

Date: 03/22/2021

[illegible]

Date: 03/22/2021

[illegible]



08:00 EDT	330	330	330	330	330	330	330	330	330	330
09:00 EDT	330	330	330	330	330	330	330	330	330	330
10:00 EDT	330	330	330	330	330	330	330	330	330	330
11:00 EDT	330	330	330	330	330	330	330	330	330	330
12:00 EDT	330	330	330	330	330	330	330	330	330	330
13:00 EDT	330	330	330	330	330	330	330	330	330	330
14:00 EDT	330	330	330	330	330	330	330	330	330	330
15:00 EDT	330	330	330	330	330	330	330	330	330	330
16:00 EDT	330	330	330	330	330	330	330	330	330	330
17:00 EDT	330	330	330	330	330	330	330	330	330	330
18:00 EDT	330	330	330	330	330	330	330	330	330	330
19:00 EDT	330	330	330	330	330	330	330	330	330	330
20:00 EDT	330	330	330	330	330	330	330	330	330	330
21:00 EDT	330	330	330	330	330	330	330	330	330	330
22:00 EDT	330	330	330	330	330	330	330	330	330	330
23:00 EDT	330	330	330	330	330	330	330	330	330	330

DYSINGER EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3150	2623	3150	1801	3150	1899	3150	1997	3150	2313
01:00 EDT	3150	2652	3150	2258	3150	2263	3150	2150	3150	2155
02:00 EDT	3150	2625	3150	2063	3150	2097	3150	2155	3150	2163
03:00 EDT	3150	2677	3150	2227	3150	2197	3150	2164	3150	2171
04:00 EDT	3150	2652	3150	2343	3150	2407	3150	2385	3150	2454
05:00 EDT	3150	2618	3150	2325	3150	2044	3150	2250	3150	2162
06:00 EDT	3150	2795	3150	2530	3150	2386	3150	2363	3150	2430
07:00 EDT	3150	2546	3150	2513	3150	2478	3150	2458	3150	2652
08:00 EDT	3150	2515	3150	2728	3150	2718	3150	2598	3150	2473
09:00 EDT	3150	2596	3150	2567	3150	2355	3150	2319	3150	2089
10:00 EDT	3150	2481	3150	2228	3150	2263	3150	2327	3150	2256
11:00 EDT	3150	2482	3150	2161	3150	2153	3150	2179	3150	2246
12:00 EDT	3150	2487	3150	2220	3150	2215	3150	2233	3150	2286
13:00 EDT	3150	2489	3150	2242	3150	2302	3150	2287	3150	2326
14:00 EDT	3150	2546	3150	2395	3150	2386	3150	2459	3150	2519
15:00 EDT	3150	2525	3150	2476	3150	2450	3150	2499	3150	2492
16:00 EDT	3150	2535	3150	2616	3150	2468	3150	2476	3150	2410
17:00 EDT	3150	2441	3150	2458	3150	2439	3150	2343	3150	2312
18:00 EDT	3150	2505	3150	2291	3150	2360	3150	2327	3150	2269
19:00 EDT	3150	2477	3150	2427	3150	2439	3150	2228	3150	2235
20:00 EDT	3150	2522	3150	1995	3150	1977	3150	2014	3150	2160
21:00 EDT	3150	2554	3150	2228	3150	2214	3150	2180	3150	2230
22:00 EDT	3150	2724	3150	2279	3150	2461	3150	2416	3150	2733
23:00 EDT	3150	2962	3150	2588	3150	2692	3150	2663	3150	2714

HQ-CEDARS

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	199	49	150	0	150	0	150	0	150	0
01:00 EDT	199	49	150	0	150	0	150	0	150	0
02:00 EDT	199	49	150	0	150	0	150	0	150	0
03:00 EDT	199	49	150	0	150	0	150	0	150	0
04:00 EDT	199	49	150	0	150	0	150	0	150	0
05:00 EDT	199	49	150	0	150	0	150	0	150	0
06:00 EDT	199	49	150	0	150	0	150	0	150	0
07:00 EDT	199	49	150	0	150	0	150	0	150	0
08:00 EDT	199	49	150	0	150	0	150	0	150	0
09:00 EDT	199	49	150	0	150	0	150	0	150	0

10:00 EDT	199	49	150	0	150	0	150	0	150	0
11:00 EDT	199	49	150	0	150	0	150	0	150	0
12:00 EDT	199	49	150	0	150	0	150	0	150	0
13:00 EDT	199	49	150	0	150	0	150	0	150	0
14:00 EDT	199	49	150	0	150	0	150	0	150	0
15:00 EDT	199	49	150	0	150	0	150	0	150	0
16:00 EDT	199	49	150	0	150	0	150	0	150	0
17:00 EDT	199	49	150	0	150	0	150	0	150	0
18:00 EDT	199	49	150	0	150	0	150	0	150	0
19:00 EDT	199	49	150	0	150	0	150	0	150	0
20:00 EDT	199	49	150	0	150	0	150	0	150	0
21:00 EDT	199	49	150	0	150	0	150	0	150	0
22:00 EDT	199	49	150	0	150	0	150	0	150	0
23:00 EDT	199	49	150	0	150	0	150	0	150	0

HQ-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1500	301	1500	351	1500	351	1500	351	1500	351
01:00 EDT	1500	305	1500	355	1500	355	1500	355	1500	355
02:00 EDT	1500	305	1500	355	1500	355	1500	355	1500	355
03:00 EDT	1500	305	1500	355	1500	355	1500	355	1500	355
04:00 EDT	1500	305	1500	155	1500	155	1500	155	1500	155
05:00 EDT	1500	236	1500	186	1500	186	1500	186	1500	186
06:00 EDT	1500	595	1500	645	1500	645	1500	645	1500	645
07:00 EDT	1500	357	1500	427	1500	427	1500	427	1500	427
08:00 EDT	1500	155	1500	225	1500	225	1500	225	1500	225
09:00 EDT	1500	164	1500	234	1500	234	1500	234	1500	234
10:00 EDT	1500	155	1500	49	1500	49	1500	49	1500	49
11:00 EDT	1500	155	1500	0	1500	0	1500	0	1500	0
12:00 EDT	1500	127	1500	0	1500	0	1500	0	1500	0
13:00 EDT	1500	171	1500	0	1500	0	1500	0	1500	0
14:00 EDT	1500	202	1500	0	1500	0	1500	0	1500	0
15:00 EDT	1500	294	1500	0	1500	0	1500	0	1500	0
16:00 EDT	1500	426	1500	76	1500	76	1500	76	1500	76
17:00 EDT	1500	401	1500	137	1500	137	1500	137	1500	137
18:00 EDT	1500	326	1500	80	1500	80	1500	80	1500	80
19:00 EDT	1500	180	1500	44	1500	44	1500	44	1500	44
20:00 EDT	1500	180	1500	237	1500	237	1500	237	1500	237
21:00 EDT	1500	497	1500	345	1500	345	1500	345	1500	345
22:00 EDT	1500	587	1500	387	1500	387	1500	387	1500	387
23:00 EDT	1500	706	1500	538	1500	538	1500	538	1500	538

IMO-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2050	1141	2050	895	2050	895	2050	895	2050	898
01:00 EDT	2050	1286	2050	1161	2050	1165	2050	1160	2050	1164
02:00 EDT	2050	1258	2050	1060	2050	1058	2050	1062	2050	1059
03:00 EDT	2050	1321	2050	1153	2050	1229	2050	1232	2050	1231
04:00 EDT	2050	1255	2050	1326	2050	1326	2050	1326	2050	1326
05:00 EDT	2050	1146	2050	1120	2050	1120	2050	1120	2050	1120
06:00 EDT	2050	1571	2050	1542	2050	1546	2050	1541	2050	1545
07:00 EDT	2050	1339	2050	1535	2050	1535	2050	1539	2050	1541
08:00 EDT	2050	1338	2050	1510	2050	1512	2050	1508	2050	1509
09:00 EDT	2050	1338	2050	1385	2050	1385	2050	1385	2050	1390
10:00 EDT	2050	1139	2050	1588	2050	1589	2050	1589	2050	1585
11:00 EDT	2050	1312	2050	1583	2050	1586	2050	1585	2050	1586

12:00 EDT	2050	1334	2050	1532	2050	1532	2050	1533	2050	1531
13:00 EDT	2050	1313	2050	1561	2050	1560	2050	1559	2050	1560
14:00 EDT	2050	1448	2050	1698	2050	1698	2050	1695	2050	1695
15:00 EDT	2050	1443	2050	1690	2050	1690	2050	1690	2050	1695
16:00 EDT	2050	1501	2050	1645	2050	1650	2050	1649	2050	1645
17:00 EDT	2050	1385	2050	1460	2050	1460	2050	1459	2050	1460
18:00 EDT	2050	1368	2050	1495	2050	1499	2050	1492	2050	1495
19:00 EDT	2050	1393	2050	1715	2050	1715	2050	1715	2050	1715
20:00 EDT	2050	1397	2050	1562	2050	1564	2050	1564	2050	1565
21:00 EDT	2050	1507	2050	1722	2050	1725	2050	1725	2050	1725
22:00 EDT	2050	1557	2050	1675	2050	1675	2050	1675	2050	1672
23:00 EDT	2050	1557	2050	1600	2050	1600	2050	1600	2050	1597

ISONE-NYISO

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
01:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
02:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
03:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
04:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800
05:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	790
06:00 EDT	1000	800	1000	489	1000	560	1000	695	1000	596
07:00 EDT	1100	900	1100	757	1100	804	1100	900	1100	900
08:00 EDT	1100	900	1100	900	1100	900	1100	785	1100	780
09:00 EDT	1100	894	1100	900	1100	719	1100	747	1100	900
10:00 EDT	1100	900	1100	722	1100	722	1100	722	1100	839
11:00 EDT	1100	900	1100	900	1100	699	1100	759	1100	759
12:00 EDT	1100	900	1100	732	1100	652	1100	643	1100	605
13:00 EDT	1100	900	1100	658	1100	741	1100	790	1100	844
14:00 EDT	1100	900	1100	851	1100	900	1100	851	1100	874
15:00 EDT	1100	900	1100	870	1100	897	1100	795	1100	886
16:00 EDT	1100	900	1100	586	1100	646	1100	826	1100	875
17:00 EDT	1100	900	1100	801	1100	634	1100	601	1100	783
18:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
19:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
20:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
21:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
22:00 EDT	1100	900	1100	900	1100	900	1100	900	1100	900
23:00 EDT	1000	800	1000	800	1000	800	1000	800	1000	800

MOSES SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	3000	1024	3000	1242	3000	1276	3000	1219	3000	1315
01:00 EDT	3000	1010	3000	1394	3000	1414	3000	1434	3000	1418
02:00 EDT	3000	999	3000	1435	3000	1431	3000	1410	3000	1426
03:00 EDT	3000	1009	3000	1443	3000	1433	3000	1446	3000	1464
04:00 EDT	3000	1003	3000	1255	3000	1168	3000	1202	3000	1104
05:00 EDT	3000	942	3000	1099	3000	1112	3000	1023	3000	952
06:00 EDT	3000	1371	3000	1461	3000	1539	3000	1479	3000	1403
07:00 EDT	3000	1162	3000	1277	3000	1297	3000	1392	3000	1235
08:00 EDT	3000	957	3000	976	3000	1008	3000	981	3000	1001
09:00 EDT	3000	950	3000	1016	3000	1015	3000	1053	3000	1154
10:00 EDT	3000	957	3000	984	3000	990	3000	923	3000	1128
11:00 EDT	3000	976	3000	1100	3000	1062	3000	1086	3000	1043
12:00 EDT	3000	973	3000	1045	3000	1083	3000	1074	3000	1091
13:00 EDT	3000	1015	3000	1080	3000	1067	3000	988	3000	1011

14:00 EDT	3000	1038	3000	1001	3000	1029	3000	1062	3000	928
15:00 EDT	3000	1137	3000	942	3000	965	3000	969	3000	980
16:00 EDT	3000	1294	3000	1040	3000	1046	3000	1064	3000	1037
17:00 EDT	3000	1295	3000	1067	3000	1072	3000	1038	3000	1139
18:00 EDT	3000	1207	3000	1089	3000	1083	3000	1100	3000	1143
19:00 EDT	3000	1040	3000	1046	3000	1085	3000	1118	3000	1136
20:00 EDT	3000	983	3000	1347	3000	1344	3000	1321	3000	1260
21:00 EDT	3000	1226	3000	1326	3000	1310	3000	1296	3000	1382
22:00 EDT	3000	1289	3000	1432	3000	1419	3000	1412	3000	1333
23:00 EDT	3000	1379	3000	1475	3000	1480	3000	1540	3000	1547

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	100	0	100	0	100	0	100	0	100	0
01:00 EDT	100	0	100	0	100	0	100	0	100	0
02:00 EDT	100	0	100	0	100	0	100	0	100	0
03:00 EDT	100	0	100	0	100	0	100	0	100	0
04:00 EDT	100	20	100	20	100	20	100	20	100	20
05:00 EDT	100	0	100	0	100	0	100	0	100	0
06:00 EDT	100	0	100	0	100	0	100	0	100	0
07:00 EDT	100	60	100	60	100	60	100	60	100	60
08:00 EDT	100	10	100	10	100	10	100	10	100	10
09:00 EDT	100	0	100	30	100	30	100	30	100	30
10:00 EDT	100	0	100	30	100	30	100	30	100	30
11:00 EDT	100	0	100	31	100	31	100	31	100	31
12:00 EDT	100	2	100	2	100	2	100	2	100	2
13:00 EDT	100	1	100	1	100	1	100	1	100	1
14:00 EDT	100	1	100	1	100	1	100	1	100	1
15:00 EDT	100	0	100	0	100	0	100	0	100	0
16:00 EDT	100	0	100	0	100	0	100	0	100	0
17:00 EDT	100	0	100	0	100	0	100	0	100	0
18:00 EDT	100	45	100	70	100	70	100	70	100	70
19:00 EDT	100	0	100	0	100	0	100	0	100	0
20:00 EDT	100	0	100	0	100	0	100	0	100	0
21:00 EDT	100	0	100	49	100	49	100	49	100	49
22:00 EDT	100	0	100	49	100	49	100	49	100	49
23:00 EDT	100	0	100	0	100	0	100	0	100	0

NPX-CSC

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	330	87	330	87	330	87	330	87	330	87
01:00 EDT	330	123	330	123	330	123	330	123	330	123
02:00 EDT	330	161	330	161	330	161	330	161	330	161
03:00 EDT	330	148	330	148	330	148	330	148	330	148
04:00 EDT	330	130	330	130	330	130	330	130	330	130
05:00 EDT	330	130	330	130	330	130	330	130	330	130
06:00 EDT	330	65	330	15	330	15	330	15	330	15
07:00 EDT	330	0	330	0	330	0	330	0	330	0
08:00 EDT	330	0	330	0	330	0	330	0	330	0
09:00 EDT	330	0	330	0	330	0	330	0	330	0
10:00 EDT	330	0	330	0	330	0	330	0	330	0
11:00 EDT	330	0	330	0	330	0	330	0	330	0
12:00 EDT	330	65	330	65	330	65	330	65	330	65
13:00 EDT	330	49	330	49	330	49	330	49	330	49
14:00 EDT	330	65	330	65	330	65	330	65	330	65
15:00 EDT	330	65	330	65	330	65	330	65	330	65



18:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
19:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
20:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
21:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
22:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600
23:00 EDT	1900	1600	1900	1600	1900	1600	1900	1600	1900	1600

NYISO-ISONE

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	900	529	900	0	900	0	900	108	900	240
01:00 EDT	900	581	900	505	900	293	900	339	900	319
02:00 EDT	900	461	900	294	900	216	900	212	900	257
03:00 EDT	900	348	900	256	900	241	900	186	900	217
04:00 EDT	900	629	900	231	900	231	900	261	900	261
05:00 EDT	900	424	900	349	900	278	900	409	900	700
06:00 EDT	900	558	900	700	900	700	900	700	900	700
07:00 EDT	1000	669	1000	800	1000	800	1000	710	1000	675
08:00 EDT	1000	758	1000	674	1000	675	1000	800	1000	800
09:00 EDT	1000	800	1000	688	1000	800	1000	800	1000	793
10:00 EDT	1000	685	1000	800	1000	800	1000	800	1000	800
11:00 EDT	1000	757	1000	790	1000	800	1000	800	1000	800
12:00 EDT	1000	768	1000	800	1000	800	1000	800	1000	800
13:00 EDT	1000	715	1000	800	1000	800	1000	800	1000	800
14:00 EDT	1000	670	1000	800	1000	792	1000	800	1000	800
15:00 EDT	1000	668	1000	800	1000	800	1000	800	1000	800
16:00 EDT	1000	711	830	630	1000	800	1000	800	1000	800
17:00 EDT	1000	713	1000	800	1000	800	1000	800	1000	800
18:00 EDT	1000	653	1000	795	1000	616	1000	616	1000	616
19:00 EDT	1000	543	1000	566	1000	581	1000	424	1000	417
20:00 EDT	1000	599	1000	478	1000	513	1000	406	1000	481
21:00 EDT	1000	627	1000	449	1000	425	1000	483	1000	425
22:00 EDT	1000	641	1000	502	1000	558	1000	428	1000	386
23:00 EDT	900	597	900	562	900	652	900	561	900	666

NYISO-PJM

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
01:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
02:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
03:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
04:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
05:00 EDT	1900	1600	1200	882	1200	900	1200	900	1200	881
06:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
07:00 EDT	1900	1600	1200	872	1200	872	1200	877	1200	880
08:00 EDT	1900	1600	1200	895	1200	895	1200	894	1200	893
09:00 EDT	1900	1600	1200	846	1200	853	1200	843	1200	849
10:00 EDT	1900	1600	1200	811	1200	816	1200	814	1200	810
11:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
12:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
13:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
14:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
15:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
16:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
17:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
18:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
19:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900



20:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
21:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
22:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900
23:00 EDT	1900	1600	1200	900	1200	900	1200	900	1200	900

NYPP EAST

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	6800	3680	6800	2918	6800	2986	6800	3060	6800	3416
01:00 EDT	6800	3688	6800	3530	6800	3487	6800	3396	6800	3429
02:00 EDT	6800	3697	6800	3368	6800	3315	6800	3331	6800	3387
03:00 EDT	6800	3715	6800	3411	6800	3403	6800	3359	6800	3459
04:00 EDT	6800	3764	6800	3465	6800	3595	6800	3617	6800	3731
05:00 EDT	6800	3838	6800	3871	6800	3568	6800	3691	6800	3801
06:00 EDT	6800	5006	6800	4708	6800	4609	6800	4783	6800	5084
07:00 EDT	6800	4867	6800	4983	6800	4953	6800	5008	6800	5086
08:00 EDT	6800	4583	6800	5031	6800	4955	6800	4818	6800	4710
09:00 EDT	6800	4532	6800	4762	6800	4504	6800	4486	6800	4284
10:00 EDT	6800	4541	6800	4271	6800	4254	6800	4206	6800	4172
11:00 EDT	6800	4433	6800	4004	6800	3930	6800	3950	6800	3929
12:00 EDT	6800	4393	6800	3884	6800	3955	6800	3978	6800	3991
13:00 EDT	6800	4357	6800	4006	6800	3985	6800	3990	6800	3966
14:00 EDT	6800	4340	6800	4044	6800	4029	6800	4047	6800	4032
15:00 EDT	6800	4315	6800	4007	6800	3996	6800	4049	6800	4020
16:00 EDT	6800	4349	6800	4074	6800	4010	6800	4032	6800	3997
17:00 EDT	6800	4442	6800	4024	6800	4127	6800	4107	6800	4166
18:00 EDT	6800	4494	6800	4093	6800	4215	6800	4332	6800	4377
19:00 EDT	6800	4494	6800	4511	6800	4544	6800	4437	6800	4352
20:00 EDT	6800	4544	6800	4371	6800	4325	6800	4278	6800	4223
21:00 EDT	6800	4443	6800	4482	6800	4405	6800	4375	6800	4343
22:00 EDT	6800	4368	6800	4347	6800	4488	6800	4436	6800	4514
23:00 EDT	6800	4471	6800	4507	6800	4542	6800	4441	6800	4361

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	285	660	360	660	285	660	285	660	285
01:00 EDT	660	285	660	285	660	285	660	285	660	285
02:00 EDT	660	285	660	285	660	285	660	285	660	285
03:00 EDT	660	285	660	285	660	285	660	340	660	285
04:00 EDT	660	285	660	360	660	360	660	285	660	285
05:00 EDT	660	285	660	285	660	285	660	285	660	285
06:00 EDT	660	285	660	285	660	285	660	285	660	285
07:00 EDT	660	285	660	285	660	285	660	285	660	285
08:00 EDT	660	285	660	285	660	285	660	285	660	285
09:00 EDT	660	285	660	285	660	285	660	285	660	285
10:00 EDT	660	285	660	285	660	285	660	285	660	285
11:00 EDT	660	285	660	285	660	285	660	285	660	285
12:00 EDT	660	285	660	285	660	285	660	285	660	285
13:00 EDT	660	285	660	285	660	285	660	285	660	285
14:00 EDT	660	285	660	285	660	285	660	285	660	285
15:00 EDT	660	285	660	360	660	330	660	360	660	360
16:00 EDT	660	285	660	360	660	360	660	285	660	285
17:00 EDT	660	285	660	360	660	285	660	285	660	285
18:00 EDT	660	285	660	285	660	285	660	285	660	285
19:00 EDT	660	285	660	285	660	285	660	285	660	285
20:00 EDT	660	285	660	285	660	285	660	285	660	285
21:00 EDT	660	285	660	285	660	285	660	285	660	285

22:00 EDT	660	285	660	285	660	285	660	285	660	285
23:00 EDT	660	285	660	285	660	285	660	285	660	285

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	2550	2041	1450	1026	1450	1027	1450	1023	1450	1020
01:00 EDT	2550	2043	1450	1027	1450	1023	1450	1026	1450	1024
02:00 EDT	2550	2049	1450	1028	1450	1033	1450	1027	1450	1031
03:00 EDT	2550	2059	1450	1041	1450	1046	1450	1040	1450	1041
04:00 EDT	2550	2077	1450	1058	1450	1059	1450	1057	1450	1057
05:00 EDT	2550	2125	1450	1150	1450	1108	1450	1107	1450	1150
06:00 EDT	2550	2152	1450	1129	1450	1127	1450	1132	1450	1123
07:00 EDT	2550	2175	1450	1150	1450	1150	1450	1150	1450	1150
08:00 EDT	2550	2157	1450	1150	1450	1150	1450	1150	1450	1150
09:00 EDT	2550	2153	1450	1150	1450	1150	1450	1150	1450	1150
10:00 EDT	2550	2239	1450	1150	1450	1150	1450	1150	1450	1150
11:00 EDT	2550	2097	1450	1132	1450	1132	1450	1132	1450	1133
12:00 EDT	2550	2081	1450	1113	1450	1109	1450	1113	1450	1114
13:00 EDT	2550	2065	1450	1096	1450	1092	1450	1098	1450	1096
14:00 EDT	2550	2039	1450	1070	1450	1070	1450	1074	1450	1072
15:00 EDT	2550	2032	1450	1063	1450	1062	1450	1063	1450	1058
16:00 EDT	2550	2019	1450	1054	1450	1050	1450	1050	1450	1052
17:00 EDT	2550	2027	1450	1105	1450	1104	1450	1056	1450	1091
18:00 EDT	2550	2068	1450	1068	1450	1111	1450	1123	1450	1071
19:00 EDT	2550	1931	1450	975	1450	973	1450	923	1450	926
20:00 EDT	2550	2050	1450	1054	1450	1051	1450	1050	1450	1050
21:00 EDT	2550	2002	1450	1046	1450	1041	1450	1041	1450	1040
22:00 EDT	2550	1999	1450	1029	1450	1030	1450	1029	1450	1029
23:00 EDT	2550	2039	1450	1022	1450	1023	1450	1023	1450	1025

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
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01:00 EDT	1310	415	1310	465	1310	465	1310	465	1310	465
02:00 EDT	1310	415	1310	465	1310	465	1310	465	1310	465
03:00 EDT	1310	415	1310	465	1310	465	1310	465	1310	465
04:00 EDT	1310	415	1310	265	1310	265	1310	265	1310	265
05:00 EDT	1310	346	1310	296	1310	296	1310	296	1310	296
06:00 EDT	1310	705	1310	755	1310	755	1310	755	1310	755
07:00 EDT	1310	467	1310	537	1310	537	1310	537	1310	537
08:00 EDT	1310	265	1310	335	1310	335	1310	335	1310	335
09:00 EDT	1310	274	1310	344	1310	344	1310	344	1310	344
10:00 EDT	1310	265	1310	159	1310	159	1310	159	1310	159
11:00 EDT	1310	265	1310	110	1310	110	1310	110	1310	110
12:00 EDT	1310	237	1310	110	1310	110	1310	110	1310	110
13:00 EDT	1310	281	1310	110	1310	110	1310	110	1310	110
14:00 EDT	1310	312	1310	110	1310	110	1310	110	1310	110
15:00 EDT	1310	404	1310	110	1310	110	1310	110	1310	110
16:00 EDT	1310	536	1310	186	1310	186	1310	186	1310	186
17:00 EDT	1310	511	1310	247	1310	247	1310	247	1310	247
18:00 EDT	1310	436	1310	190	1310	190	1310	190	1310	190
19:00 EDT	1310	290	1310	154	1310	154	1310	154	1310	154
20:00 EDT	1310	290	1310	347	1310	347	1310	347	1310	347
21:00 EDT	1310	607	1310	455	1310	455	1310	455	1310	455
22:00 EDT	1310	697	1310	497	1310	497	1310	497	1310	497
23:00 EDT	1310	816	1310	648	1310	648	1310	648	1310	648

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	660	660	660	660	660	660	660	660	660	660
01:00 EDT	660	660	660	660	660	660	660	660	660	660
02:00 EDT	660	660	660	660	660	660	660	660	660	660
03:00 EDT	660	660	660	660	660	660	660	660	660	660
04:00 EDT	660	660	660	660	660	660	660	660	660	660
05:00 EDT	660	600	660	600	660	570	660	600	660	600
06:00 EDT	660	570	660	570	660	570	660	570	660	570
07:00 EDT	660	570	660	510	660	510	660	510	660	510
08:00 EDT	660	570	660	470	660	470	660	470	660	470
09:00 EDT	660	570	660	407	660	407	660	407	660	407
10:00 EDT	660	660	660	560	660	560	660	560	660	470
11:00 EDT	660	660	660	500	660	560	660	500	660	500
12:00 EDT	660	660	660	500	660	470	660	500	660	500
13:00 EDT	660	660	660	500	660	500	660	500	660	560
14:00 EDT	660	660	660	527	660	503	660	560	660	560
15:00 EDT	660	660	660	560	660	560	660	560	660	560
16:00 EDT	660	660	660	497	660	497	660	472	660	437
17:00 EDT	660	525	660	362	660	362	660	362	660	362
18:00 EDT	660	525	660	362	660	362	660	362	660	362
19:00 EDT	660	570	660	407	660	407	660	407	660	407
20:00 EDT	660	570	660	570	660	570	660	570	660	570
21:00 EDT	660	629	660	470	660	470	660	470	660	470
22:00 EDT	660	660	660	500	660	470	660	470	660	470
23:00 EDT	660	660	660	570	660	570	660	587	660	600

	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	315	315	257	315	315	315	177
01:00 EDT	315	315	315	257	315	143	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	310	315	203	315	278	315	130
05:00 EDT	315	315	315	281	315	0	315	315	315	315
06:00 EDT	315	146	315	0	315	0	315	0	315	0
07:00 EDT	315	0	315	0	315	0	315	0	315	0
08:00 EDT	315	90	315	90	315	90	315	90	315	0
09:00 EDT	315	90	315	0	315	90	315	90	315	90
10:00 EDT	315	315	315	315	315	315	315	315	315	0
11:00 EDT	315	315	315	111	315	315	315	303	315	315
12:00 EDT	315	90	315	0	315	0	315	0	315	90
13:00 EDT	315	0	315	0	315	0	315	0	315	0
14:00 EDT	315	0	315	0	315	0	315	0	315	0
15:00 EDT	315	0	315	0	315	0	315	0	315	0
16:00 EDT	315	0	315	0	315	0	315	0	315	0
17:00 EDT	315	0	315	0	315	0	315	0	315	0
18:00 EDT	315	0	315	0	315	0	315	0	315	0
19:00 EDT	315	0	315	0	315	0	315	0	315	0
20:00 EDT	315	30	315	0	315	0	315	0	315	0
21:00 EDT	315	315	315	0	315	0	315	0	315	0
22:00 EDT	315	295	315	111	315	0	315	0	315	0
23:00 EDT	315	315	315	0	315	0	315	0	315	253

	DAM	HAM
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Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	315	315	315	314	315	315	315	315	315	315
01:00 EDT	315	315	315	315	315	315	315	315	315	315
02:00 EDT	315	315	315	315	315	315	315	315	315	315
03:00 EDT	315	315	315	315	315	315	315	315	315	315
04:00 EDT	315	315	315	315	315	315	315	315	315	315
05:00 EDT	315	315	315	315	315	315	315	315	315	0
06:00 EDT	315	315	315	315	315	315	315	315	315	315
07:00 EDT	315	315	315	315	315	315	315	315	315	315
08:00 EDT	315	315	315	315	315	315	315	315	315	315
09:00 EDT	315	315	315	315	315	315	315	315	315	315
10:00 EDT	315	315	315	315	315	315	315	315	315	315
11:00 EDT	315	315	315	315	315	315	315	315	315	315
12:00 EDT	315	315	315	315	315	315	315	315	315	315
13:00 EDT	315	315	315	315	315	315	315	315	315	315
14:00 EDT	315	315	315	315	315	315	315	315	315	315
15:00 EDT	315	315	315	315	315	315	315	315	315	315
16:00 EDT	315	315	315	315	315	315	315	315	315	315
17:00 EDT	315	315	315	315	315	315	315	315	315	315
18:00 EDT	315	315	315	315	315	315	315	315	315	315
19:00 EDT	315	315	315	315	315	315	315	315	315	315
20:00 EDT	315	315	315	315	315	315	315	315	315	315
21:00 EDT	315	315	315	315	315	315	315	315	315	315
22:00 EDT	315	315	315	315	315	315	315	315	315	315
23:00 EDT	315	315	315	315	315	315	315	315	315	315

SPRAINBROOK/DUNWOODIE SOUTH

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	4600	1861	4600	2181	4600	2280	4600	2221	4600	2367
01:00 EDT	4600	1950	4600	2216	4600	2350	4600	2239	4600	2250
02:00 EDT	4600	2012	4600	2258	4600	2323	4600	2320	4600	2313
03:00 EDT	4600	2123	4600	2332	4600	2339	4600	2356	4600	2327
04:00 EDT	4600	2065	4600	2430	4600	2524	4600	2439	4600	2556
05:00 EDT	4600	2273	4600	2490	4600	2453	4600	2259	4600	1828
06:00 EDT	4600	2996	4600	2444	4600	2599	4600	2811	4600	2788
07:00 EDT	4600	2399	4600	2561	4600	2482	4600	2794	4600	2915
08:00 EDT	4600	1830	4600	2752	4600	2480	4600	2240	4600	2350
09:00 EDT	4600	1720	4600	2512	4600	2228	4600	2249	4600	2326
10:00 EDT	4600	1638	4600	2003	4600	1920	4600	1929	4600	2312
11:00 EDT	4600	1288	4600	2018	4600	1750	4600	1752	4600	1867
12:00 EDT	4600	1239	4600	1963	4600	1857	4600	1835	4600	1748
13:00 EDT	4600	1253	4600	1785	4600	1834	4600	1799	4600	1774
14:00 EDT	4600	1252	4600	1781	4600	1843	4600	1799	4600	1815
15:00 EDT	4600	1254	4600	1817	4600	1822	4600	1800	4600	1856
16:00 EDT	4600	1297	4600	1854	4600	1837	4600	1885	4600	1953
17:00 EDT	4600	1656	4600	1962	4600	1917	4600	1934	4600	2078
18:00 EDT	4600	1729	4600	2197	4600	2262	4600	2319	4600	2309
19:00 EDT	4600	1953	4600	2276	4600	2388	4600	2435	4600	2462
20:00 EDT	4600	2497	4600	2329	4600	2349	4600	2339	4600	2312
21:00 EDT	4600	1790	4600	2488	4600	2448	4600	2435	4600	2487
22:00 EDT	4600	1538	4600	2454	4600	2420	4600	2430	4600	2490
23:00 EDT	4600	1482	4600	2228	4600	2236	4600	2265	4600	2132

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	5305	2759	5025	2607	5025	2823	5025	2788	5025	2968

01:00 EDT	5305	2755	5025	2772	5025	2923	5025	2815	5025	2842
02:00 EDT	5305	2834	5025	2812	5025	2899	5025	2896	5025	2893
03:00 EDT	5305	2982	5025	2923	5025	2918	5025	2863	5025	2889
04:00 EDT	5305	2938	5025	2897	5025	2995	5025	2964	5025	3043
05:00 EDT	5305	3129	5025	2972	5025	2885	5025	2622	5025	2155
06:00 EDT	5305	3942	5025	2871	5025	3034	5025	3247	5025	3316
07:00 EDT	5305	3017	5025	2973	5025	2840	5025	3067	5025	3178
08:00 EDT	5305	2422	5025	3050	5025	2823	5025	2545	5025	2664
09:00 EDT	5305	2356	5025	2885	5025	2484	5025	2589	5025	2679
10:00 EDT	5305	2331	5025	2335	5025	2193	5025	2240	5025	2495
11:00 EDT	5305	2025	5025	2451	5025	2055	5025	2103	5025	2234
12:00 EDT	5305	2011	5025	2310	5025	2223	5025	2209	5025	2159
13:00 EDT	5305	2063	5025	2219	5025	2283	5025	2319	5025	2346
14:00 EDT	5305	2068	5025	2378	5025	2451	5025	2406	5025	2416
15:00 EDT	5305	2059	5025	2454	5025	2429	5025	2404	5025	2467
16:00 EDT	5305	2085	5025	2373	5025	2354	5025	2455	5025	2537
17:00 EDT	5305	2316	5025	2542	5025	2445	5025	2359	5025	2561
18:00 EDT	5305	2264	5025	2677	5025	2756	5025	2672	5025	2623
19:00 EDT	5305	2470	5025	2763	5025	2821	5025	2861	5025	2847
20:00 EDT	5305	3005	5025	2744	5025	2695	5025	2747	5025	2710
21:00 EDT	5305	2532	5025	2828	5025	2802	5025	2854	5025	2909
22:00 EDT	5305	2321	5025	2794	5025	2796	5025	2872	5025	2973
23:00 EDT	5305	2327	5025	2730	5025	2679	5025	2723	5025	2640

WEST CENTRAL

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	DAM		HAM							
Time Stamp	TTC	ATC	TTC xx:00	ATC xx:00	TTC xx:15	ATC xx:15	TTC xx:30	ATC xx:30	TTC xx:45	ATC xx:45
00:00 EDT	9999	9639	9999	8958	9999	9048	9999	9132	9999	9441
01:00 EDT	9999	9633	9999	9387	9999	9376	9999	9262	9999	9266
02:00 EDT	9999	9605	9999	9179	9999	9206	9999	9267	9999	9281
03:00 EDT	9999	9663	9999	9342	9999	9312	9999	9279	9999	9293
04:00 EDT	9999	9660	9999	9467	9999	9536	9999	9531	9999	9613
05:00 EDT	9999	9674	9999	9512	9999	9246	9999	9465	9999	9401
06:00 EDT	9999	9899	9999	9804	9999	9669	9999	9680	9999	9767
07:00 EDT	9999	9855	9999	9862	9999	9831	9999	9817	9999	9899
08:00 EDT	9999	9818	9999	9899	9999	9899	9999	9899	9999	9836
09:00 EDT	9999	9859	9999	9899	9999	9686	9999	9632	9999	9398
10:00 EDT	9999	9679	9999	9519	9999	9544	9999	9607	9999	9535
11:00 EDT	9999	9686	9999	9427	9999	9419	9999	9441	9999	9501
12:00 EDT	9999	9675	9999	9471	9999	9456	9999	9474	9999	9525
13:00 EDT	9999	9675	9999	9478	9999	9535	9999	9518	9999	9550
14:00 EDT	9999	9723	9999	9611	9999	9600	9999	9662	9999	9723
15:00 EDT	9999	9682	9999	9676	9999	9647	9999	9693	9999	9685
16:00 EDT	9999	9705	9999	9810	9999	9667	9999	9671	9999	9618
17:00 EDT	9999	9682	9999	9671	9999	9661	9999	9578	9999	9555
18:00 EDT	9999	9748	9999	9536	9999	9621	9999	9592	9999	9545
19:00 EDT	9999	9828	9999	9713	9999	9743	9999	9544	9999	9553
20:00 EDT	9999	9840	9999	9317	9999	9306	9999	9337	9999	9464
21:00 EDT	9999	9708	9999	9520	9999	9491	9999	9442	9999	9478
22:00 EDT	9999	9796	9999	9501	9999	9665	9999	9605	9999	9899
23:00 EDT	9999	9899	9999	9739	9999	9828	9999	9788	9999	9843