

# ATC-TTC

CEDARS-HQ  
CENT EAST  
CSC-NPX  
DYSINGER EAST  
HQ-CEDARS  
HQ-NYISO  
IMO-NYISO  
ISONE-NYISO  
MOSES SOUTH

1385-NPX  
NPX-1385  
NPX-CSC  
NYISO-HQ  
NYISO-IMO  
NYISO-ISON  
NYISO-PJM  
NYPP EAST  
PJM-NEPTUNE  
PJM-NYISO  
SCH-HQ\_IMPORT\_EXPORT  
SCH-PJM\_HTP  
SCH-PJM\_VFT  
SCH-VFT\_PJM  
SPRAINBROOK/DUNWOODIE SOUTH  
UPNY/CONED  
WEST CENTRAL

1385-NPX

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Date: 03/30/2024

[illegible]

CEDARS-HQ

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[illegible]





10:00 EDT	240	240	240	240	240	240	240	240	240	240
11:00 EDT	240	240	240	240	240	240	240	240	240	240
12:00 EDT	240	240	240	240	240	240	240	240	240	240
13:00 EDT	240	240	240	240	240	240	240	240	240	240
14:00 EDT	240	240	240	240	240	240	240	240	240	240
15:00 EDT	240	240	240	240	240	240	240	240	240	240
16:00 EDT	240	240	240	240	240	240	240	240	240	240
17:00 EDT	240	240	240	240	240	240	240	240	240	240
18:00 EDT	240	240	240	240	240	240	240	240	240	240
19:00 EDT	240	240	240	240	240	240	240	240	240	240
20:00 EDT	240	240	240	240	240	240	240	240	240	240
21:00 EDT	240	240	240	240	240	240	240	240	240	240
22:00 EDT	240	240	240	240	240	240	240	240	240	240
23:00 EDT	240	240	240	240	240	240	240	240	240	240

HQ-NYISO

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Date: 03/30/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
01:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
02:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
03:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
04:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
09:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
10:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
11:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
12:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
13:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
14:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
15:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
16:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
17:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
18:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
19:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
20:00 EDT	1500	1500	1500	1500	1500	1500	1500	1500	1500	1500
21:00 EDT	1150	925	1150	1150	1150	1150	1150	1150	1150	1150
22:00 EDT	1150	925	1150	1150	1150	1150	1150	1150	1150	1150
23:00 EDT	1500	1275	1150	1150	1500	1500	1500	1500	1500	1500

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1225	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1225	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1225	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1225	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1225	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1150	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1175	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1175	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1174	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1174	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1149	1600	1300	1600	1300	1600	1300	1600	1300

12:00 EDT	1600	1149	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1150	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1150	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1224	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1169	1600	1295	1600	1299	1600	1299	1600	1295
20:00 EDT	1600	1233	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
22:00 EDT	1600	1300	1600	1299	1600	1295	1600	1295	1600	1299
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

ISONE-NYISO

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Date: 03/30/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	900	653	900	636	900	693	900	616	900	700
01:00 EDT	900	668	900	650	900	518	900	519	900	459
02:00 EDT	900	486	900	520	900	506	900	505	900	506
03:00 EDT	900	414	900	514	900	491	900	480	900	542
04:00 EDT	900	432	900	425	900	449	900	425	900	448
05:00 EDT	900	508	900	415	900	501	900	415	900	415
06:00 EDT	900	700	900	410	900	409	900	631	900	489
07:00 EDT	1300	1100	1300	1054	1300	1100	1300	1100	1300	1100
08:00 EDT	1300	1044	1300	1100	1300	1019	1300	991	1300	991
09:00 EDT	1300	772	1300	768	1300	768	1300	768	1300	722
10:00 EDT	1300	499	1300	421	1300	378	1300	426	1300	399
11:00 EDT	1300	520	1300	700	1300	707	1300	437	1300	224
12:00 EDT	1300	699	1300	11	1300	0	1300	19	1300	0
13:00 EDT	1300	690	1300	0	1300	0	1300	0	1300	0
14:00 EDT	1300	655	1300	0	1300	0	1300	0	1300	0
15:00 EDT	1300	670	1300	0	1300	0	1300	0	1300	16
16:00 EDT	1300	651	1300	232	1300	224	1300	223	1300	169
17:00 EDT	1300	1100	1300	470	1300	572	1300	531	1300	668
18:00 EDT	1300	1100	1300	778	1300	859	1300	804	1300	1098
19:00 EDT	1300	929	1300	1051	1300	1050	1300	1050	1300	1027
20:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
21:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
22:00 EDT	1300	1100	1300	1100	1300	1100	1300	1100	1300	1100
23:00 EDT	900	632	900	696	900	700	900	700	900	700

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3000	2526	3000	2900	3000	2900	3000	2900	3000	2900
01:00 EDT	3000	2521	3000	2900	3000	2900	3000	2900	3000	2900
02:00 EDT	3000	2546	3000	2900	3000	2900	3000	2900	3000	2900
03:00 EDT	3000	2507	3000	2900	3000	2900	3000	2900	3000	2900
04:00 EDT	3000	2534	3000	2900	3000	2900	3000	2900	3000	2900
05:00 EDT	3000	2538	3000	2900	3000	2900	3000	2900	3000	2900
06:00 EDT	3000	2518	3000	2900	3000	2900	3000	2900	3000	2900
07:00 EDT	3000	2527	3000	2900	3000	2900	3000	2900	3000	2900
08:00 EDT	3000	2528	3000	2900	3000	2900	3000	2900	3000	2900
09:00 EDT	3000	2528	3000	2900	3000	2900	3000	2900	3000	2900
10:00 EDT	3000	2558	3000	2900	3000	2900	3000	2900	3000	2900
11:00 EDT	3000	2573	3000	2900	3000	2900	3000	2900	3000	2900
12:00 EDT	3000	2591	3000	2900	3000	2900	3000	2900	3000	2900
13:00 EDT	3000	2586	3000	2900	3000	2900	3000	2900	3000	2900



16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	283	330	283	330	283	330	283	330	283
19:00 EDT	330	318	330	318	330	318	330	318	330	318
20:00 EDT	330	324	330	324	330	324	330	324	330	324
21:00 EDT	330	233	330	233	330	233	330	233	330	233
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	283	330	283	330	283	330	283	330	283

NYISO-HQ

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	712	780	0	780	0	780	0	780	0
01:00 EDT	1000	712	780	0	780	0	780	0	780	0
02:00 EDT	1000	712	780	0	780	0	780	0	780	0
03:00 EDT	1000	712	780	0	780	0	780	0	780	0
04:00 EDT	1000	712	780	0	780	0	780	0	780	0
05:00 EDT	1000	712	780	0	780	0	780	0	780	0
06:00 EDT	1000	712	780	0	780	0	780	0	780	0
07:00 EDT	1000	712	780	0	780	0	780	0	780	0
08:00 EDT	1000	712	780	0	780	0	780	0	780	0
09:00 EDT	1000	712	780	0	780	0	780	0	780	0
10:00 EDT	1000	712	780	0	780	0	780	0	780	0
11:00 EDT	1000	712	780	0	780	0	780	0	780	0
12:00 EDT	1000	712	780	0	780	0	780	0	780	0
13:00 EDT	1000	712	780	0	780	0	780	0	780	0
14:00 EDT	1000	712	780	0	780	0	780	0	780	0
15:00 EDT	1000	712	780	0	780	0	780	0	780	0
16:00 EDT	1000	712	780	0	780	0	780	0	780	0
17:00 EDT	1000	712	780	0	780	0	780	0	780	0
18:00 EDT	1000	712	780	0	780	0	780	0	780	0
19:00 EDT	1000	712	780	0	780	0	780	0	780	0
20:00 EDT	1000	792	780	80	780	80	780	80	780	80
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	1000	1000	0	0	780	780	780	780	780	780

NYISO-IMO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1350	1050	1350	975	1350	978	1350	975	1350	975
01:00 EDT	1350	1050	1350	925	1350	925	1350	921	1350	921
02:00 EDT	1350	1050	1350	854	1350	850	1350	850	1350	846
03:00 EDT	1350	1050	1350	899	1350	903	1350	904	1350	900
04:00 EDT	1350	1050	1350	938	1350	939	1350	938	1350	934
05:00 EDT	1350	1050	1350	958	1350	958	1350	958	1350	956
06:00 EDT	1350	1050	1350	998	1350	1000	1350	998	1350	1000
07:00 EDT	1350	1050	1350	990	1350	990	1350	991	1350	988
08:00 EDT	1350	1025	1350	950	1350	950	1350	950	1350	950
09:00 EDT	1350	1050	1350	1050	1350	1045	1350	1046	1350	1046
10:00 EDT	1350	1050	1350	1048	1350	1046	1350	1046	1350	1046
11:00 EDT	1350	1050	1350	1049	1350	1046	1350	1045	1350	1046
12:00 EDT	1350	1050	1350	1048	1350	1046	1350	1046	1350	1047
13:00 EDT	1350	1050	1350	1050	1350	1046	1350	1046	1350	1046
14:00 EDT	1350	1050	1350	1046	1350	1050	1350	1050	1350	1050
15:00 EDT	1350	1050	1350	948	1350	952	1350	947	1350	950
16:00 EDT	1350	1050	1350	950	1350	950	1350	950	1350	950
17:00 EDT	1350	1050	1350	825	1350	825	1350	825	1350	825

18:00 EDT	1350	1050	1350	780	1350	775	1350	771	1350	775
19:00 EDT	1350	1050	1350	1050	1350	1050	1350	1050	1350	1050
20:00 EDT	1350	1050	1350	869	1350	862	1350	865	1350	863
21:00 EDT	1350	887	1350	937	1350	933	1350	933	1350	937
22:00 EDT	1350	1033	1350	1050	1350	1050	1350	1050	1350	1050
23:00 EDT	1350	1034	1350	1009	1350	1009	1350	1009	1350	1007

NYISO-ISONE

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Date: 03/30/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1586
01:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
02:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
03:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
04:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
05:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
06:00 EDT	1800	1406	1800	1600	1800	1600	1800	1600	1800	1600
07:00 EDT	1800	1204	1800	1600	1800	1487	1800	1385	1800	1442
08:00 EDT	1800	1600	1800	1587	1800	1600	1800	1600	1800	1600
09:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
10:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
11:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1633	1433
12:00 EDT	1800	1600	1216	1016	1178	978	1329	1129	1278	1078
13:00 EDT	1800	1600	1015	815	992	792	1059	859	1007	807
14:00 EDT	1800	1600	877	677	897	697	989	789	978	778
15:00 EDT	1800	1600	832	632	937	737	1005	805	1473	1273
16:00 EDT	1800	1600	1689	1489	1800	1600	1800	1600	1800	1600
17:00 EDT	1800	1520	1800	1600	1800	1600	1800	1600	1800	1600
18:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
19:00 EDT	1800	1600	1800	1600	1800	1600	1800	1600	1800	1600
20:00 EDT	1800	1433	1800	1535	1800	1432	1800	1433	1800	1560
21:00 EDT	1800	1534	1800	1260	1800	1276	1800	1499	1800	1517
22:00 EDT	1800	1582	1800	1500	1800	1336	1800	1362	1800	1485
23:00 EDT	1800	1600	1800	1600	1800	1485	1800	1569	1800	1439

NYISO-PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
01:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
02:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
03:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
04:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
05:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
06:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
07:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
08:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
09:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
10:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
11:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
12:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
13:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
14:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
15:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
16:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
17:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
18:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
19:00 EDT	2400	2100	2400	2086	2400	2047	2400	2048	2400	2093



20:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
21:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
22:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100
23:00 EDT	2400	2100	2400	2100	2400	2100	2400	2100	2400	2100

NYPP EAST

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Date: 03/30/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	7550	5133	7550	5178	7550	5283	7550	5348	7550	5283
01:00 EDT	7550	5033	7550	5176	7550	5210	7550	5295	7550	5336
02:00 EDT	7550	5019	7550	4992	7550	5057	7550	5112	7550	5072
03:00 EDT	7550	5306	7550	5175	7550	5237	7550	5294	7550	5259
04:00 EDT	7550	5331	7550	5355	7550	5404	7550	5421	7550	5510
05:00 EDT	7550	5605	7550	5705	7550	5730	7550	5771	7550	5811
06:00 EDT	7550	5255	7550	6194	7550	6171	7550	6065	7550	6034
07:00 EDT	7550	4879	7550	5588	7550	5437	7550	5395	7550	5362
08:00 EDT	7550	5141	7550	5272	7550	5310	7550	5324	7550	5162
09:00 EDT	7550	5125	7550	5226	7550	5288	7550	5269	7550	5232
10:00 EDT	7550	5123	7550	5472	7550	5409	7550	5305	7550	5202
11:00 EDT	7550	5129	7550	5078	7550	5019	7550	5142	7550	5104
12:00 EDT	7550	4925	7550	5113	7550	5133	7550	5126	7550	5204
13:00 EDT	7550	4826	7550	5479	7550	5500	7550	5537	7550	5531
14:00 EDT	7550	4878	7550	5525	7550	5455	7550	5457	7550	5485
15:00 EDT	7550	5056	7550	5465	7550	5544	7550	5738	7550	5731
16:00 EDT	7550	5022	7550	5774	7550	5816	7550	5873	7550	6000
17:00 EDT	7550	4611	7550	5815	7550	5904	7550	5944	7550	6068
18:00 EDT	7550	5040	7550	6381	7550	6264	7550	6222	7550	6243
19:00 EDT	7550	5222	7550	6313	7550	6400	7550	6428	7550	6514
20:00 EDT	7550	4659	7550	6289	7550	6242	7550	6194	7550	6159
21:00 EDT	7550	5199	7550	5896	7550	5842	7550	5907	7550	5840
22:00 EDT	7550	4829	7550	5438	7550	5443	7550	5349	7550	5364
23:00 EDT	7550	4997	7550	5629	7550	5494	7550	5533	7550	5386

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	145	660	100	660	100	660	0	660	100
07:00 EDT	660	102	660	100	660	100	660	100	660	100
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	75	660	75
12:00 EDT	660	0	660	110	660	151	660	160	660	160
13:00 EDT	660	0	660	130	660	110	660	110	660	110
14:00 EDT	660	0	660	130	660	160	660	160	660	114
15:00 EDT	660	0	660	135	660	135	660	124	660	60
16:00 EDT	660	0	660	60	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0



	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	310	660	310	660	310	660	310	660	310
01:00 EDT	660	310	660	310	660	310	660	310	660	310
02:00 EDT	660	310	660	310	660	310	660	310	660	310
03:00 EDT	660	310	660	310	660	310	660	310	660	310
04:00 EDT	660	310	660	310	660	310	660	310	660	310
05:00 EDT	660	310	660	310	660	310	660	310	660	310
06:00 EDT	660	310	660	310	660	310	660	310	660	310
07:00 EDT	660	360	660	360	660	360	660	360	660	360
08:00 EDT	660	460	660	460	660	460	660	460	660	460
09:00 EDT	660	460	660	460	660	460	660	460	660	460
10:00 EDT	660	460	660	460	660	460	660	460	660	460
11:00 EDT	660	372	660	223	660	331	660	373	660	373
12:00 EDT	660	326	660	327	660	327	660	327	660	327
13:00 EDT	660	381	660	381	660	381	660	381	660	381
14:00 EDT	660	383	660	385	660	385	660	385	660	385
15:00 EDT	660	408	660	408	660	408	660	408	660	408
16:00 EDT	660	310	660	310	660	310	660	310	660	310
17:00 EDT	660	102	660	101	660	101	660	101	660	101
18:00 EDT	660	160	660	160	660	160	660	160	660	66
19:00 EDT	660	310	660	310	660	310	660	310	660	310
20:00 EDT	660	310	660	160	660	160	660	160	660	160
21:00 EDT	660	160	660	0	660	0	660	25	660	160
22:00 EDT	660	172	660	172	660	172	660	172	660	172
23:00 EDT	660	164	660	160	660	160	660	160	660	160

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	0	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	0	315	0	315	0	315	0	315	0
09:00 EDT	315	40	315	40	315	40	315	40	315	40
10:00 EDT	315	40	315	40	315	40	315	40	315	40
11:00 EDT	315	0	315	0	315	0	315	0	315	0
12:00 EDT	315	0	315	89	315	143	315	175	315	175
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	4	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	0	315	0	315	0	315	0	315	0
21:00 EDT	315	0	315	0	315	0	315	0	315	0
22:00 EDT	315	0	315	0	315	0	315	0	315	0
23:00 EDT	315	0	315	0	315	0	315	0	315	0

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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Date: 03/30/2024

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	3479	4600	3282	4600	3304	4600	3337	4600	3256
01:00 EDT	4600	3465	4600	3163	4600	3078	4600	3145	4600	3229
02:00 EDT	4600	3183	4600	3116	4600	3105	4600	3174	4600	3179
03:00 EDT	4600	3296	4600	3217	4600	3249	4600	3268	4600	3259
04:00 EDT	4600	3473	4600	3254	4600	3279	4600	3296	4600	3421
05:00 EDT	4600	3649	4600	3471	4600	3429	4600	3388	4600	3395
06:00 EDT	4600	3590	4600	3595	4600	3570	4600	3480	4600	3399
07:00 EDT	4600	3183	4600	3228	4600	3204	4600	3188	4600	3132
08:00 EDT	4600	2778	4600	2939	4600	2827	4600	2813	4600	2682
09:00 EDT	4600	2534	4600	2635	4600	2660	4600	2581	4600	2573
10:00 EDT	4600	2135	4600	2559	4600	2560	4600	2550	4600	2432
11:00 EDT	4600	2122	4600	2672	4600	2524	4600	2454	4600	2440
12:00 EDT	4600	2121	4600	2401	4600	2393	4600	2398	4600	2468
13:00 EDT	4600	2141	4600	2613	4600	2629	4600	2587	4600	2503
14:00 EDT	4600	2136	4600	2454	4600	2447	4600	2449	4600	2473
15:00 EDT	4600	2144	4600	2501	4600	2582	4600	2553	4600	2533
16:00 EDT	4600	2154	4600	2655	4600	2688	4600	2848	4600	2847
17:00 EDT	4600	2691	4600	3002	4600	3116	4600	3045	4600	3357
18:00 EDT	4600	3011	4600	3650	4600	3682	4600	3619	4600	3872
19:00 EDT	4600	2878	4600	3827	4600	3872	4600	3914	4600	3905
20:00 EDT	4600	2860	4600	3927	4600	3886	4600	3902	4600	3726
21:00 EDT	4600	3319	4600	3788	4600	3871	4600	3741	4600	3559
22:00 EDT	4600	3004	4600	3503	4600	3576	4600	3454	4600	3376
23:00 EDT	4600	3088	4600	3472	4600	3422	4600	3404	4600	3394

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6105	3493	6015	3390	6015	3440	6015	3452	6015	3399

01:00 EDT	6105	3485	6015	3287	6015	3237	6015	3329	6015	3408
02:00 EDT	6105	3372	6015	3274	6015	3282	6015	3365	6015	3384
03:00 EDT	6105	3473	6015	3434	6015	3486	6015	3508	6015	3503
04:00 EDT	6105	3593	6015	3489	6015	3517	6015	3535	6015	3642
05:00 EDT	6105	3821	6015	3677	6015	3680	6015	3633	6015	3597
06:00 EDT	6105	3554	6015	3714	6015	3708	6015	3679	6015	3533
07:00 EDT	6105	3121	6015	3402	6015	3408	6015	3402	6015	3321
08:00 EDT	6105	2763	6015	3191	6015	3121	6015	3141	6015	3007
09:00 EDT	6105	2724	6015	3023	6015	3058	6015	3036	6015	2998
10:00 EDT	6105	2554	6015	2938	6015	2884	6015	2902	6015	2842
11:00 EDT	6105	2625	6015	3225	6015	3101	6015	2984	6015	3001
12:00 EDT	6105	2608	6015	2871	6015	2839	6015	2817	6015	2916
13:00 EDT	6105	2588	6015	3150	6015	3193	6015	3162	6015	3099
14:00 EDT	6105	2623	6015	3046	6015	3017	6015	2999	6015	3025
15:00 EDT	6105	2523	6015	3025	6015	3120	6015	3028	6015	2995
16:00 EDT	6105	2445	6015	3193	6015	3281	6015	3371	6015	3315
17:00 EDT	6105	2681	6015	3375	6015	3515	6015	3389	6015	3690
18:00 EDT	6105	2952	6015	4009	6015	4058	6015	3939	6015	4223
19:00 EDT	6105	2948	6015	4132	6015	4154	6015	4166	6015	4171
20:00 EDT	6105	2810	6015	4154	6015	4130	6015	4150	6015	4010
21:00 EDT	6105	3217	6015	4106	6015	4202	6015	4103	6015	3940
22:00 EDT	6105	2954	6015	3758	6015	3872	6015	3786	6015	3748
23:00 EDT	6105	3153	6015	3850	6015	3845	6015	3827	6015	3838

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9899	9999	9884	9999	9834	9999	9899	9999	9899
01:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
02:00 EDT	9999	9899	9999	9825	9999	9899	9999	9899	9999	9899
03:00 EDT	9999	9899	9999	9899	9999	9864	9999	9899	9999	9865
04:00 EDT	9999	9899	9999	9878	9999	9878	9999	9884	9999	9899
05:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
06:00 EDT	9999	9844	9999	9899	9999	9899	9999	9899	9999	9882
07:00 EDT	9999	9527	9999	9383	9999	9316	9999	9423	9999	9543
08:00 EDT	9999	9680	9999	9668	9999	9630	9999	9589	9999	9527
09:00 EDT	9999	9606	9999	9484	9999	9479	9999	9440	9999	9430
10:00 EDT	9999	9532	9999	9843	9999	9834	9999	9730	9999	9653
11:00 EDT	9999	9604	9999	9593	9999	9595	9999	9651	9999	9690
12:00 EDT	9999	9554	9999	9806	9999	9843	9999	9831	9999	9776
13:00 EDT	9999	9474	9999	9864	9999	9880	9999	9899	9999	9825
14:00 EDT	9999	9478	9999	9768	9999	9867	9999	9894	9999	9899
15:00 EDT	9999	9582	9999	9840	9999	9856	9999	9899	9999	9860
16:00 EDT	9999	9605	9999	9891	9999	9898	9999	9897	9999	9899
17:00 EDT	9999	9489	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9578	9999	9899	9999	9899	9999	9899	9999	9890
19:00 EDT	9999	9475	9999	9553	9999	9551	9999	9583	9999	9775
20:00 EDT	9999	9392	9999	9828	9999	9775	9999	9858	9999	9791
21:00 EDT	9999	9788	9999	9899	9999	9899	9999	9814	9999	9899
22:00 EDT	9999	9566	9999	9629	9999	9674	9999	9712	9999	9783
23:00 EDT	9999	9795	9999	9899	9999	9899	9999	9899	9999	9899