

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

back to top

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	160	160	160	160	160	160	160	160	160
01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	160	160	160	160	160	160	160	160	160
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	146	160	146	160	146	160	146	160	146
07:00 EDT	160	160	160	160	160	160	160	160	160	160
08:00 EDT	160	160	160	160	160	160	160	160	160	160
09:00 EDT	160	160	160	160	160	160	160	160	160	160
10:00 EDT	160	160	160	160	160	160	160	160	160	160
11:00 EDT	160	160	160	160	160	160	160	160	160	160
12:00 EDT	160	160	160	160	160	160	160	160	160	160
13:00 EDT	160	160	160	160	160	160	160	160	160	160
14:00 EDT	160	160	160	160	160	160	160	160	160	160
15:00 EDT	160	160	160	160	160	160	160	160	160	160
16:00 EDT	160	160	160	160	160	160	160	160	160	160
17:00 EDT	160	160	160	160	160	160	160	160	160	160
18:00 EDT	160	160	160	160	160	160	160	160	160	160
19:00 EDT	160	160	160	160	160	160	160	160	160	160
20:00 EDT	160	160	160	160	160	160	160	160	160	160
21:00 EDT	160	160	160	160	160	160	160	160	160	160
22:00 EDT	160	160	160	160	160	160	160	160	160	160
23:00 EDT	160	160	160	160	160	160	160	160	160	160

CEDARS-HQ

back to top

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	100	100	0	100	0	100	0	100	0
01:00 EDT	100	100	100	0	100	0	100	0	100	0
02:00 EDT	100	100	100	0	100	0	100	0	100	0
03:00 EDT	100	100	100	0	100	0	100	0	100	0
04:00 EDT	100	100	100	0	100	0	100	0	100	0
05:00 EDT	100	100	100	0	100	0	100	0	100	0

10:00 EDT	279	279	220	220	220	220	220	220	220	220
11:00 EDT	279	279	220	220	220	220	220	220	220	220
12:00 EDT	279	279	220	220	220	220	220	220	220	220
13:00 EDT	279	279	220	220	220	220	220	220	220	220
14:00 EDT	279	279	220	220	220	220	220	220	220	220
15:00 EDT	279	279	220	220	220	220	220	220	220	220
16:00 EDT	279	279	220	220	220	220	220	220	220	220
17:00 EDT	279	279	220	220	220	220	220	220	220	220
18:00 EDT	279	279	220	220	220	220	220	220	220	220
19:00 EDT	279	279	220	220	220	220	220	220	220	220
20:00 EDT	279	279	220	220	220	220	220	220	220	220
21:00 EDT	279	279	220	220	220	220	220	220	220	220
22:00 EDT	279	279	220	220	220	220	220	220	220	220
23:00 EDT	279	279	220	220	220	220	220	220	220	220

HQ-NYISO

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
01:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
02:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
03:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
04:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
05:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
06:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
07:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
08:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
09:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
10:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
11:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
12:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
13:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
14:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
15:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
16:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
17:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
18:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1100	1100	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	802	2200	822	2200	822	2200	822	2200	822
01:00 EDT	2200	766	2200	794	2200	794	2200	794	2200	793
02:00 EDT	2200	609	2200	639	2200	639	2200	639	2200	639
03:00 EDT	2200	598	2200	387	2200	387	2200	387	2200	387
04:00 EDT	2200	610	2200	435	2200	435	2200	435	2200	435
05:00 EDT	2200	897	2200	872	2200	872	2200	872	2200	872
06:00 EDT	2200	1353	2200	1190	2200	1190	2200	1190	2200	1190
07:00 EDT	2200	1656	2200	1531	2200	1531	2200	1531	2200	1531
08:00 EDT	2200	1675	2200	1716	2200	1716	2200	1716	2200	1716
09:00 EDT	2200	1564	2200	1844	2200	1844	2200	1844	2200	1844
10:00 EDT	2200	1571	2200	1824	2200	1824	2200	1824	2200	1824
11:00 EDT	2200	1567	2200	1856	2200	1856	2200	1856	2200	1856

12:00 EDT	2200	1579	2200	1598	2200	1598	2200	1598	2200	1598
13:00 EDT	2200	1555	2200	1634	2200	1634	2200	1634	2200	1634
14:00 EDT	2200	1410	2200	1854	2200	1854	2200	1854	2200	1854
15:00 EDT	2200	1406	2200	1806	2200	1806	2200	1806	2200	1806
16:00 EDT	2200	1410	2200	1707	2200	1707	2200	1707	2200	1707
17:00 EDT	2200	1326	2200	1685	2200	1685	2200	1685	2200	1685
18:00 EDT	2200	1678	2200	1582	2200	1582	2200	1582	2200	1582
19:00 EDT	2200	1584	2200	1372	2200	1416	2200	1417	2200	1417
20:00 EDT	2200	1594	2200	1550	2200	1550	2200	1550	2200	1550
21:00 EDT	2200	1495	2200	1443	2200	1443	2200	1443	2200	1442
22:00 EDT	2200	1510	2200	1416	2200	1416	2200	1416	2200	1416
23:00 EDT	2200	1196	2200	1427	2200	1427	2200	1427	2200	1427

ISONE-NYISO

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	900	1100	900	1100	895	1100	900	1100	900
01:00 EDT	1100	900	1100	829	1100	900	-200	0	-200	0
02:00 EDT	1100	900	-200	0	-200	0	-200	0	-200	0
03:00 EDT	1100	900	-200	0	-200	0	-200	0	-200	0
04:00 EDT	1100	900	-200	0	-200	0	-200	0	-200	0
05:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
06:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
07:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
08:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
09:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
10:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
11:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
12:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
13:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
14:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
15:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
16:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
17:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
18:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
19:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
20:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
21:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
22:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
23:00 EDT	1100	900	1100	866	1100	830	1100	876	1100	867

MOSES SOUTH

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
01:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
02:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
04:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
08:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
10:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	2540	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	2534	2650	2550	2650	2550	2650	2550	2650	2550

14:00 EDT	2650	2465	2650	2550	2650	2550	2650	2550	2650	2550
15:00 EDT	2650	2459	2650	2550	2650	2550	2650	2550	2650	2550
16:00 EDT	2650	2406	2650	2550	2650	2550	2650	2550	2650	2550
17:00 EDT	2650	2380	2650	2550	2650	2550	2650	2550	2650	2550
18:00 EDT	2650	2368	2650	2550	2650	2550	2650	2550	2650	2550
19:00 EDT	2650	2380	2650	2550	2650	2550	2650	2550	2650	2550
20:00 EDT	2650	2458	2650	2550	2650	2550	2650	2550	2650	2550
21:00 EDT	2650	2490	2650	2550	2650	2550	2650	2550	2650	2550
22:00 EDT	2650	2523	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550

NPX-1385

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	59	160	59	160	59	160	59	160	59
01:00 EDT	160	109	160	109	160	109	160	109	160	109
02:00 EDT	160	109	160	109	160	109	160	109	160	109
03:00 EDT	160	110	160	110	160	110	160	110	160	110
04:00 EDT	160	110	160	110	160	110	160	110	160	110
05:00 EDT	160	160	160	96	160	96	160	96	160	96
06:00 EDT	160	160	160	160	160	160	160	160	160	160
07:00 EDT	160	156	160	156	160	156	160	156	160	156
08:00 EDT	160	158	160	158	160	158	160	158	160	158
09:00 EDT	160	102	160	102	160	102	160	102	160	102
10:00 EDT	160	108	160	108	160	108	160	108	160	108
11:00 EDT	160	58	160	58	160	58	160	58	160	58
12:00 EDT	160	9	160	9	160	9	160	9	160	9
13:00 EDT	160	9	160	9	160	9	160	9	160	9
14:00 EDT	160	9	160	9	160	9	160	9	160	9
15:00 EDT	160	9	160	9	160	9	160	9	160	9
16:00 EDT	160	108	160	108	160	108	160	108	160	108
17:00 EDT	160	145	160	145	160	145	160	145	160	145
18:00 EDT	160	108	160	103	160	108	160	108	160	108
19:00 EDT	160	60	160	60	160	60	160	60	160	60
20:00 EDT	160	145	160	135	160	135	160	145	160	145
21:00 EDT	160	109	160	109	160	109	160	109	160	109
22:00 EDT	160	109	160	85	160	85	160	85	160	85
23:00 EDT	160	110	160	110	160	110	160	110	160	110

NPX-CSC

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	90	330	90	330	90	330	90	330	90
07:00 EDT	330	90	330	90	330	90	330	90	330	90
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	0	330	0	330	0	330	0	330	0
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	328	980	0	980	0	980	0	980	0
01:00 EDT	700	328	980	0	980	0	980	0	980	0
02:00 EDT	700	261	980	0	980	0	980	0	980	0
03:00 EDT	700	261	980	0	980	0	980	0	980	0
04:00 EDT	700	261	980	0	980	0	980	0	980	0
05:00 EDT	700	261	980	0	980	0	980	0	980	0
06:00 EDT	700	261	980	0	980	0	980	0	980	0
07:00 EDT	700	261	980	0	980	0	980	0	980	0
08:00 EDT	900	434	980	0	980	0	980	0	980	0
09:00 EDT	900	434	980	0	980	0	980	0	980	0
10:00 EDT	900	454	980	0	980	0	980	0	980	0
11:00 EDT	900	461	980	0	980	0	980	0	980	0
12:00 EDT	900	461	980	0	980	0	980	0	980	0
13:00 EDT	900	461	980	0	980	0	980	0	980	0
14:00 EDT	900	461	980	0	980	0	980	0	980	0
15:00 EDT	900	461	980	0	980	0	980	0	980	0
16:00 EDT	900	461	980	0	980	0	980	0	980	0
17:00 EDT	900	461	980	0	980	0	980	0	980	0
18:00 EDT	700	254	980	0	980	0	980	0	980	0
19:00 EDT	700	224	980	0	980	0	980	0	980	0
20:00 EDT	700	224	980	0	980	0	980	0	980	0
21:00 EDT	700	234	980	0	980	0	980	0	980	0
22:00 EDT	700	261	980	0	980	0	980	0	980	0
23:00 EDT	700	261	980	0	980	0	980	0	980	0

NYISO-IMO

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
07:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
08:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
09:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
10:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
11:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
15:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

NYISO-ISONE

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	1028	1800	1305	1800	1600	1800	1526	1800	1487
01:00 EDT	1800	1058	1800	1600	1800	1452	1800	1200	1800	1200
02:00 EDT	1800	916	1800	1200	1800	1200	1800	1200	1800	1200
03:00 EDT	1800	911	1800	1200	1800	1200	1800	1200	1800	1200
04:00 EDT	1800	350	1800	900	1800	844	1800	843	1800	843
05:00 EDT	1800	235	1800	843	1800	843	1800	743	1800	843
06:00 EDT	1800	62	1800	733	1800	657	1800	743	1800	769
07:00 EDT	1800	53	1800	742	1800	742	1800	758	1800	759
08:00 EDT	1800	123	1800	562	1800	705	1800	880	1800	881
09:00 EDT	1800	736	1800	1160	1800	1317	1800	1386	1800	1385
10:00 EDT	1800	709	1800	1528	1800	1529	1800	1529	1800	1528
11:00 EDT	1800	643	1800	1386	1800	1376	1800	1311	1800	1336
12:00 EDT	1800	604	1800	1311	1800	1278	1800	1246	1800	1200
13:00 EDT	1800	500	1800	1041	1800	1021	1800	965	1800	961
14:00 EDT	1800	611	1800	1199	1800	1200	1800	1199	1800	1331
15:00 EDT	1800	569	1800	1041	1800	1087	1800	1172	1800	1153
16:00 EDT	1800	539	1800	1051	1800	959	1800	1003	1800	929
17:00 EDT	1800	548	1800	1074	1800	1152	1800	986	1800	990
18:00 EDT	1800	379	1800	802	1800	707	1800	705	1800	693
19:00 EDT	1800	649	1800	963	1800	954	1800	935	1800	1072
20:00 EDT	1800	642	1800	1174	1800	1309	1800	1148	1800	1078
21:00 EDT	1800	602	1800	1248	1800	1166	1800	1173	1800	1179
22:00 EDT	1800	837	1800	1460	1800	1329	1800	1262	1800	1331
23:00 EDT	1800	852	1800	1600	1800	1600	1800	1600	1800	1600

NYISO-PJM

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5856	7550	6412	7550	6430	7550	6371	7550	6384
01:00 EDT	7550	5766	7550	6437	7550	6385	7550	6344	7550	6204
02:00 EDT	7550	5447	7550	5993	7550	5705	7550	5851	7550	5648
03:00 EDT	7550	5203	7550	5572	7550	5446	7550	5319	7550	5377
04:00 EDT	7550	4952	7550	5080	7550	5153	7550	5166	7550	5079
05:00 EDT	7550	4945	7550	5497	7550	5538	7550	5429	7550	5538
06:00 EDT	7550	5142	7550	5602	7550	5573	7550	5589	7550	5618
07:00 EDT	7550	5131	7550	5856	7550	5891	7550	5905	7550	5880
08:00 EDT	7550	5058	7550	5937	7550	5949	7550	6065	7550	6028
09:00 EDT	7550	5195	7550	6042	7550	6067	7550	6149	7550	6150
10:00 EDT	7550	5381	7550	6136	7550	6099	7550	6064	7550	6040
11:00 EDT	7550	5108	7550	5805	7550	5750	7550	5683	7550	5776
12:00 EDT	7550	4994	7550	5694	7550	5529	7550	5426	7550	5317
13:00 EDT	7550	4882	7550	5152	7550	5159	7550	5145	7550	5113
14:00 EDT	7550	4906	7550	5419	7550	5485	7550	5538	7550	5685
15:00 EDT	7550	4840	7550	5476	7550	5501	7550	5513	7550	5501
16:00 EDT	7550	4620	7550	5249	7550	5212	7550	5224	7550	5287
17:00 EDT	7550	4471	7550	5381	7550	5355	7550	5298	7550	5408
18:00 EDT	7550	4568	7550	5150	7550	5050	7550	5121	7550	5087
19:00 EDT	7550	4625	7550	5264	7550	5224	7550	5215	7550	5358
20:00 EDT	7550	4816	7550	5363	7550	5494	7550	5488	7550	5474
21:00 EDT	7550	5209	7550	5568	7550	5487	7550	5557	7550	5576
22:00 EDT	7550	5450	7550	5838	7550	5852	7550	5922	7550	6025
23:00 EDT	7550	5607	7550	6650	7550	6702	7550	6723	7550	6720

PJM-NEPTUNE

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	110	660	110	660	110	660	110	660	110
01:00 EDT	660	110	660	110	660	110	660	110	660	110
02:00 EDT	660	110	660	110	660	110	660	110	660	110
03:00 EDT	660	110	660	110	660	110	660	110	660	110
04:00 EDT	660	110	660	110	660	110	660	110	660	110
05:00 EDT	660	110	660	110	660	110	660	110	660	110
06:00 EDT	660	110	660	110	660	110	660	110	660	110
07:00 EDT	660	110	660	110	660	110	660	110	660	110
08:00 EDT	660	110	660	110	660	110	660	110	660	110
09:00 EDT	660	110	660	110	660	110	660	110	660	110
10:00 EDT	660	110	660	110	660	110	660	110	660	110
11:00 EDT	660	110	660	110	660	110	660	110	660	110
12:00 EDT	660	110	660	110	660	110	660	110	660	110
13:00 EDT	660	110	660	110	660	110	660	110	660	110
14:00 EDT	660	110	660	110	660	110	660	110	660	110
15:00 EDT	660	110	660	110	660	110	660	110	660	110
16:00 EDT	660	110	660	110	660	110	660	110	660	110
17:00 EDT	660	110	660	110	660	110	660	110	660	110
18:00 EDT	660	110	660	110	660	110	660	110	660	110
19:00 EDT	660	110	660	110	660	110	660	110	660	110
20:00 EDT	660	110	660	110	660	110	660	110	660	110
21:00 EDT	660	110	660	110	660	110	660	110	660	110

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	130	660	130	660	130	660	130	660	130
01:00 EDT	660	230	660	226	660	226	660	226	660	430
02:00 EDT	660	130	660	130	660	430	660	430	660	430
03:00 EDT	660	130	660	430	660	430	660	430	660	430
04:00 EDT	660	230	660	430	660	430	660	430	660	430
05:00 EDT	660	430	660	430	660	430	660	430	660	430
06:00 EDT	660	384	660	430	660	430	660	430	660	430
07:00 EDT	660	430	660	430	660	430	660	430	660	430
08:00 EDT	660	230	660	230	660	230	660	230	660	230
09:00 EDT	660	312	660	312	660	312	660	312	660	312
10:00 EDT	660	230	660	230	660	230	660	230	660	230
11:00 EDT	660	130	660	130	660	130	660	130	660	130
12:00 EDT	660	130	660	130	660	130	660	130	660	130
13:00 EDT	660	130	660	130	660	130	660	130	660	130
14:00 EDT	660	130	660	130	660	130	660	130	660	130
15:00 EDT	660	130	660	130	660	130	660	130	660	130
16:00 EDT	660	130	660	130	660	130	660	130	660	130
17:00 EDT	660	130	660	130	660	130	660	130	660	130
18:00 EDT	660	130	660	130	660	130	660	130	660	130
19:00 EDT	660	230	660	230	660	230	660	230	660	230
20:00 EDT	660	130	660	130	660	130	660	130	660	130
21:00 EDT	660	130	660	130	660	130	660	130	660	130
22:00 EDT	660	130	660	130	660	130	660	130	660	130
23:00 EDT	660	72	660	72	660	72	660	72	660	72

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	40	315	40	315	40	315	40	315	40
01:00 EDT	315	40	315	40	315	40	315	40	315	40
02:00 EDT	315	40	315	40	315	40	315	40	315	40
03:00 EDT	315	40	315	40	315	40	315	40	315	40
04:00 EDT	315	40	315	40	315	40	315	40	315	40
05:00 EDT	315	90	315	90	315	90	315	90	315	90
06:00 EDT	315	90	315	90	315	90	315	90	315	90
07:00 EDT	315	90	315	90	315	90	315	90	315	90
08:00 EDT	315	40	315	40	315	40	315	40	315	40
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	40	315	40	315	40	315	40	315	40
20:00 EDT	315	30	315	31	315	31	315	31	315	31
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3435	4600	3431	4600	3258	4600	3165	4600	3248
01:00 EDT	4600	3477	4600	3204	4600	3372	4600	3465	4600	3240
02:00 EDT	4600	3510	4600	3411	4600	3146	4600	3202	4600	3112
03:00 EDT	4600	3578	4600	3289	4600	3223	4600	3109	4600	3158
04:00 EDT	4600	3652	4600	3094	4600	3163	4600	3190	4600	3119
05:00 EDT	4600	3379	4600	3233	4600	3160	4600	3171	4600	3133
06:00 EDT	4600	3272	4600	3246	4600	3212	4600	3164	4600	3172
07:00 EDT	4600	3212	4600	3358	4600	3400	4600	3409	4600	3315
08:00 EDT	4600	3305	4600	3478	4600	3467	4600	3375	4600	3461
09:00 EDT	4600	3011	4600	3226	4600	3206	4600	3256	4600	3254
10:00 EDT	4600	3186	4600	3240	4600	3232	4600	3189	4600	3235
11:00 EDT	4600	3091	4600	3264	4600	3205	4600	3199	4600	3199
12:00 EDT	4600	3076	4600	3161	4600	3159	4600	3165	4600	3067
13:00 EDT	4600	3011	4600	3086	4600	3091	4600	3130	4600	3131
14:00 EDT	4600	2955	4600	3024	4600	3051	4600	3099	4600	3095
15:00 EDT	4600	3034	4600	3105	4600	3064	4600	3114	4600	3122
16:00 EDT	4600	2975	4600	3056	4600	3078	4600	3118	4600	3298
17:00 EDT	4600	2942	4600	3279	4600	3256	4600	3171	4600	3256
18:00 EDT	4600	3013	4600	3151	4600	3150	4600	3204	4600	3199
19:00 EDT	4600	2876	4600	3010	4600	3042	4600	3054	4600	3009
20:00 EDT	4600	3013	4600	3184	4600	3109	4600	3158	4600	3112
21:00 EDT	4600	3368	4600	3202	4600	3162	4600	3169	4600	3132
22:00 EDT	4600	3320	4600	3150	4600	3223	4600	3312	4600	3264
23:00 EDT	4600	3472	4600	3546	4600	3509	4600	3487	4600	3490

UPNY/CONED

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6345	4202	6255	4357	6255	4224	6255	4189	6255	4297

01:00 EDT	6345	4097	6255	4168	6255	4363	6255	4488	6255	4286
02:00 EDT	6345	4281	6255	4475	6255	4220	6255	4291	6255	4223
03:00 EDT	6345	4349	6255	4415	6255	4336	6255	4202	6255	4261
04:00 EDT	6345	4551	6255	4251	6255	4319	6255	4353	6255	4260
05:00 EDT	6345	4243	6255	4373	6255	4349	6255	4357	6255	4325
06:00 EDT	6345	4084	6255	4283	6255	4222	6255	4166	6255	4144
07:00 EDT	6345	3892	6255	4328	6255	4367	6255	4371	6255	4257
08:00 EDT	6345	3752	6255	4437	6255	4365	6255	4300	6255	4327
09:00 EDT	6345	3402	6255	4079	6255	4004	6255	4000	6255	3985
10:00 EDT	6345	3613	6255	3887	6255	3846	6255	3827	6255	3873
11:00 EDT	6345	3478	6255	3859	6255	3772	6255	3804	6255	3824
12:00 EDT	6345	3437	6255	3798	6255	3714	6255	3673	6255	3588
13:00 EDT	6345	3364	6255	3614	6255	3607	6255	3642	6255	3698
14:00 EDT	6345	3339	6255	3658	6255	3738	6255	3832	6255	3793
15:00 EDT	6345	3349	6255	3860	6255	3774	6255	3766	6255	3780
16:00 EDT	6345	3226	6255	3725	6255	3767	6255	3768	6255	3929
17:00 EDT	6345	3152	6255	3840	6255	3794	6255	3700	6255	3801
18:00 EDT	6345	3366	6255	3774	6255	3773	6255	3840	6255	3821
19:00 EDT	6345	3186	6255	3688	6255	3697	6255	3689	6255	3651
20:00 EDT	6345	3275	6255	3770	6255	3713	6255	3800	6255	3787
21:00 EDT	6345	3640	6255	3736	6255	3669	6255	3687	6255	3644
22:00 EDT	6345	3644	6255	3657	6255	3754	6255	3919	6255	3919
23:00 EDT	6345	3955	6255	4174	6255	4138	6255	4143	6255	4193

WEST CENTRAL

[back to top](#)

Date: 04/05/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9660	9999	9817	9999	9769	9999	9722	9999	9777
01:00 EDT	9999	9642	9999	9899	9999	9899	9999	9850	9999	9669
02:00 EDT	9999	9462	9999	9599	9999	9465	9999	9570	9999	9611
03:00 EDT	9999	9418	9999	9364	9999	9400	9999	9371	9999	9398
04:00 EDT	9999	9384	9999	9370	9999	9470	9999	9412	9999	9389
05:00 EDT	9999	9510	9999	9761	9999	9829	9999	9729	9999	9667
06:00 EDT	9999	9684	9999	9724	9999	9747	9999	9770	9999	9725
07:00 EDT	9999	9789	9999	9813	9999	9822	9999	9786	9999	9759
08:00 EDT	9999	9728	9999	9899	9999	9899	9999	9899	9999	9899
09:00 EDT	9999	9737	9999	9899	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9746	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9669	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9666	9999	9792	9999	9759	9999	9717	9999	9653
13:00 EDT	9999	9683	9999	9718	9999	9667	9999	9801	9999	9745
14:00 EDT	9999	9684	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9634	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9441	9999	9677	9999	9618	9999	9654	9999	9704
17:00 EDT	9999	9153	9999	9572	9999	9459	9999	9667	9999	9721
18:00 EDT	9999	9168	9999	9405	9999	9464	9999	9518	9999	9530
19:00 EDT	9999	9099	9999	9465	9999	9466	9999	9461	9999	9666
20:00 EDT	9999	9295	9999	9635	9999	9740	9999	9602	9999	9477
21:00 EDT	9999	9499	9999	9700	9999	9694	9999	9627	9999	9459
22:00 EDT	9999	9812	9999	9776	9999	9807	9999	9886	9999	9877
23:00 EDT	9999	9800	9999	9899	9999	9899	9999	9899	9999	9899