

ATC-TTC

- CEDARS-HQ

CENT EAST

CSC-NPX

DYSINGER EAST

HQ-CEDARS

HQ-NYISO

IMO-NYISO

ISONE-NYISO

MOSES SOUTH
- 1385-NPX

NPX-1385

NPX-CSC

NYISO-HQ

NYISO-IMO

NYISO-ISONE

NYISO-PJM

NYPP EAST

PJM-NEPTUNE

PJM-NYISO

SCH-HQ_IMPORT_EXPORT

SCH-PJM_HTP

SCH-PJM_VFT

SCH-VFT_PJM

SPRAINBROOK/DUNWOODIE SOUTH

UPNY/CONED

WEST CENTRAL

1385-NPX

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	160	160	160	160	160	160	160
03:00 EDT	160	110	160	110	160	110	160	110	160	110
04:00 EDT	160	160	160	160	160	160	160	160	160	160
05:00 EDT	160	160	160	160	160	160	160	160	160	160
06:00 EDT	160	160	160	160	160	160	160	160	160	160
07:00 EDT	160	160	160	160	160	160	160	160	160	160
08:00 EDT	160	160	160	160	160	160	160	160	160	160
09:00 EDT	160	160	160	160	160	160	160	160	160	160
10:00 EDT	160	160	160	160	160	160	160	160	160	160
11:00 EDT	160	160	160	160	160	160	160	160	160	160
12:00 EDT	160	160	160	160	160	160	160	160	160	160
13:00 EDT	160	160	160	160	160	160	160	160	160	160
14:00 EDT	160	135	160	135	160	135	160	135	160	135
15:00 EDT	160	135	160	135	160	135	160	135	160	135
16:00 EDT	160	135	160	160	160	160	160	160	160	160
17:00 EDT	160	160	160	160	160	160	160	160	160	160
18:00 EDT	160	160	160	160	160	160	160	160	160	160
19:00 EDT	160	160	160	160	160	160	160	160	160	160
20:00 EDT	160	160	160	160	160	160	160	160	160	160
21:00 EDT	160	160	160	160	160	160	160	160	160	160
22:00 EDT	160	160	160	160	160	160	160	160	160	160
23:00 EDT	160	160	160	160	160	160	160	160	160	160

CEDARS-HQ

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	0	100	0	100	0	100	0	100	0
05:00 EDT	100	0	100	0	100	0	100	0	100	0

10:00 EDT	240	240	200	200	200	200	200	200	200	200
11:00 EDT	240	240	200	200	200	200	200	200	200	200
12:00 EDT	240	240	200	200	200	200	200	200	200	200
13:00 EDT	240	240	200	200	200	200	200	200	200	200
14:00 EDT	240	240	200	200	200	200	200	200	200	200
15:00 EDT	240	240	200	200	200	200	200	200	200	200
16:00 EDT	240	240	200	200	200	200	200	200	200	200
17:00 EDT	240	240	200	200	200	200	200	200	200	200
18:00 EDT	240	240	200	200	200	200	200	200	200	200
19:00 EDT	240	240	200	200	200	200	200	200	200	200
20:00 EDT	240	240	200	200	200	200	200	200	200	200
21:00 EDT	240	240	200	200	200	200	200	200	200	200
22:00 EDT	240	240	200	200	200	200	200	200	200	200
23:00 EDT	240	240	200	200	200	200	200	200	200	200

HQ-NYISO

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
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15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
22:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
23:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500

IMO-NYISO

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	2200	1330	2200	974	2200	974	2200	974	2200	975
02:00 EDT	2200	1400	2200	979	2200	979	2200	978	2200	978
03:00 EDT	2200	1306	2200	848	2200	848	2200	848	2200	848
04:00 EDT	2200	1298	2200	780	2200	780	2200	780	2200	780
05:00 EDT	2200	1129	2200	923	2200	923	2200	923	2200	923
06:00 EDT	2200	962	2200	936	2200	936	2200	936	2200	936
07:00 EDT	2200	1128	2200	1219	2200	1219	2200	1220	2200	1219
08:00 EDT	2200	1290	2200	1473	2200	1473	2200	1473	2200	1473
09:00 EDT	2200	1275	2200	1713	2200	1713	2200	1713	2200	1713
10:00 EDT	2200	1243	2200	1748	2200	1748	2200	1748	2200	1748
11:00 EDT	2200	1275	2200	1748	2200	1748	2200	1748	2200	1748

12:00 EDT	2200	1275	2200	1763	2200	1763	2200	1763	2200	1763
13:00 EDT	2200	1310	2200	1763	2200	1763	2200	1763	2200	1763
14:00 EDT	2200	1310	2200	1763	2200	1763	2200	1763	2200	1763
15:00 EDT	2200	1310	2200	1773	2200	1773	2200	1773	2200	1773
16:00 EDT	2200	1435	2200	1773	2200	1773	2200	1773	2200	1773
17:00 EDT	2200	1310	2200	1548	2200	1548	2200	1548	2200	1548
18:00 EDT	2200	1275	2200	1244	2200	1244	2200	1244	2200	1244
19:00 EDT	2200	950	2200	1358	2200	1358	2200	1358	2200	1358
20:00 EDT	2200	1150	2200	1230	2200	1230	2200	1230	2200	1230
21:00 EDT	2200	1100	2200	1292	2200	1293	2200	1293	2200	1292
22:00 EDT	2200	1175	2200	1367	2200	1367	2200	1367	2200	1367
23:00 EDT	2200	1385	2200	1036	2200	1036	2200	1036	2200	1036

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1302	1102	1400	1200	987	787
07:00 EDT	1400	1200	958	758	1312	1112	1400	1200	1253	1053
08:00 EDT	1400	1200	1248	1048	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
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13:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
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16:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
17:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
18:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
19:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1394	1194
20:00 EDT	1400	1200	617	417	1029	829	1287	1087	1400	1200
21:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
22:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
23:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
02:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
03:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
04:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
05:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
06:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
07:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
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12:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
13:00 EDT	2650	2546	2650	2550	2650	2550	2650	2550	2650	2550

14:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
15:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
16:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
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18:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
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22:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550
23:00 EDT	2650	2550	2650	2550	2650	2550	2650	2550	2650	2550

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	160	160	160	160	160	160	160	160	160	160
02:00 EDT	160	160	160	136	160	136	160	136	160	136
03:00 EDT	160	160	160	160	160	160	160	160	160	160
04:00 EDT	160	135	160	135	160	135	160	135	160	135
05:00 EDT	160	135	160	111	160	111	160	111	160	111
06:00 EDT	160	105	160	81	160	81	160	81	160	81
07:00 EDT	160	86	160	62	160	62	160	62	160	62
08:00 EDT	160	116	160	112	160	112	160	112	160	112
09:00 EDT	160	125	160	149	160	149	160	149	160	149
10:00 EDT	160	95	160	71	160	71	160	71	160	71
11:00 EDT	160	115	160	91	160	91	160	91	160	91
12:00 EDT	160	110	160	110	160	110	160	110	160	110
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17:00 EDT	160	125	160	86	160	86	160	86	160	86
18:00 EDT	160	61	160	61	160	61	160	61	160	61
19:00 EDT	160	16	160	16	160	16	160	16	160	16
20:00 EDT	160	46	160	70	160	70	160	70	160	70
21:00 EDT	160	95	160	119	160	119	160	119	160	119
22:00 EDT	160	115	160	115	160	115	160	115	160	115
23:00 EDT	160	135	160	111	160	111	160	111	160	111

NPX-CSC

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	330	330	330	330	330	330	330	330	330	330
02:00 EDT	330	330	330	330	330	330	330	330	330	330
03:00 EDT	330	330	330	330	330	330	330	330	330	330
04:00 EDT	330	330	330	330	330	330	330	330	330	330
05:00 EDT	330	250	330	250	330	250	330	250	330	250
06:00 EDT	330	90	330	90	330	90	330	90	330	90
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	180	330	180	330	180	330	180	330	180
10:00 EDT	330	330	330	330	330	330	330	330	330	330
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12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	250	330	250	330	250	330	250	330	250
15:00 EDT	330	250	330	250	330	250	330	250	330	250

16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	90	330	90	330	90	330	90	330	90
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21:00 EDT	330	250	330	250	330	250	330	250	330	250
22:00 EDT	330	250	330	250	330	250	330	250	330	250
23:00 EDT	330	330	330	330	330	330	330	330	330	330

NYISO-HQ

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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02:00 EDT	1000	686	980	0	980	0	980	0	980	0
03:00 EDT	1000	686	980	0	980	0	980	0	980	0
04:00 EDT	1000	686	980	0	980	0	980	0	980	0
05:00 EDT	1000	686	980	0	980	0	980	0	980	0
06:00 EDT	1000	700	980	0	980	0	980	0	980	0
07:00 EDT	1000	700	980	214	980	214	980	214	980	214
08:00 EDT	1000	707	980	5	980	5	980	5	980	5
09:00 EDT	1000	714	980	0	980	0	980	0	980	0
10:00 EDT	1000	714	980	0	980	0	980	0	980	0
11:00 EDT	1000	714	980	0	980	0	980	0	980	0
12:00 EDT	1000	714	980	0	980	0	980	0	980	0
13:00 EDT	1000	714	980	0	980	0	980	0	980	0
14:00 EDT	1000	714	980	0	980	0	980	0	980	0
15:00 EDT	1000	707	980	0	980	0	980	0	980	0
16:00 EDT	1000	700	980	0	980	0	980	0	980	0
17:00 EDT	1000	700	980	0	980	0	980	0	980	0
18:00 EDT	1000	700	980	43	980	43	980	43	980	43
19:00 EDT	1000	707	980	49	980	49	980	49	980	49
20:00 EDT	1000	714	980	0	980	0	980	0	980	0
21:00 EDT	1000	714	980	0	980	0	980	0	980	0
22:00 EDT	1000	686	980	0	980	0	980	0	980	0
23:00 EDT	1000	714	980	0	980	0	980	0	980	0

NYISO-IMO

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
01:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
02:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
03:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
04:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
05:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
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12:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
13:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
14:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
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16:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
17:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

18:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
19:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
20:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
21:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
22:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550
23:00 EDT	1850	1550	1850	1550	1850	1550	1850	1550	1850	1550

NYISO-ISONE

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Date: 03/10/2025

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	0	1800	692	1800	618	1800	597	1800	605
01:00 EDT	1800	0	1800	678	1800	594	1800	549	1800	504
02:00 EDT	1800	0	1800	526	1800	526	1800	390	1800	380
03:00 EDT	1800	0	1800	499	1800	499	1800	469	1800	420
04:00 EDT	1800	0	1800	434	1800	419	1800	491	1800	587
05:00 EDT	1800	2	1800	364	1800	378	1800	496	1800	552
06:00 EDT	1800	331	1800	412	1800	347	1800	412	1800	331
07:00 EDT	1800	909	1800	299	1800	604	1800	631	1800	601
08:00 EDT	1800	754	1800	700	1800	720	1800	831	1800	988
09:00 EDT	1800	393	1800	1289	1800	1288	1800	1098	1800	1127
10:00 EDT	1800	61	1800	1095	1800	967	1800	1019	1800	931
11:00 EDT	1800	0	1800	996	1800	917	1800	917	1800	917
12:00 EDT	1800	0	1800	861	1800	967	1800	776	1800	747
13:00 EDT	1800	169	1800	910	1800	902	1800	852	1800	902
14:00 EDT	1800	176	1800	653	1800	855	1800	882	1800	855
15:00 EDT	1800	232	1800	1121	1800	1064	1800	882	1800	1010
16:00 EDT	1800	43	1800	858	1800	955	1800	952	1800	1035
17:00 EDT	1800	194	1800	881	1800	1020	1800	1071	1800	1140
18:00 EDT	1800	556	1800	976	1800	883	1800	967	1800	694
19:00 EDT	1800	959	1800	966	1800	932	1800	989	1800	1012
20:00 EDT	1800	873	1800	709	1800	584	1800	659	1800	652
21:00 EDT	1800	491	1800	485	1800	623	1800	765	1800	862
22:00 EDT	1800	313	1800	745	1800	623	1800	660	1800	550
23:00 EDT	1800	0	1800	492	1800	383	1800	316	1800	226

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	3398	7550	3982	7550	3972	7550	3908	7550	3891
01:00 EDT	7550	3582	7550	3732	7550	3664	7550	3660	7550	3643
02:00 EDT	7550	3605	7550	3706	7550	3796	7550	3746	7550	3746
03:00 EDT	7550	3629	7550	3774	7550	3771	7550	3733	7550	3721
04:00 EDT	7550	3636	7550	3563	7550	3592	7550	3648	7550	3746
05:00 EDT	7550	3671	7550	4055	7550	4108	7550	4173	7550	4146
06:00 EDT	7550	3818	7550	4073	7550	4076	7550	4306	7550	4176
07:00 EDT	7550	3661	7550	3859	7550	4101	7550	4088	7550	4109
08:00 EDT	7550	3842	7550	4302	7550	4274	7550	4396	7550	4422
09:00 EDT	7550	3381	7550	4294	7550	4229	7550	4178	7550	4156
10:00 EDT	7550	3562	7550	4102	7550	4046	7550	4191	7550	4111
11:00 EDT	7550	3293	7550	3926	7550	3941	7550	3864	7550	3879
12:00 EDT	7550	3501	7550	3853	7550	3927	7550	3835	7550	3909
13:00 EDT	7550	3357	7550	3969	7550	3927	7550	3791	7550	3768
14:00 EDT	7550	3441	7550	3575	7550	3747	7550	3600	7550	3510
15:00 EDT	7550	3742	7550	3667	7550	3767	7550	3534	7550	3548
16:00 EDT	7550	3491	7550	3685	7550	3785	7550	3770	7550	3806
17:00 EDT	7550	3387	7550	3854	7550	3906	7550	4017	7550	4132
18:00 EDT	7550	3870	7550	3872	7550	3959	7550	4090	7550	4012
19:00 EDT	7550	3740	7550	4278	7550	4328	7550	4449	7550	4424
20:00 EDT	7550	3859	7550	4387	7550	4348	7550	4396	7550	4307
21:00 EDT	7550	3456	7550	4222	7550	4219	7550	4112	7550	4025
22:00 EDT	7550	3314	7550	4116	7550	3934	7550	3868	7550	3736
23:00 EDT	7550	3365	7550	3502	7550	3408	7550	3407	7550	3429

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	54	660	54	660	54	660	54	660	54
01:00 EDT	660	160	660	160	660	160	660	160	660	160
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	58	660	58	660	58	660	58	660	58
04:00 EDT	660	160	660	160	660	160	660	160	660	160
05:00 EDT	660	229	660	229	660	229	660	229	660	229
06:00 EDT	660	160	660	160	660	160	660	160	660	160
07:00 EDT	660	160	660	310	660	310	660	310	660	310
08:00 EDT	660	160	660	160	660	160	660	160	660	160
09:00 EDT	660	305	660	301	660	301	660	301	660	301
10:00 EDT	660	310	660	310	660	310	660	310	660	310
11:00 EDT	660	160	660	160	660	160	660	160	660	160
12:00 EDT	660	160	660	0	660	0	660	0	660	0
13:00 EDT	660	160	660	0	660	0	660	0	660	0
14:00 EDT	660	160	660	0	660	1	660	160	660	160
15:00 EDT	660	194	660	310	660	310	660	310	660	251
16:00 EDT	660	160	660	160	660	160	660	160	660	160
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	210	660	221	660	221	660	221	660	221
20:00 EDT	660	160	660	0	660	17	660	56	660	160
21:00 EDT	660	259	660	0	660	109	660	109	660	259
22:00 EDT	660	160	660	160	660	160	660	160	660	160
23:00 EDT	660	163	660	163	660	163	660	163	660	163

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	40	315	40	315	40	315	40	315	40
05:00 EDT	315	40	315	40	315	40	315	40	315	40
06:00 EDT	315	40	315	40	315	40	315	40	315	40
07:00 EDT	315	40	315	90	315	90	315	90	315	90
08:00 EDT	315	36	315	36	315	36	315	36	315	36
09:00 EDT	315	0	315	0	315	0	315	0	315	0
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	90	315	29	315	29	315	29	315	29
20:00 EDT	315	30	315	0	315	0	315	0	315	30
21:00 EDT	315	31	315	0	315	0	315	0	315	0
22:00 EDT	315	40	315	40	315	40	315	40	315	40
23:00 EDT	315	40	315	40	315	40	315	40	315	40

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3723	4600	3732	4600	3728	4600	3663	4600	3658
01:00 EDT	4600	3739	4600	3547	4600	3539	4600	3571	4600	3630
02:00 EDT	4600	3900	4600	3788	4600	3840	4600	3897	4600	3847
03:00 EDT	4600	3900	4600	3770	4600	3769	4600	3784	4600	3806
04:00 EDT	4600	3718	4600	3633	4600	3619	4600	3660	4600	3601
05:00 EDT	4600	3653	4600	3671	4600	3695	4600	3667	4600	3608
06:00 EDT	4600	3376	4600	3491	4600	3558	4600	3548	4600	3549
07:00 EDT	4600	3025	4600	3263	4600	3134	4600	3133	4600	3051
08:00 EDT	4600	2903	4600	3171	4600	3138	4600	3103	4600	2908
09:00 EDT	4600	2353	4600	2711	4600	2566	4600	2510	4600	2483
10:00 EDT	4600	2513	4600	2529	4600	2515	4600	2533	4600	2530
11:00 EDT	4600	2532	4600	2538	4600	2549	4600	2521	4600	2472
12:00 EDT	4600	2504	4600	2639	4600	2627	4600	2594	4600	2613
13:00 EDT	4600	2247	4600	2539	4600	2508	4600	2390	4600	2424
14:00 EDT	4600	2459	4600	2448	4600	2473	4600	2311	4600	2308
15:00 EDT	4600	2445	4600	2150	4600	2162	4600	2146	4600	2098
16:00 EDT	4600	2779	4600	2409	4600	2471	4600	2512	4600	2496
17:00 EDT	4600	2922	4600	2625	4600	2624	4600	2706	4600	2824
18:00 EDT	4600	3257	4600	2888	4600	2837	4600	3031	4600	3215
19:00 EDT	4600	2858	4600	2971	4600	3089	4600	3173	4600	3168
20:00 EDT	4600	3135	4600	3421	4600	3454	4600	3356	4600	3235
21:00 EDT	4600	3311	4600	3464	4600	3357	4600	3391	4600	3183
22:00 EDT	4600	3370	4600	3437	4600	3390	4600	3340	4600	3276
23:00 EDT	4600	3465	4600	3360	4600	3323	4600	3373	4600	3455

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6345	4194	6255	4123	6255	4140	6255	4093	6255	4085

01:00 EDT	6345	4374	6255	3915	6255	3911	6255	3954	6255	4000
02:00 EDT	6345	4523	6255	4176	6255	4245	6255	4315	6255	4291
03:00 EDT	6345	4502	6255	4212	6255	4241	6255	4261	6255	4269
04:00 EDT	6345	4322	6255	4245	6255	4255	6255	4283	6255	4250
05:00 EDT	6345	4243	6255	4484	6255	4490	6255	4423	6255	4328
06:00 EDT	6345	4221	6255	4419	6255	4498	6255	4437	6255	4429
07:00 EDT	6345	3751	6255	4240	6255	4148	6255	4129	6255	4114
08:00 EDT	6345	3713	6255	4093	6255	4015	6255	4044	6255	3883
09:00 EDT	6345	3233	6255	3394	6255	3254	6255	3265	6255	3301
10:00 EDT	6345	3439	6255	3204	6255	3219	6255	3266	6255	3291
11:00 EDT	6345	3553	6255	3388	6255	3414	6255	3394	6255	3378
12:00 EDT	6345	3790	6255	3560	6255	3556	6255	3584	6255	3627
13:00 EDT	6345	3546	6255	3541	6255	3501	6255	3396	6255	3417
14:00 EDT	6345	3631	6255	3507	6255	3507	6255	3348	6255	3296
15:00 EDT	6345	3530	6255	3135	6255	3109	6255	3084	6255	2951
16:00 EDT	6345	3480	6255	3235	6255	3248	6255	3211	6255	3134
17:00 EDT	6345	3400	6255	3366	6255	3328	6255	3371	6255	3465
18:00 EDT	6345	3779	6255	3641	6255	3590	6255	3726	6255	3866
19:00 EDT	6345	3488	6255	3864	6255	3922	6255	4019	6255	3989
20:00 EDT	6345	3578	6255	4138	6255	4176	6255	4117	6255	4018
21:00 EDT	6345	3631	6255	4023	6255	3880	6255	3937	6255	3732
22:00 EDT	6345	3744	6255	3916	6255	3826	6255	3770	6255	3733
23:00 EDT	6345	4021	6255	3722	6255	3766	6255	3801	6255	3935

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9241	9999	9371	9999	9392	9999	9411	9999	9352
01:00 EDT	9999	9311	9999	9208	9999	9248	9999	9316	9999	9356
02:00 EDT	9999	9327	9999	9397	9999	9420	9999	9350	9999	9280
03:00 EDT	9999	9294	9999	9275	9999	9227	9999	9297	9999	9308
04:00 EDT	9999	9349	9999	9252	9999	9295	9999	9299	9999	9282
05:00 EDT	9999	9341	9999	9453	9999	9487	9999	9468	9999	9392
06:00 EDT	9999	9297	9999	9181	9999	9172	9999	9158	9999	9097
07:00 EDT	9999	9049	9999	8957	9999	9079	9999	9169	9999	9078
08:00 EDT	9999	9227	9999	9052	9999	9155	9999	9183	9999	9190
09:00 EDT	9999	9049	9999	9284	9999	9226	9999	9263	9999	9278
10:00 EDT	9999	9039	9999	9340	9999	9257	9999	9228	9999	9415
11:00 EDT	9999	8959	9999	9323	9999	9288	9999	9331	9999	9341
12:00 EDT	9999	9016	9999	9246	9999	9346	9999	9213	9999	9309
13:00 EDT	9999	8939	9999	9209	9999	9266	9999	9169	9999	9463
14:00 EDT	9999	8951	9999	9230	9999	9428	9999	9390	9999	9290
15:00 EDT	9999	9103	9999	9439	9999	9571	9999	9373	9999	9370
16:00 EDT	9999	9172	9999	9430	9999	9291	9999	9239	9999	9277
17:00 EDT	9999	9007	9999	9233	9999	9123	9999	9116	9999	9186
18:00 EDT	9999	9002	9999	9004	9999	8960	9999	9075	9999	8984
19:00 EDT	9999	8866	9999	9062	9999	8990	9999	9067	9999	9017
20:00 EDT	9999	8995	9999	8876	9999	8861	9999	8847	9999	8902
21:00 EDT	9999	8857	9999	8835	9999	8850	9999	8950	9999	8905
22:00 EDT	9999	9015	9999	8947	9999	8864	9999	8963	9999	8957
23:00 EDT	9999	9228	9999	8753	9999	8900	9999	8975	9999	8890