

# ATC-TTC

CEDARS-HQ  
CENT EAST  
CSC-NPX  
DYSINGER EAST  
HQ-CEDARS  
HQ-NYISO  
IMO-NYISO  
ISONE-NYISO  
MOSES SOUTH

1385-NPX  
NPX-1385  
NPX-CSC  
NYISO-HQ  
NYISO-IMO  
NYISO-ISON  
NYISO-PJM  
NYPP EAST  
PJM-NEPTUNE  
PJM-NYISO  
SCH-HQ\_IMPORT\_EXPORT  
SCH-PJM\_HTP  
SCH-PJM\_VFT  
SCH-VFT\_PJM  
SPRAINBROOK/DUNWOODIE SOUTH  
UPNY/CONED  
WEST CENTRAL

1385-NPX

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Date: 09/04/2023

[illegible]

CEDARS-HQ

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Date: 09/04/2023

[illegible]





10:00 EDT	270	270	210	210	210	210	210	210	210	210
11:00 EDT	270	270	210	210	210	210	210	210	210	210
12:00 EDT	270	270	210	210	210	210	210	210	210	210
13:00 EDT	270	270	210	210	210	210	210	210	210	210
14:00 EDT	270	0	210	0	210	0	210	0	210	0
15:00 EDT	270	0	210	0	210	0	210	0	210	0
16:00 EDT	270	0	210	0	210	0	210	0	210	0
17:00 EDT	270	0	210	0	210	0	210	0	210	0
18:00 EDT	270	0	210	0	210	0	210	0	210	0
19:00 EDT	270	0	210	0	210	0	190	0	190	0
20:00 EDT	270	0	190	0	190	0	190	0	190	0
21:00 EDT	270	270	190	190	190	190	190	190	270	270
22:00 EDT	270	270	270	270	270	270	270	270	270	270
23:00 EDT	270	270	270	270	270	270	270	270	270	270

HQ-NYISO

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	1233	1500	1233	1500	1233	1500	1233	1500	1233
01:00 EDT	1500	1233	1500	1352	1500	1352	1500	1352	1500	1352
02:00 EDT	1500	1233	1500	1493	1500	1493	1500	1493	1500	1493
03:00 EDT	1500	1233	1500	1421	1500	1421	1500	1421	1500	1421
04:00 EDT	1500	1233	1500	1500	1500	1500	1500	1500	1500	1500
05:00 EDT	1500	1233	1500	1500	1500	1500	1500	1500	1500	1500
06:00 EDT	1500	1233	1500	1500	1500	1500	1500	1500	1500	1500
07:00 EDT	1500	1233	1500	1500	1500	1500	1500	1500	1500	1500
08:00 EDT	1500	1233	1500	1233	1500	1233	1500	1233	1500	1233
09:00 EDT	1500	1233	1500	1233	1500	1233	1500	1233	1500	1233
10:00 EDT	1500	1233	1500	1233	1500	1233	1500	1233	1500	1233
11:00 EDT	1500	1233	1500	1233	1500	1233	1500	1233	1500	1233
12:00 EDT	1500	875	1500	789	1500	789	1500	789	1500	789
13:00 EDT	1500	258	1500	258	1500	258	1500	258	1500	258
14:00 EDT	1500	258	1500	258	1500	258	1500	258	1500	258
15:00 EDT	1500	258	1500	258	1500	258	1500	258	1500	258
16:00 EDT	1500	158	1500	229	1500	229	1500	229	1500	229
17:00 EDT	1500	158	1500	229	1500	229	1500	229	1500	229
18:00 EDT	1500	158	1500	229	1500	229	1500	229	1500	229
19:00 EDT	1500	158	1500	229	1500	229	1500	229	1500	229
20:00 EDT	1500	158	1500	229	1500	229	1500	229	1500	229
21:00 EDT	1500	374	1500	313	1500	313	1500	313	1500	313
22:00 EDT	1500	1074	1500	1013	1500	1013	1500	1013	1500	1013
23:00 EDT	1500	1233	1500	1233	1500	1233	1500	1233	1500	1233

IMO-NYISO

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1900	652	1900	665	1900	665	1900	666	1900	666
01:00 EDT	1900	591	1900	706	1900	706	1900	706	1900	706
02:00 EDT	1900	680	1900	745	1900	745	1900	745	1900	746
03:00 EDT	1900	485	1900	641	1900	641	1900	641	1900	641
04:00 EDT	1900	576	1900	882	1900	882	1900	882	1900	882
05:00 EDT	1900	559	1900	649	1900	649	1900	650	1900	650
06:00 EDT	1900	600	1900	1040	1900	1039	1900	1040	1900	1039
07:00 EDT	1900	626	1900	811	1900	811	1900	810	1900	810
08:00 EDT	1900	1227	1900	1222	1900	1221	1900	1221	1900	1221
09:00 EDT	1900	1377	1900	1213	1900	1213	1900	1213	1900	1213
10:00 EDT	1900	1600	1900	1414	1900	1414	1900	1414	1900	1413
11:00 EDT	1900	1600	1900	1454	1900	1453	1900	1453	1900	1452

12:00 EDT	1900	1600	1900	1452	1900	1454	1900	1453	1900	1454
13:00 EDT	1900	1600	1900	1554	1900	1555	1900	1551	1900	1552
14:00 EDT	1900	1600	1900	1540	1900	1540	1900	1541	1900	1542
15:00 EDT	1900	1341	1900	1376	1900	1378	1900	1377	1900	1377
16:00 EDT	1900	1240	1900	1441	1900	1440	1900	1440	1900	1439
17:00 EDT	1900	1179	1900	1490	1900	1489	1900	1489	1900	1490
18:00 EDT	1900	1199	1900	1425	1900	1425	1900	1425	1900	1425
19:00 EDT	1900	1401	1900	1467	1900	1466	1900	1466	1900	1465
20:00 EDT	1900	1541	1900	1491	1900	1550	1900	1550	1900	1553
21:00 EDT	1900	1502	1900	1593	1900	1600	1900	1600	1900	1600
22:00 EDT	1900	1427	1900	1600	1900	1600	1900	1600	1900	1600
23:00 EDT	1900	1274	1900	1487	1900	1485	1900	1487	1900	1486

ISONE-NYISO

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1400	1067	1400	967	1400	850	1400	812	1400	882
01:00 EDT	1400	1200	1400	902	1400	1047	1400	1085	1400	1039
02:00 EDT	1400	1200	1400	731	1400	554	1400	485	1400	564
03:00 EDT	1400	1200	1400	844	1400	877	1400	899	1400	899
04:00 EDT	1400	1200	1400	715	1400	718	1400	661	1400	730
05:00 EDT	1400	1200	1400	695	1400	881	1400	907	1400	862
06:00 EDT	1400	1200	1400	913	1400	956	1400	1053	1400	1200
07:00 EDT	1400	1200	1400	1200	1400	1200	1400	1200	1400	1200
08:00 EDT	1400	1200	1400	982	1400	981	1400	980	1400	980
09:00 EDT	1400	1066	1400	927	1400	727	1400	618	1400	577
10:00 EDT	1400	988	1400	673	1400	657	1400	473	1400	343
11:00 EDT	1400	1087	1400	509	1400	509	1400	509	1400	509
12:00 EDT	1400	1070	1400	551	1400	504	1400	504	1400	591
13:00 EDT	1400	1178	1400	769	1400	862	1400	872	1400	936
14:00 EDT	1400	1177	1400	1092	1400	1091	1400	1183	1400	1076
15:00 EDT	1400	1150	1400	942	1400	986	1400	1067	1400	1200
16:00 EDT	1400	1161	1400	1070	1400	984	1400	1200	1400	1200
17:00 EDT	1400	1200	1062	721	997	797	693	493	557	357
18:00 EDT	1400	1200	244	44	208	8	327	127	395	195
19:00 EDT	1400	1200	849	649	976	776	1090	890	1172	972
20:00 EDT	1400	1140	859	659	817	617	1400	1200	1400	1200
21:00 EDT	1400	1042	1400	1200	1400	1200	1400	1200	1400	1094
22:00 EDT	1400	1051	1400	948	1400	1171	1400	1155	1400	919
23:00 EDT	1400	1062	1400	712	1400	993	1400	1180	1400	1200

MOSES SOUTH

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2330	3150	2287	3150	2283	3150	2326	3150	2387
01:00 EDT	3150	2360	3150	2554	3150	2559	3150	2581	3150	2570
02:00 EDT	3150	2370	3150	2719	3150	2738	3150	2735	3150	2790
03:00 EDT	3150	2389	3150	2699	3150	2701	3150	2707	3150	2700
04:00 EDT	3150	2394	3150	2775	3150	2775	3150	2777	3150	2783
05:00 EDT	3150	2430	3150	2747	3150	2720	3150	2732	3150	2731
06:00 EDT	3150	2409	3150	2651	3150	2656	3150	2747	3150	2761
07:00 EDT	3150	2386	3150	2791	3150	2777	3150	2717	3150	2644
08:00 EDT	3150	2420	3150	2376	3150	2408	3150	2456	3150	2464
09:00 EDT	3150	2383	3150	2499	3150	2531	3150	2505	3150	2494
10:00 EDT	3150	2225	3150	2430	3150	2455	3150	2457	3150	2459
11:00 EDT	3150	2153	3150	2510	3150	2501	3150	2433	3150	2419
12:00 EDT	3150	1808	3150	1961	3150	1972	3150	1997	3150	1935
13:00 EDT	3150	1175	3150	1409	3150	1403	3150	1535	3150	1485



16:00 EDT	0	0	0	0	0	0	0	0	0	0
17:00 EDT	0	0	0	0	0	0	0	0	0	0
18:00 EDT	0	0	0	0	0	0	0	0	0	0
19:00 EDT	0	0	0	0	0	0	0	0	0	0
20:00 EDT	0	0	0	0	0	0	0	0	0	0
21:00 EDT	0	0	0	0	0	0	0	0	0	0
22:00 EDT	0	0	0	0	0	0	0	0	0	0
23:00 EDT	0	0	0	0	0	0	0	0	0	0

NYISO-HQ

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	1000	400	400	400	400	400	400	400	400
01:00 EDT	1000	1000	400	400	400	400	400	400	400	400
02:00 EDT	1000	1000	400	400	400	400	400	400	400	400
03:00 EDT	1000	1000	400	400	400	400	400	400	400	400
04:00 EDT	1000	1000	400	400	400	400	400	400	400	400
05:00 EDT	1000	1000	400	400	400	400	400	400	400	400
06:00 EDT	1000	1000	400	400	400	400	400	400	400	400
07:00 EDT	1000	1000	400	400	400	400	400	400	400	400
08:00 EDT	1000	1000	400	400	400	400	400	400	400	400
09:00 EDT	1000	1000	400	400	400	400	400	400	400	400
10:00 EDT	1000	1000	400	400	400	400	400	400	400	400
11:00 EDT	1000	1000	400	400	400	400	400	400	400	400
12:00 EDT	1000	1000	400	400	400	400	400	400	400	400
13:00 EDT	1000	1000	400	400	400	400	400	400	400	400
14:00 EDT	1000	1000	400	400	400	400	400	400	400	400
15:00 EDT	1000	1000	400	400	400	400	400	400	400	400
16:00 EDT	1000	1000	400	400	400	400	400	400	400	400
17:00 EDT	1000	1000	400	400	400	400	400	400	400	400
18:00 EDT	1000	1000	400	400	400	400	400	400	400	400
19:00 EDT	1000	1000	400	400	400	400	400	400	400	400
20:00 EDT	1000	1000	400	400	400	400	400	400	400	400
21:00 EDT	1000	1000	400	400	400	400	400	400	400	400
22:00 EDT	1000	1000	400	400	400	400	400	400	400	400
23:00 EDT	1000	1000	400	400	400	400	400	400	400	400

NYISO-IMO

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
01:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
02:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
03:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
04:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
05:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
06:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
07:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
08:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
09:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
10:00 EDT	1600	1297	1600	1300	1600	1300	1600	1300	1600	1300
11:00 EDT	1600	1297	1600	1300	1600	1300	1600	1300	1600	1300
12:00 EDT	1600	1297	1600	1300	1600	1300	1600	1300	1600	1300
13:00 EDT	1600	1223	1600	1300	1600	1300	1600	1300	1600	1300
14:00 EDT	1600	1283	1600	1300	1600	1300	1600	1300	1600	1300
15:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
16:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
17:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

18:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
19:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
20:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300
21:00 EDT	1600	1300	1600	1300	1600	1258	1600	1259	1600	1259
22:00 EDT	1600	1300	1600	1249	1600	1250	1600	1249	1600	1249
23:00 EDT	1600	1300	1600	1300	1600	1300	1600	1300	1600	1300

NYISO-ISONE

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
01:00 EDT	1600	1289	1600	1400	1600	1400	1600	1400	1600	1400
02:00 EDT	1600	1304	1600	1400	1600	1400	1600	1400	1600	1400
03:00 EDT	1600	1248	1600	1400	1600	1400	1600	1400	1600	1400
04:00 EDT	1600	1198	1600	1400	1600	1400	1600	1400	1600	1400
05:00 EDT	1600	1145	1600	1400	1600	1400	1600	1400	1600	1400
06:00 EDT	1600	1056	1600	1400	1600	1400	1600	1400	1600	1389
07:00 EDT	1600	1055	1600	1367	1600	1326	1600	1326	1600	1380
08:00 EDT	1600	1252	1600	1400	1600	1400	1600	1400	1600	1400
09:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1538	1338
10:00 EDT	1600	1400	1473	1273	1513	1313	1439	1239	1463	1263
11:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
12:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
13:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
14:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
15:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1395
16:00 EDT	1600	1400	1600	1400	1600	1400	1600	1358	1600	1257
17:00 EDT	1600	1386	1600	1400	1600	1356	1600	1255	1600	1360
18:00 EDT	1600	1400	1600	1218	1600	1132	1600	1156	1600	1248
19:00 EDT	1600	1382	1600	1187	1600	1264	1600	1304	1600	1365
20:00 EDT	1600	1400	1600	1059	1600	881	1600	883	1600	1095
21:00 EDT	1600	1400	1600	1243	1600	1119	1600	1279	1600	1400
22:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1400
23:00 EDT	1600	1400	1600	1400	1600	1400	1600	1400	1600	1368

NYISO-PJM

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
01:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
02:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
03:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
04:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
05:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
06:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
07:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
08:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
09:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
10:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
11:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
12:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
13:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
14:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
15:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
16:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
17:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
18:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
19:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900



20:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
21:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
22:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900
23:00 EDT	1200	900	1200	900	1200	900	1200	900	1200	900

NYPP EAST

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Date: 09/04/2023

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6150	3721	6150	3531	6150	3603	6150	3584	6150	3553
01:00 EDT	6150	3636	6150	3519	6150	3470	6150	3457	6150	3652
02:00 EDT	6150	3643	6150	3993	6150	4003	6150	3974	6150	3985
03:00 EDT	6150	3384	6150	3763	6150	3791	6150	3761	6150	3824
04:00 EDT	6150	3569	6150	4320	6150	4329	6150	4361	6150	4366
05:00 EDT	6150	4082	6150	4253	6150	4260	6150	4270	6150	4150
06:00 EDT	6150	3862	6150	4592	6150	4510	6150	4412	6150	4281
07:00 EDT	6150	3360	6150	3807	6150	3724	6150	3597	6150	3504
08:00 EDT	6150	3443	6150	3386	6150	3431	6150	3470	6150	3333
09:00 EDT	6150	3596	6150	3426	6150	3474	6150	3578	6150	3667
10:00 EDT	6150	3863	6150	3741	6150	3874	6150	3956	6150	3976
11:00 EDT	6150	3828	6150	3693	6150	3543	6150	3512	6150	3574
12:00 EDT	6150	3691	6150	3509	6150	3553	6150	3720	6150	3722
13:00 EDT	6150	3558	6150	3546	6150	3591	6150	3652	6150	3647
14:00 EDT	6150	3627	6150	3425	6150	3445	6150	3446	6150	3471
15:00 EDT	6150	3720	6150	3455	6150	3427	6150	3468	6150	3341
16:00 EDT	6150	3499	6150	3350	6150	3505	6150	3395	6150	3463
17:00 EDT	6150	3449	6150	3524	6150	3517	6150	3605	6150	3705
18:00 EDT	6150	3577	6150	3587	6150	3690	6150	3748	6150	3807
19:00 EDT	6150	3437	6150	3603	6150	3515	6150	3819	6150	3666
20:00 EDT	6150	3706	6150	3825	6150	3760	6150	3662	6150	3723
21:00 EDT	6150	3631	6150	3942	6150	3928	6150	3875	6150	3882
22:00 EDT	6150	3997	6150	4480	6150	4293	6150	4207	6150	4234
23:00 EDT	6150	3979	6150	4222	6150	4231	6150	4128	6150	3868

PJM-NEPTUNE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	0	660	0	660	0	660	0	660	0
01:00 EDT	660	0	660	0	660	0	660	0	660	0
02:00 EDT	660	0	660	0	660	0	660	0	660	0
03:00 EDT	660	0	660	0	660	0	660	0	660	0
04:00 EDT	660	0	660	0	660	0	660	0	660	0
05:00 EDT	660	0	660	0	660	0	660	0	660	0
06:00 EDT	660	0	660	0	660	0	660	0	660	0
07:00 EDT	660	0	660	0	660	0	660	0	660	0
08:00 EDT	660	0	660	0	660	0	660	0	660	0
09:00 EDT	660	0	660	0	660	0	660	0	660	0
10:00 EDT	660	0	660	0	660	0	660	0	660	0
11:00 EDT	660	0	660	0	660	0	660	0	660	0
12:00 EDT	660	0	660	0	660	0	660	0	660	0
13:00 EDT	660	0	660	0	660	0	660	0	660	0
14:00 EDT	660	0	660	0	660	0	660	0	660	0
15:00 EDT	660	0	660	0	660	0	660	0	660	0
16:00 EDT	660	0	660	0	660	0	660	0	660	0
17:00 EDT	660	0	660	0	660	0	660	0	660	0
18:00 EDT	660	0	660	0	660	0	660	0	660	0
19:00 EDT	660	0	660	0	660	0	660	0	660	0
20:00 EDT	660	0	660	0	660	0	660	0	660	0
21:00 EDT	660	0	660	0	660	0	660	0	660	0



	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	100	660	100	660	100	660	100	660	100
01:00 EDT	660	100	660	100	660	100	660	100	660	100
02:00 EDT	660	100	660	0	660	0	660	0	660	0
03:00 EDT	660	100	660	0	660	0	660	0	660	0
04:00 EDT	660	260	660	100	660	100	660	100	660	100
05:00 EDT	660	260	660	100	660	100	660	100	660	100
06:00 EDT	660	260	660	100	660	100	660	100	660	100
07:00 EDT	660	264	660	100	660	100	660	100	660	100
08:00 EDT	660	460	660	460	660	460	660	460	660	460
09:00 EDT	660	460	660	460	660	460	660	460	660	460
10:00 EDT	660	337	660	337	660	337	660	337	660	337
11:00 EDT	660	660	660	460	660	460	660	460	660	460
12:00 EDT	660	660	660	460	660	460	660	460	660	460
13:00 EDT	660	660	660	460	660	460	660	460	660	460
14:00 EDT	660	660	660	460	660	460	660	460	660	460
15:00 EDT	660	660	660	460	660	460	660	460	660	460
16:00 EDT	660	660	660	660	660	660	660	660	660	460
17:00 EDT	660	660	660	660	660	460	660	460	660	460
18:00 EDT	660	473	660	325	660	329	660	394	660	473
19:00 EDT	660	460	660	460	660	460	660	460	660	460
20:00 EDT	660	460	660	260	660	260	660	324	660	460
21:00 EDT	660	260	660	100	660	100	660	100	660	100
22:00 EDT	660	260	660	100	660	100	660	100	660	100
23:00 EDT	660	260	660	100	660	100	660	100	660	100

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	0	315	0	315	0	315	0	315	0
01:00 EDT	315	0	315	0	315	0	315	0	315	0
02:00 EDT	315	0	315	0	315	0	315	0	315	0
03:00 EDT	315	0	315	0	315	0	315	0	315	0
04:00 EDT	315	0	315	0	315	0	315	0	315	0
05:00 EDT	315	0	315	0	315	0	315	0	315	0
06:00 EDT	315	70	315	0	315	0	315	0	315	0
07:00 EDT	315	70	315	70	315	70	315	70	315	70
08:00 EDT	315	70	315	70	315	70	315	70	315	70
09:00 EDT	315	70	315	70	315	70	315	70	315	70
10:00 EDT	315	70	315	70	315	70	315	70	315	70
11:00 EDT	315	140	315	140	315	70	315	70	315	70
12:00 EDT	315	140	315	140	315	70	315	70	315	70
13:00 EDT	315	140	315	140	315	140	315	140	315	140
14:00 EDT	315	210	315	140	315	140	315	140	315	136
15:00 EDT	315	210	315	140	315	140	315	140	315	117
16:00 EDT	315	280	315	280	315	280	315	280	315	280
17:00 EDT	315	280	315	280	315	280	315	140	315	140
18:00 EDT	315	214	315	140	315	130	315	124	315	140
19:00 EDT	315	210	315	140	315	140	315	140	315	140
20:00 EDT	315	140	315	140	315	140	315	140	315	140
21:00 EDT	315	140	315	140	315	140	315	140	315	140
22:00 EDT	315	70	315	70	315	70	315	70	315	70
23:00 EDT	315	70	315	70	315	70	315	70	315	70

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	315
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4350	2733	4350	2227	4350	2300	4350	2363	4350	2309
01:00 EDT	4350	2873	4350	2356	4350	2350	4350	2443	4350	2503
02:00 EDT	4350	2434	4350	2694	4350	2623	4350	2475	4350	2446
03:00 EDT	4350	2545	4350	2528	4350	2541	4350	2549	4350	2601
04:00 EDT	4350	2430	4350	2671	4350	2645	4350	2674	4350	2650
05:00 EDT	4350	2650	4350	2559	4350	2564	4350	2590	4350	2531
06:00 EDT	4350	2667	4350	2458	4350	2499	4350	2457	4350	2446
07:00 EDT	4350	2108	4350	2248	4350	2250	4350	2195	4350	2222
08:00 EDT	4350	1927	4350	1698	4350	1806	4350	1868	4350	1884
09:00 EDT	4350	1749	4350	1881	4350	1781	4350	1792	4350	1809
10:00 EDT	4350	1746	4350	1808	4350	1918	4350	1819	4350	1715
11:00 EDT	4350	1853	4350	1429	4350	1524	4350	1530	4350	1568
12:00 EDT	4350	1974	4350	1542	4350	1514	4350	1667	4350	1738
13:00 EDT	4350	1837	4350	1622	4350	1814	4350	1884	4350	1772
14:00 EDT	4350	2029	4350	1676	4350	1691	4350	1749	4350	1682
15:00 EDT	4350	2074	4350	1441	4350	1496	4350	1578	4350	1749
16:00 EDT	4350	1615	4350	1289	4350	1393	4350	1555	4350	1861
17:00 EDT	4350	1612	4350	1608	4350	1724	4350	1834	4350	1884
18:00 EDT	4350	1969	4350	1982	4350	2002	4350	1989	4350	1911
19:00 EDT	4350	1949	4350	2072	4350	2013	4350	2065	4350	1963
20:00 EDT	4350	2358	4350	2220	4350	2220	4350	2155	4350	1997
21:00 EDT	4350	2189	4350	2368	4350	2402	4350	2309	4350	2156
22:00 EDT	4350	2264	4350	2399	4350	2397	4350	2294	4350	2209
23:00 EDT	4350	2360	4350	1992	4350	2192	4350	2287	4350	2282

UPNY/CONED

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6185	2519	6095	2068	6095	2180	6095	2273	6095	2269

01:00 EDT	6185	2772	6095	2284	6095	2345	6095	2465	6095	2589
02:00 EDT	6185	2730	6095	2853	6095	2816	6095	2681	6095	2708
03:00 EDT	6185	2727	6095	2753	6095	2808	6095	2824	6095	2914
04:00 EDT	6185	2935	6095	3097	6095	3092	6095	3028	6095	3020
05:00 EDT	6185	2851	6095	2912	6095	2937	6095	2971	6095	2904
06:00 EDT	6185	2731	6095	2886	6095	2923	6095	2935	6095	2884
07:00 EDT	6185	2168	6095	2652	6095	2629	6095	2544	6095	2520
08:00 EDT	6185	1554	6095	1883	6095	1918	6095	1966	6095	1941
09:00 EDT	6185	1253	6095	1969	6095	1774	6095	1723	6455	2154
10:00 EDT	6545	1666	6455	2191	6455	2266	6455	2102	6455	1958
11:00 EDT	6545	1772	6455	1686	6455	1696	6455	1703	6455	1758
12:00 EDT	6545	1732	6455	1671	6825	1973	6915	2177	6915	2255
13:00 EDT	6915	1963	6915	2124	6915	2327	6915	2385	6915	2282
14:00 EDT	6915	1997	6915	2144	6915	2172	6915	2287	6915	2160
15:00 EDT	6915	2219	6915	2019	6915	2105	6915	2171	6915	2290
16:00 EDT	6915	1675	6915	1930	6915	1971	6915	2132	6915	2230
17:00 EDT	6915	1852	6915	1992	6915	2150	6915	2311	6915	2356
18:00 EDT	6915	2145	6915	2487	6915	2663	6915	2669	6915	2623
19:00 EDT	6915	2112	6915	2604	6915	2548	6915	2672	6915	2563
20:00 EDT	6915	2661	6915	2831	6915	2878	6915	2817	6915	2703
21:00 EDT	6915	2772	6825	2891	6825	2968	6825	2901	6825	2716
22:00 EDT	6915	2710	6825	2944	6825	2927	6825	2904	6825	2801
23:00 EDT	6545	2386	6825	2585	6825	2810	6455	2582	6455	2518

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9458	9999	9899	9999	9899	9999	9819	9999	9733
01:00 EDT	9999	9366	9999	9636	9999	9593	9999	9581	9999	9631
02:00 EDT	9999	9381	9999	9647	9999	9615	9999	9594	9999	9530
03:00 EDT	9999	9176	9999	9460	9999	9462	9999	9438	9999	9483
04:00 EDT	9999	9304	9999	9712	9999	9712	9999	9687	9999	9664
05:00 EDT	9999	9477	9999	9260	9999	9241	9999	9222	9999	9230
06:00 EDT	9999	9321	9999	9731	9999	9795	9999	9672	9999	9733
07:00 EDT	9999	9062	9999	9303	9999	9310	9999	9404	9999	9527
08:00 EDT	9999	9479	9999	9753	9999	9816	9999	9795	9999	9792
09:00 EDT	9999	9519	9999	9797	9999	9801	9999	9863	9999	9884
10:00 EDT	9999	9776	9999	9899	9999	9899	9999	9899	9999	9899
11:00 EDT	9999	9766	9999	9899	9999	9899	9999	9899	9999	9899
12:00 EDT	9999	9792	9999	9899	9999	9899	9999	9899	9999	9899
13:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
14:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
15:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899
16:00 EDT	9999	9823	9999	9899	9999	9899	9999	9899	9999	9899
17:00 EDT	9999	9763	9999	9899	9999	9899	9999	9899	9999	9899
18:00 EDT	9999	9671	9999	9899	9999	9899	9999	9899	9999	9899
19:00 EDT	9999	9775	9999	9899	9999	9899	9999	9899	9999	9899
20:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9856
21:00 EDT	9999	9863	9999	9859	9999	9899	9999	9899	9999	9899
22:00 EDT	9999	9850	9999	9899	9999	9899	9999	9899	9999	9899
23:00 EDT	9999	9899	9999	9899	9999	9899	9999	9899	9999	9899