

ATC-TTC

CEDARS-HQ	1385-NPX
CENT EAST	NPX-1385
CSC-NPX	NPX-CSC
DYSINGER EAST	NYISO-HQ
HQ-CEDARS	NYISO-IMO
HQ-NYISO	NYISO-ISON
IMO-NYISO	NYISO-PJM
ISON-NYISO	NYPP EAST
MOSES SOUTH	PJM-NEPTUNE
	PJM-NYISO
	SCH-HQ_IMPORT_EXPORT
	SCH-PJM_HTP
	SCH-PJM_VFT
	SCH-VFT_PJM
	SPRAINBROOK/DUNWOODIE SOUTH
	UPNY/CONED
	WEST CENTRAL

1385-NPX

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	160	160	160	160	160	160	160	160	160
01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	160	160	160	160	160	160	160	160	160
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	160	160	160	160	160	160	160	160	160
07:00 EDT	160	160	160	160	160	160	160	160	160	160
08:00 EDT	160	160	160	160	160	160	160	160	160	160
09:00 EDT	160	160	160	160	160	160	160	160	160	160
10:00 EDT	160	160	160	160	160	160	160	160	160	160
11:00 EDT	160	160	160	160	160	160	160	160	160	160
12:00 EDT	160	160	160	160	160	160	160	160	160	160
13:00 EDT	160	160	160	160	160	160	160	160	160	160
14:00 EDT	160	160	160	160	160	160	160	160	160	160
15:00 EDT	160	125	160	160	160	160	160	160	160	160
16:00 EDT	160	125	160	160	160	160	160	160	160	160
17:00 EDT	160	160	160	160	160	160	160	160	160	160
18:00 EDT	160	160	160	160	160	160	160	160	160	160
19:00 EDT	160	160	160	160	160	160	160	160	160	160
20:00 EDT	160	160	160	160	160	160	160	160	160	160
21:00 EDT	160	139	160	160	160	160	160	160	160	160
22:00 EDT	160	159	160	160	160	160	160	160	160	160
23:00 EDT	160	125	160	160	160	160	160	160	160	160

CEDARS-HQ

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	279	279	220	220	220	220	220	220	220	220
11:00 EDT	279	279	220	220	220	220	220	220	220	220
12:00 EDT	279	279	220	220	220	220	220	220	220	220
13:00 EDT	279	279	220	220	220	220	220	220	220	220
14:00 EDT	279	279	220	220	220	220	220	220	220	220
15:00 EDT	279	279	220	220	220	220	220	220	220	220
16:00 EDT	279	279	220	220	220	220	220	220	220	220
17:00 EDT	279	279	220	220	220	220	220	220	220	220
18:00 EDT	279	279	220	220	220	220	220	220	220	220
19:00 EDT	279	279	220	220	220	220	220	220	220	220
20:00 EDT	279	279	220	220	220	220	220	220	220	220
21:00 EDT	279	279	220	220	220	220	220	220	220	220
22:00 EDT	279	279	220	220	220	220	220	220	220	220
23:00 EDT	279	279	220	220	220	220	220	220	220	220

HQ-NYISO

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1020	1020	1020	1020
18:00 EDT	1500	1500	1020	1020	1020	1020	1020	1020	1020	1020
19:00 EDT	1500	1500	1020	1020	1020	1020	1020	1020	1020	1020
20:00 EDT	1500	1500	1020	1020	1020	1020	1020	1020	1020	1020
21:00 EDT	1500	1500	1020	1020	1020	1020	1020	1020	1020	1020
22:00 EDT	1500	1500	1020	1020	1020	1020	1020	1020	1020	1020
23:00 EDT	1500	1500	1020	1020	1020	1020	1020	1020	1020	1020

IMO-NYISO

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	525	2200	867	2200	867	2200	867	2200	867
01:00 EDT	2200	541	2200	816	2200	817	2200	817	2200	817
02:00 EDT	2200	414	2200	935	2200	936	2200	936	2200	936
03:00 EDT	2200	490	2200	943	2200	942	2200	942	2200	943
04:00 EDT	2200	584	2200	967	2200	967	2200	967	2200	967
05:00 EDT	2200	527	2200	697	2200	697	2200	697	2200	697
06:00 EDT	2200	710	2200	636	2200	636	2200	636	2200	636
07:00 EDT	2200	1069	2200	947	2200	947	2200	947	2200	947
08:00 EDT	2200	868	2200	874	2200	874	2200	874	2200	874
09:00 EDT	2200	692	2200	727	2200	727	2200	727	2200	727
10:00 EDT	2200	599	2200	709	2200	709	2200	709	2200	708
11:00 EDT	2200	685	2200	728	2200	727	2200	727	2200	727

12:00 EDT	2200	465	2200	794	2200	794	2200	794	2200	794
13:00 EDT	2200	584	2200	918	2200	918	2200	918	2200	918
14:00 EDT	2200	787	2200	1112	2200	1112	2200	1112	2200	1112
15:00 EDT	2200	758	2200	1192	2200	1192	2200	1192	2200	1192
16:00 EDT	2200	765	2200	1210	2200	1210	2200	1210	2200	1211
17:00 EDT	2200	1008	2200	1547	2200	1547	2200	1547	2200	1547
18:00 EDT	2200	1262	2200	1338	2200	1338	2200	1338	2200	1338
19:00 EDT	2200	1214	2200	1389	2200	1389	2200	1389	2200	1389
20:00 EDT	2200	1130	2200	1181	2200	1180	2200	1180	2200	1180
21:00 EDT	2200	1304	2200	1330	2200	1330	2200	1329	2200	1329
22:00 EDT	2200	973	2200	1233	2200	1233	2200	1233	2200	1233
23:00 EDT	2200	766	2200	927	2200	927	2200	927	2200	927

ISONE-NYISO

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
01:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
02:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
03:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
04:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
05:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
06:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
07:00 EDT	1100	900	1010	810	1100	900	1100	900	1100	900
08:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
09:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
10:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
11:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
12:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
13:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
14:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
15:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
16:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
17:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
18:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
19:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
20:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
21:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
22:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
23:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900

MOSES SOUTH

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	2303	2650	2550	2650	2550	2650	2550	2650	2550
01:00 EDT	2650	2300	2650	2550	2650	2550	2650	2550	2650	2550
02:00 EDT	2650	2378	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	2396	2650	2550	2650	2550	2650	2550	2650	2550
04:00 EDT	2650	2268	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	2300	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	2254	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	2253	2650	2550	2650	2550	2650	2550	2650	2550
08:00 EDT	2650	2339	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	2343	2650	2550	2650	2550	2650	2550	2650	2550
10:00 EDT	2650	2338	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	2334	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	2322	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	2218	2650	2550	2650	2550	2650	2550	2650	2550

14:00 EDT	2650	2233	2650	2550	2650	2550	2650	2550	2650	2550
15:00 EDT	2650	2269	2650	2550	2650	2550	2650	2550	2650	2550
16:00 EDT	2650	2270	2650	2550	2650	2550	2650	2550	2650	2550
17:00 EDT	2650	2308	2650	2550	2650	2550	2650	2550	2650	2550
18:00 EDT	2650	2160	2650	2550	2650	2550	2650	2550	2650	2550
19:00 EDT	2650	2158	2650	2550	2650	2550	2650	2550	2650	2550
20:00 EDT	2650	2219	2650	2550	2650	2550	2650	2550	2650	2550
21:00 EDT	2650	2183	2650	2550	2650	2550	2650	2550	2650	2550
22:00 EDT	2650	2278	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	2355	2650	2550	2650	2550	2650	2550	2650	2550

NPX-1385

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	140	160	106	160	106	160	106	160	106
01:00 EDT	160	140	160	140	160	140	160	140	160	140
02:00 EDT	160	140	160	140	160	140	160	140	160	140
03:00 EDT	160	140	160	140	160	140	160	140	160	140
04:00 EDT	160	150	160	150	160	150	160	150	160	150
05:00 EDT	160	150	160	90	160	90	160	90	160	90
06:00 EDT	160	140	160	140	160	140	160	140	160	140
07:00 EDT	160	140	160	120	160	120	160	120	160	120
08:00 EDT	160	145	160	145	160	145	160	145	160	145
09:00 EDT	160	70	160	70	160	70	160	70	160	70
10:00 EDT	160	95	160	42	160	42	160	42	160	42
11:00 EDT	160	95	160	71	160	71	160	71	160	71
12:00 EDT	160	95	160	21	160	21	160	21	160	21
13:00 EDT	160	93	160	46	160	46	160	46	160	46
14:00 EDT	160	145	160	121	160	121	160	121	160	121
15:00 EDT	160	160	160	70	160	70	160	70	160	70
16:00 EDT	160	160	160	121	160	121	160	121	160	121
17:00 EDT	160	131	160	51	160	51	160	51	160	51
18:00 EDT	160	146	160	36	160	36	160	36	160	36
19:00 EDT	160	98	160	0	160	0	160	0	160	0
20:00 EDT	160	131	160	0	160	0	160	0	160	0
21:00 EDT	160	160	160	25	160	25	160	25	160	25
22:00 EDT	160	160	160	14	160	14	160	14	160	14
23:00 EDT	160	160	160	87	160	87	160	87	160	87

NPX-CSC

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	90	330	90	330	90	330	90	330	90
01:00 EDT	330	90	330	90	330	90	330	90	330	90
02:00 EDT	330	90	330	90	330	90	330	90	330	90
03:00 EDT	330	90	330	90	330	90	330	90	330	90
04:00 EDT	330	180	330	180	330	180	330	180	330	180
05:00 EDT	330	90	330	90	330	90	330	90	330	90
06:00 EDT	330	250	330	250	330	250	330	250	330	250
07:00 EDT	330	90	330	90	330	90	330	90	330	90
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	240	330	240	330	240	330	240	330	240

16:00 EDT	330	90	330	90	330	90	330	90	330	90
17:00 EDT	330	90	330	90	330	90	330	90	330	90
18:00 EDT	330	180	330	180	330	180	330	180	330	180
19:00 EDT	330	250	330	250	330	250	330	250	330	250
20:00 EDT	330	90	330	90	330	90	330	90	330	90
21:00 EDT	330	90	330	90	330	90	330	90	330	90
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	250	330	250	330	250	330	250	330	250

NYISO-HQ

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	850	980	0	980	0	980	0	980	0
01:00 EDT	1000	851	980	0	980	0	980	0	980	0
02:00 EDT	1000	851	980	0	980	0	980	0	980	0
03:00 EDT	1000	851	980	0	980	0	980	0	980	0
04:00 EDT	1000	851	980	0	980	0	980	0	980	0
05:00 EDT	1000	846	980	0	980	0	980	0	980	0
06:00 EDT	1000	853	980	226	980	226	980	226	980	226
07:00 EDT	1000	853	980	210	980	210	980	210	980	210
08:00 EDT	1000	653	980	57	980	57	980	57	980	57
09:00 EDT	1000	653	980	0	980	0	980	0	980	0
10:00 EDT	1000	653	980	11	980	11	980	11	980	11
11:00 EDT	1000	653	980	21	980	21	980	21	980	21
12:00 EDT	1000	710	980	0	980	0	980	0	980	0
13:00 EDT	1000	787	980	0	980	0	980	0	980	0
14:00 EDT	1000	787	980	0	980	0	980	0	980	0
15:00 EDT	1000	787	980	0	980	0	980	0	980	0
16:00 EDT	1000	723	980	0	980	0	980	0	980	0
17:00 EDT	1000	656	980	0	980	0	980	0	980	0
18:00 EDT	1000	856	980	101	980	101	980	101	980	101
19:00 EDT	1000	853	980	125	980	125	980	125	980	125
20:00 EDT	1000	853	980	119	980	119	980	119	980	119
21:00 EDT	1000	853	980	116	980	116	980	116	980	116
22:00 EDT	1000	853	980	16	980	16	980	16	980	16
23:00 EDT	1000	853	980	2	980	2	980	2	980	2

NYISO-IMO

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
07:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
08:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
09:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
10:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
11:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
15:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

NYISO-ISONE

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	214	1800	654	1800	659	1800	582	1800	583
01:00 EDT	1800	213	1800	642	1800	642	1800	642	1800	642
02:00 EDT	1800	228	1800	794	1800	798	1800	795	1800	717
03:00 EDT	1800	205	1800	721	1800	669	1800	615	1800	641
04:00 EDT	1800	245	1800	695	1800	759	1800	759	1800	759
05:00 EDT	1800	95	1800	549	1800	554	1800	622	1800	660
06:00 EDT	1800	40	1800	443	1800	457	1800	522	1800	584
07:00 EDT	1800	103	1800	561	1800	859	1800	995	1800	910
08:00 EDT	1800	166	1800	669	1800	599	1800	600	1800	636
09:00 EDT	1800	375	1800	683	1800	684	1800	680	1800	679
10:00 EDT	1800	354	1800	696	1800	664	1800	695	1800	633
11:00 EDT	1800	339	1800	645	1800	589	1800	574	1800	664
12:00 EDT	1800	374	1800	825	1800	659	1800	585	1800	657
13:00 EDT	1800	348	1800	866	1800	866	1800	706	1800	733
14:00 EDT	1800	268	1800	945	1800	733	1800	708	1800	767
15:00 EDT	1800	374	1800	694	1800	713	1800	713	1800	876
16:00 EDT	1800	449	1800	658	1800	680	1800	688	1800	582
17:00 EDT	1800	857	1800	882	1800	1177	1800	1119	1800	1179
18:00 EDT	1800	684	1800	1167	1800	1244	1800	1185	1800	1245
19:00 EDT	1800	625	1800	1249	1800	1005	1800	1012	1800	1008
20:00 EDT	1800	680	1800	1013	1800	1027	1800	1252	1800	1196
21:00 EDT	1800	721	1800	1275	1800	1232	1800	1033	1800	1120
22:00 EDT	1800	880	1800	1238	1800	1121	1800	1005	1800	1304
23:00 EDT	1800	1089	1800	1405	1800	1556	1800	1480	1800	1555

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

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Date: 04/03/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4215	7550	5355	7550	5401	7550	5308	7550	5305
01:00 EDT	7550	4207	7550	5221	7550	5261	7550	5341	7550	5421
02:00 EDT	7550	4201	7550	5375	7550	5422	7550	5472	7550	5443
03:00 EDT	7550	4213	7550	4886	7550	4751	7550	4659	7550	4677
04:00 EDT	7550	4241	7550	4903	7550	5002	7550	5117	7550	5179
05:00 EDT	7550	4295	7550	4752	7550	4831	7550	4983	7550	4855
06:00 EDT	7550	3868	7550	4344	7550	4243	7550	4255	7550	4201
07:00 EDT	7550	3478	7550	4101	7550	4319	7550	4194	7550	4130
08:00 EDT	7550	3480	7550	4117	7550	3933	7550	3839	7550	3788
09:00 EDT	7550	3378	7550	3741	7550	3712	7550	3735	7550	3712
10:00 EDT	7550	3393	7550	3910	7550	3825	7550	3821	7550	3749
11:00 EDT	7550	3225	7550	3688	7550	3676	7550	3644	7550	3669
12:00 EDT	7550	3185	7550	4170	7550	4138	7550	4143	7550	4216
13:00 EDT	7550	3188	7550	4441	7550	4381	7550	4343	7550	4351
14:00 EDT	7550	3152	7550	4535	7550	4535	7550	4479	7550	4406
15:00 EDT	7550	3267	7550	4240	7550	4282	7550	4226	7550	4241
16:00 EDT	7550	3313	7550	3830	7550	3812	7550	3754	7550	3791
17:00 EDT	7550	3328	7550	4020	7550	4170	7550	4049	7550	4136
18:00 EDT	7550	3369	7550	3999	7550	4108	7550	4060	7550	4190
19:00 EDT	7550	3399	7550	4514	7550	4531	7550	4466	7550	4386
20:00 EDT	7550	3354	7550	4174	7550	4240	7550	4379	7550	4398
21:00 EDT	7550	3617	7550	4532	7550	4471	7550	4420	7550	4487
22:00 EDT	7550	4136	7550	5000	7550	5079	7550	5069	7550	5250
23:00 EDT	7550	4432	7550	5557	7550	5617	7550	5536	7550	5702

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	110	660	110	660	110	660	110	660	110
01:00 EDT	660	110	660	110	660	110	660	110	660	110
02:00 EDT	660	110	660	110	660	110	660	110	660	110
03:00 EDT	660	110	660	110	660	110	660	110	660	110
04:00 EDT	660	110	660	110	660	110	660	110	660	110
05:00 EDT	660	110	660	110	660	110	660	110	660	110
06:00 EDT	660	110	660	110	660	110	660	110	660	110
07:00 EDT	660	110	660	110	660	110	660	110	660	110
08:00 EDT	660	110	660	110	660	110	660	110	660	110
09:00 EDT	660	110	660	110	660	110	660	110	660	110
10:00 EDT	660	110	660	110	660	110	660	110	660	110
11:00 EDT	660	110	660	110	660	110	660	110	660	110
12:00 EDT	660	110	660	110	660	110	660	110	660	110
13:00 EDT	660	110	660	110	660	110	660	110	660	110
14:00 EDT	660	110	660	110	660	110	660	110	660	110
15:00 EDT	660	110	660	110	660	110	660	110	660	110
16:00 EDT	660	110	660	110	660	110	660	110	660	110
17:00 EDT	660	110	660	110	660	110	660	110	660	110
18:00 EDT	660	110	660	110	660	110	660	110	660	110
19:00 EDT	660	110	660	110	660	110	660	110	660	110
20:00 EDT	660	110	660	110	660	110	660	110	660	110
21:00 EDT	660	110	660	110	660	110	660	110	660	110

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	230	660	230	660	230	660	230	660	230
01:00 EDT	660	230	660	230	660	230	660	230	660	230
02:00 EDT	660	230	660	230	660	230	660	230	660	230
03:00 EDT	660	230	660	230	660	230	660	230	660	230
04:00 EDT	660	230	660	230	660	230	660	230	660	230
05:00 EDT	660	230	660	230	660	230	660	230	660	230
06:00 EDT	660	430	660	430	660	430	660	430	660	430
07:00 EDT	660	596	660	578	660	578	660	578	660	578
08:00 EDT	660	230	660	230	660	230	660	230	660	230
09:00 EDT	660	130	660	130	660	130	660	130	660	130
10:00 EDT	660	130	660	130	660	130	660	130	660	130
11:00 EDT	660	230	660	230	660	230	660	230	660	230
12:00 EDT	660	230	660	230	660	230	660	230	660	230
13:00 EDT	660	254	660	253	660	253	660	253	660	253
14:00 EDT	660	430	660	430	660	378	660	419	660	430
15:00 EDT	660	430	660	430	660	430	660	430	660	376
16:00 EDT	660	430	660	430	660	430	660	430	660	430
17:00 EDT	660	430	660	430	660	430	660	430	660	387
18:00 EDT	660	430	660	430	660	430	660	423	660	430
19:00 EDT	660	430	660	430	660	430	660	430	660	430
20:00 EDT	660	430	660	430	660	430	660	430	660	430
21:00 EDT	660	430	660	430	660	430	660	430	660	430
22:00 EDT	660	230	660	230	660	230	660	230	660	230
23:00 EDT	660	230	660	230	660	230	660	230	660	230

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	40	315	40	315	40	315	40	315	40
01:00 EDT	315	40	315	40	315	40	315	40	315	40
02:00 EDT	315	40	315	40	315	40	315	40	315	40
03:00 EDT	315	40	315	40	315	40	315	40	315	40
04:00 EDT	315	40	315	40	315	40	315	40	315	40
05:00 EDT	315	40	315	40	315	40	315	40	315	40
06:00 EDT	315	90	315	90	315	90	315	90	315	90
07:00 EDT	315	140	315	136	315	140	315	140	315	140
08:00 EDT	315	40	315	40	315	40	315	40	315	40
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	40	315	40	315	40	315	40	315	40
12:00 EDT	315	40	315	40	315	40	315	40	315	40
13:00 EDT	315	40	315	40	315	40	315	40	315	40
14:00 EDT	315	90	315	90	315	90	315	90	315	90
15:00 EDT	315	90	315	90	315	90	315	90	315	90
16:00 EDT	315	90	315	90	315	90	315	90	315	90
17:00 EDT	315	90	315	90	315	90	315	90	315	90
18:00 EDT	315	90	315	90	315	90	315	90	315	90
19:00 EDT	315	90	315	90	315	90	315	90	315	90
20:00 EDT	315	90	315	90	315	90	315	90	315	90
21:00 EDT	315	90	315	90	315	90	315	90	315	90
22:00 EDT	315	40	315	60	315	60	315	60	315	60
23:00 EDT	315	40	315	40	315	40	315	40	315	40

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2855	4600	3014	4600	3115	4600	2975	4600	2940
01:00 EDT	4600	3048	4600	2928	4600	2891	4600	3014	4600	3150
02:00 EDT	4600	2990	4600	3395	4600	3426	4600	3476	4600	3553
03:00 EDT	4600	2949	4600	3167	4600	3164	4600	3155	4600	3213
04:00 EDT	4600	3055	4600	3186	4600	3202	4600	3298	4600	3393
05:00 EDT	4600	3106	4600	3076	4600	3195	4600	3299	4600	3314
06:00 EDT	4600	2660	4600	2966	4600	2795	4600	2708	4600	2715
07:00 EDT	4600	2146	4600	2694	4600	2518	4600	2447	4600	2348
08:00 EDT	4600	2080	4600	2466	4600	2349	4600	2326	4600	2322
09:00 EDT	4600	2007	4600	2273	4600	2325	4600	2262	4600	2115
10:00 EDT	4600	2025	4600	2228	4600	2155	4600	2126	4600	2121
11:00 EDT	4600	1913	4600	2033	4600	2045	4600	2058	4600	2100
12:00 EDT	4600	1870	4600	2140	4600	2175	4600	2220	4600	2155
13:00 EDT	4600	1837	4600	2118	4600	2137	4600	2150	4600	2132
14:00 EDT	4600	1532	4600	2017	4600	2183	4600	2259	4600	2124
15:00 EDT	4600	1749	4600	2222	4600	2170	4600	2188	4600	2059
16:00 EDT	4600	1641	4600	1873	4600	1742	4600	1878	4600	2118
17:00 EDT	4600	1508	4600	2126	4600	1990	4600	2138	4600	2246
18:00 EDT	4600	1848	4600	2303	4600	2310	4600	2346	4600	2516
19:00 EDT	4600	1924	4600	2445	4600	2497	4600	2543	4600	2530
20:00 EDT	4600	1792	4600	2418	4600	2400	4600	2376	4600	2458
21:00 EDT	4600	2132	4600	2466	4600	2512	4600	2546	4600	2495
22:00 EDT	4600	2513	4600	2929	4600	3015	4600	3003	4600	2949
23:00 EDT	4600	2815	4600	3036	4600	2998	4600	3028	4600	3084

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6650	3720	6625	4162	6625	4220	6625	4121	6625	4111

01:00 EDT	6280	3518	6625	4036	6625	4008	6625	4166	6625	4325
02:00 EDT	6280	3579	6625	4578	6625	4662	6625	4739	6625	4861
03:00 EDT	6280	3625	6625	4459	6625	4462	6255	4107	6255	4165
04:00 EDT	6280	3579	6255	4029	6255	4043	6255	4123	6255	4193
05:00 EDT	6345	3702	6255	4001	6255	4058	6255	4133	6255	4114
06:00 EDT	6345	2811	6255	3622	6255	3431	6255	3301	6255	3213
07:00 EDT	6345	2465	6255	3412	6255	3225	6255	3103	6255	3075
08:00 EDT	6345	2255	6255	3200	6255	3069	6255	3014	6255	2969
09:00 EDT	6345	2227	6255	3014	6255	2987	6255	2955	6255	2841
10:00 EDT	6345	2146	6255	2863	6255	2771	6255	2716	6255	2687
11:00 EDT	6345	1908	6255	2611	6255	2608	6255	2580	6255	2600
12:00 EDT	6345	1866	6255	2698	6255	2712	6255	2772	6255	2687
13:00 EDT	6345	1869	6255	2632	6255	2661	6255	2688	6255	2653
14:00 EDT	6345	1766	6255	2545	6255	2741	6255	2944	6255	2794
15:00 EDT	6345	1796	6255	2833	6255	2789	6255	2821	6255	2699
16:00 EDT	6345	1873	6255	2508	6255	2422	6255	2454	6255	2718
17:00 EDT	6345	1824	6255	2874	6255	2710	6255	2809	6255	2853
18:00 EDT	6345	1896	6255	2814	6255	2841	6255	2870	6255	3001
19:00 EDT	6345	1893	6255	2918	6255	2971	6255	2977	6255	2945
20:00 EDT	6345	1892	6255	2881	6255	2868	6255	2887	6255	2988
21:00 EDT	6345	2140	6255	2998	6255	3025	6255	3073	6255	3069
22:00 EDT	6345	2637	6255	3388	6255	3527	6255	3524	6255	3442
23:00 EDT	6280	3186	6255	3564	6255	3541	6255	3584	6255	3666

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9158	9999	9844	9999	9738	9999	9774	9999	9782
01:00 EDT	9999	9218	9999	9703	9999	9681	9999	9701	9999	9743
02:00 EDT	9999	9142	9999	9766	9999	9742	9999	9840	9999	9735
03:00 EDT	9999	9107	9999	9668	9999	9648	9999	9664	9999	9759
04:00 EDT	9999	9215	9999	9835	9999	9822	9999	9778	9999	9739
05:00 EDT	9999	9092	9999	9449	9999	9476	9999	9659	9999	9838
06:00 EDT	9999	8860	9999	9380	9999	9310	9999	9417	9999	9529
07:00 EDT	9999	8794	9999	9396	9999	9467	9999	9456	9999	9447
08:00 EDT	9999	8694	9999	9363	9999	9345	9999	9349	9999	9420
09:00 EDT	9999	8643	9999	9468	9999	9449	9999	9494	9999	9466
10:00 EDT	9999	8786	9999	9614	9999	9579	9999	9525	9999	9413
11:00 EDT	9999	8784	9999	9605	9999	9460	9999	9462	9999	9521
12:00 EDT	9999	8654	9999	9740	9999	9687	9999	9741	9999	9699
13:00 EDT	9999	8848	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	8812	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	8725	9999	9726	9999	9791	9999	9793	9999	9846
16:00 EDT	9999	8782	9999	9398	9999	9376	9999	9324	9999	9420
17:00 EDT	9999	8807	9999	9514	9999	9597	9999	9496	9999	9569
18:00 EDT	9999	8925	9999	9526	9999	9484	9999	9377	9999	9411
19:00 EDT	9999	8941	9999	9595	9999	9537	9999	9489	9999	9496
20:00 EDT	9999	8885	9999	9365	9999	9355	9999	9481	9999	9452
21:00 EDT	9999	9093	9999	9626	9999	9589	9999	9503	9999	9563
22:00 EDT	9999	9217	9999	9891	9999	9765	9999	9772	9999	9766
23:00 EDT	9999	9149	9999	9734	9999	9663	9999	9622	9999	9748