

# ATC-TTC

CEDARS-HQ  
CENT EAST  
CSC-NPX  
DYSINGER EAST  
HQ-CEDARS  
HQ-NYISO  
IMO-NYISO  
ISONE-NYISO  
MOSES SOUTH

1385-NPX  
NPX-1385  
NPX-CSC  
NYISO-HQ  
NYISO-IMO  
NYISO-ISON  
NYISO-PJM  
NYPP EAST  
PJM-NEPTUNE  
PJM-NYISO  
SCH-HQ\_IMPORT\_EXPORT  
SCH-PJM\_HTP  
SCH-PJM\_VFT  
SCH-VFT\_PJM  
SPRAINBROOK/DUNWOODIE SOUTH  
UPNY/CONED  
WEST CENTRAL

1385-NPX

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Date: 03/31/2025

[illegible]

CEDARS-HQ

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[illegible]





10:00 EDT	240	240	220	220	220	220	220	220	220	220
11:00 EDT	240	240	220	220	220	220	220	220	220	220
12:00 EDT	240	240	220	220	220	220	220	220	220	220
13:00 EDT	240	240	220	220	220	220	220	220	220	220
14:00 EDT	240	240	220	220	220	220	220	220	220	220
15:00 EDT	240	240	220	220	220	220	220	220	220	220
16:00 EDT	240	240	220	220	220	220	220	220	220	220
17:00 EDT	279	279	220	220	220	220	220	220	220	220
18:00 EDT	279	279	220	220	220	220	220	220	220	220
19:00 EDT	279	279	220	220	220	220	220	220	220	220
20:00 EDT	279	279	220	220	220	220	220	220	220	220
21:00 EDT	279	279	220	220	220	220	220	220	220	220
22:00 EDT	279	279	220	220	220	220	220	220	220	220
23:00 EDT	279	279	220	220	220	220	220	220	220	220

HQ-NYISO

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	1075	2200	479	2200	479	2200	479	2200	479
01:00 EDT	2200	1168	2200	300	2200	300	2200	300	2200	300
02:00 EDT	2200	1057	2200	515	2200	630	2200	630	2200	630
03:00 EDT	2200	1056	2200	327	2200	327	2200	327	2200	327
04:00 EDT	2200	984	2200	432	2200	432	2200	432	2200	432
05:00 EDT	2200	801	2200	590	2200	590	2200	590	2200	590
06:00 EDT	2200	1501	2200	382	2200	382	2200	382	2200	382
07:00 EDT	2200	1548	2200	574	2200	574	2200	574	2200	574
08:00 EDT	2200	1570	2200	705	2200	705	2200	705	2200	705
09:00 EDT	2200	1532	2200	1281	2200	1309	2200	1309	2200	1309
10:00 EDT	2200	1355	2200	1278	2200	1278	2200	1278	2200	1278
11:00 EDT	2200	1433	2200	1352	2200	1352	2200	1352	2200	1352

12:00 EDT	2200	1484	2200	1313	2200	1313	2200	1313	2200	1313
13:00 EDT	2200	1472	2200	1138	2200	1138	2200	1137	2200	1137
14:00 EDT	2200	1462	2200	1312	2200	1312	2200	1312	2200	1312
15:00 EDT	2200	1475	2200	1333	2200	1333	2200	1333	2200	1333
16:00 EDT	2200	1515	2200	1355	2200	1355	2200	1355	2200	1355
17:00 EDT	2200	1497	2200	1358	2200	1358	2200	1358	2200	1358
18:00 EDT	2200	1648	2200	1463	2200	1463	2200	1463	2200	1463
19:00 EDT	2200	1541	2200	1535	2200	1505	2200	1505	2200	1505
20:00 EDT	2200	1605	2200	1695	2200	1695	2200	1695	2200	1695
21:00 EDT	2200	1511	2200	1679	2200	1679	2200	1679	2200	1679
22:00 EDT	2200	1501	2200	1628	2200	1628	2200	1628	2200	1628
23:00 EDT	2200	1483	2200	1405	2200	1405	2200	1405	2200	1405

ISONE-NYISO

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1126	926
06:00 EDT	1400	1200	1400	1200	1400	1200	1307	1107	1007	807
07:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
08:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
09:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
10:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
11:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
12:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
13:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
14:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
15:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1318	1118	1040	840	1011	811	875	675
20:00 EDT	1400	1200	1310	1110	1100	900	1197	997	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	2133	2650	2550	2650	2550	2650	2550	2650	2550
01:00 EDT	2650	2116	2650	2550	2650	2550	2650	2550	2650	2550
02:00 EDT	2650	2115	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	2075	2650	2550	2650	2550	2650	2550	2650	2550
04:00 EDT	2650	2061	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	2091	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	1997	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	1995	2650	2550	2650	2550	2650	2550	2650	2550
08:00 EDT	2650	2181	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	2270	2650	2550	2650	2550	2650	2550	2650	2550
10:00 EDT	2650	2262	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	2289	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	2268	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	2318	2650	2550	2650	2550	2650	2550	2650	2550

14:00 EDT	2650	2312	2650	2550	2650	2550	2650	2550	2650	2550
15:00 EDT	2650	2184	2650	2550	2650	2550	2650	2550	2650	2550
16:00 EDT	2650	2164	2650	2550	2650	2550	2650	2550	2650	2550
17:00 EDT	2650	2244	2650	2550	2650	2550	2650	2550	2650	2550
18:00 EDT	2650	2034	2650	2550	2650	2550	2650	2550	2650	2550
19:00 EDT	2650	2031	2650	2550	2650	2550	2650	2550	2650	2550
20:00 EDT	2650	2231	2650	2550	2650	2550	2650	2550	2650	2550
21:00 EDT	2650	2227	2650	2550	2650	2550	2650	2550	2650	2550
22:00 EDT	2650	2305	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	2395	2650	2550	2650	2550	2650	2550	2650	2550

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	90	160	90	160	90	160	90	160	90
01:00 EDT	160	120	160	120	160	120	160	120	160	120
02:00 EDT	160	120	160	120	160	120	160	120	160	120
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	130	160	130	160	130	160	130	160	130
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	105	160	129	160	129	160	129	160	129
07:00 EDT	60	50	60	59	60	59	60	59	60	59
08:00 EDT	60	59	60	60	60	60	60	60	60	60
09:00 EDT	60	49	60	60	60	60	60	60	60	60
10:00 EDT	60	34	60	34	60	34	60	34	60	34
11:00 EDT	60	44	60	44	60	44	60	44	60	44
12:00 EDT	60	44	60	59	60	44	60	44	60	44
13:00 EDT	60	19	60	19	60	19	60	19	60	19
14:00 EDT	60	19	60	19	60	19	60	19	60	19
15:00 EDT	60	19	60	39	60	39	60	39	160	139
16:00 EDT	160	109	160	109	160	109	160	109	160	109
17:00 EDT	160	94	160	94	160	94	160	94	160	94
18:00 EDT	160	153	160	114	160	114	160	114	160	114
19:00 EDT	160	108	160	88	160	88	160	88	160	88
20:00 EDT	160	139	160	139	160	139	160	139	160	139
21:00 EDT	160	109	160	65	160	65	160	65	160	65
22:00 EDT	160	159	160	159	160	159	160	159	160	159
23:00 EDT	160	160	160	110	160	110	160	110	160	110

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	230	330	230	330	230	330	230	330	230
01:00 EDT	330	230	330	230	330	230	330	230	330	230
02:00 EDT	330	230	330	230	330	230	330	230	330	230
03:00 EDT	330	230	330	230	330	230	330	230	330	230
04:00 EDT	330	230	330	230	330	230	330	230	330	230
05:00 EDT	330	230	330	230	330	230	330	230	330	230
06:00 EDT	330	160	330	160	330	160	330	160	330	160
07:00 EDT	330	80	330	80	330	80	330	80	330	80
08:00 EDT	330	160	330	160	330	160	330	160	330	160
09:00 EDT	330	230	330	230	330	230	330	230	330	230
10:00 EDT	330	230	330	230	330	230	330	230	330	230
11:00 EDT	330	230	330	230	330	230	330	230	330	230
12:00 EDT	330	230	330	230	330	230	330	230	330	230
13:00 EDT	330	230	330	230	330	230	330	230	330	230
14:00 EDT	330	230	330	230	330	230	330	230	330	230
15:00 EDT	330	230	330	230	330	230	330	230	330	230

16:00 EDT	330	230	330	230	330	230	330	230	330	230
17:00 EDT	330	230	330	230	330	230	330	230	330	230
18:00 EDT	330	230	330	230	330	230	330	230	330	230
19:00 EDT	330	230	330	230	330	230	330	230	330	230
20:00 EDT	330	230	330	230	330	230	330	230	330	230
21:00 EDT	330	230	330	230	330	230	330	230	330	230
22:00 EDT	330	230	330	230	330	230	330	230	330	230
23:00 EDT	330	230	330	230	330	230	330	230	330	230

NYISO-HQ

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	545	980	157	980	157	980	157	980	157
01:00 EDT	700	546	980	110	980	110	980	110	980	110
02:00 EDT	700	546	980	119	980	71	980	71	980	71
03:00 EDT	700	546	980	57	980	57	980	57	980	57
04:00 EDT	700	546	980	170	980	170	980	170	980	170
05:00 EDT	700	540	980	235	980	227	980	227	980	227
06:00 EDT	700	546	980	175	980	175	980	175	980	175
07:00 EDT	700	546	980	61	980	61	980	61	980	61
08:00 EDT	900	546	980	34	980	34	980	34	980	34
09:00 EDT	900	546	980	184	980	184	980	184	980	184
10:00 EDT	900	546	980	0	980	0	980	0	980	0
11:00 EDT	900	546	980	0	980	0	980	0	980	0
12:00 EDT	900	546	980	0	980	0	980	0	980	0
13:00 EDT	900	546	980	0	980	0	980	0	980	0
14:00 EDT	900	546	980	0	980	0	980	0	980	0
15:00 EDT	900	546	980	0	980	0	980	0	980	0
16:00 EDT	900	556	980	0	980	0	980	0	980	0
17:00 EDT	900	556	980	0	980	0	980	0	980	0
18:00 EDT	700	556	980	148	980	148	980	148	980	148
19:00 EDT	700	553	980	145	980	145	980	145	980	145
20:00 EDT	700	553	980	28	980	28	980	28	980	28
21:00 EDT	700	553	980	50	980	50	980	50	980	50
22:00 EDT	700	553	980	0	980	0	980	0	980	0
23:00 EDT	700	553	980	0	980	0	980	0	980	0

NYISO-IMO

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
07:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
08:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
09:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
10:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
11:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
15:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

NYISO-ISONE

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	216	1800	513	1800	509	1800	357	1800	404
01:00 EDT	1800	70	1800	420	1800	363	1800	289	1800	282
02:00 EDT	1800	214	1800	496	1800	496	1800	497	1800	493
03:00 EDT	1800	175	1800	572	1800	572	1800	572	1800	416
04:00 EDT	1800	201	1800	353	1800	325	1800	338	1800	414
05:00 EDT	1800	0	1800	178	1800	241	1800	326	1800	26
06:00 EDT	1800	348	1800	90	1800	222	1800	244	1800	396
07:00 EDT	1100	0	1100	0	1100	0	1100	0	1100	0
08:00 EDT	1100	0	1100	0	1100	0	1100	0	1100	0
09:00 EDT	1100	0	1100	0	1100	0	1100	0	1100	0
10:00 EDT	1100	0	1100	0	1100	1	1100	0	1100	65
11:00 EDT	1100	0	1100	179	1100	221	1100	86	1100	146
12:00 EDT	1100	0	1100	147	1100	117	1100	145	1100	145
13:00 EDT	1100	0	1100	76	1100	155	1100	0	1100	0
14:00 EDT	1100	0	1100	0	1100	0	1100	0	1100	0
15:00 EDT	1100	0	1100	0	700	0	700	0	700	0
16:00 EDT	1800	93	1800	801	1800	501	1800	507	1800	581
17:00 EDT	1800	0	1800	365	1800	484	1800	435	1800	486
18:00 EDT	1800	0	1800	511	1800	515	1800	533	1800	495
19:00 EDT	1800	58	1800	305	1800	305	1800	304	1800	304
20:00 EDT	1800	198	1800	581	1800	581	1800	581	1800	581
21:00 EDT	1800	181	1800	650	1800	650	1800	645	1800	645
22:00 EDT	1800	285	1800	1141	1800	1040	1800	971	1800	1038
23:00 EDT	1800	460	1800	1108	1800	1018	1800	1124	1800	1167

NYISO-PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100



20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	3672	7550	3854	7550	3863	7550	3815	7550	3791
01:00 EDT	7550	3643	7550	3539	7550	3480	7550	3458	7550	3502
02:00 EDT	7550	3562	7550	3836	7550	3904	7550	3946	7550	3937
03:00 EDT	7550	3554	7550	3568	7550	3602	7550	3583	7550	3433
04:00 EDT	7550	3546	7550	3470	7550	3427	7550	3395	7550	3430
05:00 EDT	7550	3667	7550	3583	7550	3574	7550	3552	7550	3489
06:00 EDT	7550	4210	7550	3690	7550	3788	7550	3635	7550	3728
07:00 EDT	7550	3365	7550	3683	7550	3770	7550	3732	7550	3680
08:00 EDT	7550	3225	7550	3622	7550	3720	7550	3743	7550	3779
09:00 EDT	7550	3016	7550	3804	7550	3808	7550	3767	7550	3826
10:00 EDT	7550	3128	7550	4039	7550	4008	7550	4061	7550	3920
11:00 EDT	7550	3192	7550	4225	7550	4136	7550	4061	7550	4061
12:00 EDT	7550	3304	7550	3940	7550	3922	7550	3870	7550	3861
13:00 EDT	7550	3505	7550	3951	7550	3995	7550	4135	7550	4133
14:00 EDT	7550	3464	7550	3717	7550	3739	7550	3751	7550	3755
15:00 EDT	7550	3378	7550	3834	7550	3945	7550	4002	7550	3968
16:00 EDT	7550	3046	7550	3901	7550	3765	7550	3774	7550	3860
17:00 EDT	7550	3055	7550	3922	7550	3986	7550	3954	7550	3841
18:00 EDT	7550	3108	7550	3835	7550	3933	7550	3927	7550	4050
19:00 EDT	7550	3203	7550	3872	7550	3781	7550	3896	7550	3891
20:00 EDT	7550	3544	7550	4078	7550	4086	7550	4179	7550	4223
21:00 EDT	7550	3563	7550	4511	7550	4628	7550	4645	7550	4640
22:00 EDT	7550	3884	7550	4800	7550	4766	7550	4715	7550	4875
23:00 EDT	7550	4584	7550	5243	7550	5160	7550	5269	7550	5356

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	60	660	60	660	60	660	60
01:00 EDT	660	0	660	60	660	60	660	60	660	60
02:00 EDT	660	0	660	60	660	60	660	60	660	60
03:00 EDT	660	0	660	60	660	60	660	60	660	60
04:00 EDT	660	0	660	60	660	60	660	60	660	60
05:00 EDT	660	0	660	60	660	60	660	60	660	60
06:00 EDT	660	0	660	60	660	60	660	60	660	60
07:00 EDT	660	0	660	60	660	60	660	60	660	60
08:00 EDT	660	0	660	60	660	60	660	60	660	60
09:00 EDT	660	0	660	60	660	60	660	60	660	60
10:00 EDT	660	0	660	60	660	60	660	60	660	60
11:00 EDT	660	0	660	60	660	60	660	60	660	60
12:00 EDT	660	0	660	60	660	60	660	60	660	60
13:00 EDT	660	0	660	60	660	60	660	60	660	60
14:00 EDT	660	0	660	60	660	60	660	60	660	60
15:00 EDT	660	0	660	60	660	60	660	60	660	60
16:00 EDT	660	0	660	60	660	60	660	60	660	60
17:00 EDT	660	0	660	60	660	60	660	60	660	60
18:00 EDT	660	0	660	60	660	60	660	60	660	60
19:00 EDT	660	0	660	60	660	60	660	60	660	60
20:00 EDT	660	0	660	60	660	60	660	60	660	60
21:00 EDT	660	0	660	60	660	60	660	60	660	60



	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	210	660	230	660	230	660	230	660	430
01:00 EDT	660	310	660	430	660	430	660	430	660	430
02:00 EDT	660	210	660	430	660	430	660	430	660	430
03:00 EDT	660	252	660	430	660	430	660	430	660	430
04:00 EDT	660	210	660	430	660	430	660	430	660	430
05:00 EDT	660	310	660	430	660	430	660	430	660	430
06:00 EDT	660	110	660	430	660	430	660	430	660	430
07:00 EDT	660	310	660	430	660	430	660	430	660	430
08:00 EDT	660	210	660	430	660	430	660	430	660	430
09:00 EDT	660	210	660	210	660	210	660	210	660	210
10:00 EDT	660	110	660	110	660	110	660	110	660	110
11:00 EDT	660	110	660	110	660	110	660	110	660	110
12:00 EDT	660	210	660	210	660	210	660	210	660	210
13:00 EDT	660	210	660	210	660	210	660	210	660	210
14:00 EDT	660	282	660	310	660	310	660	310	660	310
15:00 EDT	660	210	660	210	660	210	660	210	660	210
16:00 EDT	660	210	660	210	660	210	660	210	660	210
17:00 EDT	660	210	660	110	660	110	660	110	660	110
18:00 EDT	660	310	660	310	660	310	660	310	660	310
19:00 EDT	660	310	660	310	660	310	660	310	660	310
20:00 EDT	660	310	660	310	660	310	660	310	660	310
21:00 EDT	660	310	660	310	660	310	660	310	660	310
22:00 EDT	660	310	660	310	660	310	660	310	660	310
23:00 EDT	660	310	660	307	660	310	660	310	660	310

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	0	315	0	315	0	315	0	315	0
11:00 EDT	315	0	315	0	315	0	315	0	315	0
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13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	40	315	40	315	40	315	40	315	40
20:00 EDT	315	90	315	90	315	90	315	90	315	90
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	40	315	40	315	40	315	40	315	40
23:00 EDT	315	40	315	40	315	40	315	40	315	40

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 03/31/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3162	4600	3142	4600	3144	4600	3142	4600	2936
01:00 EDT	4600	3234	4600	2971	4600	3053	4600	3055	4600	3055
02:00 EDT	4600	3323	4600	3128	4600	3173	4600	3116	4600	3088
03:00 EDT	4600	3351	4600	3068	4600	3076	4600	3099	4600	3144
04:00 EDT	4600	3229	4600	3165	4600	3136	4600	3114	4600	3094
05:00 EDT	4600	3076	4600	3002	4600	3022	4600	2960	4600	2902
06:00 EDT	4600	3036	4600	2693	4600	2694	4600	2543	4600	2523
07:00 EDT	4600	2193	4600	2404	4600	2302	4600	2249	4600	2141
08:00 EDT	4600	2060	4600	2079	4600	2054	4600	2029	4600	2065
09:00 EDT	4600	2075	4600	2297	4600	2253	4600	2202	4600	2233
10:00 EDT	4600	2314	4600	2469	4600	2497	4600	2524	4600	2437
11:00 EDT	4600	2323	4600	2383	4600	2301	4600	2354	4600	2295
12:00 EDT	4600	2160	4600	2170	4600	2086	4600	2083	4600	2014
13:00 EDT	4600	2101	4600	2055	4600	2097	4600	2098	4600	2063
14:00 EDT	4600	1943	4600	1994	4600	1976	4600	1956	4600	1946
15:00 EDT	4600	1989	4600	2050	4600	2023	4600	2069	4600	2006
16:00 EDT	4600	2107	4600	2071	4600	2005	4600	2022	4600	2055
17:00 EDT	4600	2253	4600	2341	4600	2405	4600	2386	4600	2358
18:00 EDT	4600	2243	4600	2178	4600	2316	4600	2348	4600	2512
19:00 EDT	4600	2035	4600	2586	4600	2553	4600	2556	4600	2560
20:00 EDT	4600	2333	4600	2472	4600	2479	4600	2563	4600	2666
21:00 EDT	4600	2306	4600	2874	4600	2950	4600	2916	4600	2807
22:00 EDT	4600	2600	4600	2683	4600	2713	4600	2780	4600	2901
23:00 EDT	4600	2851	4600	2966	4600	3005	4600	2960	4600	2941

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6280	3819	6190	3750	6190	3763	6190	3821	6190	3635

01:00 EDT	6280	3948	6190	3648	6190	3754	6190	3784	6190	3813
02:00 EDT	6280	4034	6190	3913	6190	3959	6190	3937	6190	3932
03:00 EDT	6280	4288	6190	3874	6190	3897	6190	3916	6190	3959
04:00 EDT	6280	4175	6190	4000	6190	3954	6190	3906	6190	3868
05:00 EDT	6280	3868	6190	3794	6190	3765	6190	3662	6190	3561
06:00 EDT	6280	3813	6190	3495	6190	3452	6190	3259	6190	3215
07:00 EDT	6280	2770	6190	3165	6190	3082	6190	3060	6190	2924
08:00 EDT	6280	2690	6190	2790	6190	2759	6190	2711	6190	2733
09:00 EDT	6280	2417	6190	2826	6190	2769	6190	2749	6190	2816
10:00 EDT	6280	2562	6190	3023	6190	2952	6190	2953	6190	3049
11:00 EDT	6280	2552	6190	2906	6190	2763	6190	2762	6190	2646
12:00 EDT	6280	2352	6190	2526	6190	2400	6190	2387	6190	2335
13:00 EDT	6280	2288	6190	2429	6190	2430	6190	2584	6190	2666
14:00 EDT	6280	2166	6190	2534	6190	2522	6190	2537	6190	2626
15:00 EDT	6280	2112	6190	2619	6190	2534	6190	2537	6190	2499
16:00 EDT	6280	2319	6190	2754	6190	2707	6190	2635	6190	2630
17:00 EDT	6280	2580	6190	3000	6190	3049	6190	3075	6190	2988
18:00 EDT	6280	2608	6190	2850	6190	2937	6190	2935	6190	3017
19:00 EDT	6280	2514	6190	3073	6190	3007	6190	3106	6190	3107
20:00 EDT	6280	2835	6190	2987	6190	2984	6190	3068	6190	3118
21:00 EDT	6280	2702	6190	3379	6190	3446	6190	3407	6190	3337
22:00 EDT	6280	3043	6190	3116	6190	3145	6190	3295	6190	3405
23:00 EDT	6280	3519	6190	3510	6190	3594	6190	3600	6190	3632

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9287	9999	9028	9999	8980	9999	8983	9999	8967
01:00 EDT	9999	9304	9999	8755	9999	8746	9999	8898	9999	8879
02:00 EDT	9999	9276	9999	9077	9999	9135	9999	9040	9999	8994
03:00 EDT	9999	9258	9999	8722	9999	8740	9999	8823	9999	8905
04:00 EDT	9999	9220	9999	8973	9999	8969	9999	9015	9999	8993
05:00 EDT	9999	9156	9999	8992	9999	9012	9999	9078	9999	9078
06:00 EDT	9999	9570	9999	9086	9999	8956	9999	9062	9999	9094
07:00 EDT	9999	9232	9999	8988	9999	9079	9999	9004	9999	9010
08:00 EDT	9999	9159	9999	9109	9999	9160	9999	9166	9999	9020
09:00 EDT	9999	9229	9999	9614	9999	9618	9999	9384	9999	9237
10:00 EDT	9999	9111	9999	9378	9999	9359	9999	9421	9999	9385
11:00 EDT	9999	9123	9999	9497	9999	9427	9999	9523	9999	9494
12:00 EDT	9999	9209	9999	9505	9999	9479	9999	9392	9999	9390
13:00 EDT	9999	9356	9999	9396	9999	9471	9999	9410	9999	9355
14:00 EDT	9999	9358	9999	9240	9999	9360	9999	9350	9999	9393
15:00 EDT	9999	9355	9999	9445	9999	9440	9999	9445	9999	9406
16:00 EDT	9999	9318	9999	9471	9999	9504	9999	9529	9999	9600
17:00 EDT	9999	9098	9999	9423	9999	9422	9999	9422	9999	9247
18:00 EDT	9999	9242	9999	9376	9999	9421	9999	9318	9999	9349
19:00 EDT	9999	9168	9999	9297	9999	9221	9999	9300	9999	9397
20:00 EDT	9999	9298	9999	9428	9999	9503	9999	9461	9999	9497
21:00 EDT	9999	9266	9999	9494	9999	9491	9999	9542	9999	9486
22:00 EDT	9999	9432	9999	9603	9999	9587	9999	9634	9999	9639
23:00 EDT	9999	9672	9999	9790	9999	9764	9999	9732	9999	9747