

# ATC-TTC

CEDARS-HQ  
CENT EAST  
CSC-NPX  
DYSINGER EAST  
HQ-CEDARS  
HQ-NYISO  
IMO-NYISO  
ISONE-NYISO  
MOSES SOUTH

1385-NPX  
NPX-1385  
NPX-CSC  
NYISO-HQ  
NYISO-IMO  
NYISO-ISON  
NYISO-PJM  
NYPP EAST  
PJM-NEPTUNE  
PJM-NYISO  
SCH-HQ\_IMPORT\_EXPORT  
SCH-PJM\_HTP  
SCH-PJM\_VFT  
SCH-VFT\_PJM  
SPRAINBROOK/DUNWOODIE SOUTH  
UPNY/CONED  
WEST CENTRAL

1385-NPX

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Date: 07/29/2024

[illegible]

CEDARS-HQ

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Date: 07/29/2024

[illegible]



08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3200	2543	3200	2762	3200	2659	3200	2712	3200	2851
01:00 EDT	3200	2611	3200	2638	3200	2645	3200	2554	3200	2575
02:00 EDT	3200	2794	3200	2830	3200	2891	3200	2729	3200	2671
03:00 EDT	3200	2467	3200	2264	3200	2242	3200	2370	3200	2460
04:00 EDT	3200	2515	3200	2433	3200	2450	3200	2530	3200	2624
05:00 EDT	3200	2554	3200	2822	3200	2867	3200	2727	3200	2636
06:00 EDT	3200	2392	3200	2661	3200	2656	3200	2578	3200	2708
07:00 EDT	3200	2371	3200	2496	3200	2513	3200	2586	3200	2659
08:00 EDT	3200	2483	3200	2577	3200	2536	3200	2501	3200	2584
09:00 EDT	3200	2720	3200	2534	3200	2611	3200	2634	3200	2714
10:00 EDT	3200	2732	3200	2843	3200	2998	3200	2925	3200	2843
11:00 EDT	3200	2900	3200	3051	3200	3024	3200	2924	3200	2839
12:00 EDT	3200	3026	3200	3016	3200	2985	3200	2991	3200	2936
13:00 EDT	3200	3100	3200	3100	3200	3100	3200	3100	3200	2998
14:00 EDT	3200	3058	3200	3045	3200	2955	3200	3004	3200	2988
15:00 EDT	3200	3100	3200	2987	3200	3100	3200	3100	3200	2969
16:00 EDT	3200	3100	3200	3100	3200	3100	3200	3009	3200	2987
17:00 EDT	3200	3100	3200	2940	3200	2912	3200	2961	3200	3067
18:00 EDT	3200	3100	3200	3100	3200	3100	3200	3100	3200	2995
19:00 EDT	3200	3100	3200	2898	3200	2924	3200	2991	3200	3012
20:00 EDT	3200	3017	3200	2714	3200	2807	3200	2781	3200	2886
21:00 EDT	3200	2955	3200	2596	3200	2669	3200	2736	3200	2799
22:00 EDT	3200	2928	3200	2739	3200	2660	3200	2683	3200	2853
23:00 EDT	3200	2830	3200	2635	3200	2680	3200	2665	3200	3010

HQ-CEDARS

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	240	240	155	155	155	155	155	155	155	155
01:00 EDT	240	240	155	155	155	155	155	155	155	155
02:00 EDT	240	240	155	155	155	155	155	155	155	155
03:00 EDT	240	240	155	155	155	155	155	155	155	155
04:00 EDT	240	240	155	155	155	155	155	155	155	155
05:00 EDT	240	240	155	155	155	155	155	155	155	155
06:00 EDT	240	240	155	155	155	155	155	155	155	155
07:00 EDT	240	240	155	155	155	155	155	155	155	155
08:00 EDT	240	240	155	155	155	155	155	155	155	155
09:00 EDT	240	240	155	155	155	155	155	155	155	155

10:00 EDT	240	240	155	155	155	155	155	155	155	155
11:00 EDT	240	240	155	155	155	155	155	155	155	155
12:00 EDT	240	240	155	155	155	155	155	155	155	155
13:00 EDT	240	240	155	155	155	155	155	155	155	155
14:00 EDT	240	50	155	0	155	0	155	0	155	0
15:00 EDT	240	50	155	155	155	155	155	155	155	155
16:00 EDT	240	50	155	0	155	0	155	0	155	0
17:00 EDT	240	50	155	0	155	0	155	0	155	0
18:00 EDT	240	50	155	0	155	0	155	0	155	0
19:00 EDT	240	50	155	0	155	0	155	0	155	0
20:00 EDT	240	50	155	0	155	0	155	0	155	0
21:00 EDT	240	240	155	155	155	155	155	155	155	155
22:00 EDT	240	240	155	155	155	155	155	155	155	155
23:00 EDT	240	240	155	155	155	155	155	155	155	155

HQ-NYISO

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1050	408	975	752	975	752	975	752	975	752
01:00 EDT	1050	418	975	751	975	751	975	751	975	751
02:00 EDT	1050	421	975	751	975	751	975	751	975	751
03:00 EDT	1050	417	975	761	975	761	975	761	975	761
04:00 EDT	1050	422	975	975	975	975	975	975	975	975
05:00 EDT	1050	385	975	751	975	751	975	751	975	751
06:00 EDT	1050	385	975	751	975	751	975	751	975	751
07:00 EDT	1050	385	975	751	975	751	975	751	975	751
08:00 EDT	1050	385	975	751	975	751	975	751	975	751
09:00 EDT	1050	385	975	736	975	736	975	736	975	736
10:00 EDT	1050	385	975	736	975	736	975	736	975	736
11:00 EDT	1050	385	975	736	975	736	975	736	975	736
12:00 EDT	1050	385	975	662	975	522	975	522	975	522
13:00 EDT	1050	0	975	190	975	120	975	120	975	120
14:00 EDT	1050	0	975	190	975	120	975	120	975	120
15:00 EDT	1050	0	975	689	975	689	975	610	975	610
16:00 EDT	1050	390	975	580	975	510	975	510	975	510
17:00 EDT	1050	390	975	550	975	480	975	480	975	480
18:00 EDT	1050	257	975	403	975	303	975	303	975	303
19:00 EDT	1050	0	975	100	975	100	975	100	975	100
20:00 EDT	1050	0	975	94	975	94	975	195	975	225
21:00 EDT	1050	0	975	115	975	107	975	107	975	107
22:00 EDT	1050	385	975	487	975	487	975	487	975	487
23:00 EDT	1050	385	975	787	975	787	975	787	975	787

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	617	2000	670	2000	666	2000	670	2000	670
01:00 EDT	2000	660	2000	469	2000	469	2000	469	2000	469
02:00 EDT	2000	1060	2000	893	2000	893	2000	893	2000	893
03:00 EDT	2000	650	2000	455	2000	455	2000	455	2000	455
04:00 EDT	2000	682	2000	482	2000	482	2000	482	2000	482
05:00 EDT	2000	700	2000	650	2000	650	2000	650	2000	650
06:00 EDT	2000	606	2000	644	2000	644	2000	644	2000	644
07:00 EDT	2000	979	2000	950	2000	950	2000	950	2000	950
08:00 EDT	2000	1170	2000	1116	2000	1116	2000	1116	2000	1116
09:00 EDT	2000	1410	2000	1090	2000	1090	2000	1090	2000	1090
10:00 EDT	2000	1530	2000	1325	2000	1325	2000	1325	2000	1325
11:00 EDT	2000	1535	2000	1473	2000	1473	2000	1473	2000	1473

12:00 EDT	2000	1581	2000	1666	2000	1662	2000	1666	2000	1666
13:00 EDT	2000	1690	2000	1700	2000	1700	2000	1700	2000	1700
14:00 EDT	2000	1665	2000	1700	2000	1700	2000	1700	2000	1700
15:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
16:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
17:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
18:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
19:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
20:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
21:00 EDT	2000	1700	2000	1700	2000	1700	2000	1700	2000	1700
22:00 EDT	2000	1569	2000	1544	2000	1544	2000	1544	2000	1544
23:00 EDT	2000	1025	2000	1400	2000	1400	2000	1400	2000	1400

ISONE-NYISO

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
01:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
02:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
03:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
04:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
05:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
06:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
09:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
10:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
11:00 EDT	1400	1200	1400	1200	1400	1183	1400	1169	1400	1123
12:00 EDT	1400	1200	1400	825	1400	681	1400	792	1400	741
13:00 EDT	1400	1170	1400	798	1400	979	1400	797	1400	742
14:00 EDT	1400	756	1400	550	1400	411	1400	518	1400	713
15:00 EDT	1400	581	1400	437	1400	144	1400	0	1400	0
16:00 EDT	1400	535	1400	78	1400	112	1400	186	1400	0
17:00 EDT	1400	550	1400	64	1400	33	1400	0	1400	0
18:00 EDT	1400	903	1400	0	1400	0	1400	70	1400	0
19:00 EDT	1400	1084	1400	221	1400	239	1400	238	1400	414
20:00 EDT	1400	1200	1400	712	1400	762	1400	762	1400	720
21:00 EDT	1400	1200	1400	788	1400	918	1400	783	1400	642
22:00 EDT	1400	1200	1400	688	1400	759	1400	918	1400	928
23:00 EDT	1400	1200	1400	1190	1400	1200	1400	1200	1400	1200

MOSES SOUTH

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3000	2012	3000	2249	3000	2194	3000	2279	3000	2320
01:00 EDT	3000	2066	3000	2272	3000	2282	3000	2280	3000	2286
02:00 EDT	3000	2053	3000	2296	3000	2270	3000	2302	3000	2364
03:00 EDT	3000	2059	3000	2387	3000	2387	3000	2364	3000	2280
04:00 EDT	3000	2068	3000	2662	3000	2649	3000	2590	3000	2560
05:00 EDT	3000	2029	3000	2171	3000	2149	3000	2238	3000	2309
06:00 EDT	3000	2099	3000	2317	3000	2328	3000	2339	3000	2297
07:00 EDT	3000	2009	3000	2340	3000	2328	3000	2273	3000	2279
08:00 EDT	3000	1984	3000	2306	3000	2321	3000	2307	3000	2190
09:00 EDT	3000	1977	3000	2251	3000	2251	3000	2240	3000	2202
10:00 EDT	3000	1987	3000	2229	3000	2203	3000	2165	3000	2169
11:00 EDT	3000	1998	3000	2152	3000	2154	3000	2111	3000	2062
12:00 EDT	3000	1995	3000	2134	3000	1992	3000	2118	3000	2176
13:00 EDT	3000	1615	3000	1871	3000	1822	3000	1857	3000	1859

14:00 EDT	3000	1414	3000	1791	3000	1757	3000	1752	3000	1819
15:00 EDT	3000	1410	3000	2582	3000	2570	3000	2465	3000	2407
16:00 EDT	3000	1782	3000	2188	3000	2149	3000	2225	3000	2057
17:00 EDT	3000	1791	3000	2100	3000	2070	3000	2035	3000	2059
18:00 EDT	3000	1633	3000	1976	3000	1902	3000	1899	3000	1850
19:00 EDT	3000	1402	3000	1724	3000	1818	3000	1937	3000	1793
20:00 EDT	3000	1552	3000	1783	3000	1791	3000	1899	3000	1876
21:00 EDT	3000	1645	3000	1742	3000	1700	3000	1717	3000	1624
22:00 EDT	3000	1976	3000	2019	3000	1982	3000	1985	3000	1944
23:00 EDT	3000	1966	3000	2218	3000	2215	3000	2286	3000	2309

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	200	146	200	166	200	166	200	166	200	166
01:00 EDT	200	170	200	180	200	180	200	180	200	180
02:00 EDT	200	170	200	190	200	190	200	190	200	190
03:00 EDT	200	180	200	190	200	190	200	190	200	190
04:00 EDT	200	180	200	200	200	200	200	200	200	200
05:00 EDT	200	180	200	200	200	200	200	200	200	200
06:00 EDT	200	180	200	200	200	200	200	200	200	200
07:00 EDT	200	170	200	170	200	170	200	170	200	170
08:00 EDT	200	150	200	155	200	155	200	155	200	155
09:00 EDT	200	140	200	110	200	110	200	110	200	110
10:00 EDT	200	62	200	22	200	22	200	22	200	22
11:00 EDT	200	155	200	95	200	95	200	95	200	95
12:00 EDT	200	90	200	59	200	59	200	59	200	59
13:00 EDT	200	45	200	11	200	11	200	11	200	11
14:00 EDT	200	65	200	4	200	4	200	4	200	4
15:00 EDT	200	30	200	2	200	2	200	2	200	2
16:00 EDT	200	55	200	27	200	27	200	27	200	27
17:00 EDT	200	30	200	65	200	65	200	65	200	65
18:00 EDT	200	190	200	135	200	135	200	135	200	135
19:00 EDT	200	190	200	130	200	130	200	130	200	130
20:00 EDT	200	200	200	130	200	130	200	130	200	130
21:00 EDT	200	175	200	125	200	125	200	125	200	125
22:00 EDT	200	155	200	58	200	58	200	58	200	58
23:00 EDT	200	180	200	180	200	180	200	180	200	180

NPX-CSC

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	0	330	0	330	0	330	0	330	0
01:00 EDT	330	0	330	0	330	0	330	0	330	0
02:00 EDT	330	0	330	0	330	0	330	0	330	0
03:00 EDT	330	0	330	0	330	0	330	0	330	0
04:00 EDT	330	0	330	0	330	0	330	0	330	0
05:00 EDT	330	0	330	0	330	0	330	0	330	0
06:00 EDT	330	0	330	0	330	0	330	0	330	0
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
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10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
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13:00 EDT	330	0	330	0	330	0	330	0	330	0
14:00 EDT	330	0	330	0	330	0	330	0	330	0
15:00 EDT	330	0	330	0	330	0	330	0	330	0

16:00 EDT	330	0	330	0	330	0	330	0	330	0
17:00 EDT	330	0	330	0	330	0	330	0	330	0
18:00 EDT	330	0	330	0	330	0	330	0	330	0
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21:00 EDT	330	0	330	0	330	0	330	0	330	0
22:00 EDT	330	0	330	0	330	0	330	0	330	0
23:00 EDT	330	0	330	0	330	0	330	0	330	0

NYISO-HQ

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	750	750	750	750	750	750	750	750	750	750
01:00 EDT	750	750	750	750	750	750	750	750	750	750
02:00 EDT	750	750	750	750	750	750	750	750	750	750
03:00 EDT	750	750	750	750	750	750	750	750	750	750
04:00 EDT	750	750	750	574	750	574	750	574	750	574
05:00 EDT	750	750	750	750	750	750	750	750	750	750
06:00 EDT	750	750	750	750	750	750	750	750	750	750
07:00 EDT	750	750	750	750	750	750	750	750	750	750
08:00 EDT	750	750	750	750	750	750	750	750	750	750
09:00 EDT	750	750	750	750	750	750	750	750	750	750
10:00 EDT	750	750	750	750	750	750	750	750	750	750
11:00 EDT	750	750	750	750	750	750	750	750	750	750
12:00 EDT	750	750	750	750	750	750	750	750	750	750
13:00 EDT	750	750	750	750	750	750	750	750	750	750
14:00 EDT	750	750	750	750	750	750	750	750	750	750
15:00 EDT	750	750	750	750	750	750	750	750	750	750
16:00 EDT	750	750	750	750	750	750	750	750	750	750
17:00 EDT	750	750	750	750	750	750	750	750	750	750
18:00 EDT	750	750	750	750	750	750	750	750	750	750
19:00 EDT	750	750	750	750	750	750	750	750	750	750
20:00 EDT	750	750	750	750	750	750	750	750	750	750
21:00 EDT	750	750	750	750	750	750	750	750	750	750
22:00 EDT	750	750	750	750	750	750	750	750	750	750
23:00 EDT	750	750	750	750	750	750	750	750	750	750

NYISO-IMO

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1300	1600	1071	1600	1071	1600	1071	1600	1073
14:00 EDT	1600	1300	1600	1169	1600	1166	1600	1167	1600	1164
15:00 EDT	1600	1210	1600	925	1600	930	1600	930	1600	928
16:00 EDT	1600	990	1600	735	1600	735	1600	732	1600	732
17:00 EDT	1600	940	1600	736	1600	736	1600	738	1600	734

18:00 EDT	1600	891	1600	575	1600	575	1600	579	1600	574
19:00 EDT	1600	940	1600	730	1600	731	1600	733	1600	729
20:00 EDT	1600	1163	1600	1015	1600	1015	1600	1015	1600	1015
21:00 EDT	1600	1183	1600	1208	1600	1208	1600	1208	1600	1208
22:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	508	1600	973	1600	802	1600	640	1600	549
01:00 EDT	1600	437	1200	104	1200	23	1200	0	1200	0
02:00 EDT	1600	314	900	0	800	0	800	0	800	0
03:00 EDT	1600	311	1000	0	1000	0	1000	0	1000	0
04:00 EDT	1600	301	1000	0	1000	0	1000	0	1000	0
05:00 EDT	1600	436	1600	440	1600	185	1600	124	1600	82
06:00 EDT	1600	439	1600	109	1600	64	1600	0	1600	0
07:00 EDT	1600	753	1600	183	1600	199	1600	500	1600	700
08:00 EDT	1600	940	1600	546	1600	703	1600	796	1600	826
09:00 EDT	1600	966	1600	762	1600	922	1600	848	1600	858
10:00 EDT	1600	1194	1600	1088	1600	1042	1600	1112	1600	1088
11:00 EDT	1600	1247	1600	1269	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1290	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
17:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
18:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
19:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
20:00 EDT	1600	1085	1600	1400	1600	1400	1600	1400	1600	1400
21:00 EDT	1600	977	1600	1400	1600	1400	1600	1400	1600	1400
22:00 EDT	1600	876	1600	1400	1600	1400	1600	1400	1600	1400
23:00 EDT	1600	636	1600	1400	1600	1347	1600	1140	1600	1226

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
01:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
02:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
03:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
04:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
05:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
06:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
07:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
08:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
09:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
10:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
11:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
12:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
13:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
14:00 EDT	1000	700	1000	586	1000	590	1000	587	1000	592
15:00 EDT	1000	700	1000	432	1000	382	1000	386	1000	387
16:00 EDT	1000	700	1000	486	1000	488	1000	511	1000	510
17:00 EDT	1000	700	1000	652	1000	652	1000	598	1000	604
18:00 EDT	1000	700	1000	456	1000	508	1000	550	1000	555
19:00 EDT	1000	700	1000	349	1000	294	1000	382	1000	490



20:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
21:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
22:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700
23:00 EDT	1000	700	1000	700	1000	700	1000	700	1000	700

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	4297	7550	5142	7550	5100	7550	5002	7550	5009
01:00 EDT	7550	4881	7550	4857	7550	4861	7550	4818	7550	4754
02:00 EDT	7550	4743	7550	4761	7550	4735	7550	4649	7550	4581
03:00 EDT	7550	4349	7550	3994	7550	3965	7550	3977	7550	3900
04:00 EDT	7550	4392	7550	4206	7550	4211	7550	4240	7550	4331
05:00 EDT	7550	4540	7550	4564	7550	4523	7550	4579	7550	4523
06:00 EDT	7550	4422	7550	4681	7550	4679	7550	4590	7550	4501
07:00 EDT	7550	4281	7550	4333	7550	4250	7550	4355	7550	4364
08:00 EDT	7550	4203	7550	4303	7550	4298	7550	4330	7550	4305
09:00 EDT	7550	4826	7550	4292	7550	4396	7550	4464	7550	4445
10:00 EDT	7550	4820	7550	4680	7550	4806	7550	4773	7550	4774
11:00 EDT	7550	5426	7550	5393	7550	5497	7550	5490	7550	5541
12:00 EDT	7550	5735	7550	5892	7550	5843	7550	5798	7550	5841
13:00 EDT	7550	5885	7550	5841	7550	5799	7550	5937	7550	6022
14:00 EDT	7550	5807	7550	6242	7550	6214	7550	6205	7550	6189
15:00 EDT	7550	5900	7550	6993	7550	7346	7550	7339	7550	7369
16:00 EDT	7550	6455	7550	7249	7550	7289	7550	7210	7550	7231
17:00 EDT	7550	6483	7550	7152	7550	7137	7550	7141	7550	7207
18:00 EDT	7550	6391	7550	7450	7550	7450	7550	7450	7550	7450
19:00 EDT	7550	6166	7550	7378	7550	7450	7550	7450	7550	7247
20:00 EDT	7550	5579	7550	6499	7550	6356	7550	6387	7550	6329
21:00 EDT	7550	5451	7550	6156	7550	6071	7550	6015	7550	5929
22:00 EDT	7550	5313	7550	6012	7550	5890	7550	5764	7550	5668
23:00 EDT	7550	4594	7550	5401	7550	5364	7550	5285	7550	5530

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	0	0	0	0	0	0	0	0	0	0
08:00 EDT	0	0	0	0	0	0	660	660	660	660
09:00 EDT	0	0	660	660	660	660	660	660	660	660
10:00 EDT	0	0	660	660	660	660	660	660	660	660
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
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19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0

22:00 EDT	660	0	660	0	660	0	660	0	660	0
23:00 EDT	660	0	660	0	660	0	660	0	660	0

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2000	551	2000	842	2000	841	2000	841	2000	834
01:00 EDT	2000	923	2000	846	2000	845	2000	844	2000	851
02:00 EDT	2000	542	2000	382	2000	394	2000	285	2000	281
03:00 EDT	2000	535	2000	129	2000	146	2000	253	2000	220
04:00 EDT	2000	560	2000	142	2000	142	2000	175	2000	244
05:00 EDT	2000	573	2000	706	2000	704	2000	706	2000	605
06:00 EDT	2000	437	2000	699	2000	702	2000	703	2000	699
07:00 EDT	2000	517	2000	720	2000	721	2000	720	2000	719
08:00 EDT	2000	492	2000	803	2000	801	2000	801	2000	799
09:00 EDT	2000	705	2000	847	2000	854	2000	848	2000	848
10:00 EDT	2000	563	2000	759	2000	762	2000	758	2000	758
11:00 EDT	2000	1017	2000	1221	2000	1219	2000	1220	2000	1222
12:00 EDT	2000	1104	2000	1455	2000	1456	2000	1453	2000	1457
13:00 EDT	2000	1239	2000	1268	2000	1371	2000	1497	2000	1497
14:00 EDT	2000	1602	2000	1700	2000	1700	2000	1700	2000	1700
15:00 EDT	2000	1638	2000	1700	2000	1700	2000	1700	2000	1700
16:00 EDT	2000	1536	2000	1700	2000	1700	2000	1700	2000	1700
17:00 EDT	2000	1599	2000	1700	2000	1700	2000	1700	2000	1700
18:00 EDT	2000	1470	2000	1700	2000	1700	2000	1700	2000	1700
19:00 EDT	2000	1440	2000	1700	2000	1700	2000	1700	2000	1700
20:00 EDT	2000	911	2000	1410	2000	1261	2000	1259	2000	1262
21:00 EDT	2000	1086	2000	1306	2000	1308	2000	1308	2000	1308
22:00 EDT	2000	977	2000	1265	2000	1265	2000	1268	2000	1269
23:00 EDT	2000	693	2000	852	2000	854	2000	855	2000	856

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1310	968	1310	1087	1310	1087	1310	1087	1310	1087
01:00 EDT	1310	978	1310	1086	1310	1086	1310	1086	1310	1086
02:00 EDT	1310	981	1310	1086	1310	1086	1310	1086	1310	1086
03:00 EDT	1310	977	1310	1096	1310	1096	1310	1096	1310	1096
04:00 EDT	1310	982	1310	1310	1310	1310	1310	1310	1310	1310
05:00 EDT	1310	945	1310	1086	1310	1086	1310	1086	1310	1086
06:00 EDT	1310	945	1310	1086	1310	1086	1310	1086	1310	1086
07:00 EDT	1310	945	1310	1086	1310	1086	1310	1086	1310	1086
08:00 EDT	1310	945	1310	1086	1310	1086	1310	1086	1310	1086
09:00 EDT	1310	945	1310	1071	1310	1071	1310	1071	1310	1071
10:00 EDT	1310	945	1310	1071	1310	1071	1310	1071	1310	1071
11:00 EDT	1310	945	1310	1071	1310	1071	1310	1071	1310	1071
12:00 EDT	1310	945	1310	1280	1310	1140	1310	1140	1310	1140
13:00 EDT	1310	560	1310	825	1310	755	1310	755	1310	755
14:00 EDT	1310	560	1310	825	1310	755	1310	755	1310	755
15:00 EDT	1310	560	1310	1310	1310	1310	1310	1245	1310	1245
16:00 EDT	1310	950	1310	1215	1310	1145	1310	1145	1310	1145
17:00 EDT	1310	950	1310	1185	1310	1115	1310	1115	1310	1115
18:00 EDT	1310	817	1310	1038	1310	938	1310	938	1310	938
19:00 EDT	1310	560	1310	735	1310	735	1310	735	1310	735
20:00 EDT	1310	560	1310	729	1310	729	1310	830	1310	860
21:00 EDT	1310	560	1310	750	1310	742	1310	742	1310	742
22:00 EDT	1310	945	1310	822	1310	822	1310	822	1310	822
23:00 EDT	1310	945	1310	1122	1310	1122	1310	1122	1310	1122

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	160	660	160	660	160	660	160	660	160
01:00 EDT	660	160	660	160	660	160	660	160	660	160
02:00 EDT	660	160	660	160	660	160	660	160	660	160
03:00 EDT	660	160	660	160	660	160	660	160	660	160
04:00 EDT	660	160	660	160	660	160	660	160	660	160
05:00 EDT	660	310	660	310	660	310	660	310	660	310
06:00 EDT	660	310	660	310	660	310	660	310	660	310
07:00 EDT	660	230	660	230	660	230	660	230	660	230
08:00 EDT	660	233	660	233	660	233	660	233	660	233
09:00 EDT	660	310	660	310	660	310	660	310	660	310
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11:00 EDT	660	160	660	160	660	160	660	160	660	160
12:00 EDT	660	310	660	310	660	310	660	310	660	310
13:00 EDT	660	310	660	310	660	310	660	310	660	310
14:00 EDT	660	460	660	460	660	460	660	460	660	460
15:00 EDT	660	566	660	523	660	555	660	555	660	555
16:00 EDT	660	660	660	660	660	660	660	660	660	660
17:00 EDT	660	660	660	660	660	660	660	660	660	660
18:00 EDT	660	310	660	310	660	310	660	310	660	310
19:00 EDT	660	310	660	310	660	310	660	310	660	310
20:00 EDT	660	160	660	160	660	160	660	160	660	160
21:00 EDT	660	204	660	204	660	204	660	204	660	204
22:00 EDT	660	160	660	160	660	160	660	160	660	160
23:00 EDT	660	160	660	160	660	160	660	160	660	160

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
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09:00 EDT	315	0	315	0	315	0	315	0	315	0
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11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	0	315	0	315	0	315	0
13:00 EDT	315	40	315	40	315	40	315	40	315	40
14:00 EDT	315	140	315	140	315	140	315	140	315	244
15:00 EDT	315	140	315	40	315	140	315	140	315	140
16:00 EDT	315	140	315	140	315	140	315	140	315	140
17:00 EDT	315	140	315	140	315	140	315	140	315	135
18:00 EDT	315	140	315	140	315	140	315	140	315	140
19:00 EDT	315	64	315	64	315	64	315	64	315	64
20:00 EDT	315	40	315	40	315	40	315	40	315	40
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
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19:00 EDT	315	315	315	315	315	315	315	315	315	315
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21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	2131	4350	2282	4350	2335	4350	2402	4350	2470
01:00 EDT	4350	2781	4350	2453	4350	2446	4350	2456	4350	2604
02:00 EDT	4350	3042	4350	2557	4350	2504	4350	2465	4350	2386
03:00 EDT	4350	2931	4350	2441	4350	2410	4350	2439	4350	2423
04:00 EDT	4350	3011	4350	2691	4350	2658	4350	2733	4350	2790
05:00 EDT	4350	2863	4350	2716	4350	2713	4350	2577	4350	2610
06:00 EDT	4350	2197	4350	2529	4350	2538	4350	2374	4350	2288
07:00 EDT	4350	1740	4350	2250	4350	2213	4350	2047	4350	2024
08:00 EDT	4350	1324	4350	1953	4350	1820	4350	1741	4350	1696
09:00 EDT	4350	1520	4350	1672	4350	1615	4350	1742	4350	1684
10:00 EDT	4350	1316	4350	1649	4350	1803	4350	1510	4350	1405
11:00 EDT	4350	1456	4350	1335	4350	1338	4350	1175	4350	1207
12:00 EDT	4350	1532	4350	1225	4350	1100	4350	1220	4350	1309
13:00 EDT	4350	1514	4350	1234	4350	1350	4350	1437	4350	1581
14:00 EDT	4350	1401	4350	1560	4350	1513	4350	1749	4350	2060
15:00 EDT	4350	1340	4350	2293	4350	2288	4350	1965	4350	1894
16:00 EDT	4350	1693	4350	1788	4350	1863	4350	1861	4350	1976
17:00 EDT	4350	2042	4350	1931	4350	1926	4350	1928	4350	2009
18:00 EDT	4350	2455	4350	2484	4350	2403	4350	2460	4350	2524
19:00 EDT	4350	2393	4350	2557	4350	2774	4350	2786	4350	2623
20:00 EDT	4350	2554	4350	2440	4350	2314	4350	2290	4350	2207
21:00 EDT	4350	2556	4350	2298	4350	2317	4350	2031	4350	1745
22:00 EDT	4350	2140	4350	1812	4350	1727	4350	1667	4350	1649
23:00 EDT	4350	1613	4350	1691	4350	1640	4350	1734	4350	1925

UPNY/CONED

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Date: 07/29/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6355	2616	6265	2829	6265	2921	6265	3029	6265	3145

01:00 EDT	6355	3538	6265	3040	6265	3079	6265	3125	6265	3304
02:00 EDT	6355	3809	6265	3256	6265	3238	6265	3225	6265	3194
03:00 EDT	5995	3309	5905	2898	5905	2890	5905	2943	5905	2944
04:00 EDT	5995	3327	5905	3123	5905	3105	5905	3185	5905	3232
05:00 EDT	5995	3209	6265	3447	6265	3400	6265	3249	6265	3284
06:00 EDT	6355	2884	6265	3335	6265	3329	6265	3148	6265	3115
07:00 EDT	6355	2192	6265	2675	6265	2641	6265	2502	6265	2334
08:00 EDT	6355	1663	6265	2316	6265	2073	6265	1979	6600	2256
09:00 EDT	6690	2237	6690	2309	6690	2241	6690	2372	6690	2317
10:00 EDT	6690	1857	6690	2272	6690	2549	6690	2131	6690	2012
11:00 EDT	6690	2232	6690	2462	6690	2473	6690	2396	6690	2352
12:00 EDT	6690	2541	6690	2410	6690	2174	6690	2297	6690	2321
13:00 EDT	6690	2501	6690	2239	6690	2381	6690	2371	6690	2419
14:00 EDT	6690	2108	6690	2390	6690	2253	6690	2412	6690	2606
15:00 EDT	6690	2198	6690	3158	6690	3304	6690	3054	6690	3026
16:00 EDT	6690	2603	6690	3002	6690	3068	6690	3050	6690	3138
17:00 EDT	6690	2964	6690	3027	6690	3057	6690	3028	6690	3062
18:00 EDT	6690	3298	6690	3453	6690	3421	6690	3478	6600	3420
19:00 EDT	6690	3281	6600	3411	6600	3684	6600	3672	6600	3535
20:00 EDT	6690	3402	6600	3310	6600	3200	6600	3252	6600	3217
21:00 EDT	6625	3444	6600	3264	6600	3269	6600	3015	6600	2751
22:00 EDT	6625	3187	6600	2828	6600	2736	6600	2708	6600	2719
23:00 EDT	6625	2696	6600	2644	6600	2644	6600	2808	6600	3053

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9867	9999	9899	9999	9899	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9853	9999	9863
02:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9677	9999	9506	9999	9479	9999	9595	9999	9677
04:00 EDT	9999	9709	9999	9652	9999	9671	9999	9750	9999	9852
05:00 EDT	9999	9785	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9662	9999	9899	9999	9899	9999	9888	9999	9899
07:00 EDT	9999	9790	9999	9822	9999	9843	9999	9899	9999	9899
08:00 EDT	9999	9899	9999	9899	9999	9868	9999	9843	9999	9899
09:00 EDT	9999	9899	9999	9877	9999	9899	9999	9899	9999	9899
10:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
21:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899