

ATC-TTC

CEDARS-HQ
CENT EAST
CSC-NPX
DYSINGER EAST
HQ-CEDARS
HQ-NYISO
IMO-NYISO
ISONE-NYISO
MOSES SOUTH

1385-NPX
NPX-1385
NPX-CSC
NYISO-HQ
NYISO-IMO
NYISO-ISON
NYISO-PJM
NYPP EAST
PJM-NEPTUNE
PJM-NYISO
SCH-HQ_IMPORT_EXPORT
SCH-PJM_HTP
SCH-PJM_VFT
SCH-VFT_PJM
SPRAINBROOK/DUNWOODIE SOUTH
UPNY/CONED
WEST CENTRAL

1385-NPX

[back to top](#)

Date: 03/25/2025

[illegible]

CEDARS-HQ

[back to top](#)

Date: 03/25/2025

[illegible]

10:00 EDT	240	240	215	215	215	215	215	215	215	215
11:00 EDT	240	240	215	215	215	215	215	215	215	215
12:00 EDT	240	240	215	215	215	215	215	215	215	215
13:00 EDT	240	240	215	215	215	215	215	215	215	215
14:00 EDT	240	240	215	215	215	215	215	215	215	215
15:00 EDT	240	240	215	215	215	215	215	215	215	215
16:00 EDT	240	240	215	215	215	215	215	215	215	215
17:00 EDT	240	240	215	215	215	215	215	215	215	215
18:00 EDT	240	240	215	215	215	215	215	215	215	215
19:00 EDT	240	240	215	215	215	215	215	215	215	215
20:00 EDT	240	240	215	215	215	215	215	215	215	215
21:00 EDT	240	240	215	215	215	215	215	215	215	215
22:00 EDT	240	240	215	215	215	215	215	215	215	215
23:00 EDT	240	240	215	215	215	215	215	215	215	215

HQ-NYISO

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2200	1488	2200	1017	2200	1017	2200	1018	2200	1017
01:00 EDT	2200	1508	2200	942	2200	941	2200	941	2200	941
02:00 EDT	2200	1645	2200	1009	2200	1009	2200	1009	2200	1009
03:00 EDT	2200	1655	2200	786	2200	845	2200	845	2200	845
04:00 EDT	2200	1553	2200	490	2200	490	2200	490	2200	491
05:00 EDT	2200	1535	2200	516	2200	516	2200	516	2200	516
06:00 EDT	2200	1288	2200	708	2200	889	2200	889	2200	889
07:00 EDT	2200	1509	2200	1029	2200	1029	2200	1028	2200	1028
08:00 EDT	2200	1553	2200	1066	2200	1066	2200	1066	2200	1066
09:00 EDT	2200	1559	2200	1176	2200	1176	2200	1295	2200	1295
10:00 EDT	2200	1561	2200	1420	2200	1420	2200	1420	2200	1420
11:00 EDT	2200	1575	2200	1388	2200	1388	2200	1388	2200	1388

12:00 EDT	2200	1523	2200	1525	2200	1525	2200	1525	2200	1525
13:00 EDT	2200	1545	2200	1600	2200	1600	2200	1600	2200	1600
14:00 EDT	2200	1573	2200	1504	2200	1504	2200	1504	2200	1504
15:00 EDT	2200	1573	2200	1487	2200	1487	2200	1487	2200	1487
16:00 EDT	2200	1676	2200	1438	2200	1438	2200	1438	2200	1438
17:00 EDT	2200	1699	2200	1236	2200	1236	2200	1236	2200	1236
18:00 EDT	2200	1543	2200	975	2200	975	2200	975	2200	975
19:00 EDT	2200	1718	2200	1329	2200	1329	2200	1329	2200	1329
20:00 EDT	2200	1714	2200	1498	2200	1498	2200	1498	2200	1498
21:00 EDT	2200	1538	2200	1569	2200	1569	2200	1569	2200	1569
22:00 EDT	2200	1555	2200	1700	2200	1700	2200	1700	2200	1700
23:00 EDT	2200	1685	2200	1569	2200	1569	2200	1569	2200	1569

ISONE-NYISO

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1214	1014
06:00 EDT	1400	1200	635	435	190	0	-20	0	-152	0
07:00 EDT	1400	1200	-498	0	-797	0	-694	0	-681	0
08:00 EDT	1400	1200	-953	0	-1125	0	-310	0	7	0
09:00 EDT	1400	1200	712	512	739	539	994	794	1334	1134
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
12:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
14:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
15:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1293	1093	1253	1053
20:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
21:00 EDT	1400	1200	1358	1158	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2650	2452	2650	2550	2650	2550	2650	2550	2650	2550
01:00 EDT	2650	2532	2650	2550	2650	2550	2650	2550	2650	2550
02:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
04:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	2445	2650	2550	2650	2550	2650	2550	2650	2550
08:00 EDT	2650	2428	2650	2550	2650	2550	2650	2550	2650	2550
09:00 EDT	2650	2362	2650	2550	2650	2550	2650	2550	2650	2550
10:00 EDT	2650	2367	2650	2550	2650	2550	2650	2550	2650	2550
11:00 EDT	2650	2350	2650	2550	2650	2550	2650	2550	2650	2550
12:00 EDT	2650	2371	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	2377	2650	2550	2650	2550	2650	2550	2650	2550

14:00 EDT	2650	2406	2650	2550	2650	2550	2650	2550	2650	2550
15:00 EDT	2650	2350	2650	2550	2650	2550	2650	2550	2650	2550
16:00 EDT	2650	2345	2650	2550	2650	2550	2650	2550	2650	2550
17:00 EDT	2650	2403	2650	2550	2650	2550	2650	2550	2650	2550
18:00 EDT	2650	2470	2650	2550	2650	2550	2650	2550	2650	2550
19:00 EDT	2650	2486	2650	2550	2650	2550	2650	2550	2650	2550
20:00 EDT	2650	2546	2650	2550	2650	2550	2650	2550	2650	2550
21:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
22:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550

NPX-1385

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	160	101	160	101	160	101	160	101	160	101
01:00 EDT	160	101	160	101	160	101	160	101	160	101
02:00 EDT	160	101	160	101	160	101	160	101	160	101
03:00 EDT	160	111	160	111	160	111	160	111	160	111
04:00 EDT	160	101	160	101	160	101	160	101	160	101
05:00 EDT	160	150	160	150	160	150	160	150	160	150
06:00 EDT	160	56	160	56	160	56	160	56	160	56
07:00 EDT	160	116	160	66	160	66	160	66	160	66
08:00 EDT	160	99	160	10	160	10	160	10	160	10
09:00 EDT	160	75	160	7	160	7	160	7	160	7
10:00 EDT	160	45	160	0	160	0	160	0	160	0
11:00 EDT	160	45	160	25	160	25	160	25	160	25
12:00 EDT	160	21	160	36	160	36	160	36	160	36
13:00 EDT	160	29	160	29	160	29	160	29	160	29
14:00 EDT	160	31	160	47	160	47	160	47	160	47
15:00 EDT	160	70	160	70	160	70	160	70	160	70
16:00 EDT	160	135	160	101	160	101	160	101	160	101
17:00 EDT	160	116	160	116	160	116	160	116	160	116
18:00 EDT	160	80	160	105	160	105	160	105	160	105
19:00 EDT	160	6	160	56	160	56	160	56	160	56
20:00 EDT	160	30	160	56	160	56	160	56	160	56
21:00 EDT	160	19	160	95	160	95	160	95	160	95
22:00 EDT	160	39	160	39	160	39	160	39	160	39
23:00 EDT	160	42	160	0	160	0	160	0	160	0

NPX-CSC

[back to top](#)

Date: 03/25/2025

[illegible]

16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	0	330	0	330	0	330	0	330	0
20:00 EDT	330	180	330	180	330	180	330	180	330	180
21:00 EDT	330	180	330	180	330	180	330	180	330	180
22:00 EDT	330	180	330	180	330	180	330	180	330	180
23:00 EDT	330	180	330	180	330	180	330	180	330	180

NYISO-HQ

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	530	980	0	980	0	980	0	980	0
01:00 EDT	1000	530	980	0	980	0	980	0	980	0
02:00 EDT	1000	530	980	0	980	0	980	0	980	0
03:00 EDT	1000	530	980	0	980	0	980	0	980	0
04:00 EDT	1000	530	980	0	980	0	980	0	980	0
05:00 EDT	700	224	700	0	700	0	700	0	700	0
06:00 EDT	700	232	700	0	700	0	700	0	700	0
07:00 EDT	700	232	700	0	700	0	500	0	500	0
08:00 EDT	900	432	500	0	500	0	500	0	500	0
09:00 EDT	900	432	500	0	500	0	500	0	500	0
10:00 EDT	900	432	500	0	500	0	500	0	500	0
11:00 EDT	900	430	500	0	500	0	500	0	500	0
12:00 EDT	900	430	500	0	500	0	500	0	500	0
13:00 EDT	900	430	500	0	500	0	500	0	500	0
14:00 EDT	900	430	500	0	500	0	500	0	500	0
15:00 EDT	900	430	500	0	500	0	500	0	500	0
16:00 EDT	900	425	500	0	500	0	900	200	900	199
17:00 EDT	900	425	900	0	900	0	900	0	900	0
18:00 EDT	700	225	700	0	700	0	700	0	700	0
19:00 EDT	700	224	700	0	700	0	700	0	700	0
20:00 EDT	700	224	700	0	700	0	700	0	700	0
21:00 EDT	700	224	700	0	700	0	700	0	700	0
22:00 EDT	700	224	700	0	700	0	700	0	700	0
23:00 EDT	700	224	700	0	700	0	700	0	700	0

NYISO-IMO

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
06:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
07:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
08:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
09:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
10:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
11:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
15:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

NYISO-ISONE

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	365	1800	426	1800	381	1800	283	1800	355
01:00 EDT	1800	199	1800	132	1800	118	1800	201	1800	187
02:00 EDT	1800	359	1800	421	1800	552	1800	635	1800	609
03:00 EDT	1800	407	1800	391	1800	373	1800	497	1800	496
04:00 EDT	1800	442	1800	488	1800	416	1800	392	1800	354
05:00 EDT	1800	273	1800	129	1800	90	1800	221	1800	49
06:00 EDT	1800	767	1800	0	1800	0	1800	65	1800	69
07:00 EDT	1800	682	1800	5	1800	0	1800	0	1800	0
08:00 EDT	1800	594	1800	0	1800	0	1800	0	1800	0
09:00 EDT	1800	849	1800	64	1800	0	1800	0	1800	267
10:00 EDT	1800	970	1800	566	1800	781	1800	819	1800	763
11:00 EDT	1800	929	1800	945	1800	945	1800	945	1800	945
12:00 EDT	1800	912	1800	996	1800	996	1800	996	1800	996
13:00 EDT	1800	753	1800	1080	1800	1090	1800	1049	1800	1030
14:00 EDT	1800	962	1800	1149	1800	1149	1800	1149	1800	1149
15:00 EDT	1800	854	1800	950	1800	951	1800	846	1800	846
16:00 EDT	1800	607	1800	648	1800	695	1800	777	1800	783
17:00 EDT	1800	584	1800	633	1800	633	1800	638	1800	717
18:00 EDT	1800	724	1800	647	1800	757	1800	753	1800	643
19:00 EDT	1800	1183	1800	942	1800	867	1800	825	1800	909
20:00 EDT	1800	1093	1800	930	1800	813	1800	844	1800	813
21:00 EDT	1800	1003	1800	634	1800	789	1800	951	1800	1034
22:00 EDT	1800	1063	1800	1176	1800	1316	1800	1312	1800	1330
23:00 EDT	1800	745	1800	1151	1800	953	1800	1012	1800	905

NYISO-PJM

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	3951	7550	3894	7550	3911	7550	3852	7550	3894
01:00 EDT	7550	4279	7550	3690	7550	3710	7550	3863	7550	3836
02:00 EDT	7550	4463	7550	3999	7550	4048	7550	4132	7550	4198
03:00 EDT	7550	4594	7550	3912	7550	3816	7550	3942	7550	3946
04:00 EDT	7550	4489	7550	3908	7550	3810	7550	3713	7550	3660
05:00 EDT	7550	4274	7550	3803	7550	3610	7550	3726	7550	3679
06:00 EDT	7550	4299	7550	3829	7550	3902	7550	3996	7550	4062
07:00 EDT	7550	4119	7550	3970	7550	3892	7550	3950	7550	3826
08:00 EDT	7550	4013	7550	3532	7550	3523	7550	3504	7550	3512
09:00 EDT	7550	3966	7550	3327	7550	3406	7550	3537	7550	3695
10:00 EDT	7550	4253	7550	3793	7550	3845	7550	3845	7550	3907
11:00 EDT	7550	4260	7550	3794	7550	3757	7550	3635	7550	3650
12:00 EDT	7550	3962	7550	3714	7550	3659	7550	3614	7550	3642
13:00 EDT	7550	3986	7550	3850	7550	3880	7550	3891	7550	3799
14:00 EDT	7550	3941	7550	3493	7550	3410	7550	3372	7550	3335
15:00 EDT	7550	4001	7550	3350	7550	3322	7550	3260	7550	3316
16:00 EDT	7550	3576	7550	3213	7550	3205	7550	3236	7550	3242
17:00 EDT	7550	3366	7550	3284	7550	3335	7550	3326	7550	3501
18:00 EDT	7550	3660	7550	3332	7550	3356	7550	3371	7550	3378
19:00 EDT	7550	4574	7550	3999	7550	3920	7550	4105	7550	4117
20:00 EDT	7550	4473	7550	4198	7550	4150	7550	4222	7550	4145
21:00 EDT	7550	4384	7550	4149	7550	4241	7550	4238	7550	4264
22:00 EDT	7550	4458	7550	4608	7550	4727	7550	4696	7550	4787
23:00 EDT	7550	4870	7550	4969	7550	4881	7550	4838	7550	4821

PJM-NEPTUNE

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	60
01:00 EDT	660	0	660	60	660	60	660	60	660	60
02:00 EDT	660	0	660	60	660	60	660	60	660	60
03:00 EDT	660	0	660	60	660	60	660	60	660	60
04:00 EDT	660	0	660	60	660	60	660	60	660	60
05:00 EDT	660	0	660	60	660	60	660	60	660	60
06:00 EDT	660	0	660	60	660	60	660	60	660	60
07:00 EDT	660	0	660	60	660	60	660	60	660	60
08:00 EDT	660	0	660	60	660	60	660	60	660	60
09:00 EDT	660	0	660	75	660	75	660	75	660	75
10:00 EDT	660	0	660	75	660	75	660	75	660	75
11:00 EDT	660	0	660	60	660	60	660	60	660	60
12:00 EDT	660	0	660	60	660	60	660	60	660	60
13:00 EDT	660	0	660	60	660	60	660	60	660	60
14:00 EDT	660	0	660	60	660	60	660	60	660	60
15:00 EDT	660	0	660	60	660	60	660	60	660	60
16:00 EDT	660	0	660	60	660	60	660	60	660	60
17:00 EDT	660	0	660	60	660	60	660	60	660	60
18:00 EDT	660	0	660	60	660	60	660	60	660	60
19:00 EDT	660	0	660	60	660	60	660	60	660	60
20:00 EDT	660	0	660	60	660	60	660	60	660	60
21:00 EDT	660	0	660	60	660	60	660	60	660	60

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	330	660	180	660	180	660	180	660	180
01:00 EDT	660	330	660	282	660	330	660	330	660	330
02:00 EDT	660	330	660	180	660	430	660	430	660	430
03:00 EDT	660	330	660	330	660	430	660	430	660	430
04:00 EDT	660	330	660	430	660	430	660	430	660	430
05:00 EDT	660	330	660	430	660	430	660	430	660	430
06:00 EDT	660	430	660	430	660	430	660	430	660	430
07:00 EDT	660	430	660	430	660	430	660	430	660	430
08:00 EDT	660	330	660	330	660	330	660	330	660	330
09:00 EDT	660	430	660	430	660	430	660	430	660	430
10:00 EDT	660	430	660	430	660	430	660	430	660	430
11:00 EDT	660	430	660	330	660	330	660	330	660	330
12:00 EDT	660	430	660	330	660	330	660	330	660	330
13:00 EDT	660	330	660	330	660	330	660	330	660	330
14:00 EDT	660	330	660	281	660	330	660	330	660	330
15:00 EDT	660	330	660	112	660	112	660	112	660	112
16:00 EDT	660	330	660	180	660	180	660	180	660	180
17:00 EDT	660	330	660	180	660	180	660	180	660	180
18:00 EDT	660	330	660	330	660	330	660	330	660	218
19:00 EDT	660	430	660	330	660	330	660	330	660	330
20:00 EDT	660	330	660	180	660	180	660	180	660	242
21:00 EDT	660	330	660	180	660	180	660	180	660	180
22:00 EDT	660	330	660	330	660	430	660	430	660	430
23:00 EDT	660	330	660	180	660	180	660	430	660	430

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	40	315	40	315	40	315	40	315	40
07:00 EDT	315	90	315	90	315	90	315	90	315	90
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	37	315	0	315	0	315	0	315	0
20:00 EDT	315	16	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
--	-----	-----

Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3135	4600	3302	4600	3298	4600	3390	4600	3428
01:00 EDT	4600	3197	4600	3335	4600	3331	4600	3342	4600	3356
02:00 EDT	4600	3329	4600	3565	4600	3407	4600	3381	4600	3392
03:00 EDT	4600	3343	4600	3428	4600	3356	4600	3352	4600	3392
04:00 EDT	4600	3278	4600	3355	4600	3341	4600	3288	4600	3316
05:00 EDT	4600	3326	4600	3227	4600	3209	4600	3169	4600	3131
06:00 EDT	4600	2508	4600	3167	4600	3203	4600	3196	4600	3112
07:00 EDT	4600	2433	4600	2797	4600	2686	4600	2670	4600	2677
08:00 EDT	4600	2329	4600	2592	4600	2556	4600	2516	4600	2460
09:00 EDT	4600	2025	4600	2342	4600	2329	4600	2384	4600	2321
10:00 EDT	4600	2058	4600	2276	4600	2120	4600	2131	4600	2142
11:00 EDT	4600	2045	4600	2305	4600	2225	4600	2140	4600	2119
12:00 EDT	4600	1976	4600	2244	4600	2235	4600	2211	4600	2174
13:00 EDT	4600	2105	4600	2302	4600	2305	4600	2280	4600	2295
14:00 EDT	4600	2017	4600	2215	4600	2155	4600	2122	4600	2216
15:00 EDT	4600	2107	4600	2409	4600	2383	4600	2456	4600	2324
16:00 EDT	4600	2169	4600	2282	4600	2246	4600	2292	4600	2232
17:00 EDT	4600	2134	4600	2299	4600	2529	4600	2516	4600	2542
18:00 EDT	4600	2413	4600	2458	4600	2499	4600	2551	4600	2637
19:00 EDT	4600	2272	4600	2465	4600	2493	4600	2432	4600	2421
20:00 EDT	4600	2430	4600	2626	4600	2661	4600	2721	4600	2593
21:00 EDT	4600	2474	4600	2805	4600	2819	4600	2775	4600	2781
22:00 EDT	4600	2636	4600	2759	4600	2687	4600	2735	4600	2760
23:00 EDT	4600	3044	4600	3046	4600	3116	4600	2903	4600	2966

UPNY/CONED

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6280	3833	6190	3904	6190	3931	6190	4060	6190	4071

01:00 EDT	6280	3950	6190	4020	6190	4044	6190	4091	6190	4114
02:00 EDT	6280	4184	6190	4301	6190	4137	6190	4115	6190	4145
03:00 EDT	6280	4258	6190	4175	6190	4115	6190	4118	6190	4156
04:00 EDT	6280	4174	6190	4123	6190	4099	6190	4024	6190	4039
05:00 EDT	6280	3922	6190	3845	6190	3775	6190	3690	6190	3633
06:00 EDT	6280	3362	6190	3934	6190	3904	6190	3859	6190	3763
07:00 EDT	6280	3088	6190	3561	6190	3470	6190	3536	6190	3495
08:00 EDT	6280	2980	6190	3387	6190	3390	6190	3380	6190	3446
09:00 EDT	6280	2600	6190	3264	6190	3219	6190	3327	6190	3297
10:00 EDT	6280	2642	6190	2964	6190	2834	6190	2732	6190	2816
11:00 EDT	6280	2677	6190	3015	6190	2946	6190	2915	6190	2910
12:00 EDT	6280	2781	6190	3090	6190	3106	6190	3106	6190	3079
13:00 EDT	6280	2943	6190	3232	6190	3203	6190	3194	6190	3190
14:00 EDT	6280	2783	6190	3081	6190	2985	6190	2955	6190	2981
15:00 EDT	6280	2775	6190	3172	6190	3145	6190	3177	6190	2967
16:00 EDT	6280	2658	6190	2800	6190	2696	6190	2719	6190	2689
17:00 EDT	6280	2416	6190	2799	6190	2955	6190	2832	6190	2861
18:00 EDT	6280	2764	6190	2925	6190	2881	6190	2941	6190	2969
19:00 EDT	6280	2955	6190	3201	6190	3186	6190	3101	6190	3059
20:00 EDT	6280	2988	6190	3100	6190	3126	6190	3206	6190	3109
21:00 EDT	6280	3109	6190	3310	6190	3366	6190	3298	6190	3244
22:00 EDT	6280	3149	6190	3246	6190	3160	6190	3191	6190	3210
23:00 EDT	6280	3825	6190	3549	6190	3677	6190	3515	6190	3590

WEST CENTRAL

[back to top](#)

Date: 03/25/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9302	9999	9208	9999	9147	9999	9288	9999	9274
01:00 EDT	9999	9395	9999	9205	9999	9140	9999	9196	9999	9237
02:00 EDT	9999	9499	9999	9260	9999	9203	9999	9240	9999	9193
03:00 EDT	9999	9527	9999	9026	9999	8997	9999	9073	9999	9134
04:00 EDT	9999	9453	9999	8924	9999	8847	9999	8868	9999	8966
05:00 EDT	9999	9362	9999	9147	9999	9087	9999	9175	9999	9071
06:00 EDT	9999	9111	9999	8965	9999	8995	9999	8948	9999	8962
07:00 EDT	9999	9065	9999	8907	9999	8899	9999	8822	9999	8885
08:00 EDT	9999	9067	9999	8867	9999	8850	9999	8838	9999	8886
09:00 EDT	9999	9163	9999	8908	9999	8845	9999	8912	9999	8863
10:00 EDT	9999	9299	9999	9034	9999	9142	9999	9158	9999	9227
11:00 EDT	9999	9338	9999	9162	9999	9106	9999	9056	9999	9049
12:00 EDT	9999	9238	9999	9139	9999	9177	9999	9132	9999	9059
13:00 EDT	9999	9241	9999	9166	9999	9164	9999	9162	9999	9038
14:00 EDT	9999	9203	9999	9068	9999	9004	9999	8996	9999	9107
15:00 EDT	9999	9264	9999	9068	9999	9076	9999	9036	9999	9265
16:00 EDT	9999	9215	9999	9251	9999	9247	9999	9284	9999	9174
17:00 EDT	9999	9069	9999	8943	9999	9090	9999	9151	9999	9145
18:00 EDT	9999	9022	9999	9010	9999	9001	9999	9058	9999	9116
19:00 EDT	9999	9432	9999	9350	9999	9390	9999	9445	9999	9365
20:00 EDT	9999	9391	9999	9416	9999	9409	9999	9391	9999	9300
21:00 EDT	9999	9242	9999	9343	9999	9280	9999	9391	9999	9263
22:00 EDT	9999	9345	9999	9612	9999	9733	9999	9630	9999	9498
23:00 EDT	9999	9569	9999	9701	9999	9693	9999	9738	9999	9635