

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

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Date: 03/26/2025

[illegible]

CEDARS-HQ

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Date: 03/26/2025

[illegible]

10:00 EDT	240	240	215	215	215	215	215	215	215	215
11:00 EDT	240	240	215	215	215	215	215	215	215	215
12:00 EDT	240	240	215	215	215	215	215	215	215	215
13:00 EDT	240	240	215	215	215	215	215	215	215	215
14:00 EDT	240	240	215	215	215	215	215	215	215	215
15:00 EDT	240	240	215	215	215	215	215	215	215	215
16:00 EDT	240	240	215	215	215	215	215	215	215	215
17:00 EDT	240	240	215	215	215	215	215	215	215	215
18:00 EDT	240	240	215	215	215	215	215	215	215	215
19:00 EDT	240	240	215	215	220	220	220	220	220	220
20:00 EDT	240	240	220	220	220	220	220	220	220	220
21:00 EDT	240	240	220	220	220	220	220	220	220	220
22:00 EDT	240	240	220	220	220	220	220	220	220	220
23:00 EDT	240	240	220	220	220	220	220	220	220	220

HQ-NYISO

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	1434	2200	1447	2200	1447	2200	1447	2200	1447
01:00 EDT	2200	1404	2200	1139	2200	1139	2200	1139	2200	1139
02:00 EDT	2200	1347	2200	1144	2200	1144	2200	1144	2200	1144
03:00 EDT	2200	1485	2200	1163	2200	1163	2200	1163	2200	1163
04:00 EDT	2200	1472	2200	1178	2200	1178	2200	1178	2200	1178
05:00 EDT	2200	1400	2200	1221	2200	1221	2200	1221	2200	1221
06:00 EDT	2200	1102	2200	1244	2200	1244	2200	1244	2200	1244
07:00 EDT	2200	1285	2200	1220	2200	1220	2200	1221	2200	1220
08:00 EDT	2200	1577	2200	1547	2200	1547	2200	1547	2200	1547
09:00 EDT	2200	1504	2200	1596	2200	1596	2200	1596	2200	1596
10:00 EDT	2200	1576	2200	1682	2200	1682	2200	1682	2200	1682
11:00 EDT	2200	1608	2200	1678	2200	1678	2200	1678	2200	1678

12:00 EDT	2200	1533	2200	1789	2200	1789	2200	1789	2200	1789
13:00 EDT	2200	1533	2200	1793	2200	1793	2200	1793	2200	1793
14:00 EDT	2200	1533	2200	1756	2200	1756	2200	1756	2200	1756
15:00 EDT	2200	1528	2200	1772	2200	1772	2200	1772	2200	1772
16:00 EDT	2200	1634	2200	1519	2200	1519	2200	1519	2200	1519
17:00 EDT	2200	1599	2200	1348	2200	1348	2200	1349	2200	1349
18:00 EDT	2200	1526	2200	1451	2200	1451	2200	1450	2200	1451
19:00 EDT	2200	1253	2200	1543	2200	1544	2200	1543	2200	1543
20:00 EDT	2200	1562	2200	1891	2200	1891	2200	1891	2200	1891
21:00 EDT	2200	1695	2200	1639	2200	1639	2200	1639	2200	1639
22:00 EDT	2200	1456	2200	1543	2200	1543	2200	1543	2200	1543
23:00 EDT	2200	1597	2200	1415	2200	1415	2200	1415	2200	1415

ISONE-NYISO

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1197	1400	1196	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1145	1400	1143	1400	1144	1400	1147
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1200	1400	1200	1400	1198	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	2429	2650	2550	2650	2550	2650	2550	2650	2550
01:00 EDT	2650	2498	2650	2550	2650	2550	2650	2550	2650	2550
02:00 EDT	2650	2522	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	2524	2650	2550	2650	2550	2650	2550	2650	2550
04:00 EDT	2650	2533	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	2527	2650	2550	2650	2550	2650	2550	2650	2550
08:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
10:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550

14:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
15:00 EDT	2650	2434	2650	2550	2650	2550	2650	2550	2650	2550
16:00 EDT	2650	2345	2650	2550	2650	2550	2650	2550	2650	2550
17:00 EDT	2650	2375	2650	2550	2650	2550	2650	2550	2650	2550
18:00 EDT	2650	2209	2650	2550	2650	2550	2650	2550	2650	2550
19:00 EDT	2650	2193	2650	2550	2650	2550	2650	2550	2650	2550
20:00 EDT	2650	2192	2650	2550	2650	2550	2650	2550	2650	2550
21:00 EDT	2650	2228	2650	2550	2650	2550	2650	2550	2650	2550
22:00 EDT	2650	2340	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	2441	2650	2550	2650	2550	2650	2550	2650	2550

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	71	160	71	160	71	160	71	160	71
01:00 EDT	160	71	160	36	160	36	160	36	160	36
02:00 EDT	160	101	160	101	160	101	160	101	160	101
03:00 EDT	160	101	160	101	160	101	160	101	160	101
04:00 EDT	160	101	160	101	160	101	160	101	160	101
05:00 EDT	160	101	160	101	160	101	160	101	160	101
06:00 EDT	160	150	160	150	160	150	160	150	160	150
07:00 EDT	160	56	160	66	160	66	160	66	160	66
08:00 EDT	160	70	160	70	160	70	160	70	160	70
09:00 EDT	160	110	160	134	160	134	160	134	160	134
10:00 EDT	160	99	160	99	160	99	160	99	160	99
11:00 EDT	160	146	160	146	160	146	160	146	160	146
12:00 EDT	160	46	160	46	160	46	160	46	160	46
13:00 EDT	160	45	160	45	160	45	160	45	160	45
14:00 EDT	160	76	160	119	160	119	160	119	160	119
15:00 EDT	160	160	160	160	160	160	160	160	160	160
16:00 EDT	160	109	160	109	160	109	160	109	160	109
17:00 EDT	160	98	160	59	160	59	160	59	160	59
18:00 EDT	160	89	160	71	160	71	160	71	160	71
19:00 EDT	160	61	160	61	160	61	160	61	160	61
20:00 EDT	160	72	160	72	160	72	160	72	160	72
21:00 EDT	160	84	160	84	160	84	160	84	160	84
22:00 EDT	160	36	160	16	160	16	160	16	160	16
23:00 EDT	160	21	160	1	160	1	160	1	160	1

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	180	330	180	330	180	330	180	330	180
01:00 EDT	330	90	330	90	330	90	330	90	330	90
02:00 EDT	330	90	330	90	330	90	330	90	330	90
03:00 EDT	330	180	330	180	330	180	330	180	330	180
04:00 EDT	330	180	330	180	330	180	330	180	330	180
05:00 EDT	330	180	330	180	330	180	330	180	330	180
06:00 EDT	330	180	330	180	330	180	330	180	330	180
07:00 EDT	330	90	330	90	330	90	330	90	330	90
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	90	330	90	330	90	330	90	330	90
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	0	330	0	330	0	330	0	330	0
13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	180	330	180	330	180	330	180	330	180
19:00 EDT	330	180	330	180	330	180	330	180	330	180
20:00 EDT	330	180	330	180	330	180	330	180	330	180
21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	700	542	700	0	700	0	700	0	700	0
01:00 EDT	700	543	700	0	700	0	700	0	700	0
02:00 EDT	700	543	700	0	700	0	700	0	700	0
03:00 EDT	700	543	700	0	700	0	700	0	700	0
04:00 EDT	700	543	700	0	700	0	700	0	700	0
05:00 EDT	700	536	700	0	700	0	700	0	700	0
06:00 EDT	700	543	700	0	700	0	700	0	700	0
07:00 EDT	700	543	700	0	700	0	700	0	700	0
08:00 EDT	900	543	900	0	900	0	900	0	900	0
09:00 EDT	900	543	900	0	900	0	900	0	900	0
10:00 EDT	900	543	900	0	900	0	900	0	900	0
11:00 EDT	900	543	900	0	900	0	900	0	900	0
12:00 EDT	900	543	900	0	900	0	900	0	900	0
13:00 EDT	900	543	900	0	900	0	900	0	900	0
14:00 EDT	900	543	900	0	900	0	900	0	900	0
15:00 EDT	900	543	900	0	900	0	900	0	900	0
16:00 EDT	900	553	900	0	900	0	900	0	900	0
17:00 EDT	900	553	900	0	900	0	900	0	900	0
18:00 EDT	700	553	700	0	700	0	700	0	700	0
19:00 EDT	700	552	700	0	700	0	700	0	700	0
20:00 EDT	700	552	700	0	700	0	700	0	700	0
21:00 EDT	700	552	700	0	700	0	700	0	700	0
22:00 EDT	700	552	700	0	700	0	700	0	700	0
23:00 EDT	700	552	700	0	700	0	700	0	700	0

NYISO-IMO

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
07:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
08:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
09:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
10:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
11:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
15:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

NYISO-ISONE

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	1160	1800	1205	1800	1331	1800	1434	1800	1413
01:00 EDT	1800	1223	1800	1416	1800	1374	1800	1412	1800	1419
02:00 EDT	1800	1142	1800	1350	1800	1350	1800	1350	1800	1350
03:00 EDT	1800	1170	1800	1215	1800	1216	1800	1214	1800	1341
04:00 EDT	1800	1038	1800	1327	1800	1341	1800	1403	1800	1324
05:00 EDT	1800	1003	1800	1040	1800	1167	1800	1284	1800	1363
06:00 EDT	1800	646	1800	1062	1800	1143	1800	1022	1800	1056
07:00 EDT	1800	1317	1800	1115	1800	1260	1800	1187	1800	1228
08:00 EDT	1800	1314	1800	948	1800	925	1800	1178	1800	1339
09:00 EDT	1800	1234	1800	1600	1800	1600	1800	1361	1800	1364
10:00 EDT	1800	1360	1800	1600	1800	1600	1800	1600	1800	1600
11:00 EDT	1800	1122	1800	1357	1800	1177	1800	1177	1800	1177
12:00 EDT	1800	1220	1800	1176	1800	1346	1800	1346	1800	1421
13:00 EDT	1800	1237	1800	1172	1800	1279	1800	1181	1800	1366
14:00 EDT	1800	1200	1800	1420	1800	1600	1800	1470	1800	1365
15:00 EDT	1800	1014	1800	1274	1800	1269	1800	1270	1800	1270
16:00 EDT	1800	883	1800	1178	1800	1196	1800	1333	1800	1383
17:00 EDT	1800	665	1800	1133	1800	1032	1800	1031	1800	1087
18:00 EDT	1800	769	1800	1294	1800	1239	1800	1139	1800	1111
19:00 EDT	1800	1014	1800	1335	1800	1137	1800	1073	1800	1123
20:00 EDT	1800	1138	1800	1282	1800	1361	1800	1281	1800	1581
21:00 EDT	1800	1155	1800	1281	1800	1297	1800	1328	1800	1368
22:00 EDT	1800	1263	1800	1446	1800	1446	1800	1446	1800	1446
23:00 EDT	1800	1376	1800	1419	1800	1419	1800	1418	1800	1418

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

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Date: 03/26/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4636	7550	5165	7550	5248	7550	5250	7550	5253
01:00 EDT	7550	4841	7550	5204	7550	5127	7550	5112	7550	5095
02:00 EDT	7550	4833	7550	5134	7550	5163	7550	5164	7550	5216
03:00 EDT	7550	5025	7550	5214	7550	5252	7550	5273	7550	5300
04:00 EDT	7550	4963	7550	5421	7550	5448	7550	5474	7550	5289
05:00 EDT	7550	5069	7550	5364	7550	5400	7550	5428	7550	5409
06:00 EDT	7550	4531	7550	5231	7550	5189	7550	5104	7550	5150
07:00 EDT	7550	4745	7550	4748	7550	4831	7550	4800	7550	4724
08:00 EDT	7550	4736	7550	4974	7550	5106	7550	5057	7550	4927
09:00 EDT	7550	4432	7550	5025	7550	4989	7550	4787	7550	4752
10:00 EDT	7550	4763	7550	4663	7550	4620	7550	4623	7550	4536
11:00 EDT	7550	4673	7550	4505	7550	4458	7550	4548	7550	4568
12:00 EDT	7550	4553	7550	4573	7550	4633	7550	4580	7550	4643
13:00 EDT	7550	4596	7550	4616	7550	4393	7550	4359	7550	4297
14:00 EDT	7550	4428	7550	4328	7550	4342	7550	4194	7550	3948
15:00 EDT	7550	4334	7550	4171	7550	4423	7550	4327	7550	4154
16:00 EDT	7550	4155	7550	3979	7550	4073	7550	4178	7550	4114
17:00 EDT	7550	3882	7550	3900	7550	4010	7550	4108	7550	4148
18:00 EDT	7550	3926	7550	4217	7550	4158	7550	4125	7550	4147
19:00 EDT	7550	4287	7550	4391	7550	4377	7550	4548	7550	4525
20:00 EDT	7550	4535	7550	4805	7550	4839	7550	4827	7550	4990
21:00 EDT	7550	4515	7550	4700	7550	4701	7550	4548	7550	4528
22:00 EDT	7550	4476	7550	4819	7550	4793	7550	4779	7550	4742
23:00 EDT	7550	4974	7550	4900	7550	5066	7550	5048	7550	5123

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	60	660	60	660	60	660	60
01:00 EDT	660	0	660	60	660	60	660	60	660	60
02:00 EDT	660	0	660	0	660	60	660	60	660	60
03:00 EDT	660	0	660	60	660	60	660	60	660	60
04:00 EDT	660	0	660	60	660	60	660	60	660	60
05:00 EDT	660	0	660	60	660	60	660	60	660	60
06:00 EDT	660	0	660	60	660	60	660	60	660	60
07:00 EDT	660	0	660	60	660	60	660	60	660	60
08:00 EDT	660	0	660	60	660	60	660	60	660	60
09:00 EDT	660	0	660	60	660	60	660	60	660	60
10:00 EDT	660	0	660	60	660	60	660	60	660	60
11:00 EDT	660	0	660	60	660	60	660	60	660	60
12:00 EDT	660	0	660	60	660	60	660	60	660	60
13:00 EDT	660	0	660	60	660	60	660	60	660	60
14:00 EDT	660	0	660	60	660	60	660	60	660	60
15:00 EDT	660	0	660	60	660	60	660	60	660	60
16:00 EDT	660	0	660	60	660	60	660	60	660	60
17:00 EDT	660	0	660	60	660	60	660	60	660	60
18:00 EDT	660	0	660	60	660	60	660	60	660	60
19:00 EDT	660	0	660	60	660	60	660	60	660	60
20:00 EDT	660	0	660	60	660	60	660	60	660	60
21:00 EDT	660	0	660	60	660	60	660	60	660	60

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	310	660	307	660	310	660	430	660	430
01:00 EDT	660	310	660	430	660	430	660	430	660	430
02:00 EDT	660	310	660	430	660	430	660	430	660	430
03:00 EDT	660	310	660	430	660	430	660	430	660	430
04:00 EDT	660	171	660	430	660	430	660	430	660	430
05:00 EDT	660	178	660	430	660	430	660	430	660	430
06:00 EDT	660	460	660	460	660	460	660	460	660	460
07:00 EDT	660	660	660	660	660	660	660	660	660	660
08:00 EDT	660	277	660	281	660	281	660	430	660	430
09:00 EDT	660	310	660	430	660	430	660	430	660	430
10:00 EDT	660	460	660	460	660	460	660	460	660	460
11:00 EDT	660	389	660	435	660	435	660	435	660	435
12:00 EDT	660	310	660	310	660	310	660	310	660	310
13:00 EDT	660	310	660	310	660	310	660	310	660	310
14:00 EDT	660	310	660	345	660	345	660	345	660	345
15:00 EDT	660	310	660	160	660	160	660	160	660	160
16:00 EDT	660	310	660	160	660	160	660	160	660	160
17:00 EDT	660	160	660	0	660	0	660	0	660	0
18:00 EDT	660	310	660	160	660	160	660	160	660	160
19:00 EDT	660	460	660	460	660	340	660	310	660	329
20:00 EDT	660	460	660	310	660	290	660	271	660	310
21:00 EDT	660	460	660	310	660	310	660	310	660	460
22:00 EDT	660	460	660	460	660	460	660	460	660	460
23:00 EDT	660	460	660	460	660	460	660	460	660	460

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	40	315	0	315	40	315	40	315	40
01:00 EDT	315	40	315	0	315	40	315	40	315	40
02:00 EDT	315	40	315	0	315	0	315	0	315	0
03:00 EDT	315	40	315	0	315	0	315	0	315	0
04:00 EDT	315	40	315	0	315	0	315	0	315	0
05:00 EDT	315	40	315	40	315	40	315	40	315	40
06:00 EDT	315	140	315	140	315	140	315	140	315	140
07:00 EDT	315	140	315	140	315	140	315	140	315	140
08:00 EDT	315	40	315	40	315	40	315	40	315	40
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	40	315	0	315	0	315	0	315	0
12:00 EDT	315	40	315	0	315	0	315	0	315	0
13:00 EDT	315	40	315	0	315	0	315	0	315	0
14:00 EDT	315	40	315	0	315	0	315	0	315	0
15:00 EDT	315	40	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	40	315	0	315	0	315	0	315	0
19:00 EDT	315	140	315	72	315	40	315	40	315	40
20:00 EDT	315	140	315	90	315	90	315	90	315	90
21:00 EDT	315	40	315	0	315	40	315	40	315	40
22:00 EDT	315	40	315	40	315	40	315	40	315	40
23:00 EDT	315	90	315	90	315	90	315	90	315	90

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	2956	4600	3142	4600	3112	4600	3072	4600	3154
01:00 EDT	4600	3118	4600	3177	4600	3150	4600	3023	4600	3039
02:00 EDT	4600	3116	4600	3117	4600	3179	4600	3142	4600	3140
03:00 EDT	4600	3206	4600	3282	4600	3271	4600	3301	4600	3270
04:00 EDT	4600	3415	4600	3301	4600	3314	4600	3265	4600	3207
05:00 EDT	4600	3178	4600	3089	4600	3057	4600	3016	4600	2995
06:00 EDT	4600	2448	4600	2648	4600	2635	4600	2758	4600	2899
07:00 EDT	4600	2078	4600	2421	4600	2361	4600	2346	4600	2218
08:00 EDT	4600	2187	4600	2675	4600	2651	4600	2421	4600	2251
09:00 EDT	4600	2034	4600	2124	4600	2140	4600	2179	4600	2146
10:00 EDT	4600	1921	4600	1798	4600	1791	4600	1832	4600	1854
11:00 EDT	4600	1944	4600	2012	4600	2077	4600	2088	4600	2006
12:00 EDT	4600	2073	4600	2126	4600	2101	4600	2071	4600	2080
13:00 EDT	4600	1950	4600	1987	4600	2092	4600	2121	4600	2211
14:00 EDT	4600	1884	4600	2308	4600	2174	4600	2141	4600	2035
15:00 EDT	4600	1925	4600	2300	4600	2351	4600	2257	4600	2247
16:00 EDT	4600	1974	4600	2060	4600	2140	4600	2099	4600	2128
17:00 EDT	4600	2038	4600	2234	4600	2376	4600	2407	4600	2365
18:00 EDT	4600	2171	4600	2281	4600	2333	4600	2356	4600	2509
19:00 EDT	4600	2093	4600	2087	4600	2306	4600	2487	4600	2433
20:00 EDT	4600	2064	4600	2508	4600	2542	4600	2591	4600	2448
21:00 EDT	4600	2094	4600	2553	4600	2440	4600	2399	4600	2228
22:00 EDT	4600	2293	4600	2380	4600	2357	4600	2308	4600	2294
23:00 EDT	4600	2436	4600	2363	4600	2446	4600	2521	4600	2594

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6280	3601	6190	3783	6190	3832	6190	3819	6190	3922

01:00 EDT	6280	3994	6190	4091	6190	4092	6190	3980	6190	3991
02:00 EDT	6280	4010	6190	4084	6190	4090	6190	4070	6190	4094
03:00 EDT	6280	4139	6190	4160	6190	4153	6190	4182	6190	4148
04:00 EDT	6280	4253	6190	4222	6190	4221	6560	4509	6560	4421
05:00 EDT	6650	4234	6560	4355	6560	4280	6560	4186	6560	4103
06:00 EDT	6650	3494	6560	3816	6560	3739	6560	3790	6560	3820
07:00 EDT	6650	2970	6560	3414	6560	3354	6560	3379	6560	3279
08:00 EDT	6650	3044	6560	3790	6560	3756	6560	3593	6560	3382
09:00 EDT	6650	2749	6560	3141	6560	3116	6560	3106	6560	3009
10:00 EDT	6650	2788	6560	2636	6560	2635	6560	2701	6560	2749
11:00 EDT	6650	2968	6560	3029	6560	3108	6560	3125	6560	3124
12:00 EDT	6280	2797	6560	3340	6560	3294	6560	3278	6560	3264
13:00 EDT	6280	2813	6560	3135	6560	3269	6190	2955	6190	3057
14:00 EDT	6280	2794	6190	3130	6190	2978	6190	2902	6190	2755
15:00 EDT	6280	2529	6190	2889	6190	2815	6190	2664	6190	2598
16:00 EDT	6280	2443	6190	2497	6190	2618	6190	2601	6190	2474
17:00 EDT	6280	2477	6190	2648	6190	2721	6190	2702	6190	2657
18:00 EDT	6280	2630	6190	2530	6190	2621	6190	2694	6190	2825
19:00 EDT	6280	2547	6190	2544	6190	2697	6190	2928	6190	2888
20:00 EDT	6280	2566	6190	2951	6190	3028	6190	3089	6190	2972
21:00 EDT	6280	2847	6190	3147	6190	3063	6190	3071	6190	2967
22:00 EDT	6280	2704	6190	3173	6190	3240	6190	3198	6190	3110
23:00 EDT	6280	3256	6190	3122	6190	3248	6190	3335	6190	3418

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9362	9999	9682	9999	9654	9999	9602	9999	9687
01:00 EDT	9999	9366	9999	9723	9999	9593	9999	9610	9999	9678
02:00 EDT	9999	9341	9999	9665	9999	9679	9999	9686	9999	9669
03:00 EDT	9999	9457	9999	9651	9999	9699	9999	9703	9999	9639
04:00 EDT	9999	9394	9999	9662	9999	9628	9999	9629	9999	9641
05:00 EDT	9999	9466	9999	9746	9999	9779	9999	9777	9999	9782
06:00 EDT	9999	9114	9999	9496	9999	9514	9999	9363	9999	9460
07:00 EDT	9999	9164	9999	8983	9999	9043	9999	9131	9999	9038
08:00 EDT	9999	9283	9999	9256	9999	9322	9999	9253	9999	9251
09:00 EDT	9999	9176	9999	9341	9999	9327	9999	9329	9999	9271
10:00 EDT	9999	9415	9999	9336	9999	9269	9999	9362	9999	9307
11:00 EDT	9999	9468	9999	9323	9999	9435	9999	9432	9999	9521
12:00 EDT	9999	9349	9999	9765	9999	9893	9999	9829	9999	9845
13:00 EDT	9999	9382	9999	9764	9999	9655	9999	9632	9999	9724
14:00 EDT	9999	9342	9999	9624	9999	9683	9999	9543	9999	9544
15:00 EDT	9999	9375	9999	9581	9999	9617	9999	9673	9999	9567
16:00 EDT	9999	9424	9999	9429	9999	9489	9999	9530	9999	9449
17:00 EDT	9999	9145	9999	9188	9999	9295	9999	9360	9999	9181
18:00 EDT	9999	9131	9999	9322	9999	9299	9999	9238	9999	9346
19:00 EDT	9999	9156	9999	9331	9999	9343	9999	9281	9999	9335
20:00 EDT	9999	9467	9999	9506	9999	9536	9999	9482	9999	9531
21:00 EDT	9999	9475	9999	9247	9999	9103	9999	9146	9999	9216
22:00 EDT	9999	9448	9999	9518	9999	9506	9999	9472	9999	9356
23:00 EDT	9999	9622	9999	9635	9999	9617	9999	9666	9999	9670