT	660	430	660	430	660	430	660	430	660	430
20:00 EDT	660	430	660	660	660	660	660	660	660	660
21:00 EDT	660	430	660	430	660	430	660	430	660	430
22:00 EDT	660	430	660	430	660	430	660	430	660	430
23:00 EDT	660	430	660	430	660	430	660	430	660	430

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	90	315	90	315	90	315	90	315	90
01:00 EDT	315	90	315	90	315	90	315	90	315	90
02:00 EDT	315	90	315	90	315	90	315	90	315	90
03:00 EDT	315	90	315	90	315	90	315	90	315	90
04:00 EDT	315	90	315	90	315	90	315	90	315	90
05:00 EDT	315	90	315	90	315	90	315	90	315	90
06:00 EDT	315	240	315	240	315	240	315	240	315	240
07:00 EDT	315	90	315	90	315	90	315	90	315	90
08:00 EDT	315	90	315	90	315	90	315	90	315	90
09:00 EDT	315	90	315	90	315	90	315	90	315	90
10:00 EDT	315	90	315	90	315	90	315	90	315	90
11:00 EDT	315	90	315	90	315	90	315	90	315	90
12:00 EDT	315	90	315	90	315	90	315	90	315	90
13:00 EDT	315	90	315	40	315	40	315	40	315	40
14:00 EDT	315	90	315	40	315	40	315	40	315	40
15:00 EDT	315	40	315	0	315	0	315	0	315	0
16:00 EDT	315	40	315	40	315	40	315	0	315	25
17:00 EDT	315	40	315	40	315	40	315	40	315	0
18:00 EDT	315	90	315	90	315	90	315	90	315	90
19:00 EDT	315	40	315	40	315	40	315	40	315	40
20:00 EDT	315	137	315	140	315	140	315	140	315	140
21:00 EDT	315	90	315	90	315	90	315	90	315	90
22:00 EDT	315	90	315	90	315	90	315	90	315	90
23:00 EDT	315	90	315	90	315	90	315	90	315	90

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2353	4600	2672	4600	2647	4600	2683	4600	2652
01:00 EDT	4600	2724	4600	2949	4600	2985	4600	2958	4600	2974
02:00 EDT	4600	2714	4600	2956	4600	2954	4600	3004	4600	2911
03:00 EDT	4600	2774	4600	2983	4600	2936	4600	3003	4600	3052
04:00 EDT	4600	2750	4600	2938	4600	2893	4600	2900	4600	2920
05:00 EDT	4600	2421	4600	2826	4600	2862	4600	2800	4600	2946
06:00 EDT	4600	1977	4600	2638	4600	2667	4600	2696	4600	2685
07:00 EDT	4600	1834	4600	2724	4600	2649	4600	2571	4600	2533
08:00 EDT	4600	1537	4600	2526	4600	2456	4600	2394	4600	2366
09:00 EDT	4600	1317	4600	2409	4600	2340	4600	2172	4600	2113
10:00 EDT	4600	1380	4600	2136	4600	2111	4600	2068	4600	2205
11:00 EDT	4600	1369	4600	2334	4600	2063	4600	2091	4600	2077
12:00 EDT	4600	1465	4600	1946	4600	1956	4600	1933	4600	1949
13:00 EDT	4600	1477	4600	1807	4600	1807	4600	1708	4600	1733
14:00 EDT	4600	1482	4600	2067	4600	2051	4600	2157	4600	2009
15:00 EDT	4600	1580	4600	2291	4600	2237	4600	2261	4600	2248
16:00 EDT	4600	1524	4600	1976	4600	2087	4600	2175	4600	2172
17:00 EDT	4600	1560	4600	2199	4600	2219	4600	2173	4600	2195
18:00 EDT	4600	1496	4600	2079	4600	2118	4600	2123	4600	2156
19:00 EDT	4600	1533	4600	2073	4600	1989	4600	2133	4600	2092
20:00 EDT	4600	1685	4600	2031	4600	2079	4600	2143	4600	2143
21:00 EDT	4600	2052	4600	2458	4600	2455	4600	2417	4600	2475
22:00 EDT	4600	1884	4600	2449	4600	2395	4600	2435	4600	2425
23:00 EDT	4600	1992	4600	2587	4600	2418	4600	2386	4600	2443

UPNY/CONED

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6345	2798	6255	3215	6255	3197	6255	3248	6255	3239

01:00 EDT	6345	3251	6255	3620	6255	3687	6255	3641	6255	3734
02:00 EDT	6345	3336	6255	3711	6255	3666	6255	3720	6255	3660
03:00 EDT	6345	3449	6255	3770	6255	3733	6255	3790	6255	3839
04:00 EDT	6345	3492	6255	3754	6255	3746	6255	3730	6255	3765
05:00 EDT	6345	2953	6255	3658	6255	3694	6255	3687	6255	3844
06:00 EDT	6345	2699	6255	3694	6255	3696	6255	3707	6255	3693
07:00 EDT	6345	2514	6255	3652	6255	3575	6255	3480	6255	3405
08:00 EDT	6345	2327	6255	3352	6255	3267	6255	3267	6255	3164
09:00 EDT	6345	2173	6255	3141	6255	3173	6255	3102	6255	3094
10:00 EDT	6345	2373	6255	3018	6255	3126	6255	3065	6255	3138
11:00 EDT	6345	2254	6255	3353	6255	3078	6255	3099	6255	3115
12:00 EDT	6345	2275	6255	3110	6255	3129	6255	3065	6255	3055
13:00 EDT	6345	2451	6255	2984	6255	2780	6255	2660	6255	2603
14:00 EDT	6345	2313	6255	2948	6255	2933	6255	3060	6255	2894
15:00 EDT	6345	2357	6255	3158	6255	3103	6255	3108	6255	3028
16:00 EDT	6345	2184	6255	2708	6255	2806	6615	3214	6615	3208
17:00 EDT	6705	2508	6615	3347	6615	3268	6615	3180	6615	3105
18:00 EDT	6705	2375	6615	2965	6615	2952	6615	2956	6615	3039
19:00 EDT	6705	2183	6615	3132	6615	3047	6615	3141	6615	2977
20:00 EDT	6705	2514	6615	3054	6615	3091	6615	3166	6615	3194
21:00 EDT	6705	2821	6615	3485	6615	3493	6615	3470	6615	3528
22:00 EDT	6705	2879	6615	3498	6615	3499	6615	3581	6615	3600
23:00 EDT	6705	2895	6615	3718	6615	3525	6615	3538	6615	3606

WEST CENTRAL

[back to top](#)

Date: 04/08/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9552	9999	9329	9999	9321	9999	9372	9999	9325
01:00 EDT	9999	9476	9999	9360	9999	9350	9999	9334	9999	9334
02:00 EDT	9999	9602	9999	9222	9999	9221	9999	9315	9999	9330
03:00 EDT	9999	9608	9999	9361	9999	9315	9999	9327	9999	9400
04:00 EDT	9999	9515	9999	9205	9999	9196	9999	9151	9999	9182
05:00 EDT	9999	9572	9999	9348	9999	9308	9999	9349	9999	9317
06:00 EDT	9999	9614	9999	9474	9999	9499	9999	9267	9999	9353
07:00 EDT	9999	9452	9999	9235	9999	9177	9999	9145	9999	9094
08:00 EDT	9999	9488	9999	8880	9999	8983	9999	9059	9999	9027
09:00 EDT	9999	9668	9999	9479	9999	9597	9999	9660	9999	9578
10:00 EDT	9999	9594	9999	9382	9999	9462	9999	9446	9999	9516
11:00 EDT	9999	9791	9999	9614	9999	9563	9999	9534	9999	9566
12:00 EDT	9999	9556	9999	9399	9999	9398	9999	9331	9999	9413
13:00 EDT	9999	9724	9999	9530	9999	9461	9999	9439	9999	9346
14:00 EDT	9999	9692	9999	9450	9999	9444	9999	9476	9999	9516
15:00 EDT	9999	9756	9999	9306	9999	9322	9999	9341	9999	9430
16:00 EDT	9999	9510	9999	9442	9999	9527	9999	9443	9999	9451
17:00 EDT	9999	9354	9999	9374	9999	9314	9999	9277	9999	9322
18:00 EDT	9999	9281	9999	8911	9999	8857	9999	8895	9999	9041
19:00 EDT	9999	9081	9999	9044	9999	8914	9999	9126	9999	9193
20:00 EDT	9999	9460	9999	9479	9999	9539	9999	9649	9999	9452
21:00 EDT	9999	9460	9999	9616	9999	9612	9999	9505	9999	9557
22:00 EDT	9999	9534	9999	9748	9999	9710	9999	9667	9999	9785
23:00 EDT	9999	9792	9999	9899	9999	9899	9999	9899	9999	9899